

Smile of the Week



Tim Atakora, Northwestern sophomore Biology major, said coming back to his dorm room and sleeping after a long day of classes is what makes him happy.

If you'd like to be the Smile of the Week, please send in a photo of you smiling and a short description of why you're smiling to nwnews@nwosu.edu!



Courtesy of University Relations

Enrollment numbers rose 4 percent this fall, thanks in a large part to 431 first-time freshmen.

Fall enrollment numbers increased by 4 percent

Spurred by growth in its freshman class and enrollment at all three of its campus locations, enrollment for the fall semester at Northwestern Oklahoma State University is at its highest level since 2013.

In preliminary enrollment information presented to the Oklahoma State Regents for Higher Education, Northwestern reported headcount enrollment of 2,220 students, an increase of 4 percent over last year's count of 2,135.

"This year's enrollment report delivers two positive messages," said Dr. Janet Cunningham, university president. "First, students and their families continue to strongly believe that earning

a college degree is critical to long-term career success. Second, the combination of strong academic programs, buoyed by quality teaching and our affordability continue to make Northwestern a compelling choice in higher education."

The number of first-time freshmen at the University jumped 12.2 percent this fall with 431 newcomers enrolled.

"Growing enrollment in new freshmen was a priority during the past year," Cunningham said. "It was a university-wide effort beginning with our recruitment staff and including the active participation of faculty and general staff. I am proud of their efforts, and it clearly paid dividends."

At the main campus in Alva,

enrollment increased 4.5 percent to 1,440 students. A larger enrollment, plus completed renovations at two dormitories, has led to a larger number of students residing in student housing.

Northwestern campus locations in Woodward and Enid experienced double-digit gains.

Enrollment in Woodward surged 16.7 percent to 286 students, compared with last year's count of 245. The increase was similar in Enid with 243 students enrolled, an increase of 13.6 percent over last fall's enrollment of 214.

Northwestern also saw growth in concurrent enrollment and in online classes, but did experience a dip in enrollment at outreach sites.

Walker shares wild side

By SELENA ESTRADA
Student Reporter

In the summer, Dena Walker refuses to do math. Instead, she puts on her khaki pants and gives tours around Alabaster Caverns State Park.

Yes, this Northwestern mathematics professor cleans bathrooms, campsites and gives tours as her summer job.

The 34-year-old, Pawnee native is better known as Dr. Walker or Doc Walk, as most of her students call her. Walker teaches freshman-sophomore level math classes, as well as geometry and geometry for elementary teachers.

Walker graduated from Northwestern with a bachelor's degree in mathematics education, got her masters in secondary administration and later got her doctorate

in professional mathematics education, from Oklahoma State University.

Walker's humorous and caring personality can be seen miles away. She is loved by many of her students, but also by people she has never taught before. Yesenia Buckhaults is a 2015 Northwestern graduate and is currently teaching intermediate Algebra at Northwestern.

Buckhaults said she was Walker's student for one year, but Walker was always there to help her in whatever she needed.

"Dr. Walker is an awesome person, she's funny, she's a very positive, a great mentor and supporter for me," Buckhaults said. "Walker is a humorous, fun, kind-hearted person who is easy to get along with. Being around her is never a dull.

Dakota Buckhaults, a 2016 graduate of Northwestern with a degree in mathematics education.

"I love Dr. Walker," she said. "She made things easy to understand and fun. Classes were never boring, and she never made it feel like a lecture." Dakota Buckhaults said.

To one's surprise, Walker's passion is people. "I like to help college students achieve their dream as well as help them become responsible adults," Walker said.

Whether you're in one of her classes or not, you can always find a friend in Walker. Yesenia Buckhaults said she felt comfortable going to Walker for anything. Walker wasn't her advisor at any time, but she always gave her good advice and helped her with anything.

Now that Buckhaults is a teacher herself, she said Walker is always there to help her with

Continued on page 7



Courtesy of University Relations

Paige Fischer, director of recruitment.

5 QUESTIONS

Fischer "loves" recruitment role

1 How long have you been the director of recruitment?

"I have been the Director of Recruitment since January of 2014."

2 What is your favorite part about interacting with potential students?

"I love hearing about potential students' goals and helping them align the steps they will need to take to attain them. It is fun to meet all the different personalities and find common interests! There is no better feeling than seeing students you have recruited attend NWOSU and succeed."

3 What are your favorite qualities about Northwestern that you promote to potential students?

"Potential students are not going to find a better "bang for their buck" than Northwestern. We are able to provide high quality education at an affordable price in a place where community is so important. "Home," "family," and "opportunity" are words that come to my mind."

4 What has been your favorite memory while out on the road recruiting?

"My favorite memory was running into my kindergarten teacher randomly. I had not seen her since the last day of kindergarten when I was 6 years old, and we were able to catch up on all the years in between. I had my nametag on, but I still recognized her!"

5 What is your favorite restaurant to eat at while on the road?

"It's a toss-up between Qdoba and Texas Roadhouse! If I have time in between visits, I will camp out at Texas Roadhouse with my laptop and hot rolls."

~Nick Villalobos

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MISSION STATEMENT

Northwestern Oklahoma State University provides quality educational and cultural opportunities to learners with diverse needs by cultivating ethical leadership, critical thinking, and fiscal responsibility.

News

Division receives money

By **JORDAN McLEMORE**
Staff Reporter

This semester, the computer science department has a number of changes coming, including an expansion of the department and improvements to the robotics club.

"We will be converting Shockley Hall room 116 over the course of this next semester into a specialized computer and robotics lab, to be able to start making some classes in the spring," said Dr. Tim Maharry, professor of mathematics and chair of the mathematics and computer science department. "This is through two generous donations totaling \$125,000."

The numbers for the department are up, which means that professors have had to start to increasing the number of positions available for students in beginning level classes, and the department has had to add additional sessions next semester to handle the growing numbers.

"There is a lot of growth and new opportunities through donors making generous contributions to allow us to build specialize labs for, computer science in general, game programming and robotic designs," said Mark Bagley, instruc-

tor of computer science.

The department has also been attending a state wide contest at the University of Tulsa each year for the past three years.

Last year, one of the students, Bruno Miguel, won the overall contest, and others have won in the specialty categories.

They are already preparing for next spring's contest. The game programming team is composed of freshmen through senior level students along with some students from the music department and mass communication department.

"We are happy to see that our efforts are being noticed," Miguel said. "We had worked really hard last semester to be highly awarded at the Tulsa Heartlands expo, and to know that people see our potential is very gratifying."

"The donations and upcoming upgrades will take us to another level, not only that, it will help us to create outstanding concepts for the upcoming competitions," Miguel said. "It also opens doors for us to learn and study even more about the latest technologies, and to get ready for the market. I'm proud to be a part of this team."

Currently the program is in the process of adding a gaming program minor, and in the mean-



Photo by Jordan McLemore

Shockley Hall houses the computer science department.

time, there have been some game programming classes being added for the past few semesters now.

"We have students that compete in team based gameplay against other schools across the nation," said Evan Vaverka, instructor of computer science. "League of Legends, Heroes of the Storm and Overwatch are some of the games that the students play."

"We are working on a

schedule against some other bigger schools," Vaverka said. "In the end, the companies that own these games will have some form of major tournament that only college level students can compete in, and the top teams that win will get a scholarship or a computer."

If there is anyone that would like to know more about the gaming program, contact Evan Vaverka at epvaverka@nwsu.edu.

Instructor opens literacy center

By **MEGAN GARNETT**
Student Reporter

Beginning this semester, Northwestern Oklahoma State University's education department will host an on campus literacy program.

Jennifer Oswald, instructor of education, created the program. She was asked if she wanted to use a vacant room on campus for the new program and with the opportunity, she decided to create the program she had always wanted.

The literacy center room has a fresh coat of paint, tables and chairs and some reading themed décor. Oswald said she would like to acquire computers, smart boards and smart board tables as the program continues. They are currently seeking additional

funding for the technology.

Christee Jenlink, associate dean of education, was also involved in early aspects of the program.

Jenlink said, "The Literacy Center is a winning combination, in that it assists young people who struggle in their ability to be proficient in their reading skills. It also provides a real context opportunity for NWOSU teacher candidates to further develop their teaching ability under the tutelage of an expert in the field, Dr. Oswald."

The program offers one-on-one tutoring for local students from pre-kindergarten through grade 12. Within the Literacy Center, Northwestern undergraduate students who are education majors will be partnered with children in need of tutoring.

Oswald said parents can bring their children to Northwestern's edu-

cation building for tutoring once a week. The program is offered from Monday through Wednesday throughout the semester from 3:30 p.m. to 4:30 p.m.

Each student is assigned to a teacher candidate in the education program. The teacher candidates are typically juniors or seniors who have completed their basic courses and have been admitted into the teacher education program. Oswald said most of the candidates will start student teaching within the next year.

She said the interaction would be helpful to Northwestern's education students, who are currently required to participate in the program to fulfil their course requirements for field experience.

"They get that experience of assigned individualized instruction,"

Oswald said

Jenlink said the literacy center would help both the community and the students involved.

"The NWOSU Literacy Center is an excellent opportunity for our teacher candidates and faculty to serve young people and their families in northwest Oklahoma," Jenlink said.

Senior elementary education major, Rachel Cunningham said, "This experience will be incredibly useful for me as a future educator. Learning how to assess and diagnose reading problems will be beneficial for my students and myself."

The program was started this semester and already has a waiting list.

Parents who are interested in having their child participate can contact Oswald through her phone (580)327-8451 or email jdoswald@nwsu.edu.

Athletes sponsor on campus registration

By **KATEY LACKEY**
Staff Reporter

The presidential election is Nov. 8, and the Northwestern softball team is offering a chance to get registered.

The softball team will be at the student center from 9 a.m. to 4 p.m. every Wednesday helping students get registered to vote up until Oct. 12.

Audrey Estes, a junior majoring in biology, said a lot of the students turning down the opportunity to register are just out of state, which makes it difficult to get them registered.

For out of state students, they can register online using a link that the softball team will provide. They can fill out the information online then print it out and send it into their county voting office.

If students fill out all their information at the student center though, the softball team will take it to the voting office.

"It encourages people to vote," Estes said, "and actually be a part of their government."

Charlie Zeilman, head softball coach, pushed for the athletes to be more involved and connected with their community, said Ashlye Pool, the softball student assistant. Pool said the team actually has about 7 different community service activities lined up for the team to participate in. Pool will be at the student center every Wednesday, while the other team members will circulate.

"It helps spread the word and builds citizenship," Pool said. "I love building the connections with the community, and working with different people from the university to get the word out."

A driver's license is the only thing needed to register at the Student Center.

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News

Coronado receives updates

By CHRIS AGBOLA
Assistant Editor

A number of projects took place in Coronado Hall this summer while students were away on summer break.

Steven Valencia, associate vice president of university relations, said the decision to make renovations to the dormitories was agreed upon by the administrative body a couple of years ago.

We actually started with Fryer Hall because it was the smallest of the university halls, and it was a successful project. So, we shifted our attention to Coronado Hall during the summer, Valencia said.

"It took about two and a half months for the renovations to be made," Valencia said.

The main changes were replacing the showers with new ones on all Coronado floors, and the introduction of new heating and cooling units, Valencia said.

In addition, the fourth floor had an entire furniture change made to it as well.

Eventually, the other floors may have their furniture changed too, Valencia said.

The residents of Coronado Hall gave positive feedback about the changes, Valencia said.

To maintain these changes, students should keep the dorms as though it was their personal property. Northwestern has some of the lowest housing fees in the country. In effect, damages to the dorms will cause an increment in the amount students have to pay, Valencia said.

For more information on the dorm renovations, students can contact Kaylyn Hansen, director of student housing. Students can email her at klhansen@nwosu.edu or call her at (580) 327-8418. Students can also visit her in her office located in the Fine Arts building Rm. 131.

Club pushes for growth

By SAMANTHA MCGUIRE
Staff Reporter

Northwestern Oklahoma State University currently has 151 international students enrolled, which is the largest international class in all of Northwestern's history.

Yet only a fraction of these students are part of the International Student Association.

The ISA is a club on campus that is open to all students. The ISA's focus is to help educate Northwestern's campus and community about all the different cultures represented on campus.

The ISA has been active since 2000. The ISA has meetings the third Tuesday of each month. For students interested in the meeting this month, they can attend the meeting on Sept. 20.

International academic advisor, Rebecca Cook said, "During the meetings we explore ideas on how to get ISA more involved on campus, as well as explore different cultural events that we can put on."

One of the events that ISA puts on annually is the Festival of Cultures, which is in the spring semester. The ISA is currently looking into holding more events throughout the course of the academic year.

"We are working on some events that can assist the ISA in fundraising for international



Photo Provided

International students gathered together for a meeting.

student scholarships as well as give all students a taste of something different on campus," Cook said.

One of the main goals of the ISA is to help international students get accustomed to the campus.

"We would love to show the international students that we welcome their various cultures to Northwestern by having more general student involvement," Cook said.

Hayden Clark, an international student from Australia, has taken the changes in stride. Clark is a business major that came to Northwestern to play football. He said as far as customs go in America compared to Australia there are only minor differences.

The main thing Clark expected was for Oklahoma to look a lot different from Australia, but he said it doesn't. Although Clark has adjusted well to America he said he misses home, his family, his friends and how easy it was living in his own country.

Another international student followed in her dad's footsteps to come to Northwestern.

This student is Ana Gabriela Parra, a junior from Venezuela. Parra said the one thing about coming to Northwestern that made her nervous was making friends.

Parra is a member of the ISA. "[ISA has] been great," Parra said. "Every year we organize the Festival of Cultures

and the community loves it!"

Although the ISA is targeted toward international students all students are welcome to join.

Cook said, "We have students that are not considered international, but were born/raised in a country other than the U.S. We also have some American students who have expressed interest in joining and we have welcomed them with open arms."

For more information about the International Student Association, students can contact Rebecca Cook. Her email is rlcook@nwosu.edu, and her phone number is (580) 327-8435. Students can also visit her office located in the Fine Arts building Rm. 208.

Northwestern hosts pageant

Fifteen women representing high schools in Oklahoma and Kansas were on the Northwestern Oklahoma State University campus Sept. 11 for an orientation session in preparation for the 65th annual Miss Cinderella Pageant held as part of the school's homecoming celebration.

Contestants and their sponsors met with the pageant committee to review all requirements and rules associated with the

talent show on Sept. 29, the pageant itself on Sept. 30, and Northwestern's homecoming parade on Saturday, Oct. 1.

Dr. Janet Cunningham, president, welcomed the contestants to campus.

The 2016 contestants and schools they represent are: Kimberly Stuck, Alva; Baylie Hyde, Burlington; Haven Davis, Cherokee; Katlyn Morgan, Chisholm; McKenzie Logan, Cimarron; Samantha Greer, Freedom; Haleigh

Bockelman, Laverne; Jozlyn Kizer, Mooreland; Ryli Powell, Ringwood; Haley Gregory, Sharon-Mutual; Lexi Shafer, Shattuck; Emily Rugg, South Barber; Alanna Nacion, Timberlake; Silvia Vargas, Waynoka; and Grace Meinders, Woodward.

Admission to either Miss Cinderella Talent Show on Sept. 29, or the Miss Cinderella Pageant on Friday Sept. 30, is \$10 each night for adults and \$5 for students with a student ID or

\$10 total with the purchase of a Homecoming button. Buttons will be available at the door on Talent Show night. Both events will be held in Herod Hall Auditorium.

Tiffany George, Enid administrative assistant, (580) 213-3101, will be the button sales representative for the Enid campus, while Milissa Sturgill, Woodward campus coordinator, may be contacted for buttons in Woodward at (580) 254-2503.

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Editorial

The Way We See It

Café disrespected by students

At only the four week mark of the semester, recurring issues in the cafeteria, such as trash, plates and cups being left behind by careless, irresponsible and childish students, has caused havoc for the Chartwells food service director and his employees.

Charles Craddock, Chartwells director, just arrived in his position this semester, and already he and his 25 employees (made up of 14 full time staff and 11 part time and/or temporary staff) have experienced issues similar to that of high school student's.

According to Craddock, groups of students, whether they be athletes or just regular students, have continued to disrespect the food establishment in more ways than one. "We see a lot of gum on the tables and floors," Craddock said. "We also see the issues of the trash, cups and plates being left behind as well, but the worst I would say is the wasted food."

On average, around 400 people eat dinner in the cafeteria, which results in nearly 200 more meals a day. Of that amount, Craddock said the amount of waste is at 17 percent so far this semester. That percent is figured upon the amount of people coming to cafeteria to eat, the amount of food



It's the leaving behind of trash, dishes and gum on, and under, the tables by students in the cafeteria that has Chartwells food service director, Charles Craddock irritated and searching for solutions.

Photo by Kat Ball

prepared and the average serving size per individual.

Of the food wasted, Craddock said the item that is thrown away the most is the meat. "Chicken, beef, pork, whatever it may be, it's being wasted and in large amounts too," he said. "I understand if someone takes a serving and doesn't like it, that's fine, but when I see four pork chops on a plate coming back on the conveyer belt, for example, I don't see an excuse for that."

As of Sept. 9, the cost of pork chops sat at \$1.04. "It may not

sound like a lot, but you have to remember we're in Alva and I buy in the mass," Craddock said. When a student loads up their plate with a lot of food, they are really loading it up with dollar signs as each item on that plate has a physical and hypothetical price tag on it.

Craddock said, he views the whole situation of wasted food in a "you take it, you eat it" type of manner.

Another issue that Craddock said the cafeteria faces because of irresponsible and careless

students, is that of leaving spilled drinks and food on the floors.

"Accidents happen, I know that," Craddock said. "Sometimes you're on your way back to the conveyer belt and a piece of food, or your drink drops on the floor or spills. But, instead of not thinking anything of it, let one of the workers know so they can clean it up."

As a result of the cleanliness issues caused by the students, Craddock said the employees are forced to work a little harder during each meal cleaning up, as well as after.

Also, the lack of cleanliness drives up the cost for Chartwells to keep the place clean as well.

Then as a result of the wasted food, Craddock said if that issue continues to occur in an excessive amount, the price of meal plans will likely go up.

When it comes to solutions for the childish acts by the students, Craddock asked, "Is it because I don't have more trash cans available? Is it because when you drop or spill something, you are embarrassed to come tell me?" Then, he added that he invites the students to come up with solutions and present them to him.

As far as the chewing gum issue comes though, Craddock just said that issue is high school, and he had no clue on how to solve that one, except for maybe banning gum from the cafeteria all together, which in that case will indeed be high school for sure.

"All in all, every issue is manageable," Craddock said. "It would be a lot easier if we had everyone's cooperation though, whether that means the students taking their plates and cups back to the conveyer or just cleaning up after themselves."

What college has taught me

By HAYLEE BATES
News Editor

10 Things that College has Taught Me

1. Finding who you are is the most fulfilling thing you will do.

Sometimes in high school we get sucked into being who our parents want us to be.

While there is nothing wrong with wanting to make them proud, it can be overwhelming and exhausting at times. I'm sure most of us can agree that our parents want what's best for us, but we have to have the freedom to figure out who we are by ourselves.

One day you should be able to love who you are and be confident in what you're doing with your life. This may stress some people out because they don't know where to start.

I will tell you where to start. God. He knows what your life entails, trust that.

2. Once you find that person, never compromise who you are.

You will go through your college career and find that not everyone will like who you are and what you stand for.

There will always be people that don't agree with you, and that's okay. The best thing we can do is show them patience and love.

Even though someone doesn't

like something about you, doesn't mean you should change who you are.

Stand firm in your values and always be proud of the person you have fought so hard to become.

3. Don't waste your time on boys; they aren't worth it.

Let's be honest, college boys are not always what they're cracked up to be. Find yourself without having to rely on a boy.

Be confident and know that you don't have to be in a relationship to be successful. If you find the person you are meant to be with that's great, but don't force a relationship because you feel like you need to have one.

The right person will come at the right time (to be honest, I'm in my fourth year and still haven't found the right one. You still have hope).

4. Getting involved really does change you.

I cannot stress this enough. GET INVOLVED!

Do something while you're in college. You aren't here to just go to class and sit in your room. Get involved in different clubs and organizations.

Have wholesome fun. Have fun that can develop you into a smarter and better version of yourself.

5. Be nice to everyone, even if they don't deserve it.

As I said in my second point,

you will stumble upon people that just don't like you. Always be kind to these people.

It's not the easiest thing to do, and I can attest to that, but it's worth it. At the end of the day, you will be more satisfied with being the bigger person. Stooping down to their level will never bring satisfaction.

6. Going to class is beneficial.

The primary reason you are in college is to get an education, don't forget that part. Go to class and learn the material. You might be surprised how much it actually prepares you for your future. Shocking, right?

7. Don't be afraid to put yourself out there.

There are going to be times that you have to make tough decisions.

My philosophy is, take the chance. Personally, I would rather live with knowing the answer than asking what if? Sometimes the decision you will make can bring about embarrassment, but if you're anything like me, you embarrass yourself daily. It's nothing new.

8. Take advantage of the free food opportunities.

If your campus is anything like mine, there is free food just about every day.

Put these times in your plan-

ner and make it a point to go. Most of the time the food is pretty amazing, and it's normally at a church establishment where there is good fellowship.

It's also an amazing way to meet other college students that love food just as much as you do.

9. Love yourself!

This is one of my favorite tips! It seems simple, but it is so important.

Be sure that you are proud of who you are. If you aren't, no one else can be either. Spend time each week having some "me time." Treat yourself. There is nothing wrong with making sure you are taken care of.

10. I saved this one for last because it is the most important ("best for last"- hopefully that's still a thing). Always, always, always make sure Jesus is with you wherever you go, and that you spend time with Him.

Coming to college and being a new student can be a little scary. Trying to figure out what you want to do with your life can be even scarier.

If you have Jesus with you, you have nothing to worry about. He will guide you and give you a peace that only He can offer. Don't forget to spend time with Him daily. He wants to hear from you, and He wants to help you.

Place your trust in Him and you can't go wrong!



King Crossword

Answers

Solution time: 24 mins.

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| R | E | M | O | T | E | C | O | N | T | R | O | L |
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| A | R | S | O | N | S | K | Y | H | O | W | | |
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Solutions for Sept. 8 crossword

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Letters must be turned in by noon on Tuesday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnnews@nwsu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, label and space limitations. All letters submitted may not be used.

All letters represent the views of the author.

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Library place for study not distracting food

By **SUSAN JEFFRIES**
Columnist



Photo by Nick Villalobos

Susan Jeffries, Northwestern library services director.

Every academic year, I'm asked once or twice why no food is allowed in Northwestern's libraries. So, let me address this question.

The library is a place of scholarship and study. When you need a quiet place to study or complete assignments, the library is a great place to go.

It's generally a peaceful place void of chaos. Libraries even have a certain smell most of us associate with them. To create that necessary space, some protocols are helpful.

Most of us try to be relatively quiet in libraries, we don't run or roughhouse, and the focus is on learning.

And, while you may be used to eating while you study, others are not. Food is messy, and its smell can be a distraction for everyone.

When students have hidden food in bags to bring in, the evidence from it is nearly always left behind. That leaves a problem for the next student who needs to use that space.

There are plenty of places to just hang out and eat, and I don't think anyone is missing any meals because food is not allowed in the libraries at our Enid and Alva campuses.

In a world where anything goes nearly everywhere, please help me keep one sanctuary that values the exploration and absorption of knowledge and the wonder of it all!

And, email me or come knock on my door if you'd like to venture into the vast amount of interesting things to know; I'd be glad to help you get started.

Timing is everything

By **MORGAN PHILIPS**
Columnist

As humans, we revolve everything around time.

Timing is everything, it has the most impact on our lives. Think about it, about the time you met your spouse, the time you met your closest friend, or maybe the time you lost someone too soon.

Timing has a way of being our best friend and our enemy.

The time I met my closest friends, I know that God brought them into my life to keep me sane.

"One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother." - Proverbs 18:24.

These ladies are my rock and I thank them so much for that. The times that they were brought into my life were completely different, but equally as needed. They've been there for me from some of the worst times and some of the best.

God knows we need people we can rely on, someone to help us through the hard times and celebrate during the good.

These people are really important to have and we should all hold them close to us. The time when you meet "the one" can be the most time centered of them all. In relationships timing has to be perfect.

As we get older, it gets harder and harder to realize when you've met the one, or when you've mistaken someone to be your one. Sometimes we get so caught up searching and searching for the one that we are

consumed by it and we don't allow ourselves to be happy.

When you stop searching for them yourself, God will bring them to you, his timing is better than ours and he knows when the right time is. So let go and let God.

The time you lost someone too soon. Death. Nobody wants to get a phone call or receive word that someone that they care about and love has been taken away from them.

Sometimes we don't understand why God would take someone from us when they are so young. Even when you lose someone like a grandparent, it is so extremely hard on the people left behind.

It's hard not to fall into that place, that many people don't come out of, the dark place that completely changes a person, but turn to God he has the answers.

"Blessed are those who mourn, for they shall be comforted." - Matthew 5:4. God knows how bad you're hurting and he wants you to know that it will be okay.

"To everything there is a season, and a time to every purpose under the heaven: a time to be born, and a time to plant, and a time to pluck up that which is planted; a time to kill, and a time to heal; a time to break down, and a time to build up; a time to weep, and a time to laugh; a time to mourn, and a time to dance; a time to get, and a time to lose; a time to keep, and a time to cast away; a time to rend, and a time to sew; a time to keep silence, and a time to speak; a time to love, and a time to hate; a time of war, and a time of peace." - Ecclesiastes 3:1-8



"Welcome to our new 'Your Voice' section. This section will be devoted to the voice of you readers. We decided over the summer break that including your voices into our paper would give each of you the opportunity to share your stories. We welcome all reader's stories. All we ask from you is when you send us your stories, to nwnnews@nwsu.edu, that you send a picture of yourself as well. Thank you and we at the Northwestern News hope you enjoy the new additions."
-Northwestern News

People treat you the way you allow them to

By **KAYLIE CRAWFORD**
Columnist



Photo provided

A few days ago I was on the phone with my mother complaining about how someone I care for dearly wasn't treating me nicely.

I went on and on about how upset it made me and asked her what I should do.

She replied with, "Kaylie Nicole, if you do not like the way someone is treating you then say something! You are 18, you need to stand up for yourself. I don't care if it is someone you love or if it is someone you cannot stand. Say something."

I thought she was crazy. I've always been taught to be kind to anyone and everyone. I thought it was better to turn my cheek when things were said about me that I didn't like. But, maybe I'm taking my kindness too far?

I'm the type of person who tries to avoid any sort of confrontation or argument. I hate it. It honestly kills me inside.

And that's exactly what I do, I keep it inside. I let all this anger, frustration, and sadness stew inside of me. I would rather have someone treat me terribly instead of speaking up.

How many of us are guilty of this? How many of us bite our tongues and just let someone treat us terribly? I understand that not every situation needs a reaction and not all situations are worth making a big deal about.

But, too often we choose to let people walk over us like a rug and choose not to speak out and stand up for ourselves. The question is: is choosing to remain quiet

Kaylie Crawford

worth sacrificing our own self-respect?

The answer, obviously, is no. But, sometimes it's easier said than done. Life is short. You shouldn't spend all of your life as a rug.

If you feel disrespected, neglected, forgotten, or wronged, you owe it to yourself to stand up and say something.

Too many of us keep our feelings to ourselves in an effort to avoid feeling insecure, or to hurt someone's feelings. I cannot say enough how wrong this is.

In our efforts to save someone's feelings, we are not only letting them take advantage of us, but also letting them disrespect us.

No one, under any circumstance, should ever feel this way. So do it.

Stand up for yourself, and tell anyone and everyone that treats you wrong, "I deserve better than this." Because you honestly do.

You deserve the world and if someone isn't giving you the world, then say something and walk away.

Allow yourself to be independent and confident in who you are.

So, thank you, mom. For opening my eyes and showing me that I am, in fact, not a rug, and it is okay to say something.

Feature

Nostalgic collection in Mayberry

By SAVANNAH TILLMAN
Feature Editor

A collection of Pyrex glassware moves to Alva.

Mickey Jordan, senior theater major at Northwestern, has been collecting Pyrex glassware for the last seven years. "My friend Michael Blackford, graduate of Pittsburg State, first got me hooked on the history of Pyrex several years ago," Jordan said. "Blackford's collection has grown to roughly 500 pieces."

Jordan was featured in Northwestern News last spring, in the January 21, 2016 addition for his love of nostalgic 50's and 60's décor. "Mayberry" as Jordan calls Alva, Okla., hasn't always been home to his ever growing Pyrex collection; but due to unforthcoming events, he had to relocate the collection to Oklahoma.

In recent years, more and more individuals are looking to find and collect the iconic



Photo by Savannah Tillman

Balloons Pyrex Set



Photo by Savannah Tillman

Pyrex sets featured in antique cabinet

glassware. "It takes time and money to gather all the sets. I want to make sure I have each color of each set and as time progresses it is becoming harder to find it all," Jordan said. "People back then never would have known their glassware would be worth so much today. Lots of times they would place the items in the dishwasher and after a couple times that shiny, glossy coating would come right off."

Walking into Jordan's kitchen, Pyrex ads fill the walls and display a sense of a time not so very long ago. Each one presents a different promotion, for a different set, that was available for purchase. Jordan has almost every promotion, from those ads, sitting in his

dining room hutch and on his table. "I collect items, such as this because good design is good design. Things were made to last back then and the quality is far greater then, than it is now," Jordan said.

Pyrex, originally produced by the Corning Glass Works, celebrated its 100th Anniversary in 2015. The company was known for creating temperature-resistant borosilicate glass for railroad lantern globes. "Bessie Littleton, wife of Jesse T. Littleton, a Corning scientist, baked a cake in a sawed off Nonex battery jar. Her discovery was that the cake did not stick to the jar and it allowed it to cook evenly and efficiently," according to Corning Museum of Glass. This

discovery launched an idea for bake ware and in 1915 the first production of Pyrex glassware was sold.

With the variety of options, the possibilities are endless. When Pyrex originally started the glassware was clear and it wasn't until 1936, when the promos for the colors started: yellow, red, green and blue. As time progressed, the sets progressed. Bowls, oven ware, stove-top ware, etc. became available for every family. The 40's-60's produced some of the most iconic Pyrex sets, like Desert Dawn, Balloons, Mod Kitchen and Black Roosters.

Also throughout the last century, the cost and quality of the Pyrex has fluctuated. During the depression, Pyrex made the Blue Delphite or also known as Bluebelle, which were untimely cheaper to make and were not as costly. As the economy grew, Pyrex quality did as well.



Photo by Savannah Tillman

Pyrex Pie and Delphite Fridgy

Continue on page 7

California girl strives to give back

By NICK VILLALOBOS
Editor in Chief

It's not every day a California girl ventures from her home in Oakland to the quiet community of Alva.

For the outgoing, compassionate Britney Houston, Northwestern Student Support Services project adviser, however, that was indeed the case.

Houston, who moved to Alva in January, graduated with a bachelor's degree in behavioral sciences from California State University of Chico. She later received a master's degree in public administration from CSU of Stanislaus.

Upon arriving in Alva, Houston began working in SSS. "Giving back to those who helped me throughout my college years has always been the reason I work here," Houston said. "I was in SSS during my undergrad year, and it helped me significantly."

As a project adviser for SSS, Houston helps supply tutoring, mentoring and assistance for filling out FAFSA's to students involved with the program. She helps with additional types of services like goal planning, career planning and college planning as well.

Outside of working for Northwestern, Houston said she works out with fellow coworkers, and plays with her 21 month old daughter. "I really enjoy playing with my daughter," Houston said. "Whether it be going to the park, or the city, if it involves having fun with her, then I am happy."

Houston added she enjoys going to the beach as well, but since she is in Oklahoma, there are not many beaches around to enjoy.

In the future, Houston plans to either continue working at Northwestern, or move on to a larger university in Oklahoma and making a bigger impact there.

"I just want to give back," Houston said. "People helped me, so now I want to return the favor by giving back as well."

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Feature

Student builds telescope

Jordan

From page 6

They began to do promotions for holidays as well as everyday glass ware. From 1959's Lucky in Love promotion to 1962's Frost Garland promotion, the promotion designs seemed endless to own.

The iconic Pyrex has the label, of authenticity, on the bottom of the piece and also shows where that design came from. Not all the promotions were from the U.S., but some were from Canada and England. One of Jordan's favorite pieces is a Canadian Delphite Fridgy, which was named for its intended purpose of being stored in the refrigerator.

As the years progressed, the nostalgia of Pyrex began to fade and by the 90's Corning Glass Works began focusing on the science of glass and sold Pyrex to Consumer Products Division or now known as World Kitchen. Pyrex no longer produces the iconic promotions; however, is still being sold today as clear glassware.

By VICTORIA SCHNAUFER
Student Reporter

Carmen senior, Willow Gahr, refurbished a 1960's telescope for a light class.

Dr. Maier, department chair of Natural Science and professor of physics, initially gave the project to former student, Kaitlin McAllister, in 2011. The telescope had been completely taken apart, to rebuild; however, it had not been put back together.

Doctor of Physics and assistant professor of physics, Jenny Sattler, handed the project to Gahr to allow her to get more of a hands-on experience of optics.

"I wanted the class to be fun, but I also wanted her to learn. The only way to completely understand optics (light) is to see it in action," Sattler said. "Optics can be fairly abstract so actually seeing it helps a lot."

Gahr received the project during the spring semester of 2015. The project took a full two semesters to complete.



Photo by Willow Gahr

Willow Gahr remakes telescope for light class

"Over all I spent a cumulative 6 weeks on the project alone," Gahr said. "There were a few cut backs because of my surgeries, classes and other activities."

Gahr was a full time student, athlete and held three jobs while working on this project.

"Initially we thought there was a lack of parts, so Willow spent two months doing research on how to construct a telescope from scratch," Sattler said.

After talking more with

Maier, they found that there were components, like a stand and mirrors, that had to be constructed as well.

"I didn't get to do all that I wanted, but I am very proud of the outcome," Gahr said.

The telescope is kept in the science building, in room 111, for safe keeping. The mirrors used on the project are extremely sensitive.

"A little dust can scratch the mirrors," Gahr said.

The Telescope will be brought out for an upcoming

star gazing party, for the Northwestern Physics club. The date has not been set yet.

Sattler teaches an astrology class that will get to work with the telescope as well. Sattler's Girl Scout troop may be able to see what makes a telescope work; however, that may take some convincing of Gahr.

"I am trying to talk Willow into having my Girl Scout group come to the college to see the telescope and allow them to meet a girl scientist," Sattler said.

Gahr's work and time did not go unnoticed.

"She can completely build a telescope from scratch because of the amount of hours researched, time spent and refurbishing the one I gave her," Sattler said.

Gahr's artwork is visible on the outside of the telescope. She painted planets to show what a telescope is used for.

"Although she didn't get to do all of the plans she constructed, Willow did a fantastic job. She put a lot of work into it. The telescope turned out fantastic," Sattler said.



Sweet 16 Party!

FRIDAY, SEPTEMBER 16, 2016

PRE-REGISTER & FREE COOKOUT 5:45 PM - 8:00 PM

TATTOO CONTEST 7:00 PM

RULES MEETING FOR FRIDAY NIGHT CRUISE 7:50 PM

BIG CRUISE 8:00 PM - 8:45 PM

(CLOSED ROUTE - NO 4 WHEELERS - EVERYTHING ELSE THAT RUNS!)

FREE MOVIE AT RIALTO CINEMA 9:00 PM

SATURDAY, SEPTEMBER 17, 2016

CRUISIN' FOR THE 5K RUN OF IT (Courthouse Parking Lot) 8:30 AM

GRACEFUL ARTS GALLERY EXHIBITION 9:00 AM - 4:00 PM

FINAL REGISTRATION 9:00 AM - NOON

Kids pit stop (Inflatables and more) 9:30 AM - 4:30 PM **Kids pit stop**

Sponsored by the Church of the Nazarene

CAR SHOW 10:00 AM - 4:40 PM

FREE CHASSIS DYNO 10:00 AM - 5:00 PM

POKER WALK 10:30 AM - 2:30 PM

LITTLE MISS CRUISE & CAR SHOW 1:00 PM - 2:30 PM

PINEWOOD DERBY 1:00 PM - 3:00 PM

4 O'CLOCK AUTO CROSS 4:00 PM - 4:45 PM

GO & WHOA 7:00 PM - 7:30 PM

TROPHY PRESENTATION #1 7:30 PM

BURNOUT CONTEST 7:45 PM - 9:00 PM

TROPHY PRESENTATION #2 9:00 PM - 9:15 PM

BIG MONEY CASH GRAB 9:15 PM

CRUISE THE BLVD. 9:45 PM - ??? (STREET LEGAL ONLY)

SUNDAY, SEPTEMBER 18, 2016

FREE BREAKFAST 8:30 AM - 9:00 AM

CHAPEL SERVICE AND FELLOWSHIP 9:00 AM - 10:00 AM

CAR SHOW 9:00 AM - NOON

TROPHY PRESENTATION #3 10:30 AM - 11:30 AM

STREET RACE NOON - 3:00 PM

BICYCLE DRAGS 1:30 PM - ??? (INTERMISSION OF STREET RACE)

Event coordinators

Joe Phillips at
(580) 748-1510

David Ingrahm at
(580) 748-1130

Entertainment

Royalty candidates announced

Ranger Queen Candidates:

Devan Harris-Shahan

Harris-Shahan is a senior Health and Sports Science Education major, from Enid. She is being sponsored by the Psychology Club.



Emily Harris

Harris is an Alva junior, majoring in Elementary Education. She is being sponsored by The Bible Chair.



Rachel Lugendo



Lugendo is a senior General Education major, from Lewisville, Texas. She is being sponsored by the Black Student Alliance

Jacey Bales

Bales is a sophomore Elementary Education Major from Alva. She is being sponsored by Alpha Sigma Alpha Sorority.



Cintha Nevarez

Nevarez is an Early Childhood education major from Laverne. She is being sponsored by the Northwestern's Art Society.



Freshman Queen Candidates:

Jenna Castor

Castor is a Dental hygiene major from Shattuck. Castor is a member of the Ranger Cheer squad, Aggie club and FCA.



Kylie Wilson



Wilson is a Health and Sports Science major from Helena. She is a member of the Northwestern BSA, Art Society and the Herd.

Kayley Harris



Harris is a nursing major from Norman. She is a member of the Northwestern marching band, jazz band, and Alpha Sigma Alpha Sorority.

Kaitlyn Kilian

Kilian is a nursing major from Medford. She is a member of the Northwestern corale and concert choir.



Ranger King Candidates:

Shekhar Adhikari

Adhikari is a senior Computer Science major from Nepal. He is being sponsored by Northwestern's International Student Association.



Isi Ofiu



Ofiu is a senior Music Education major from Anchorage, Alaska. He is being sponsored by the Northwestern Choir program.

J.C. Wells

Wells is a sophomore from Laverne, double majoring in Math Education and Health and Sports Science Education. His sponsor is Northwestern baseball.



Coody spices up boring plate

By CAITLIN COODY
Student Writer

Finding ways to entertain your pallet while in college can be tough. So, through research and own pure genius, I have come up with several ways to change the monotonous breakfast, lunch and dinner routine.

This week I will share with you, a simple way to "spicen" up that turkey sandwich! I call it the "Turkey Spicen Guac." This can be a quick lunch or dinner.

You will need: bread, turkey, cheese (Swiss is best) and spicy guacamole (if spice isn't your thing, regular guac will work). I like the small guacamole cups Walmart provides in the vegetable section; they have different flavors too!

Dorm directions: if you have a toaster great! If you would like to use an electric skillet then, according to NWOSU dorm policy, it must have an automatic shut-off to qualify for opportunity of being approved by hall supervisor.

1. Toast the bread to get them nice and warm. Place cheese on the bread after you pull them out of toaster or skillet.

2. Spread a little bit of spicy guacamole on both slices of bread.

3. Pile on the turkey!

4. If you're like me, this next step is important. Put the sandwich together and cut it into two triangles.

5. Enjoy that mouth-watering "Turkey Spicen Guac!"

House directions: the only thing I change for the

house directions is step number 1.

1. Heat up a skillet on the stove top. Spread butter over both slices of bread on both sides. Toss them in the skillet until a nice golden brown. Once you get the bread how you like it, transfer to a plate and put the cheese on. Then follow the dorm directions starting with step 2.

If you have any recipes you would like to share, email Caitlin Coody at cmcoody14@rangers.nwosu.edu

Calendar of Events

September 15

Kickin' it on the Pitch
7 p.m.
NWOSU Soccer Field

September 17

Heartland BEST Kickoff
8 a.m. - 3 p.m.
Coronado Hall - Ranger Perk
Student Center Ballroom

September 26-27

OBI Blood Drive
9 a.m. - 4 p.m.
Student Center - Wyatt Room & Ranger Room

September 29

National training for counselors and mentors workshop
9:30 a.m. - 4 p.m.
Enid 127

Powder Puff Football and Tailgate on the tiers
7 p.m. - 10 p.m.

Miss Cinderella
7:30 p.m. - 9 p.m.
Herod Hall Auditorium

NWOSU Homecoming 2016 is 2 Weeks Away!!!

Sept. 29-30, Oct. 1

Upcoming Registration Deadlines for Homecoming Contests!

Paint Palooza Sign Contest: Sept. 21

(Contact klhansen@nwosu.edu)

Building/Window Contests: Sept. 21

and Parade Float Contest: Sept. 28

Contact klhansen@nwosu.edu (Alva), cmreim@nwosu.edu (Enid) or mlsturgill@nwosu.edu (Woodward)

Pre-register for Ranger Run/Fun Run by Sept. 26 for \$5 discount! (nwalumni@nwosu.edu)

More info on all things Homecoming at www.nwosu.edu/homecoming



Get your button for \$10 (\$38 value)!

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Sports

Porter out due to injury

By **COOPER STANLEY**
Student Writer



Photo Provided

Logan Porter

A routine play, a pop; and a dead silent team were all it took for star catcher Logan Porter's season to end before it began.

"I didn't think it was torn," Porter said, referring to a ligament in his knee. "As I laid on the field after I heard the pop I expected pain, but it really didn't hurt that much."

Porter, a junior catcher for the Northwestern Oklahoma State baseball team, was a captain, a leader, and an offensive and defensive weapon for the Ranger baseball team; arguably the most important player for the Rangers. He was lost to a knee injury one week before the season opener.

The catcher is the quarterback of baseball. The catcher controls the game, calls what pitches a pitcher should throw, is involved in every play of the game and usually is a natural leader of almost every team.

Christian Hammerl is a senior second basemen who played with Porter for two years. "It's tough when you lose not only one of your best players, but your catcher at that," he said, "Our whole team just held their breath when he went down. We all just hoped he would be okay."

But Porter wasn't okay, and the worry of players, coaches and fans of the Ranger baseball team would be confirmed when the catcher was diagnosed with

began to see results.

Porter's athletic trainer who worked with him through most of his rehab, John Frazee said, "Porter is one of the most determined athletes I have worked with. He's worked hard since day one of his surgery."

Working day in and day out in the athletic training room, Porter hopes to be back on the baseball diamond throwing and swinging the bat after just three months.

Porter doesn't fear tearing his ACL again. The 20-year-old from Surprise, Arizona can't wait to get behind the pitch again and catch and just play baseball. Porter explained that if he feared getting injured again he wouldn't be the same player he was, wouldn't be as dominate and as beneficial to his team.

Porter draws inspiration from other athletes who have come back from ACL injuries just as good if not better than before. Porter said Marcus Stroman and Adrian Peterson are perfect examples of being able to come back off an ACL tear and still be dominate. And Porter is right when speaking of those two in particular. Stroman came back to professional baseball just five months after tearing his ACL in a MLB spring training practice, and Minnesota Vikings running back Peterson came back to the NFL in just six months.

"I was mad at first," Porter said. "I was pissed that this happened to me, especially so close to the season, but I real-

ized that this may be a blessing in disguise. This injury gave me a chance to mature as a person and to appreciate the game of baseball a whole lot more."

The year off from baseball gave Porter more time to think about his life and the situation he was in. He didn't know it when it first happened, but his ACL injury would lead to him making a big decision to leave Northwestern after spring semester's end and move closer to home.

The injury made Porter view things differently; he wanted to be closer to family. It was something that through his rehab process he wished he could have had.

Without the injury, Porter would be just finishing up his junior year on the field, probably helping the Rangers get a couple more wins, and probably accumulating some noteworthy statistics, and almost for certain be coming back to Northwestern next year.

But Porter did tear his ACL on that cool February day in Alva, and things did change. Porter refuses to let his story end with an injury.

For now he doesn't exactly know where he will be playing baseball next year, but he knows it will be close to home, closer to Arizona than Oklahoma is.

What he does know is he will be playing and the next time Logan Porter hears a pop on the baseball field, it will be the ball coming off his bat and disappearing into the night sky.

Athletic events

Sept. 16

12 p.m. WVB at Univ. of Central Oklahoma

4 p.m. WVB at Southwest Baptist Univ.

7 p.m. Rodeo at Colby Community College

Sept. 17

9 a.m. WVB vs. Missouri Western State Univ.

2 p.m. FB at Henderson State Univ.

7 p.m. Rodeo at Colby Community College

Sept. 18

7 p.m. Rodeo at Colby Community College

Sept. 20

6 p.m. WSOC vs. Southwestern Oklahoma State Univ.

Sept. 22

6 p.m. WSOC vs. East Central Univ.

7 p.m. WVB at Southwestern Oklahoma State Univ.

Cross-country takes 4th overall

By **RANGERS ATHLETIC DEPARTMENT**

The Rangers cross-country team finished fourth overall, after their meet at Southwestern Oklahoma State University Open on Saturday.

The women ran a 4-kilometer race, while the men ran a 6-kilometer race. Freshman Seth Maston was the first to cross the finish line for

the Rangers with a time of 23:02. The next Ranger runner to come across was Manuel Reyes, who clocked in at a time of 24:24.

The last four runners for Northwestern all came in one behind the other, leading that pack was Ian Licea, with Parker Osborn only milliseconds behind Licea crossing at 24:33.31 and Osborn crossing at 24:23.83. Following behind

them were Brandon Widner and Thomas Decker. Widner was clocked at a time of 25:39, and Decker crossed at a time of 27:19, which would complete the scoring for the Rangers.

For the women, freshman Clara O'Connor was the first Ranger to cross the finish line clocking in with a time of 17:08. Following close behind O'Connor, Lexi Hastings and Rebecca Black finished six

seconds apart with Hastings striding across the finish at a time of 18:03, while Black hot on her heels with a time of 18:09. Rounding out the scoring for the Rangers was Capri Gahr and Ana Parra. Gahr clocked a 20:04 and Parra finishing with a 24:27.

The Rangers will stride into action again at the OSU Jamboree in Stillwater on Sept. 24 at 9 a.m.

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Sports

Rangers fall in Magnolia; focus turns to Reddies

By **RANGERS ATHLETIC DEPARTMENT**

After an exciting opening night of football for Northwestern's football team in week one, the second game of the season proved far less dramatic.

In front of a new attendance record for fans at Wilkins Stadium on the campus of Southern Arkansas in Magnolia, Arkansas, the Muleriders defeated the Rangers with a final score of 33-14.

The Muleriders have been not only dominant over the Rangers since the Rangers have been admitted into the Great American Conference in 2012, but also throughout the course of time as the Rangers haven't beaten SAU since 1978.

After a record setting offensive performance in week one from the Rangers offense, week two proved to be quite the opposite statistically for the Rangers.

Quarterback Reid Miller managed just 206 passing yards and one touchdown compared to his school-record seven touchdowns in the first game.

The other major statistical turn around for the Rangers actually proved to be a positive one for the Ranger defense, which struggled in week one, kept SAU's notoriously high-powered offense mostly in check.

The Ranger's defense would show their improvement immedi-

ately as they held the Mulerider's to just a field goal after a Miller fumble on just the third play of the game.

A Miller touchdown pass to his favorite target, Riley Hess, gave the Rangers their only lead of the ballgame at 7-3.

Two quick touchdowns that included an 87-yard wide receiver sweep by SAU's Karonce Higgins quickly put the Muleriders up 17-10 midway through the second quarter.

After back-and-forth stalled drives, the Muleriders added a field goal just before half to take the lead into halftime at 20-7.

A three-and-out to start the second half for SAU set up the Rangers to cut into the deficit, but Miller and company were once again unable to get anything going on the offensive side of the ball.

The only other scoring play for the third quarter came at the 7:38 mark when the Muleriders kicked another field goal to extend the lead to 23-7.

The Rangers finally got a spark when senior Jarion Tudman returned a kick-off 94 yards for a touchdown, but a failed onside kick by the Rangers put the final nail in the coffin for the Rangers.

The loss puts the Rangers at 1-1(1-1 GAC) for the season. Northwestern will be back in action Friday when they travel to Arkadelphia, Arkansas, to take on the Henderson State Reddies with kickoff set for 2 p.m.

New cross country coach brings winning background

By **JAKE GOODMAN**
Student Reporter

If a winning record isn't enough, he also has years of experience.

It was a busy offseason for the Rangers while searching for a new head coach. After getting in contact with different coaches who wanted to apply for the job, the search ended in February as Northwestern hired former Guthrie High School cross country coach Clay Tarter.

Tarter coached at Guthrie for 38 years where he coached track, cross country and football. His team has managed to win six state championships for men's cross country as well as one girls cross country in 2003. He has recently won two state championships in 2009 and 2010.

He was also involved with 14 state runner-ups to McGuiness. Tarter has coached 24 all state runners in cross country.

Tarter started the cross country program at Guthrie High School in 1982 and coached a student named Paul Dreason who was a strong runner. During Tarter's first year, he only had two guys qualify for the state meet as Dreason qualified for second place. The second year more runners participated and they went on to win state

One fun memory that Tarter remembers from coaching at Guthrie is staying at the hotel rooms the night after the first state

meet with his seniors and sitting in the hot tub relaxing after a long day at the state meet at Oral Roberts University.

Another fun memory took place after winning the first state title when the fifth place guy started second to last ended up making it in the top 30 runners in class 3A.

Each career does have heart wrenching moments. There was a meet in Tarter's high school coaching career where they placed second and after the race, a Guthrie runner said he could have caught up to a guy to help the team take first place meet. Everybody was thinking they could have done a bit more.

Tarter is planning to recruit freshmen who have good grades and are willing to compete to help the team grow. Tarter said he wants to help the cross country team by getting better at each meet, set new personal records and improve in many areas.

Tarter graduated from Guthrie High School where he later returned to teach U.S. history and geography. After high school, Tarter went on to attend UCO where he graduated in 1976. He has been married for 40 years and attends North Haven church in Norman. With another milestone in place for his career, Tarter said taking the Northwestern job is a big step.

The Northwestern runners are ready to work under the new coach.

"I like our new coach and I think that he is a lot more personable and easier to get along with,"

said Manuel Reyes, a sophomore pre-med major from Tonkawa. "Coach Tarter is bringing a lot to the table to help us grow as a team, has plenty of experience with winning teams, knows what it takes to train athletes, treat injured athletes and how to push a healthy athlete to his limit."

"Coach Tarter is also great at motivating us to work hard with him or on our own," Reyes said. "He makes me very excited for the upcoming cross country season and more to come."

The girls are also ready to work with Tarter as Willow Gahr is prepared for next season. "He seems like a real genuine guy and knows a lot about cross country since he has had more experience," said Gahr, a biology senior from Carmen.

"He seems like he's in it with us and understands what it's like coming from nothing and going forward," Gahr said. "His experience being a coach for a long time will benefit the incoming freshman and those coming from off season. She said "I think we will be better and stronger as a team. We are all in it together, learning from him as he is from us."

The men's and women's cross country teams began spring practices in late February with Tarter giving the athletes different workouts.

"Cross Country is a sport to where your head is always thinking because your mind does not want to accept the pain and time that it takes," Tarter said.

Weeden's principles for football success

By **MICHAEL JORDAN**
Student Reporter

Anthony Weeden, the new wide receiver coach, discussed his four principles for success.

Q: What do you bring to the table as the new wide receiver coach here at Northwestern?

A: I would like to think I bring positive energy and a good work ethic with me. I truly believe nothing worth having in life just falls into your lap. You have to work for the things you want and dream about. My main focus, as the wide receiver coach at Northwestern, is to show our players exactly that. Success can only come from hard work, being positive and relating to the people you work with. That makes for a sound relationship and some unforgettable memories.

Q: Other than coaching technique and talent on the field, how do you plan on preparing your athletes for the future?

A: I believe in four principles: discipline, respect, trust and hard work. You should have the discipline



Anthony Weeden

Photo Provided

to be on time, do your work and be prepared for the occasion. You should be respectful to your teachers, coaches and people you come in contact with. If you do those two things it leads to being able to build trust with that person. After you trust someone, you're more willing to work hard for that person. Those four principles lead to the opportunity of being successful both on and off the field. That's the information that I want athletes to have for the rest of their lives.



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State News

Oklahoma recognizes Youth Suicide Prevention

The Oklahoma State Department of Health (OSDH) is committed to raising awareness and support for Youth Suicide Prevention during National Suicide Prevention Month in September.

Youth suicide numbers continue to rise in Oklahoma. Between 2005 and 2014, youth suicide deaths from 10 to 24 years of age have increased by 31 percent, with an average of 85 youth dying each year by suicide. In 2014, suicide was the second leading cause of death among Oklahomans 10 to 34 years of age. According to a report released by OSDH, more than 450 youth ages 10 to 24 died as a result of suicide from 2010 to 2014.

The suicide rate among Oklahoma youth was 41 percent higher than the U.S. rate; both the U.S. and Oklahoma youth suicide rates have been on the increase since 2007. Mental health problems along with depressed mood and intimate partner problems were found to be the leading circumstances associated with youth suicides.

To access the report on youth suicides and other statistics, visit the Oklahoma Violent Death Reporting System web page <http://okvdrs.health.ok.gov>.

For more information on suicide prevention, visit the Oklahoma Department of Mental Health & Substance Abuse Services prevention website or the National Suicide Prevention Resource Center <http://www.sprc.org>.

Medical Services adopt rules

The Oklahoma State Department of Health (OSDH) recently updated the rules for emergency medical service personnel and agencies. The rules went into effect Sept. 11 and will help ensure Oklahomans receive quality time-sensitive care from OSDH-licensed personnel and agencies.

OSDH updated the license standards for emergency medical personnel, ambulance services and certified emergency medical response agencies. The changes make OSDH rules consistent with Oklahoma law.

For more information and a complete outline of the updated rules please visit <http://ems.health.ok.gov>.



Changes ahead for OK drivers

Oklahoma license plates are changing looks come January 2017.

August 22, Oklahoma Governor Mary Fallin held a press conference with other state officials to release the new design of the state license plate.

The new plate depicts Oklahoma's state bird, a scissor-tailed flycatcher, soaring over lakes, mountains and mesas, highlighting

Oklahoma's natural beauty.

"Just as important, the new plates are more clearly visible at night and will aid our law enforcement officers as they work to keep us safe," Fallin said.

State officials said Oklahoma's previous plates were past warranty and beginning to wear out, the reflective sheeting on them are getting darker and making them more diffi-

cult to see at night.

The plates in use now are seven years old.

The new license plate comes after law makers passed a bill that requires Oklahomans to pay \$5 for the new plates.

New plates will start being issued January 1 and can be seen on TravelOK.com from KFOR Channel 4

Farming on the November ballot

By COREY SHIREY
Student Reporter

Do you know a farmer or rancher? Are you a farmer or rancher? Do you eat food? Well, if you answered yes to any of these questions, you have an important decision to make in November.

On the ballot here in Oklahoma is proposed state constitutional amendment 777, also called the "Right to Farm".

The text of the proposed amendment essentially guarantees that all citizens of Oklahoma shall have a right "to engage in farming and ranching practices1."

It also states that "The Legislature shall pass no law

which abridges the right of farmers and ranchers to employ agriculture technology and livestock production and ranching practices without a compelling state interest2."

Essentially, this proposed amendment is trying to protect agriculture, which is Oklahoma's economic backbone.

Tom Buchanan, President of the Oklahoma Farm Bureau, says that this amendment would "prevent out-of-state special interest organizations from dictating Oklahoma farming and ranching practices3."

As good as this might sound, there are some Oklahoman's who are opposed to this amendment. One such person is Drew Edmondson, Former

Oklahoma Attorney General and chairman of Oklahoma Stewardship Council. His objections stem from the direct text of the question where it states "compelling state interest".

Edmondson says that this "kind of scrutiny [is] reserved for voting rights".

Buchanan however has stated that "If a person was to dispute with a farming or ranching practice under the "Right to Farm," the issue would go before a judge to decide".

So, essentially if this amendment is approved by you, and the state passes a new regulation, a farmer or rancher can challenge the regulation in court, and a judge would make

the decision if the regulation is a "compelling state interest".

This would place more power in the hand of the individual and limit the power of the state government, which seems to be growing each and every year.

So, it comes down to this: do you want farmers and ranchers to have more of a say in how they do what they do, or do want bureaucrats in Oklahoma City dictating what they do?

I for one believe farmers and ranchers know what's best when it comes to agriculture, and that these anti-farming and ranching bureaucrats should keep their nose out of our state.

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NORTHWESTERN NEWS MEDIA

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The Buzz

Walker

From page 1

advice on how to handle issues with students or tips on how to face the challenges of teaching.

Walker takes her passion serious and has helped several college students. “She took care of me in college, and helped me a lot,” Dakota Buckhaults said. “Whether it was to help me get a job or just give advice, she was always there for me.”

Even though Walker is admired and well respected, she still has a humorous personality. She said she tends to be somewhat inappropriate at the wrong times and is not politically correct on most days.

Walker not only teaches math courses, but she is also one of the Miss Cinderella pageant coordinators. However, despite being a professor and a pageant coordinator, Walker said she doesn't tend to fit in at formal functions; she'd much rather be wearing jeans and a T-shirt.

“My mother did teach me to be able to eat with the queen and buck bales with the boys,” Walker said. “I can do it, but I just don't enjoy it.”

One of Walker's favorite things is baseball. “I love to walk barefoot in freshly mowed, baseball grass,” she said. Another



Photo provided

Dr. Dena Walker, of Northwestern (left) and Mike Caywood (right), park manager of the Alabaster Caverns, pose with his king snake, Diva.

favorite of hers is a good, fresh gummy bear and the color red.

Outside of her job, Walker enjoys volunteering at church and is a Vacation Bible School director. She also enjoys watching movies, reading and hanging out with friends.

However, in contrast with most women, she said she is not a shopper. When she does shop, however, she has three specific things she shops for. “You can't go wrong with shoes, jewelry or purses because they will always fit no matter what size my hips are,” she said.

Without missing a beat, she shared a fun fact that many might not have known about. “If you eat an entire box of Captain Crunch in two days, you will have green poop,” she said.

One of Walker's nick names is “Doc Walk,” which is what most of her students call her. However, this isn't the only nick name she has had. Walker used to be a dorm mom in South Hall where they used to have a “Random Comment of the Day Contest.”

Walker would always win this contest so she ended up getting the nick name “Random Rita.”

King Crossword

ACROSS

- 1 Rearward, at sea
- 4 Highlanders
- 9 AAA job
- 12 Scatter seeds
- 13 Monastery head
- 14 Years you've lived
- 15 9-Ball setting
- 17 Popular sandwich, for short
- 18 Him (Ger.)
- 19 They can't be compared to oranges
- 21 Thickly entangled, as hair
- 24 Aching
- 25 Playwright Levin
- 26 Steal from
- 28 Do, re and mi ending
- 31 Occupy completely
- 33 Ph. bk. data
- 35 Colt's mama
- 36 Dervish
- 38 Affirmative
- 40 Falsehood
- 41 Sketch
- 43 Rouse
- 45 Journalist Fallaci
- 47 Scot's hat
- 48 “— and Peace”

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| 12 | | | 13 | | | | | 14 | | | |
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| 31 | | | 32 | 33 | | 34 | 35 | | | | |
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| 45 | 46 | | | | | 47 | | | | | |
| 48 | | | | 49 | 50 | | | | 51 | 52 | 53 |
| 54 | | | | 55 | | | | | 56 | | |
| 57 | | | | 58 | | | | | 59 | | |

- 49 Cheating, e.g.
- 54 Superlative ending
- 55 Small egg
- 56 Citric beverage
- 57 Secret agent
- 58 Apportioned
- 59 Tatter
- 6 Recede
- 7 Albright and Falana
- 8 Trample
- 9 Mealtime chat
- 10 Lecherous look
- 11 Drenches
- 16 Illuminated
- 20 Seniors' dance
- 21 Anger
- 22 Opera solo
- 23 Swear
- 27 Lad
- 29 A Great Lake
- 30 Witnessed
- 32 Old Italian money
- 34 Washington city
- 37 Haphazard
- 39 Vacillated
- 42 Relinquish
- 44 Pump up the volume
- 45 Has bills
- 46 Grate
- 50 Trench
- 51 Rowing tool
- 52 Harem room
- 53 Lower limb

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Crossword answers from September 8 are located on pg. 4.