

Being that this is homecoming week here on campus, the Northwestern News decided to flashback to various homecoming events throughout the years as part of a special homecoming edition of the newspaper. We also decided to use a retro look for our layout this week. As you'll find within the pages this week, we used various design elements from the 1990s, including this nameplate design (above). It was one of the first digitally designed nameplates in the Northwestern News history. We also used retro-themed section heads as well. ~Northwestern News

Smile of the Week



1968 Ranger queen, Mary Williams receives our special smile of the week.

Story on page 7

If you'd like to be the Smile of the Week, please send in a photo of you smiling and a short description of what makes you happy to nwnews@nwosu. edu!

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Foundation gives back to nursing department

The nursing department at Northwestern Oklahoma State University recently was gifted 10 endowed chairs by the Wisdom Family Foundation in order to support its newly established Doctor of Nursing Practice (DNP) program announced earlier this year.

The Wisdom Family Endowed Chairs for Nursing, in honor of the late C.W. and Grace Wisdom of Alva, will provide funds for teaching positions in the area of nursing. A gift total of \$2.5 million will ensure strong leadership for Northwestern's DNP program.

"The establishment of 10 endowed chairs through the support from the Wisdom Family Foundation is the result of one of the most impactful gifts in the history of Northwestern," Dr. Janet Cunningham, university president, said. "The creation of the Doctor of Nursing Practice program is a potential game changer for Northwestern. Not only does it raise the academic standing of the University, but it will impact the quality of health care in Oklahoma for generations to come."

C.W. and Grace Wisdom were married in 1946 in Kansas City, Mo. and had three daughters, Peggy J., Dianna Sue and Cindy. The couple and their family moved from Okeene, Okla. to Alva in the 1950s. The couple's commitment to education at Northwestern led to the establishment of the Wisdom Family Foundation to support education in the arts, agriculture and health/medicine. "The Wisdom Family Foun-

dation, through the leadership



Courtesy of University Relations C.W. (right) and Grace Wisdom (left) bought Alva State Bank in the 1950s.

of Dr. Peggy Wisdom, has been visionary in its support of Northwestern, acting as a key partner in the creation of the DNP program, and earlier, the agriculture education program," said Cunningham. "The members of the Foundation deserve and have our sincere gratitude for their support of our students."

Dr. Peggy Wisdom, daughter of C.W and Grace and Professor/ Vice Chair of Neurology at the University of Oklahoma College of Medicine, says it often can be difficult for rural areas to recruit physicians to their communities due in large part to a common observation that once a resident is ready for practice, they often practice in the area where they were trained.

"The Board of Directors of the Wisdom Family Foundation recognized Northwestern had a valuable resource for northwest Oklahoma in the nationally recognized School of Nursing," said Dr. Wisdom. "As many of the nurses who graduate from its nursing program establish families and remain active in nursing in their community, an expanded program which would train nurse practitioners would likely increase the number of licensed independent practitioners in northwest Oklahoma."

As Interim Medical Director for OU Physicians Neurology Clinic, Dr. Wisdom says she has no doubt Northwestern's DNP program will benefit the community.



Chasity McFadden, Waukomis senior

McFadden presented commission

Waukomis senior Chasity McFadden has been awarded the Child Welfare Professional Enhancement Program (CWPEP) stipend for the 2017 spring semester from Northwestern Oklahoma State University's Department of Social Work. She was the recipient of the award last spring as well.

McFadden currently is majoring in social work with a minor in sociology.

CWPEP provides funds for students who plan careers in child welfare services in Oklahoma. The stipends are awarded to full-time students majoring in social work and provide money toward educational expenses to participating students.

Students who receive the stipends complete educational internships in child welfare agencies within the Oklahoma Department of Human Services (OKDHS).

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 Bands to perform in mass quanity on Saturday. Page 8

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• Soccer off to a slow start to its season.

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MISSION STATEMENT Northwestern Oklahoma State University provides quality educational and cultural opportunities to learners with diverse needs by cultivating ethical leadership, critical thinking, and fiscal responsibility.

Weast ready for reunion



Sitting on the upper level, she watches over her students with a steady eye. It's nothing new for her, another theatre set to setup, she takes a deep breath and smiles like she always has for 15 years.

This week is different. This week is not only homecoming, but also a time to see her predecessor. Kimberly Weast is ready to for her "Theatre Reunion" with doctor Linda "Doc" Stewart, celebrating 50 years of Northwestern history added together. Stewart served 35 years and Weast 15 years.

Stewart will march in this year's parade as parade marshal. She retired from Northwestern in 2002 after teaching speech and theatre. Being a Northwestern alumnus, she found her passion for theatre as a student at the college.

After receiving her bachelor's degree in English and speech education, along with a master's degree in guidance and counseling, Stewart went on to receive a doctorate degree in education from Oklahoma State University in 1970.

While she was getting

her doctorate, former Speech professor, Boyce Pennington, who offered her a teaching position for speech and theatre. She accepted and was honored by the university with a Distinguished Teaching Award in 1985 and the John Sheffield Teacher of the Year Award in 1997.

"I just did the same thing every other teacher did," said Sterwart.

"Whatever was related to your field or they think you can do, they have you do it, and that's part of the fun. I think that's where you really get to...

Continued on page 8

Homecoming match up

Take a Look!









Northwestern News

Foundation, Wellness host event

By KATELYNN BALL Staff Reporter

The Northwestern Foundation and Alumni Association and the Wellness Center and staff are hosting the annual Ranger Run on Saturday.

Individuals can save \$5 by pre-registering at the Wellness Center for the 5k for \$15 and for the 1 mile Fun Run for \$10. People can also register the day of the run at 7:15 a.m. to 7:45 a.m. for the 5k for \$20 and for the 1 mile Fun Run for \$15.

There are 7 different age groups starting at 12 years old and under, 13 to 19 years old, 20 to 29 years old, 30 to 39 years old, 40 to 49 years old, 50 to 59 years old and 60 years old and up.

Everyone that participates will receive homecoming Tshirts. There are also many awards that will be given away at the Ranger Run. There will be medals and wellness center gift certificates to the top three finishers in each age division. The first overall male and female runners will receive trophies, chamber bucks and certificates. Chamber bucks will also be handed out to the first alumni male and female runners. The Fun Run will also receive awards for the top three in each division.

For the faculty and staff, the Blue Cross and Blue Shield has pitched in to help as well and is funding \$100 gift cards to Brown Shoe Fit to each male and female staff winner and faculty winner. This means a total of \$400 up for grabs to any of the Northwestern workers.

Richard Burdick, director of the Wellness Center, said, "We do have a good turn out

Campus sells buttons

By KATELYNN BALL Staff Reporter

Northwestern Oklahoma State University has traditions that have been carried out into the community for years.

One of those traditions is Ranger homecoming. There are many activities that make homecoming possible.

Homecoming buttons have been sold since the first homecoming at Northwestern, and these buttons come with a list of benefits.

Karen Koehn, button sales chair, said, "the buttons are \$10 each and will get you into both nights of Miss Cinderella, the homecoming football game, as well as, allow you participate in the merchants' discounts the week or days of homecoming week and you have the possibility of winning \$500 in Alva Chamber bucks if your button number is drawn at the football game."

There is also a T-shirt sale for homecoming. The T-shirts are \$12 each or two shirts for \$20. Sizes XXL and up will be an additional \$3. These shirts are for sale in the Northwestern Foundation and Alumni's Office located in the student center.

Every year Northwestern's homecoming committee chooses a theme for the coming year's homecoming. This theme plays a part in all of Northwestern's activities. For example all of the floats that year



Homecoming button

will be created off of the theme in the parade and take part in the design for the buttons and t-shirts. This year's theme is "Rangers: League of heroes".

Angelia Case, academic projects assistant/media specialist, designs the button.

Case said, "Koehn has 50 sales persons across Northwest Oklahoma and urges the community and all Rangers to buy a homecoming button to show Ranger pride."

Homecoming buttons pay for different parts of homecoming. "The costs include everything from floats, to Miss Cinderella, to the banners that are strung across the streets at the downtown square," Koehn said.

Each building on the Alva campus will have a button sales representative. To find out who the representative for the building is, contact Koehn at kkoehn@ nwtech.edu or at (580) 327-0344. Students, faculty and staff and community members in the Enid area can contact Tiffany George, Enid administrative assistant, whose contact number is (580) 213-3101 or Candace Reim, Enid student services coordinator, whose contact number is (580) 213-3147.

The Woodward Campus contact is Milissa Sturgill, Woodward campus coordinator, and can be contacted for buttons in Woodward at (580) 254-2503.

Individuals can also purchase buttons at the Alva Chamber of Commerce office located at 502 Oklahoma Blvd., (580) 327-1647; the Northwestern Foundation office in the Student Center, (580) 327-8593 or the Northwestern business office in Herod Hall, (580) 327-8536.

If individuals are not students of Northwestern and would like to purchase buttons at locations around Alva, they can stop by Rialto, Sights and Sounds/Radio Shack, Daisy Village, Holder Drug, Alva Vision, Hair on the Square and LaDEEda's, which are all located on Alva's downtown area.

For more information about Northwestern Oklahoma State University's entire homecoming students can log on to www.nwosu. edu/homecoming.

"Help us, Alva and Northwestern have one of the best Homecomings ever," Koehn said. "Ride, Rangers, Ride!"

Rangers host parade

By MEGAN MAHARRY Student Reporter

Bands are playing, candy litters the streets and families are gathered with excited smiles the homecoming parade is here.

Homecoming is a time of the year that is planned far in

title of Miss Cinderella, fifteen contestants will ride in the parade. The fifteen contestants will each ride in an antique car, which are provided by various members of the community.

Ranger Royalty and the Ranger football team will also ride in the parade.

Richmond Adams is in charge of the parade's floats. There are several floats signed up to march in the parade, and groups are continuing to join the line-up. There are three different categories that can march on the parade: Northwestern organizations, non-profit groups and commercial businesses. A series of judges will evaluate the floats in each group and will award prizes in each of the categories. Adams said he is looking forward to all the floats in the parade.

Kansas to compete in this year's homecoming parade.

Fifteen bands and one Ranger alumni band make for a total of sixteen bands marching in this year's parade—a number much higher than previous years.

"I anticipate an outstanding parade," Decker said.

Alumni tent to reconnect graduates

By NICK VILLALOBOS Staff Reporter

The Northwestern Alumni Foundation will host the alumni tent in downtown Alva Saturday as part of the homecoming festivities.

Director of alumni relations at Northwestern, John Allen, said, the tent will be set up to provide a destination for alumni to come, gather and reconnect with other alumni. "We want to make it an enjoyable experience for each of them [alumni],"Allen said.

In addition, alumni will be able to spend time with the parade marshal, Northwestern alumna, Dr. Linda "Doc" Stewart, prior to the start of the parade.

Stewart taught at Northwestern for 35 years before retiring in 2001. She taught primarily speech and theater. Allen said because of Stewart's opportunity to be the parade marshal, the Alumni Foundation expects over 80 alumni to attend, especially former theater and band graduates. Stewart will be at the

alumni tent between 9-9:45 a.m. Saturday.

Alumni and others will also be able to enjoy free coffee and donuts that morning as well.

Another activity that the alumni tent will have is the alumni luncheon cooked by the Rowdy Rangers. The luncheon will cost \$6 per person, and it will start directly following the parade.

During the luncheon, the foundation will give away a horse and rider painting. To sign up for the drawing, stop by the alumni tent prior to the luncheon. Along with the time to gather with fellow alumni, the tent will also be an area to purchase homecoming buttons, shirts and Northwestern band CD's.

from previous rangers and alum that do show up to do the race, and it is a cool little thing where everyone can unite and have a ton of different prizes and stuff downtown on the local square."

Catherine Engelken, assistant director of the Wellness Center, said, "I always like it because it's a good way to start off homecoming, its early in the morning and you kind of get your work out in for the day and you get to kind of see a different side of Alva. You run from Rialto, up to the high school and then back so if you haven't been to Alva in a while it's a cool thing to see and also it ends early enough where you can go home and shower and be back in time for the parade."

advance, and the homecoming parade is an element of that planning.

Northwestern Oklahoma State University is anticipating another homecoming parade.

David Pecha, head of the homecoming committee, and the members of his committee have worked hard to put together Northwestern's homecoming parade this year. The parade is set to take place on Saturday at 10 a.m. on the downtown square in Alva.

The parade marshal for this year's parade is Linda Stewart. She is a NWOSU alumna and former speech and theater professor.

Sheila Brintnall and Lisa Franz are the co-directors for the Miss Cinderella pageant. The pageant takes place on the Thursday and Friday before Saturday's parade. After competing for the "I encourage any NWOSU organization to join the parade and build a float," Adams said.

Marc Decker is the band director at NWOSU. He has worked hard not only to prepare his own band, but to bring in bands from all across Oklahoma and even some parts of The bands are middle school aged, high school aged or the two combined. As the bands march in the parade, they will be judged for a first through third award. Three judges, two of which are NWOSU alumni, will judge the bands on their overall sound, marching, and appearance.

After the parade, the bands will combine to perform on the Ranger football field prior to the football game. Nearly 740 students will be involved.

"I am excited about all of the bands," Decker said.

For more information about the homecoming parade, students can visit the Student Services office in the Fine Arts building Rm. 126. Students can also call the office at 580-327-8414. Allen said the alumni tent was made possible by months of planning and everyone in the Alumni Foundation office coming together.

The alumni tent will last from 9-11:30 a.m. Saturday and will be located on the north side of the Alva downtown square.



Northwestern News

Clubs prepare for homecoming

By SAMANTHA MCGUIRE Staff Reporter

There are a number of clubs and organizations on campus. Each club is unique and has a different mission. A time for these clubs to generate interest and get their names out there is homecoming week.

Northwestern Oklahoma State University's homecoming week is October 29 through September 1. The theme taking over the campus is going to be Rangers: League of Heroes.

Most of the clubs are participating in this year's homecoming Paint Palooza Contest. The Paint Palooza Contest is sponsored by the Student Government Association. Clubs are asked to paint a board. The boards will display the names of the organization and hung up on campus during homecoming week. Each board is themed with the "League of Heroes" and displays the club's name.

Some clubs involved in the Paint Palooza Contest and other homecoming week festivities include the Art Society, Aggie Club, Writer's Roundtable, Psychology Club, Ranger bands, International Student Association, the Student Nurses Association, and many others. Art Society:

The Art Society is a club whose purpose is to encourage, stimulate and maintain an excellence in the field of art. They are participating in the Paint Palooza, and are also creating many decorations that will be displayed on the windows of Jessie Dunn during homecoming week.

Several international students



Members of the Art Society working on their window decorations for their department.

that are helping with the homecoming projects have never painted anything before this. Two of these students are Pema Tashi Rokaya and Sushant Acharya, both freshman.

Aggie Club:

The Aggie Club is an agricultural student organization, which is comprised of mainly agriculture majors. Steve Sneary, instructor of agriculture and farm manager, said the Aggie Club does a large float for the parade each year, and that student members of the club are in charge of building it.

Writer's Roundtable:

The Writer's Roundtable is an organization of students and staff who wish to expand their writing endeavors. For homecoming this club is participating in the Paint

Palooza, and is also setting up a booth after the homecoming parade. They are planning on doing a nostalgia lemonade stand. **Psychology Club:**

Psychology club will also be

setting up a stand after the parade. Theirs will be selling custom made NWOSU bracelets and T-shirts. The Psychology Club was organized to foster and encourage interest in psychology, but the psychology club doesn't only inform and discuss psychology, they also help serve the community in many different ways. International Student Association:

The International Student Association is a club focused on educating the Northwestern campus about all the different cultures represented on campus. They will

be participating in the Paint Palooza, and also setting up a booth after the parade to sell international goods. **Student Nurses Association:**

The Student Nurses Association is a student lead organization that focuses on community service, nursing health and education. This year they are setting up a booth after the parade to have a bake sale. They will also be walking in the parade as well as participating in the Paint Palooza.

Ranger Band:

This year the Ranger Band will participate in the Ranger Rally on Sept.ember 30 at 11:45 a.m. During the parade on Oct. 3 there will be a band competition that will have bands from many local high schools and middle schools.

attending are advised to bring blankets and pillows with them to get comfortable while watching. However, there

The Hispanic Heritage Club will also be hosting two piñata breakings the week before the movie night on the lawn of Herod Hall. Also to celebrate Hispanic Heritage month and to celebrate the Day of the Dead, they are holding a dinner called the "Enchilada Party" on Thursday, November 3, from 5 p.m. to 7 p.m.

McFadden

From page 1

Upon graduation, students are assured employment in the participating DHS programs.

PAGE 3

"The social work program is proud to administer the CWPEP program and play an essential role in securing and retaining quality social workers in the public child welfare system," Department of Social Work Chair and CWPEP coordinator, Dr. Kylene Rehder said. "CWPEP at Northwestern has graduated 14 students, resulting in over \$100,000 being awarded in educational assistance."

CWPEP is a Title IV-E partnership between the University of Oklahoma, the Oklahoma Department of Human Services, the US Department of Health and Human Services Administration for Children and Families Council, and Social Work Education (CSWE) in accredited social work programs in Oklahoma.

The University of Oklahoma manages the child welfare consortium. Other partners along with Northwestern include East Central University and Oral Roberts University.

Funding for the educational program is provided by Title IV-E of the social security act, called the Child Welfare Training program.

Northwestern hosts pageant at Alva campus

Northwestern Oklahoma State University will host the 65th annual Miss Cinderella pageant on the Alva campus.

The pageant will take place on September 29 and 30. The talent portion of the competition will be on September 29, and the remaining elements of the pageant will be held on September 30. The contestants will also make an appearance in Northwestern's homecoming parade on Oct. 1.

faculty and staff of Northwestern, Campuses celebrate heritage

By JORDAN MCLEMORE Staff Reporter

Hispanic Heritage Month is September 15 through October 15. Northwestern Oklahoma State University has picked Tuesday, October 4 as the day to celebrate this month with the campus.

along with their families. This will be the first time for NWOSU to celebrate the month in this way. NWOSU usually invites speakers to come to campus and hold discussions. The Hispanic Heritage club hopes to reach more students through a movie.

Ana Parra, international student from Venezuela and president of the Spanish club, said, "I'm very excited about the events we [the Spanish Club] are offering to NWOSU and Alva's community to celebrate the Hispanic Heritage Month. I think it'll be a great opportunity to learn a little bit more about our heritage and culture."

Free

They will be showing the movie, "McFarland, USA", which is about a coach who moves with his family after losing his last job as a football coach. He sees that some of the students are worth starting a crosscountry team and turns seven students with no hope into one of the best cross country teams.

The Enid Campus will be showing "McFarland, USA" on October 5, from 11 a.m. to 2 p.m., and the Woodward Campus will be showing it will be chairs set up as well.

The event is open to all students,

on October 5, from 7 p.m. to 8:30 p.m.

There will be chips and salsa to munch on during the movie showing, which will be at 7 p.m. in the Ballroom in the Student Center. Students

Students with a current student I.D. must pay \$3, and the faculty, staff and community members must pay \$5 at the door. This event will be in the Ranger room of the student center.

There are 15 women in the pageant, and they represent 15 different high school throughout Oklahoma and Kansas.

Admission to either Miss Cinderella Talent Show on September 29, or the Miss Cinderella Pageant on Friday, Sept.ember 30, is \$10 each night for adults and \$5 for students with a student ID or \$10 total with the purchase of a Homecoming button. Buttons will be available at the door on Talent Show night. Both events will be held in Herod Hall Auditorium.

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THE WAYWE SEE IT - Northwestern News



Graphic by Rachel Emerson

Tradition has long been part of Northwestern. Whether it be through the homecoming parade, Miss Cinderella pageant or any of the athletics, tradition can still be seen throughout the university today.

Reflecting on traditions

Countless old newspapers, pictures and yearbooks fill the archives room in Vinson Hall.

Years of history are written and displayed within those pages. As you take a moment to search through them, you begin to realize how times have changed within each year that passes.

Northwestern has seen its share of students come and go. It has witnessed the teased hair, bell bottoms, pink poodle skirts and even an occasional crop top. Technology has flooded each classroom and Google has become the all-knowing to every unanswered question.

One hundred and nineteen years has passed since Northwestern first opened its doors; however, despite all the changes this university has seen, it has never lost sight of the traditions that built it.

Since it was first established, Northwestern has always prided itself on its rich history and traditional values. Northwestern President and alumnae of Northwestern, Janet Cunningham grew up in this community and has had several children graduate from Northwestern as well. Miss Cinderella is a pageant and talent show where senior girls from all over northwest Oklahoma and southwest Kansas compete in a twoday event held at Northwestern's Alva campus. Miss Cinderella was first held back in 1952 and was originally given the name of the queens contest.

During the pageant and talent show, each young lady had to perform a talent for the judges, answer judge's questions and strut her stuff in elegant evening gowns. Sixty-four years later and the pageant has provided hundreds of contestants the chance of honors, scholarships for higher education and the title of Miss Cinderella.

On the morning of game day, the Northwestern community gathers around the downtown square to watch the homecoming parade. Every year Northwestern has a theme inspired by Northwestern's history and individuals prepare weeks in advance on their floats.

First, second and third place prizes are award to the top theme inspired floats entered in the parade. Marching bands from far and wide also participate in the parade march while Miss Cinderella contestants are chauffeured around in style, athletes are showcased and farmers display the backbone of this country. Homecoming is also the time that Northwestern's alumni return to their old stomping grounds. A luncheon is held and while the game is going on they are encouraged to join the band, football, cheerleading and other groups that they were once a part of. "Graduates view Northwestern as home and every year we have quite a few return," Cunningham said.

As part of the homecoming tradition, during the halftime of the Ranger football game, the homecoming king and queen are announced and crowned.

In weeks leading up to this, each individual running campaigns throughout the campus and in recent years on social media. A week before homecoming the freshman queen is announced and crowned. Afterwards, the crowd continues to cheer on the football boys to victory.

Every so often new traditions are started. Within the last several years, students, faculty and the community Rally around the Ranger and pep up the spirits of every Ranger fan for the upcoming big game. "Traditions usually take a while to get started; however, each tradition started somewhere," Cunningham said.

Homecoming has become a long and glorious tradition for Northwestern. It was created on the foundation of a better future and grew into a lasting imprint on thousands of graduates. Traditions are what keep the spirit of hard work, dedication and Ranger pride alive. "Growing up here I have witnessed years of homecoming tradition and that is why I absolutely love this time of year," Cunningham said.

Rangers improving

By GARY POWELL 1973 Northwestern News Sports Editor

This week, I'm sure everybody knows by now, is Homecoming week for the Rangers, who will host Southeastern State College.

Southeastern lost to Langston last week by the score of 22-0 in a hard-fought physical type of contest.

The Bulldogs run out of a power I formation with the up back some seven yards behind the line of scrimmage, where he can pick his own holes.

The runner to stop this week will be Levon Hicks, who by himself last year tore the Rangers apart with his running. The Savages are not a throwing team but in the Langston contest, trailing as they were, the Savages were forced to go to the air.

When they go by way of the air, it will fly in the direction of Charles Gulley, who has good speed. On defense they are a hard-hitting team that shows a lot of pride.

This week's homecoming game should be a hard-hitting and exciting game, as both the Rangers and the Savages are matched up about even straight across. If the Rangers can cut down on mistakes that have been so costly to them in past games, they should give the Savages all they want.

As of late, the Ranger defense has played good aggressive ball, allowing only one touchdown in the past six quarters.

On offense, the Ranges are still having some trouble mounting a consistent, ball-controlling game, but have controlled the ball at times.

Sears Woods put together a good game at Goodwell last week, rushing for 71 yards, so he seems to be back in running form. The Rangers' kicking game is improving with Blaine Easter averaging about 38 to 39 yards per boot the past two games.

What I am trying to say is that the Rangers are improving game after game, and they are not far from putting it all together.

Let's hope they do put it together this weekend when Southern rolls in. Game time will be 8 p.m.

This article ran originally in the October 18, 1973 issue of the Northwestern News.



"Tradition is engraved in the people of this university and community," Cunningham said.

One of the oldest traditions of Northwestern is homecoming. The Ranger nation enjoys a week full of events including Miss Cinderella, a parade, alumni reunion and Ranger football.

Out on a Limb	by G	ary Kopervas
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Farm simulation gaming

By TRAE WATSON Columnist

We've all seen it a million times: teenagers and even younger children with their heads stuck in phones, computers and other media devices.

I am a member of the technology generation, and still I sometimes find myself thinking, Wouldn't it be nice if these pieces of technology helped to expose the next generation to something useful, like an industry?

The German based software company named Giant has been trying to do just that. They have engineered a new video game with an interesting concept known simply as "The Farming Simulator."

In this game, players start their own farm and operate it, simulating choices made by real farmers: they choose which crops to plant and where, whether to combine or hay crops for the greatest benefit, whether or not/how to fertilize crops, if they want to raise livestock, which livestock to raise, which land to buy, and which farm equipment to buy.

The tractors, combines and other equipment available for purchase in this game simulator are extremely realistic, as players can visually simulate the experience of sitting inside, for example, a Case 620 quad track.

The simulator brings the experience to life by enabling players to not only sit inside the tractor but have access to simulations of detailed controls.

The most interesting thing Giant has integrated into the simulator, however, is the inclusion of what the game refers to as Mods these are farm machines that stand apart from the simulations of reallife machine included with the game.

Mods are created by fans with computer skills and then added into the game, apart from its original design, for use by players. These Mods have grown rapidly online; any number of Google searches may turn up websites dedicated to farm simulator Mods and discussion forums.

The game has also created an innumerable amount of YouTube videos; as when new Mods are introduced, creators explain the purpose behind them. Some of the videos also discuss the complexities of making money in virtual agriculture.

This game provides opportunities to spark engineering ideas, modifications in existing equipment and discussions pertaining to the business of farming, all of which can be related to real-world farming.

This game has created a diehard online community through which many are learning to love agriculture for the first time.

With today's farm families only making up 2 percent of the American population, and the knowledge gap in relation to the industry of agriculture increasing, this game could become a great way to help teach the next generation the basics of the agricultural industry.

While not everyone who plays the game has access to a farm or the type of equipment seen in this game, the majority do have access to a computer or video game console that can run the Farm Simulator software.

As members of the agricultural community, I am encouraged by this new way of spreading knowledge about my field to members of my generation and the next, and I encourage others to find creative ways, such as this game, to teach the love of agriculture to the upcoming generations.

In a society that sometimes has a negative view of our industry, it is important that we provide as many opportunities as possible others to take a walk in our boots, even if it is only through a computer screen.



"Welcome to our new 'Your Voice' section. This section will be dovoted to the voice of you readers. We decided over the summer break that including your voices into our paper would give each of you the opportunity to share your stories. We welcome all reader's stories. All we ask from you is when you send us your stories, to nwnews@nwosu.edu, that you send a picture of yourself as well. Thank you and we at the Northwestern News hope you enjoy the new additions."

-Northwestern News

7 ways to find happiness again

By RACHEL REARDON Columnist

It'll start off a day like any other; you'll wake up, rub the sleep from your eyes, open your curtains and admire the milky haze of morning, and then it will hit you -- hard.

You have a case of the blues and you don't know what to do. You've fallen faster than a Black Tuesday banker, and revival seems impossible because nothing can make you happy, not even the all-consuming warmth under your covers.

Sadness is a necessary companion to happiness, but if you let it fester in your brain for too long it may damage you. So, how can we combat it? How can we politely tell sadness to pack its bags? 1. Primp.

Everyone needs to primp on a certain level. It doesn't matter how far you go, either. Take a shower, wash your hair, dry it if you want to (or just let it air dry, doesn't matter). Change your underwear (please), and make sure you brush your teeth. Nothing sours your day worse than bad breath. And if you want to continue, then please do! Clean your ears, clip and paint your toenails, put on your face, plop your contacts in, and then admire all that wholesomeness in the mirror because you put effort into your appearance and you should feel good about that.

have you ever wondered why they call it comfort food?

Listen, I know that it's difficult for you to even get out of bed, right now. You just want to be alone and sulk, maybe cry a little and that's okay. Do that. Take some time to lay in your bed sad and breathe for a moment. But you may find a little happiness, just a little, in trying out that new recipe or simply ordering a pizza and eating the entire thing by yourself.

It's the little things, after all. However, if you do go the pizza route why not invite a friend or two over to share it? 3. Talk.

Not everyone is going to be your go-to person for situations like this. Maybe you feel like your parents don't understand you, or maybe you love that friend like nobody's business but they just cannot offer the type of comfort vou need right now. Just remember that those people love you, even if they cannot always give you what you need. Luckily, there is usually that one person we can always go to. Personally, my go-to peeps are usually the honest folk -- the people who can elaborate for me why I'm feeling the way I am or what I need to do to fix it. These people may be harsh sometimes, and that's fine because you need that, too.

breaking point for the third time that day and you desperately need to moisturize your face -- the oldfashioned way.

Crying is essential. You are not weak because you cry. You are not a baby because you cry. Shrek's onion layers probably gave him a good kick in the feels every now and then, and I'll bet you there were water works whenever that happened, too.

Beyonce cries. Johnny Depp cries. Dwayne Johnson cries (I think). There's no shame in it. And don't you feel slightly better now that you've unleashed the waves? Your eyes are tired, your nose is runny, but that ache in your chest has finally dissipated. 5. Move.

Sometimes, putting on your face and grooming yourself to perfection isn't enough. Sometimes, you have to leave your bedroom. The horror!

Please, just do this. And while

You could literally spend hours just watching funny cat videos, or even create some of your own if you have a kitty. While you're at it, grab your kitty or your puppy or whatever and give it a quick cuddle while you're still caught in the throes of giggles.

If you have a fish, just grab the entire bowl and tell that fish how much you love its sense of humor. 7. Dream

You're not exactly tired, just drowsy. You've been that way the entire day, and your face might hurt from crying so much. The sun is retreating but those awful feelings are still sticking to you like your own sweat. So what do you do now?

You might feel like you've run out of time to make things better at this point. After all, it's getting later and later and your friends cannot stay awake forever. Pizza Hut will be closing soon. There's no light outside and you're surrounded by darkness again. No, not surrounded. Not really. Honestly, you still just kind of feel alone. Well, then, this is the perfect time to repeat step one. You should go primp again, but this time primp for bedtime because I think you're dozing off. Take another shower, or a bath if you prefer, and then put on some sleepwear, or just climb into bed as you are, and rest. Relax your muscles and your mind so you don't start over-thinking things. You need sleep because tomorrow you'll have a fresh chance to make things better, to work to make yourself happy again. But now it's late and all you really have to do is close your eyes and dream. Dream of anything you'd like. There are no limits for a beautiful mind.

LETTERS TO THE EDITOR

Letters to the editor shall bear the author's handwritten signature, hometown, classification, title, etc., address and phone number for verification and shall be kept on file. Unsigned letters to the editor will not be published.

Letters must be turned in by noon on Tuesday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnews@nwosu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

All letters represent the views of the author.

SUBSCRIPTIONS Yearly subscriptions to the News are \$15.00.

2. Eat.

Goodness child, you need to feed yourself if you want to listen to Adele in peace -- at this point, you aren't exactly sure if all that sobbing is coming from your tummy or your tediously constructed playlist. I mean,

You need someone to tell you when it's time to wipe the tears away and return to the world of the living (because while chilling in an oasis of sadness seems the better option, it really isn't).

4. Cry.

This isn't easy for anyone. You don't want to feel weak and exposed like this, but you've reached your

you're at it, put on some shoes and walk outside. Sit on the porch. Put on clothes (if you're feeling up to it) and go somewhere.

Actually, let me rephrase that: Please put on clothes if you're feeling up to going somewhere, but then run around naked in your house all you want. I promise no one will mind. You could even exercise if you'd like. Granted, the gym is not my goto place for comfort and relaxation (Pizza Hut is), but I do find that staying active can steadily chase the apathy away.

6. Laugh.

This is the perfect day to bring up your Netflix and eat the last of the ice cream. You might also want to watch something funny just to lift your spirits, because laughter is a glorious medicine.



—— Northwestern News

#ThrowbackThursday #HO-CO Edition



Courtesy of University Relations

Marilyn Clyne, Freshman Queen 1961.

PAGE 6

Miss Canton wins Cinderella crown

The crown of Miss Cinderella 1973 rests on the head of Penny Propp, Miss Canton, who won the honor Friday night in competition with 29 other high school seniors in the annual Homecoming event at Northwestern.

The Cinderella Pageant in Percefull Fieldhouse on the NWSC campus was climaxed with the announcement of Miss Propp as the new titlist. The crown was passed along from Lucia Miller, winner in 1972, who read the proclamation naming the new Miss Cinderella.

First runnerup



Penny Propp, Miss Cinderella 1973

brought every contestant on stage to join the Ranger Queen, Jody Perkins; her attendants, Lori Hansen and Carol Zaloudek; and the Freshman Queen, Veronica Cole, in various appearences.

Entertainment during the program was provided by the college stage band, a vocal ensemble, the Rangerettes, and Neta Irwin, Miss Northwestern State College, who sang.

Homecoming to begin with Cinderella Pageant

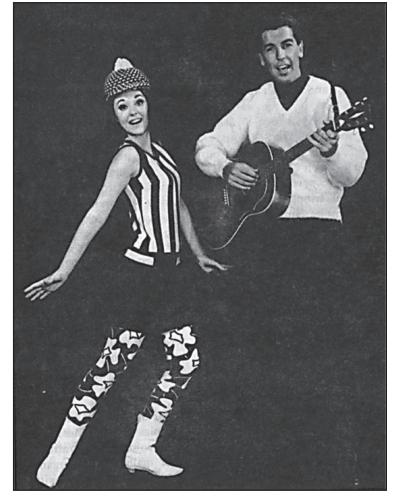
1968 h e Homecoming festivities will commence Oct. 24 with the talent contest preliminaries for Miss Cinderella. The twenty-four Miss Cinderella contestants will compete at 1:30 p.m. in Herod Hall Auditorium. That evening a dinner will be given at 7 p.m. in the Ranger Room for the contestants and their mothers.

The following morning at Oct. 25 will begin with the judges personal interview with the contestants at 8:30 p.m. in Herod Hall Auditorium.

At 11:45 luncheon in the Home Economics Department Dining Room will follow the mornings interview. The Miss Cinderella contestants dine with the judges only. This gives the judges and the girls an opportunity to become better acquainted.

The Cinderella Coronation will begin at 8 p.m. in the Fieldhouse. Miss Oklahoma of 1963, Cheryl Semrad Hassman, Mistress of Ceremonies, will announce the talent winner, Miss Congeniality, and Miss Cinderella. Reserved seat tickets are on sale in the Student Center and at the Chamber of Commerce office.

An Alumni Mixer held at 8:30 will precede the Homecoming Parade at 10:30 a.m. in downtown Alva. The contestants will ride in convertibles during the parade. A Teen Hop at noon in the courthouse area will follow the parade.



Courtesy of University Relations

Oct. 26. Show time is 8.m. in them for a year-long national the Perceful Fieldhouse.

Jack and Sally Jenkins perform at Miss Cinderella 1968.

As a romantic singing team, Jack and Sally are fast becoming a number one singing team in the nation. Jack and Sally's popularity centers around their extraordinary versatility for performing virtually every type of music.

The singers plan an entertainment of medleys from great Broadway musicals, operatic arias, folk songs and original interpretations of popular ballads.

After graduation from the

concert tour. The Jenkins have appeared on the Ed Sullivan television show, performed leading roles in several off-Broadway productions and have been engaged by the finest hotels.

Ticket sales for the Homecoming Big Show are now on sale in the Student Center and the Associated Student Body office. Anyone desiring tickets should purchase them within the next few days because they are selling rapidly.

Darla Readnour, Miss Gage, and second runnerup was Lisa Eggleston, Miss Arnett. The talent award was won by Brenda Schanbacher, Miss Cherokee, and Sharon Cunningham, Miss Mooreland was named "Miss Congeniality."

Miss Prop, Miss Readnor and Miss Schanbacher were among the six talent finalists who performed on the pageant program. Others were Julie Modeland, miss Alva; Jody Kretchmar, Miss Medford, and Merlene Payne, Miss Woodward.

Emceed by Nancy Kelleher, Miss Dominion of Canada of 1973, the program

The Cinderella portion of Homecoming is directed annually by Mrs. Yvonne Carmichael, pageant director; Mrs Ann Reed contestant coordinator; and Dr. Linda Stewart, technical director.

Judges this year were Mrs. Billie Glasby, Lawton, and Mr. and Mrs. Bradford Govan, Ft. Worth, Tex.

This article and photo ran originally in the October 25, 1973 issue of the Northwestern News.

The singing team of University of Tampa, Jack and Jack and Sally Jenkins will Sally were "discovered" by appear in the Big Show Guy Lombardo, who booked

This article and photo ran originally in the October 17, 1968 issue of the Northwestern News.

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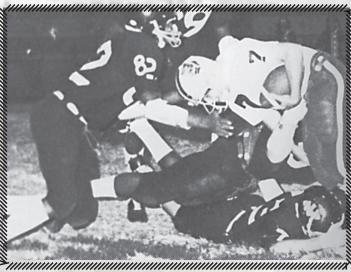
#ThrowbackThursday #HO-CO Edition





Courtesy of University Realtions Homecoming parade features floats of hope in honor of

the Vietnam War 1960



Courtesy of University Realtions

Ranger football game at Homecoming 1976



Courtesy of University Realtions

General chairman of homecoming, Bill Gruber and Miss America 1966, Debbie Bryant at Miss Cinderella 1966

Mary Elaine is chosen 1968

1968 Ranger Queen is Mary Elaine Williams, a junior Thursday, Oct. 17 after an all-campus run-off vote between the final four of an original eighteen.

An honor student, Mary is enrolled in Northwestern Honors Program and is listed on the Dean's Honor Roll. from Oklahoma City. Her She is a member of Red and victory was announced Black Scroll and was elected to Kappa Delta Pi and Kappa Pi.



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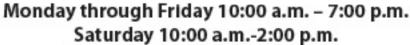
Miss Williams, 20, is the daughter of Mrs. Dora B. Williams of Oklahoma City.

An elementary education major and art minor, Mary is an active participant in many extracurricular activities at Northwestern. She is a charter member and treasure of her sorority, Zeta Phi Beta, which sponsored her in the Ranger Queen contest. She is also vice-president of Castle Players and neophyte in Alpha Psi Omega, besides participating in Student Senate and Student Education Association.

Ranger Queen attendants are Shirley Gibson, Beaver, and Lee Ann Turner, Liberal, Kanas. Freshman Queen, Sherry Wheeler, Enid, will also be a part of her court. Miss Williams and attendants will reign over the Homecoming activities Friday and Saturday, Oct. 25 and 26 beginning with the Cinderella Coronation.

Traditional coronation ceremonies for the Ranger Queen will be held at halftime of the Homecoming game Saturday afternoon.

This article and photo ran originally in the October 24, 1968.



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ENTERTAINMENT -- Northwestern News **Bands to join forces**

in mass performance

Seventeen bands from across Oklahoma and Kansas will march around Alva's downtown square during Northwestern Oklahoma State University's Homecoming parade at 10 a.m. on Saturday, October 1.

PAGE 8

The Ranger marching band will join with the junior high and high school bands for a mass band performance set to begin at 3:35 p.m., on Ranger Field, prior to the Ranger vs. East Central University football game, which is set to kickoff at 4 p.m.

Northwestern band director Dr. Marc Decker is thrilled to have more bands participating this year.

"I'm delighted to share that we will have nearly 740 students marching in our homecoming parade this year," Decker said. "In addition, almost all of them are able to stay for the football game and participate in a special pre-game performance playing alongside the Ranger marching band in what will

be a memorable and enjoyable performance."

bands Those and their directors, listed by classification, include:

Junior High - Chisholm Middle School, Richard Stallcup; Pioneer-Pleasant Vale Junior High, Sherri Lohmann; Southwestern Heights Junior High, Erika Clausing

Class 2A - Pioneer-Pleasant Vale High School, Sherri Lohmann; Cimarron High School, Adam Steuart; Garber High School, Jackson Anderson; Laverne High School, Hank Nichols; Ringwood High School, Kyle Stewart; Seiling High School, Danny Powers; Waukomis High School, Sean Newman; Waynoka High School, Erin Place

Class 3A – Alva High School, Cara Bradt; Chisholm High School, Randy Johnson; Fairview High School, Craig Krieger

Class 4A - Hugoton High School (Hugoton, Kansas), Amy Freeman

Class 5A - Woodward High School, Daci Crockett

Four of the directors leading their bands in the parade are Northwestern alumni. They include Bradt and Steuart, class of 2007; Crockett, class of 2004; Freeman, class of 2001; and Lohmann, class of 2000.

Northwestern's homecoming Parade competition and mass band performance are made possible by a generous donation from the Charles Morton Share Trust. The Ranger Band and all the participating students wish to thank the trustees for their support.

"The students in the Ranger band are thrilled to provide this experience and outreach to these schools," Decker said. "We hope to see the entire Ranger Nation at the game. Ride, Rangers, Ride!"

To see more information about Northwestern's Homecoming events, please visit www.nwosu.edu/ homecoming.

Homecoming calender of events

Thursday, September 29

Powderpuff football & Tailgate 7 p.m. - Intramural Field

Miss Cinderella Talent Show 7:30 p.m. - Herod Hall Auditorium

Friday, September 30

Ralley Round the Ranger Noon - Ranger Statue

Miss Cinderella Pageant 8 p.m. - Herod Hall Auditorium

Saturday, October 1

Parade 10 a.m. - Downtown Square

Football Game 4 p.m. - Ranger Field





know your students and become like family. Because when you're in the theatre all day long and part of the night, our job is unique that we go back to school after supper to practice a play or build a set."

Kimberly Weast, who took over for Stewart holds a Bachelor of Science degree from Southwestern Oklahoma State University, a Masters in Communication Arts in Theatrical Performance and Television Production from Southwestern Theological Seminary and a Masters of Fine Arts in Theatrical Directing from Lindenwood University. Weast was named the Oklahoma Speech Theatre Communication Association's 2007 Collegiate Theatre Educator of the year.

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tomatoes

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Stewart's predecessor is ready to make the Reunion bittersweet for not only Stewart, but the rest of the alumni. "We have people coming in from Kentucky, Misssouri, everywhere," said Weast

Registration for the event "50 Years of Northwestern Theatre" for Alumni will begin in the town square Saturday between 9 a.m. and 10 a.m., prior to the parade. Stewart will be sitting in the alumni tent.

There will be an open house and campus tours between 2p.m. and 2:30 p.m. meeting in Herod Hall. Alumni will sit together on the south end of the Ranger football stadium.

King Crossword – Answers Solution time: 21 mins.



At 8 p.m. in the Student Center Ballroom, there will be an alumni dinner reception, which will be \$10 per person.

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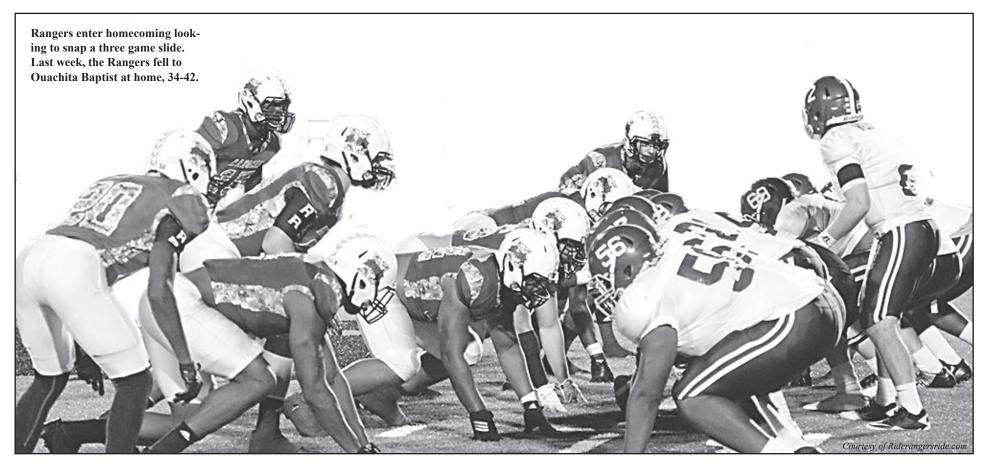
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——— Northwestern News



Rangers set for Tigers

By RANGERS ATHLETIC DEPARTMENT

After an hour and a half delay, the teams finally took the field and action got underway at Ranger Field last weekend as the Rangers faced Ouachita Baptist.

Despite a well fought game by the Rangers however, the final score ended up being 42-34 in favor of Ouachita Baptist.

This week the Rangers will look to defend their home turf once again, this time against the Tigers of East Central University on homecoming day.

The Tigers will come to

Alva with a 1-3 record in Great American Conference (GAC) play, fresh off a 36-34 overtime loss to Oklahoma Baptist. The Tigers have two opponents that the Rangers have also faced in Henderson State and Ouachita Baptist, losing to both opponents.

On offense the Tigers come in ranked ninth in the GAC averaging 23 points a game. The Tigers offense is led by senior wide receiver standout David Moore, who ranks fourth in the GAC in both receptions and receiving yards with 22 receptions for 392 yards and six touchdowns.

The Tigers will start Brooks

Holder at quarterback, who is eighth in the GAC in total offense. East Central will look to capitalize on a Northwestern defense that is currently ranked last in the conference.

As for the defensive side of the ball, the Tigers sit third in the conference in total defense, trailing only nationally-ranked teams Harding and Henderson State. Linebacker Camnick Campbell will be the one to watch on the defensive side of the ball, leading the defense with 36 total tackles.

The key statistical matchup in this one will be how Northwestern's conference leading pass offense will fair

against East Central's conference leading pass defense.

The Rangers have struggled against top-tier defenses in the conference such as Henderson State and Southern Arkansas, but have capitalized on average or weak defenses such as Arkansas-Monticello and Ouachita Baptist.

Kickoff for the homecoming matchup is scheduled for 4 p.m. Saturday at Ranger Field.

Not able to make the big game? Follow @NWOSUAthletics on Twitter or listen live on KRDR 105.7 FM or KALVAM 1430 for live updates throughout the game.

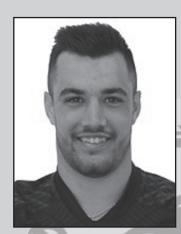
QB Reid Miller-98-165-5 1352 yrds 13 TDs **RB** Anthony Cota-36 rush 168 yrds 1 TD **RB Malcom Robinson-**15 rush 75 yrds **RB Jacob Peyton-**21 rush 152 yrds WR Haratio Smith-21 rec. 403 yrds 5 TDs WR Riley Hess-11 rec. 164 yrds 3 TDs

Top performers (Offense):

Top performers (Defense):

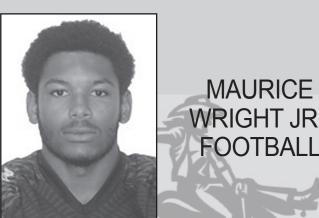
DB Maurice Wright-44 tackles (26 solo/18 asst.) LB Devin Peyton-39 tackles (18 solo/21 asst.) **DB Rontez Smith-**23 tackles (15 solo/8 asst.) **DB** Aharon Barnes-22 tackes (19 solo/3 asst.) SS Shane Collins-20 tackles (12 solo/8 asst.)

> **Gameday forecast** *Oct.* 1





FOOTBALL





Classification: Graduate Student *Age:* 22

Hometown: Pampa, Texas Major: Health and Sports Science Minor: Sports Psychology Football position: Quarterback Stats: 13 TDs and 1352 yards

New Adjustments: "Challenges come week in and week out, not always knowing what is going to happen, just rolling with adversity because it happens."

Playing for Northwestern: "It has been an up and down rollercoaster, but these past two years have been great and something that I wouldn't change."

Classification: Freshman Age: 18 Hometown: Luther, Oklahoma

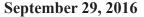
Major/Minor: Undecided *Football position:* Weak Safety Stats: 44 tackles (26 solo/18 asst.)

New Adjustments: "Really the team just came together and said that they were going to work harder for each other, and I'm going to help my team by putting more time in doing the extra work to be great." Playing for Northwestern: "Amazing, I love playing for coach Walters and the whole coaching staff. I wouldn't trade my teammates for any other guys. They are the best, and I love playing beside every single one."



Wind SSE 11 mph

Humidity 59 percent





Soccer has a slow

start to the season

By RANGERS ATHLETIC

DEPARTMENT

Yazmin Gomez was able

Southwestern Oklahoma

to slow that momentum with

her first goal for the Rangers.

State University would add one

more goal though before the

end of the period sending the

Rangers into the intermission

Southwestern Oklahoma State

University, as they scored three

more goals, while Northwest-

ern didn't score any goals in

the second half. The Rangers

would lose the game by a final

week the Rangers faced the Ti-

gers of East Central University

push across a quick goal to

begin the match, but North-

western was able to tie things

The second match of the

The Tigers were able to

score of 6-1.

on Sept. 22.

The second period was all

down three goals to one.

nents last week.

their side.

Rangers battle in storm

By RANGERS ATHLETIC DEPARTMENT

A hurricane like storm, a seemingly never-ending delay and a top-tier conference team would cause many teams to not even put up a fight, but not the Rangers.

The Rangers put up a fight that almost led to a major upset, which would have sent shockwaves throughout the Great American Conference. After an hour and a half delay, the teams finally took the field and action got underway at Ranger Field. Despite a well fought game by the Rangers the final score ended up being 42-34 in favor of Ouachita Baptist.

Shortly after the skies cleared and the ball was kicked off, the Rangers found themselves down 21-7 early in the ballgame. At the completion of one quarter it felt like the same old Ranger team, a struggling offense and a defense that spent way too much time on the field.

The Rangers gained momentum with each possession on both sides of the ball and finally broke through when quarterback Reid Miller hit stand-out receiver Horatio Smith for a 60-yard touchdown on a key third down midway through the second quarter.

Smith, who currently leads the conference in all-purpose yards, finished the afternoon with six catches for 141 yards and two touchdowns. Miller, who himself ranks in the top-ten nationally in passing yards, also filled up the stat sheet with 400 passing yards and

three touchdowns.

After the Miller to Smith strike to bring the score to 21-14, the Rangers held an explosive Ouachita Baptist running game out of the end zone and forced a punt to give the Rangers the ball with just 48 seconds left in the first half. Following one last shot to the end zone, the Rangers found themselves heading to the locker room down just 21-14.

The Tigers came out in the second half and put together an impressive 10 play, 75 yard drive that ended with a one-yard touchdown run from Kris Oliver, who garnered Co-GAC Offensive Player of the Week honors after his performance against Northwestern. Both teams would put together ineffective drives before an Ouachita Baptist touchdown early in the fourth quarter would open up a 35-14 Tiger lead.

Once again the potent Miller to Smith touchdown strike would give the Rangers life, down just two scores. After a quick three-and-out for the Tigers, Miller would this time use his legs to bring the Rangers within one score. However, a 67-yard run for Oliver straight up the middle of the Ranger defense extended the lead back to two scores.

Ultimately the Rangers scored and had a chance to tie the game up with 2:50 left on the clock, but a Miller interception would end the Rangers at an upset.

Rangers will remain at home next weekend where they will play host to the East Central Tigers on homecoming. The game is set to kick off at 4 p.m. on Saturday.

Athletic events

Sept. 30

Northwestern News

7 p.m. WVB at East Central Univ.

Oct. 1

9 a.m. MXC/WXC at Chile Pepper Run

1 p.m. WVB at Southestern Oklahoma State Univ.

2 p.m. WSOC at Ouachita Bapist Univ.

4 p.m. FB vs. East Central Univ.

Oct. 4

6 p.m. WSOC vs. Rogers State Univ.

Oct. 6

6 p.m. WSOC vs. Oklahoma Baptist Univ.

7 p.m. MRODEO at Southestern Oklahoma State Univ.

7 p.m. WRODEO at Southestern Oklahoma State Univ.

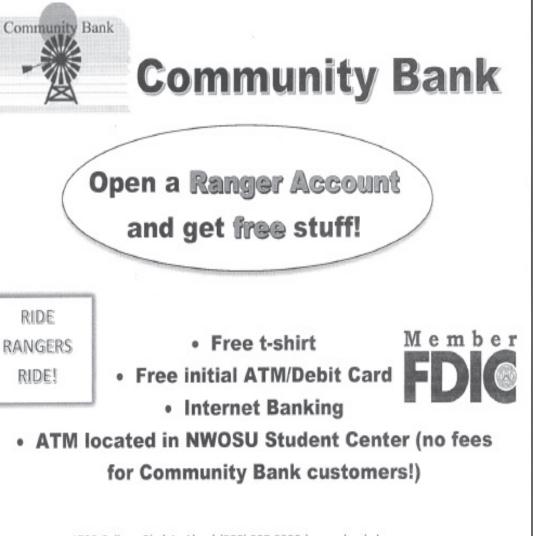
Cross country coach hopeful for improvement

By KATIE LACKEY Sports Editor

The Rangers women's cross country placed 19, while the men's team placed 21 this past weekend at the Oklahoma State

Freshman, Lexi Hastings, ran a 25:06, while Capri Gahr rounded out the women's team with a 27:13.

The men's team ran an eight-kilometer course, with Seth Maston leading the Rangers team with a 32:38.





Yazmin Gomez in action.

up with a goal of their own.

East Central University was able to put another goal on the board just minutes before the end of the period putting the Rangers down 2-1 at the half. The second half didn't show any better results.

East Central University added two more goals to their total.

The Rangers, not having any luck finding the back of the net, would wind up falling to the Tigers 4-1.

Northwestern will be on the road for their next three games.

Their first stop will be Oklahoma City to face Oklahoma Christian on Tuesday. Then on to Arkadeliphia, Arkansas to play Harding University at 7 p.m. and Ouachita Baptist University 2 p.m.

University Cowboy Jamboree.

The women's team ran a five-kilometer race. Junior, Renee Contreras, led the Rangers team in with a 64 finish and a time of 21:33.

It was Contreras first cross country race since high school, and she finished well in a very competitive field, cross country coach, Clay Tarter, said.

Following Contreras, Clara O'Connor finished in a time of 23:38. Not far behind was Rebecca Black, she finished in 23:49.

Black has remained really consistent in both five-kilometer races, even though the Oklahoma State University cross country course is known for its excessive hills, Tarter said.

Following was Manuel Reyes, who ran a 34:10 and Brandon Widner just behind with a 34:33. Ian Licea ran a 35:27, while Thomas Decker rounded out the men's team with a 36:39.

The Oklahoma State University Cowboy Jamboree was the first eight-kilometer race of the season for the men. The men all established times that they will work toward improving, Tarter said.

Both the men's and women's next race is at 9 a.m. on Saturday in Fayettville, Arkansas, at the Chile Pepper Cross Country Festival. The forecast for the cross country meet is a clear sky with a high of 76 degrees.

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STATE NEWS – Northwestern News Boren talks 779 at Rotary club

ALVA-David Boren, President of the University of Oklahoma and supporter of State Question 779, spoke Thursday with Alva Rotary Club members about the need for education funding in Oklahoma.

State Question 779 would provide a much-needed economic boost to the Woods County economy. A simple analysis reveals the teacher salary increase will result in a \$789,670 infusion into the local economy. Add in a conservative economic multiplier effect of 3.5 times that salary through the increased investment and spending in Woods County, and the impact is a \$2,763,845 boost to the local economy.

Boren addressed a number of education issues, including low teacher pay in Oklahoma, the teacher shortage, and high tuition costs at Oklahoma's public universities, all of which would benefit from State Question 779 if it passes in November. "We used to say, 'Thank God for Mississippi,"" Boren said. "We can't say that anymore because South Dakota and Mississippi just increased their teacher pay. If we fail to act this November, we'll be dead last in the nation."

Oklahoma ranks 49th in what it spends to educate students and what we pay teachers. As a result, Oklahoma faces a terrifying teacher shortage with no choice but to approve more than a thousand emergency teacher certifications for the 2016-2017 school year. Those emergency certifications mean close to 50,000 students are in classrooms without trained teachers.

Many Oklahomans are concerned about the impact budget cuts have had on schools and the number of teachers Oklahoma loses to surrounding states where the cost of living is roughly the same, but the pay is higher and more attractive for good teachers.

"Think about the education our

Older adults 3 ways to prevent falls ready, steady, balance

Fall is just around the corner, but falls shouldn't be just around the corner for older adults.

The Oklahoma State Department of Health (OSDH), along with the National Council on Aging (NCOA) is celebrating the ninth annual Falls Prevention Awareness Day on September 22. Ready, Steady, Balance: Prevent Falls 2016 will highlight three goals that all older adults have the power to achieve:

1. Be ready: Education is the most important step to being ready to prevent a fall. There are resources online to help older adults understand their risk of falling. They can also enroll in evidence-based falls prevention programs to learn how to address their fear of falling and what they can do to sustain their strength. 2. Be steady: Older adults can be steady if they take simple steps to prevent falls. These include talking with a doctor about medications, getting hearing and vision checkups, and assessing living spaces for hazards. 3. Be balanced: Falls prevention is a team effort that takes a balance of education, preparation, and community support. Falls Prevention Awareness Day is an opportunity to take a look at the world around us, be

aware of falls hazards, and think about how we can make changes that help our parents, grandparents, aging neighbors, and even ourselves from falls.

Nationally, falls are the leading cause of non-fatal injuries treated in hospital emergency rooms in every age group except 15-24 years.

Falls are the leading cause of injury death among adults 65 years and older. Every year in Oklahoma, about 7,000 older adults are hospitalized and more than 450 die from a fall. Acute care hospital charges alone total more than \$250 million dollars a year.

The Tai Chi: Moving for Better Balance program has been proven to reduce the risk of falls. In Oklahoma, many individuals have been trained as Tai Chi instructors and teach classes around the state to older adults.

parents and grandparents provided for us," Boren said. "They didn't give us four-day school weeks or put us in classrooms with untrained teachers. Yet, that's what is happening all across the state. If we fail to act, we'll lose a generation of young Oklahomans who are counting on us. The time has come for we the people of Oklahoma to take action and vote yes for State Question 779 and help our students."

About SQ 779 financial investments in teachers and schools

State Question 779 creates a constitutionally protected fund that will invest about \$615 million annually in Oklahoma schools through a one-cent sales tax. K-12 schools would receive 69.5 percent of the fund to increase teacher pay by \$5,000.

The measure also provides funding for local districts to address the teacher shortage through compensation methods driven by decisions made by local boards of



David Boren, University of Oklahoma president, spoke last Thursday about state question 779. SQ 779 will provide an economic boost to

education and for schools to implement important strategies aimed at improving reading and high school graduation rates. None of the funds can be spent to increase superintendent pay.

Additionally, 22.5 percent of the fund must be used to address college affordability while also expanding access to career training in Oklahoma public colleges and CareerTech centers. The remaining eight percent of the fund will be invested in early learning opportunities for low-income and at-risk children.

Annual audits built into the measure ensure taxpayer transparency and accountability. Language within the bill strictly prohibits politicians from raiding the newly created Education Improvement Fund to further decrease education funding or to pay for other areas of state government.

State student reports indicate gains, losses

O K L A H O M A CITY– Statewide Oklahoma student assessment reports for the 2015-16 school year indicate both moderate gains and areas of improvement.

Students who score at the "proficient" or "advanced" level on each test have met or exceeded learning standards.

Reading scores for thirdand fifth-grade students show modest improvement. The number of third-grade students scoring at least proficient increased to 72 percent from 69 percent, while fourth-grade proficient reading scores decreased slightly from 70 percent to 68 percent. the criteria for the Reading Sufficiency Act (RSA), which plays a role in determining if a thirdgrader needs intensive reading remediation before advancing to fourth grade, has shown a steady increase from 83 percent in 2014 and 85 percent in 2015 to 88 percent in 2016.

Fifth-grade students, who were the first third-grade group to study under RSA, saw an increase of 9 percent of students at or above the proficient mark.

Math scores for grades 3-8 increased or remained steady in all grades except fourth, which decreased from 72 percent in 2015 to 69 percent in 2016, and sixth, which saw a slight drop from 67 percent in 2015 to 66 percent in 2016. Third grade demonstrated the largest improvement in statewide Math tests, jumping from 62 percent passing in 2015 to 66 percent passing in 2016.

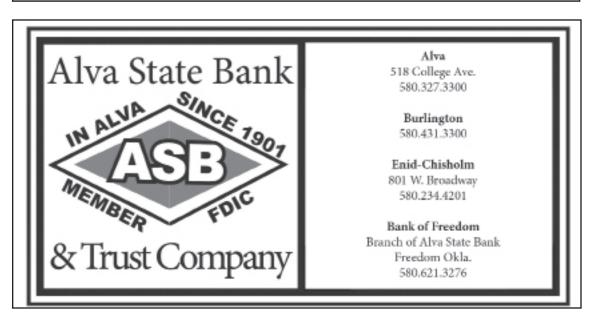
Science scores for grades five and eight continue to improve, with 57 percent of students testing proficient or above from 53 percent in 2015 and 51 percent in 2014.

Eighth-grade proficiency scores also rose, with 55 percent of students testing proficient or above in 2016 from 52 percent in 2015 and 50 percent in 2014.

Complete results for all 2015-2016 student assessments are available on the OSDE's website.

This exercise program focuses on improving functional abilities such as, balance and physical function to reduce fall-related risks and frequency of falls. Oklahoma seniors are invited to join a local Tai Chi: Moving for Better Balance class.

To receive more information on the classes and how to prevent falls, contact the OSDH Injury Prevention Service at (405) 271-3430 or visit http://falls.health.ok.gov. Overall, the percentage of third-grade students who met





Northwestern News

Visual arts program grows

By CHRISTINA MUNSTER Student Writer

She lays her brushes and utensils out, one by one. Mixing her paint she prepares herself to work on her artwork for class. The room is full of abstract, beautiful paintings and sketches.

This room, along with two others is part of the Visual Arts wing at Northwestern. Princess Edenuga, a senior English major, minoring in Visual Arts from Nigeria, uses this room for homework, classes and personal projects 24 hours of the day.

The Visual Arts degree is only currently offered as a minor, but with interest growing and numbers doubling from years past, the program is up to 20 students minoring in the program. Students with majors spanning from english to premed, participate in the visual arts program.

"I see the program growing with as more knowledge of the program grows," Larson said.

There are a variety of courses offered within the department and not just focusing on one area of art, including life drawing of life models, oil painting, natural history,



Princess Edenuga poses with a peice of her artwork in the visual arts department.

fundamentals of two-dimensional art, advanced painting and drawing studio and more.

The program offers an artist in residence each year and the first of the fall semester will be Britynn Davis, who received her MFA from the School of the Art Institute of Chicago in Fiber and Material Studies and BFA in Graphic Design from the University of Central Arkansas. Davis will be arriving, Friday September 30. Davis has a local connection with both her grandparents being Ranger alumni. Kyle Larson of Sacramento, California, is in his second year at Northwestern and is the Director of the Visual Arts Department. Larson received his MFA in Painting from Boston University and holds a BA and MA in Visual Art from California State University, Sacramento.

Princess Edenuga has learned a lot with Larson and the program at the Northwestern. "I've learned a lot about art: dimensions, shadows and light," Edenuga said. "I feel as though size of class helps greatly. It builds confidence,"

Castor named freshman homecoming queen

By VICTORIA SCHNAUFER Student Writer

Freshman homecoming elect for the 2016 school year is Jenna Castor.

Castor is the daughter of Scott Castor and Shawn and Kara Pence from Shattuck.

During her highschool career at Shattuck High Castor was involved in National Honor Society, student council, softball, basketball, FFA and the Shattuck All-Stars elite cheer squad. Her involvement with Shattucck softball won her an all-state medal in slow pitch and a state champion in class A slow pitch softball in 2014.

She competed in local pageants when she was selected as Miss Shattuck 2016. Castor went on to compete at Miss Cinderella during Northwestern's homecoming week in 2015.

Castor chose to be a ranger because of the generous schol-



Jenna Castor

arship offers she received. Northwestern runs in her blood.

"Northwestern was my mother's alma mater," Castor said. "I wanted to follow in her footsteps."

She is a ranger through and through.

"My favorite part of being a Northwestern student is the small town family atmosphere and getting to cheer for the ranger football and basketball teams," Castor said.

At Northwestern, Castor is active as a member of the Ranger Cheer squad, Fellowship of Christian Athletes and the Aggie Club.