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State

November 10, 2016

Visit us online at northwesternnews.rangerpulse.com

Smile of the Week



Madison Wilson, freshmen speech/theater major, is smiling because she has an amazing roommate as well as a great group of friends here at Northwestern.

Meet Madi on page 5

If you'd like to be the Smile of the Week, please send in a photo of you smiling and a short description of why you're smiling to nwnews@ nwosu.edu!

Take a Look!

Thank-a-thon has over 200 volunteers



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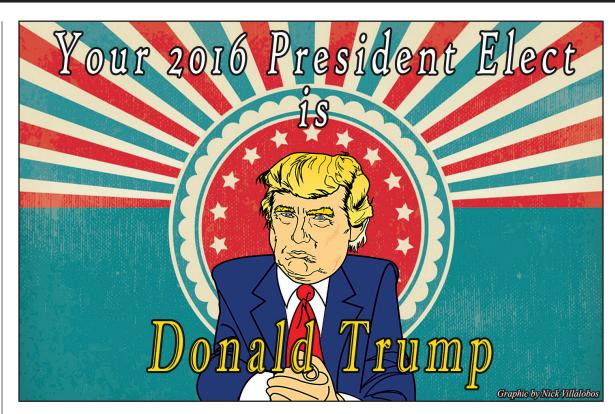
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MISSION STATEMENT

Northwestern Oklahoma State University provides quality educational and cultural opportunities to learners with diverse needs by cultivating ethical leadership, critical thinking, and fiscal responsibility.



Trump wins election

By NICK VILLALOBOS Student Reporter

Wednesday, the votes were tallied, and the nation watched as Donald Trump was named the new president elect of the United States, defeating Democratic nominee, Hillary Clinton.

We asked you whether or not the American people made the correct decision, and you provided your input.

Ben Eastes:

"It is what the people wanted. They will go with the decision until they are completely unhappy with it, or till the next election comes up and they vote somebody else in.

"You look at Trump say-

ing okay, this is someone that has been outside the scope of politics, doesn't have the bias that maybe other politicians do so that he can stand out and truthfully no let those biases, and those lobby parties be his dictating factor, or so you hope

"He is from the big business world, you know he has made a lot of money, whether right or wrong, he does have that background so you have to wonder is his mind going to be with his friends and have a lot of money, or is it going to be with the American people that he is representing because he doesn't have to bow down to those people."

Paola Ponce-Villalobos:

"We had to pick the lesser of the two evils this year."

Anonymous:

"Yes, America got it right." I can't stand behind a women who rips babies apart at 36 weeks when my son was born at 36 weeks gustation. That's called murder.'

Olivia Yandel

"Yes, America did it right by voting in Trump. He is smart enough to realize he has no idea what he is talking about, but he is going to get the best cabinet put together and they are going to run America for him.

J.C. Wells:

"American should not have a first lady named Bill."

University ranks No. 1 in minimizing loan debt

By NICK VILLALOBOS

Editor in Chief

Northwestern was ranked first in Oklahoma in minimizing student loan debt according to the Student Loan Report released on Nov. 2.

According to the report, 59 percent of Northwestern's graduates leave without student loan debt. The other 41 percent graduate with leave with a debt less than \$7,000.

In addition, Northwestern also ranked 47 among all public and private schools, and 16 among all public schools in the nation.

On both a national and state level, Northwestern president, Dr. Janet Cunningham said it is a combined effort at the university to make thes rankings possible.

"Northwestern has tried really hard to keep costs as reasonable as possible, especially in its housing and food service," Cunningham said. "Our Foundation has communicated a great message to donors on the importance of investing in our students and contributing funds for student scholarships."

Cunningham added, "The City of Alva Incentives have supported first year students in a substantial way, and our financial aid office does a wonderful job of counseling students on the long-term consequences of student debt."

Northwestern senior biology major, Erin Norrie, said the affordability of the University has helped her significantly with her pursuit of a career in the health field.

"As a student here at Northwestern, I really appreciate the opportunity to have a quality education while not being stressed with the burden of future debt," Norrie said.

How did other schools in the state fair?

East Central

- Ranked No. 6 in Oklahoma - 45 percent of graduates leave with
- about \$11,400 of debt

Southwestern

- Ranked No. 7 in Oklahoma - 62 percent of graduates leave with about \$11,700 of debt

University of Oklahoma

- Ranked No. 8 in Oklahoma - 44 percent of graduates leave with about \$12,000 of debt

Oklahoma State

- Ranked No. 9 in Oklahoma
- 50 percent of graduates leave with about \$12,050 of debt

Oklahoma Baptist

- Ranked No. 12 in Oklahoma
- 58 percent of graduates leave with about \$14,200 of debt

Source studentloans.net

question results 776

Hardaway republishes exposition

Dr. Roger Hardaway, Northwestern history professor, is the author of an article in a book published this fall by the University of Oklahoma Press.

The book, "Black Cowboys in the American West: On the Range, On the Stage, Behind the Badge," was edited by Professors Bruce Glasrud of Sul Ross State University in Texas and Michael Searles of Augusta State University in Georgia.

Hardaway's article. African-"Oklahoma's American Rodeo Performers," was first published in the summer 2011 issue of "The Chronicles of Oklahoma." The essay explores the great number of black Oklahomans who have excelled in rodeo arenas at all levels of competition. These include not only men and women who have competed in rodeos but also others-

See HARDAWAY, page 7

News



Career fair comes to Alva for future job opportunities

By VICTORIA SCHNAUFER

Student Reporter

On Wednesday, Nov. 16 from noon to 3 p.m. the Ranger Room will have business representatives prepared to higher Northwestern students.

Career Services Coordinator and Transfer Recruiter, Andrea Lauderdale, has been planning the event since the beginning of September.

"As of now there are 17 businesses signed up to come but more are continuing to register," Lauderdale said.

The list of businesses attending as of now are listed below.

The employers are located all over the northwest Oklahoma region as well as the Oklahoma City area.

"The businesses sending employers to the career fair want to hire students from Northwestern," Lauderdale said.

Students can start participating in internships as early as their sophomore year in college. There are job opportunities for students of all classifications and majors available.

"Students need to dress professionally, bring their resumes and be ready to answer professional questions," Lauderdale said.

When going to a career fair it is important to be prepared as if you were going into a job interview and take pride in yourself. Lauderdale wants to let them know how much we appreciate these businesses for taking an interest in Northwestern students.

"I want to show these employers that northwestern students are eager and appreciative of the opportunities they are giving them," Lauderdale said.

Businesses attending the job fair:

- Cricket Wireless
- Department of Rehabilitation Services
- Enid Police Department
- Hay Rice & Associates
- Northwest Family Services
- NWOSU Graduate School
- Pioneer Telephone Coop, Inc.-Kingfisher
- Oklahoma Agricultural Coop. Council (OACC)
- Oklahoma Dept. of Corrections (Helena, OK)

 Oklahoma Department of Human Samiaga
- Oklahoma Department of Human Services
- OG&E
- OK Tourism and Recreation Dept.
- Omni Media Group
- St. Mary's Regional Medical Center
- State Farm Insurance Enid/Alva
- USDA Natural Resources Conservation Service
- Youth and Family Services, NCO

Students: Let's go bowling!



Cookie's Bowl - Alva - 327.0461

Cookie's Bowl - Alva - 327.0401	
Open Play Wednesday 5:00a.m 10:00p.m. Thursday 5:00a.m 10:00p.m. Friday 5:00a.m 7:00p.m. Saturday 9:00a.m 7:00 p.m.	
Cosmic Bowling Every Friday & Saturday 7:00p.m. to 9:00p.m. \$10 per person - includes shoes! 9:30p.m. to Close \$10 per person - includes FREE med drink with college ID!	
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High school seniors attend Ranger preview

Hundreds of high school seniors participated in Northwestern Oklahoma State University's annual Ranger Preview at the Alva campus, Saturday, Oct. 29.

This event provided the opportunity for 400 high school seniors and their families to visit the Northwestern-Alva campus and visit with faculty, staff and current students. Ranger Preview is an event that showcases the ample opportunities Northwestern has to offer a potential student.

"Ranger Preview was a success because of the hard work and dedication of so many people," said Paige Fischer, director of recruitment. "A special thank you goes to the Alva community and Community Bank for making Ranger Preview possible. Several businesses in Alva donated items for the event, and we are most grateful. Northwestern is fortunate to have the ability to host an event of this magnitude to benefit seniors with a \$600 scholarship and numerous other incentives."

Any high school senior who attended Ranger Preview received a \$600 scholarship. High school seniors who are admitted to Northwestern as a full-time student at the Alva campus will receive the scholarship.

"I would like to extend a thank you to our entire Northwestern faculty, staff, administration, Northwestern Scholar Ambassadors and students who volunteered their time to meet with potential students and their families," Fischer said.

The events for the day included registration, campus tours and a welcome from President Janet Cunningham and performances from the choir, band and cheer team.

Each high school senior who attended also received a Northwestern t-shirt, free tickets to the Northwestern



Calleb Mosburg (left) and Rayleen Perdomo-Lena (right), winner of the \$500 scholarship. / Courtesy of University Relations

rodeo event and volleyball game that day and lunch in Coronado Cafeteria

Fischer also gave praise to her staff, which consists of Olivia Yandel, Ben Eastes, Ezekwesiri Akwari, Jenny Redinger and Andrea Lauderdale.

"They did an excellent job of hosting this year's Ranger Preview and informing students of the tremendous opportunities awaiting them at Northwestern. I am appreciative of their dedication, hard work, and creativity," Fischer said.

Some of Northwestern's department booths had prize drawings for the students. Division of Business has 67 students register for their drawing to gave away an OTT TV Box, awarded to Mariah Belden of Guymon. The Division of Education gave away a basket full of various office supplies to Riley Beeler

of Alva. The Psychology Department gave away a bracelet to Kayla Myers of Felt and an APA Style Guide book to Emma Sporleder of Olive.

"I thought the event was a big success," said Calleb Mosburg, dean of student affairs and enrollment management, said. "It's always great to not only see a big attendance, but to have the Ranger family come together and welcome potential students and their families to campus."

"The recruitment office worked incredibly hard in preparation for the event," Mosburg said. "With help from faculty, staff and current students, this truly was a team effort."

For more information on Northwestern's Ranger Preview event or how to become a Ranger, contact Fischer at (580) 327-8545 or plfischer@nwosu.edu.





Spanish Club plans to host campus event

By HAYLEE BATES News Editor

The Spanish Club will be sponsoring a karaoke night on campus Nov. 17 from 6 p.m. to

The event will be held in the Alabaster Room located on the third floor of Vinson Hall. All students, faculty and staff are welcome to come to the event. There is no entry fee to participate in the karaoke night.

For more inforamtion about this event or the Spanish Club, students can contact Dr. Martinez, Francisco professor of Spanish, at fjmartinez@nwosu.edu, or students can call him at (580) 327-8466.

Students express gratitude

At the end of last month, 222 Northwestern students called and wrote to hundreds of donors to thank them for their gifts to the university.

Members of the Northwestern Scholar Ambassadors, cheer, Delta Zeta, Alpha Sigma Alpha, women's soccer, football, choir, men's and women's basketball, softball, baseball, volleyball, nursing, theatre, International Student Association and the Woodward and Enid campuses contacted alumni and friends of the university Oct. 24 – Oct. 26 and Nov. 1.

"This was my first Thank-a-Thon and I was overwhelmed by the number of students who put their hearts and souls into these phone calls and thank you cards to let our donors know how they are making a difference in their lives," said Tandy Keenan, relationship manager.

By the end of the four-day event, a total of 1,720 contacts were made through a combination of phone calls, phone messages and handwritten letters. Students find the Thank-a-Thon to be an opportunity to acknowledge donors for what they have given.



Just over 200 Northwestern students volunteered at the annual Thank-a-Thon event last month. Volunteers wrote and called hundreds of donors to thanked them for their generosity in donating. I Courtesy of University Relations

"I felt honored to be given the opportunity to personally thank donors," said freshman nursing major Clara O'Connor, Edmond, Okla. 'Donors have given so much to our school so I felt they should know how much we appreciate their gifts. Their donations make Northwestern a better place."

O'Connor said initially she was nervous about making phone calls to strangers, but as she began speaking to alumni and friends of Northwestern those nerves quickly

'As I started calling I heard stories of the donors' years here as students. They talked about how

Northwestern had really made an impact on their lives. I even talked to a man who spoke about the first girl he met while on campus. He went on to say they had gotten married after college and were still together today. It was really special to hear about what they loved most about the university."

Help Wanted

Lutheran Daycare has openings for director, master teacher and part-time caregiver. Please fill out application at 902 2nd St. and bring a copy of class schedule for availability.

Northwestern offers database

By COOPER STANLEY Student Reporter

No academic paper is complete without the use of credible sources; students look no further than Northwestern's online database for the credible sources on a paper.

All Northwestern students have access to the library's online database, which consists

containing scholarly papers, articles and studies, all that can be used and cited toward a research paper.

Students can access the database from their personal computers by going to Northwestern's website, clicking on the library link and then clicking on the database link. Once in the database, use the search engine

of multiple reputable databases to look up a wide variety of for my papers, it's quick and topics. Using the academic databases is one way to find sources for a number of different paper topics. Not only does using a database for information give credible support to a paper, but it also adds a range of information to a paper.

Trenton Early, a junior health and sports science major said, "I usually use EBSCOhost easy. Helps a lot when I need a good source."

For more information on the Northwestern database, students can visit the university's website and follow the instructions in this article, or students can contact Shannon Leaper, research and instructional services librarian, to set up an appointment to receive insight on the database.

Exotic Heatwave

Tanning, Fit Body Wrap, Clothing, Hair and Nails!

Monday through Friday 10:00 a.m. - 7:00 p.m. Saturday 10:00 a.m.-2:00 p.m.



1026 Noble St. Alva, OK

Find us on Facebook!

This month's specials are: Buy a month of tanning and get a tanning lotion for half off!

Organization invites students to attend event

Staff Reporter

Northwestern Oklahoma State University will be holding a S'mores Night at 7:30 p.m. on Nov. 17 at the Intramural Field.

The event is sponsored by the Student Government Association and is open to international and American students. SGA is a campus wide organization committed to voicing the concerns and interests of the Northwestern Students.

Kaylyn Hansen, director of students and housing, is also the co-advisor of SGA.

"Our students have a great opportunity to talk with others from a different culture and learn different

said. "We hope they take advantage of this opportunity to meet new students."

The purpose of s'more night is to bring different cultures together for a fun night, Hansen said. Students can expect music, campfire and a friendly atmosphere.

The SGA officers wanted to put on an event to welcome the international students to campus, Hansen said. The SGA officers also wanted to share the tradition of s'mores with everyone.

"We want both our international and American student to have a chance to meet one another," Hansen said. "What better way to do that than a campfire and s'mores?"

The Way We See Id

Editorial Section

Employee of the Week



Photo provided

Sami McGuire and Katy Lackey Sports Editors

At the conclusion of the summer, both Sami McGuire and Katy Lackey joined the Northwestern News team as our cosports editors

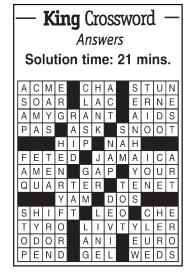
Both McGuire and Lackey have stepped into their role with a willingness to learn each and every week, and for that we found it right that they earn this week's Northwestern News employee(s) of the week.

Since joining the staff, both McGuire and Lackey have improved their page layout abilities and content gathering capabilities.

They cover as many of the Northwestern athletics sports as possible, and it adds a great variety to their section.

Each have also done an exeptional job at managing the reporters that are assigned to them as well

"Keep up the awesome work you two, we appreciate it greatly." ~Northwestern News staff



Answers to Nov. 3 puzzle

Technology damages minds

The overuse of technology has affected the way kids think today.

Advancements in technology have impacted the world in a lot of positive ways.

On school campuses, technology has given kids an opportunity to experience new convenient ways of learning course material.

It has also allowed students to become more independent in their learning.

Technology has also allowed the opportunity for more distractions in the classroom and cheating on assignments as well.

In addition, technology has also created a sense of social disconnect among individuals.

In an article by Pamela Deloatch, a writer for edudemic. com, more negative effects of technology on teens were examined.

Deloatch also looked at ways that would help overcome the negative effects to the over-use or inappropriate use of technology as well.



For the next three weeks, we will examine each of the points that's Deloatch made in hopes to bring awareness to our readers about the issue.

In the article, Deloatch said

95 percent of teens, age 12-17, spend at least some time throughout their day online.

Despite all the time scanning information however, whether it be for research or a social media post, the teens found it hard to remember the content they viewed.

Another flaw that technnology has introduced is the use of imagination and critical thinking by teens.

Critical thinking skills are essential in today's age.

Without children developing those type of skills, they are left to be dependent on their parents and/or someone else for the remainder of their lives

In order to prevent the lack of critical thinking and use of imagination, Deloatch suggests monitoring the use of technology and learning from others about how to use technology responsibly.

By monitoring the use of technology, a child is able to have someone keep them in check one might say. Someone is there helping them with reducing their time using technology.

Likewise, by learning from others on how to use technology more responsibly, a child is able to experience the happenings around them, and develop essential critical thinking skills.

The Leap: Part II

Bonding at 11,000 feet

By NICK VILLALOBOS Editor in Chief

The pilot, Jesse and his instructor and me and my instructor climbed...and climbed...and kept climbing until we were at ideal altitude, 11,000 feet (according to our certificates). Then Jesse and I were given final instructions and two by two we dropped out the door

As I entered the 30 second free fall, looking straight down

at the perfectly squared off, tan pastures, I couldn't help but say, 'wow, this is amazing,' 'thank you Lord' and Luke 23:46 repetitively.

Then the chute deployed and thus started the three or four minute glide through the air.

The whole fall, before the chute's deployment and after, was nothing but pure freedom. I never felt at such peace, and that was my nod from God that He was right there alongside me in

the air. It was beautiful.

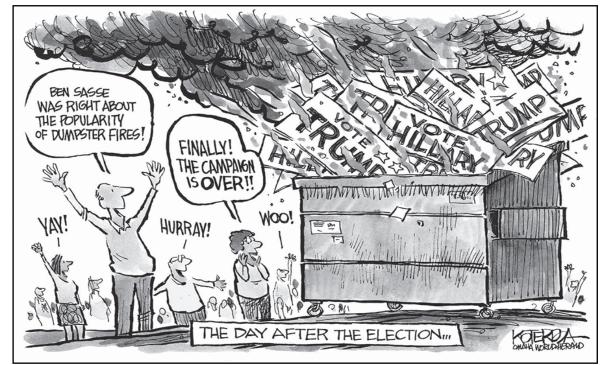
Jesse and his instructor touched the ground first. My instructor and I followed shortly after. We missed our landing point by about a quarter mile for some unstated reason, but no matter because we both made it back to the airplane hanger in one niece

After the leap, Jesse and I waited for our comrades to experience the leap for themselves. Then after we watched them safely touch back to the ground, we received our

certificates and set back toward Alva.

The leap was one that provided some type of therapy for each of us. For me, it stilled my heart and advanced me into a whole to step in my walk of faith.

For Jesse, Bruno and Dep, I'm not real for sure what type of therapeutic experience they had, but I do know that it will be an experience that we will each talk about for many years to come.





NORTHWESTERN NEWS

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LETTERS TO THE EDITOR

Letters to the editor shall bear the author's handwritten signature, hometown, classification, title, etc., address and phone number for verification and shall be kept on file. Unsigned letters to the editor will not be published.

Letters must be turned in by noon on Tuesday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnews@nwosu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted

All letters represent the views of

SUBSCRIPTIONS

Yearly subscriptions to the News are \$15.00.

"Welcome to our new 'Your Voice' section. This section is dovoted to the voice of you readers. We decided over the summer break that including your voices into our paper would give each of you the opportunity to share your stories. We welcome all reader's stories. All we ask from you is when you send us your stories, to nwnews@nwosu.edu, that you send a picture of yourself as well. Thank you and we at the Northwestern News hope you enjoy the new additions." -Northwestern News



By VERONICA NELSON Student Writer

Ever ponder old memories, maybe a smell reminds you of home, or possibly a catch phrase causes you to think back to the good ole' days.

Throughout our journey on earth there are fragments of our past dusted upon what appear to be meaningless districts of life, however, these reminiscences breathe life to our history and value to the unmarked territories of our heart.

Sometimes remembering the past brings joy and many conversations beginning with the phrase "remember when..." along with laughs and happy thoughts.

Other times we do our absolute best to hide them from ourselves in hope that if we bury them deep enough they will never be uncovered. Why do we do this?

One reason, the memories are painful. It hurts. Naturally, when we are physically wounded we do our best to shield the injured parts of our body from the rest of the world so that nothing else has the potential to make the agony any worse. So, it only makes sense for us to do this with our inner wounds.

When a part of our heart is hurting we become sensitive to that subject of whom the pain stems from and just like when someone touches a cut, when someone gets too close to the subject we yell and draw back quickly. What we fail to realize is the longer the wound stays submersed in bandages the longer the wound has to fester.

Then longer it festers, the more painful it becomes to reveal the wound, making us all the more unwilling to show it.

To top it off, as the injured piece of our heart is being drawn out from the dark we often fail to see what is happening from the right perspective. We question "why now?" or better yet "why me?" as we feel the trauma awakening from its dormant stage.

Yet, the truth of the matter is we are desperately craving heal-

our heart. The problem lies in our failure to tell the difference between the damage worsening and the sting from the cleansing.

Just like any gash just as it first undergoes purification it burns [like crazy.] When this happens we need to take a closer look at the situation and ask is this perhaps a forgotten memory? Does this pain derive from a part of me previously hidden from myself?

Even if we can make a small assumption that this is so, we need to ask God for healing, and as the mending occurs it is essential to remember it may sting at first.

However, with it being God as our doctor we are guaranteed for the sore to heal and for us to be made new. Maybe even down the road you can share with someone your scar and healing. Who knows, maybe even allow these experiences to become tools in helping others overcome their injuries.

"You intended to harm me, but God intended it for good to accomplish what is now being Genesis 50:20 NIV





Madi Wilson

Where are you from?

am Enid."

What is your favorite thing to do in your spare time?

"Being involved in activities in the community, and hanging out with friends."

What is your favorite part about being involved with the Northwestern atre?

"We have a family type atmosphere, and everyone is very close. I also get to be surrounded by extremely talented people."

How long have you been involved with theatre (in general)?

"I have been doing theatre since I was in the fifth grade, about nine years."

What is one interesting hidden talent you have?

"I can bake all kinds of desserts and pastries."

NORTHWESTERN



Feature



Northwestern senior reminisceses on athletic career

By CAITLIN COODY Student Reporters

In the far, northeast, corner of Kansas, sits the tiny town of Maple Hill. The population consists of 620 residents and is a part of the Wabaunsee County. Even if you haven't heard of this town, you might have heard of the record-holding student who calls the place home.

Jordan Haya is a senior at Northwestern. She holds five different records and was named Second Team All Great American Conference in the 2016 season. One of the records Haya is most well-known for is homeruns. She's 1st in single season homeruns (11 in 2016) and 2nd in career homeruns (21 for 2015-2016).

Softball wasn't the only love of Haya's. In high school, she played: basketball, volleyball, cheer and dance. She chose softball because it was what she loved most. She went to Cowley Community College for softball, before transferring to Northwestern.

Not only did Haya excel in sports, she was the Valedictorian in high school and earned Magnum Cum Laude in both high school and at Cowley.

Haya is a Biology major with a Chemistry and Sports Medicine minor. She is also a part of the Medical Science Club. Haya hopes to one day become a doctor. "I like caring for people and getting to find cures for different diseases," said Haya. After she graduates in the spring, she'll apply to different med schools

Currently, Haya is a student assistant coach for softball and works at Gambino's.

Although Haya has only been at Northwestern for two years, she has gained love for the small community here in Alva. One thing she enjoyed most about coming to NWOSU is getting to meet different people and having the support of the town.

College has taught Haya many lessons; most being outside of the classroom. "Build a good relationship with your advisor," said Haya, "and get involved with different clubs or events happening around campus."

Haya has enjoyed her time at Northwestern and one thing she would like to stress to the younger students is to "get out and try new things".

Nash reflects on life of soccer

By MEGAN MAHARRY Student Reporter

Jade Nash is a senior at Northwestern Oklahoma State University from Solihull, Birmingham, England.

She is a Health and Sports Science major with a minor in sports psychology. She has been a part of the Lady Ranger soccer team at Northwestern for three years.

Nash grew up in Solihull in England. She said there are some huge differences between there and here in America. She said England was cold and it rained often. She also said the schooling systems are different.

Nash said England is all about soccer. She said she and her family were always watching a game on TV, or practicing. Nash said what she misses most about England is the food, especially the food her mother cooked.

Soccer is ultimately what brought Nash to America. She has a long history of playing soccer. She first began playing co-ed soccer when she was four because her brother played, and she wanted to prove she could play too.

Nash quickly realized how much she loved soccer. When she turned eight, she began playing on an all-girls team. She then began playing on a local team in Solihull.

When she was 15, Nash joined a center of excellence



Pictured are the 2015 soccer seniors (from left to right) Arlet Polack, Jade Nash, Laura Hughes, Evie Fagan. Nash served as a captain during her final game of her Northwestern career./Photo by Nick Villalobos

squad—a high level of soccer. However, she did not enjoy it. She said it was almost too serious for her. Nash left the squad and was later recruited by a high level amateur team when she was 16. She was the youngest person on the team.

Nash knew she wanted to continue her soccer career, and that is why she chose to attend college in America. She was recruited to play for Hutchinson Community College in Hutchinson, Kansas. She red-shirted her first year and played for one year before transferring to Northwestern.

At first, Nash was not sure if Northwestern was right for her.

She contacted the soccer coach at Northwestern and visited the school, but was unsure if she wanted to attend here. After lots of consideration, Nash decided Northwestern was right for her.

"I chose Northwestern, and I wouldn't look back. I love Alva," Nash said.

Though Nash's soccer career has come to an end, she is going to further her education. She plans to obtain a Master's degree in adult education management administration with an emphasis in sports administration.

She is going to begin her Master's degree at Northwestern, but will also consider traveling elsewhere. Nash hopes to eventually coach college soccer.

Soccer has been one of the biggest aspects in Nash's life. She was constantly playing or watching soccer.

"It is literally all I ever did when I was growing up," Nash said.

Nash said her favorite part of playing on soccer teams is making friends. She said she made many of her best friends through soccer. She said it is nice to have people she can relate to.

Nash's biggest piece of advice to any soccer player or college student in general is never give up.

"Soccer was always there to motivate me," Nash said.

Thankful event in Woodward

By PATRICIA PIXLER

Student Reporter

The National Association of Social Workers Oklahoma Chapter (NASW) and Northwestern will jointly host a category II, two-hour Northwest Helping Professional Network event.

The event, "Today, I'm Thankful For..." will take place November 14, at Big Dan's Restaurant in Woodward at 3113 Williams Ave., Highway 270 South.

Oklahoma social workers are required to have 16 hours of continuing education credit every 12 months to maintain their licensure. A category II event is where professional social workers have a formal discussion about professional issues and participants increase their awareness of new development in social work, as well as gain continuing education credits.

In addition to social work practitioners, all helping professionals from academic and licensed backgrounds are welcome to attend the event. Mary Jo Kinzie, Executive Director of the National Association of Social Workers-Oklahoma will be in attendance.

Dr. Kylene Rehder, department of social work chair at Northwestern, said, "We are ecstatic to be partnering with NASW-OK to provide quality continuing education events to the Northwest region. The development of these types of events are critical to the continued development of our helping professionals and ensure quality services to people in the region."

The proceeds from the event will be going toward the start-up costs for the establishment of a Phi Alpha Honor Society chapter. The Phi Alpha Honor Society is a national social work organization that offers bonding between social work students and promotes humanitarian goals.

The social work program at Northwestern is one of only four externally accredited programs at the university.

The accreditation offers immediate licensure after graduation, advanced standing in graduate school, and participation in honor societies such as Phi Alpha. With the future establishment of the honor society, social work students will gain more experience for their career advancement.



Feature



Dating: Part 1

The Freshman 15: Relationship Tips

By CAITLIN COODY

Student Reporters

Can you believe it's already November? It's crazy how time flies, especially, being a senior and looking back at all you've accomplished...and failed. Some of those fails bring me to some advice for freshmen, maybe sophomores, who are just now getting a feel for the college life.

I'm talking about dating! It's a messy but fun part of life. With the help of other students on campus, I'll give you 15 tips on college relationships.

1. "Don't force a relationship out of thin air..." – Sarah, Senior

I've see this happen to college students, and friends, quite often. A boy and a girl who consider each other somewhat attractive wind up in a compromising situation that leads to some kind of hook-up, and the next day, feel obligated to call it a relationship.

Maybe it's a guilt thing; if things work out, they can later say it was "love at first sight," that they looked into each other's eyes and "just knew". Or maybe this is just their way of following one of those "romantic comedy misconceptions"— the idea that a random hook-up will ultimately become your soulmate.

"Don't force a relationship out of thin air; accept that some attraction is fleeting," said Sarah.

2. "Never trust too easily." - Katie, Junior

Let's face it – not everyone has the best of intentions. One difference between high school and college relationships is that in high school, you have a smaller pool of potential boyfriends and girlfriends, and it is likely you have known most of them since you were kids.

Therefore, even though people change over time, your judgment in choosing a significant other is probably better because you have known these people for a while.

In college, however, you are often thrust into a completely new social circle, and because of this, you don't know much about the true character of that cute guy you met in the dining hall. You don't need to be completely paranoid, but be careful when you place your trust in others. "Don't open yourself up to someone who doesn't deserve it," said Katie.

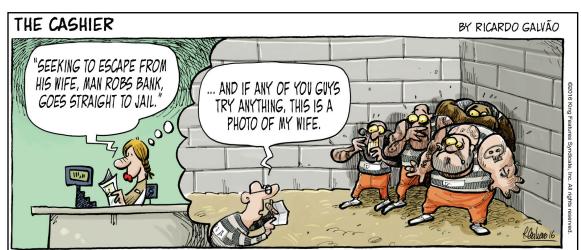
3. Avoid comparisons.

Chances are, you and your significant other will probably tell stories about exes from time to time, and that is totally normal. However, don't go on too much about your past relationships. There is a reason those ended, and if all you ever do is talk about all the nice things your ex did, your current significant other will probably either feel inadequate or annoyed.

Stay tuned: Next week for the next three tips for college relationships. I asked the guys what they think of college dating.

Part II of III will be in next week's issue of the Northwestern News.





Hardaway

From page 1

like clowns, bullfighters, pick-up men, and trick riders—who are also crucial to the success of any rodeo performance.

"The editors asked me to contribute to their book because I have been studying African-American rodeo personnel for several years," Hardaway said. "I have given numerous presentations on black cowboys at historical conferences, and I have published several articles and books on the black experience in the American West."

When Hardaway first began researching cowboys, his focus was on "working" cowhands—those who labor on ranches. Just as rodeo performances grew out of ranch work, his interest in black cowboys began to shift from those who worked on ranches to those who seek to entertain audiences in rodeo arenas.

"Black cowboys and cowgirls participate in all aspects of the sport of rodeo," Hardaway said. "While many of them rodeo mostly for fun in their spare time, others are professional athletes who earn their livings going down the rodeo road. And, since Oklahoma has a rich western heritage and was once a territory that sanctioned slavery, it is no accident that the Sooner State has produced numerous successful African-American rodeo performers at all levels of competition and in all rodeo events

"I was also happy to be able to give some notice to two of my former Northwestern students who have been professional rodeo contract personnel," he said.

Hardaway's former student Jeff Rector is the only African-American pick-up man working in Professional Rodeo Cowboy Association (PRCA) events. Rector has just been chosen to work the PRCA's National Finals Steer Roping competition being held in Kansas this fall.

The other student, Sam Gress, has been an award-winning bullfighter (those who protect bull riders) in several professional rodeo associations.

"I was extremely pleased with the article when I wrote it," Hardaway concluded, "and I am doubly happy to have it reprinted in such a quality work edited by two outstanding historians and published by one of the most distinguished university presses in the United States."

This Day in History Greeks pull off 'sneak'

By KAREN DESELMS
Student Reporter

This article originally ran on November 10, 1977 in the Northwestern news.

If you were in or around the vicinity of Alva last Friday afternoon and evening, you were probably wondering what in the world was going on. Kids were crunched together in cars and hanging out of pick-ups and a few of the less fortunate zipped along on foot chasing each other.

The city of Alva had been invaded, not by Martians, by the Greek's of Northwestern.

This "Greek Sneak" was one of the first of many joint affairs between Delta Zeta sorority and Sigma Theta Kappa fraternity. A combine battle between the actives and the pledges led to a wild freefor-all, anything-goes affair.

What exactly is a Greek Sneak? The object of the game is for the teams to capture two of their opponents and keep them hidden for three hours.

Whoever captures two of the "enemy" first is the captor and has to keep their captives hidden at a secret hide-out. The captives' team has to try to find them within three hours from the capture or else they loose. This team receives a clue written in Greek at the time of the capture and one clue every hour until their time has expired.

Though the activities were largely outnumbered, they proved successful at capturing two pledges. The hideout at "grandma's house" proved to be too accessible, and the pledges rescued their captive teammates.

Everything went well, except for a few minor skirmishes with the law. There were no serious injuries but lots of minor skirmishes with the law.

There were no serious injuries but lots of minor scrapes and bruises. The participants had to fight with all their might not to get captured or else face their own team members when they did.

After it was all over, everyone adjourned to neutral headquarters to compare bruises and stories of their escapades. It had been an exciting hunt.

It was decided at headquarters that since the pledges had been successful in discovering the hide-out, the actives will provide the next party.

Entertainment



Calendar of Events

November 10

Multicultural Dance 7 p.m. - 10:30 p.m. Student Center Ballroom

November 14

Thanksgiving Etiquette Dinner

6 p.m. - 8 p.m. Ranger Room

November 16

Career & Internship Fair Noon - 3 p.m. Ranger Room

November 17

Annual children's theater production

Doors open at 12:30 p.m. Show starts at 1 p.m.

November 17

Karoke Night 6 p.m. - 7 p.m. Alabaster Room

November 17

S'mores Night 7:30 p.m. Intramural Field

November 18

Annual children's theater production
Morning showing:
Doors open at 9:30 a.m.

Show starts at 10 a.m.
Afternoon showing:
Doors open at 12:30 p.m.
Show starts at 1 p.m.

November 18

Ranger Research Day 8 a.m. - 4:30 p.m. Student Center Ballroom

November 19

Annual children's theater production

Doors open at 12:30 Show starts at 1 p.m.



The theater department at Northwestern is busy this week preparing for a special production for next week. They will hold the production for 1,530 children from 11 different area schools, all in grades K-7. The show kicks off next Thursday. Photo by Christina Munster

Children's theater to open next week

By CHRISTINA MUNSTER Student Writer

Paper mache, paint, foam and burlap, covered the stage, creating a fantasyland.

32 students have been working to prepare for one of the biggest productions of the year.

Together with Kimberly Weast, Northwestern Theatre students are entertaining the largest crowd of the year; 1530 children from 11 schools around the area for the Children's Production play. The Farthest school Goodwell, Oklahoma. Ages will range from pre-K to seventh grade.

This year's story: a computer virus gets into a computer and messes up all the fairy tale stories and puts them in the wrong place.

Tori Hurley, a Speech and Theatre major junior, said, "How could we wow them? It's quite a job itself." Hurley is one of the main set designers, along with Speech and Theatre major senior Mickey Jordan on the production. With two 16 by 3 foot diameter trees and

using different painting techniques the set is not only a forest, but also a forest set in a Dell computer screen. "Its very Hans Christian Anderson meets Tales of the Vienna Woods." said Jordan.

There are 19 student actors in all, with six characters with prosthetics that resemble what would be worn in the movies. Northwestern senior mass communication major, and one of the lead roles in the play, Taylor Morris, said, "This is my most favorite show. Children are the most honest audience. We try to run through the audience to get the kids attention. Shows how fast theatre is."

The Children's production will go on Nov. 17 and 18 at 10 am and 1 p.m. for the children and will not be open to the public. However, at 2 p.m. Nov. 19, for \$1.25, there is a special showing to the public.

Freshmen sports and physical therapy major and actor in the play, Nicholas Cochran said, "This is all for the kid, but we hope a lot come and watch we've worked really hard to put this off."



Northwestern theater students get the stage ready for the upcoming annual Children's production, which takes place next week. | Photo by Christina Munster

LAFF - A - DAY



"But in Hollywood \$4 million is a shoestring."





Sports



Rangers defeated against Harding

By RYAN SHUMAKER

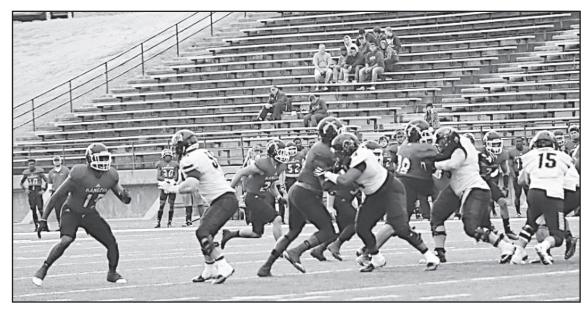
Student Reporter

In a game that was anticipated to be fairly high scoring, the two top-scoring teams in the league in Northwestern Oklahoma State and Harding combined for just 31 points, with Harding coming out on the winning side on Ranger Senior Day, 24-7.

Senior quarterback, Reid Miller led the ground game on the afternoon as he netted 37 yards. Miller also threw for 159 yards on 13-36 passing on the rainy afternoon.

Running-back Jacob Peyton was the lone Ranger to find the end zone however, on a two-yard carry. Peyton finished the day with 18 total yards on the ground.

As it has been much of the year, Horatio Smith was the lead



Rangers defends against the Bisons at home game. / Photo Provided

receiver for the Rangers, catching four passes for 59 yards. Three Ranger defensemen had huge days with Shane Collins leading the way for the Rangers with 21 total tackles, while se-

nior Rontez Smith and freshman Maurice Wright Jr. recorded 13 and 12 tackles respectively.

Following Northwestern's first drive, Harding took possession of the ball and didn't

relinquish the ball until 2:58 was left on the clock, keeping the potent Ranger offense off the field. The Bisons did only come away with three points on the possession however.

The first quarter came to a close at 3-0 for Harding and the next score didn't happen until nearly halftime when the Bisons put up seven more on the board, making it 10-0. In just under a minute and a half, Northwestern found the end zone on a sixplay, 25 yard drive, prompted by a fumbled punt return by Harding. Peyton would find the end zone, but that would unfortunately be the only one for the Rangers on the day.

Harding scored on their next two possessions and as Northwestern was unable to get anything going in the second half, that would be how the game would end.

Northwestern will travel to Weatherford, Oklahoma next weekend to close out the season against arch Rival Southwestern Oklahoma State in a game that will kickoff at 5:30 p.m.

Ranger volleyball makes a comeback

By RANGERS ATHLETIC DEPARTMENT

The Rangers volleyball team saw both victory and defeat in the past week.

Northwestern played against Southeastern Oklahoma State University on Nov. 4, and lost with a 3-0 score. But Northwestern volleyball came back with a vengeance on Nov. 5 as they played East Central and won 3-1.

In the Rangers verse Southeastern game the Rangers jumped out to a quick lead in the first set, but a 7-1 run by the Storm led to a 25-21 set win for Southeastern. In the second set, which was a close back and forth affair, ended in a 25-17 win for the Storm, after a few tough errors by the Rangers.

The Rangers led most of the way in the third set before the Storm made a run to tie it at 24-24. After a timeout by the Rangers, the Storm won two hard fought points and took the set and the match 26-24.

Some players that shined in the tough match were Jennifer Eubanks, a freshman; Natalie Fahey, a senior; Cassidy Hackett, a sophomore; Vanessa Maile, a senior and Asia Pipkin, a senior.

Eubanks and Fahey led the Rangers with 13 and 11 kills respectively. Hackett was the lead helper on the evening as she recorded 13 assists, followed by Maile who recorded 10. Pipkin was incredible from the service stripe as she recorded four aces against the Storm.

These players also were key players in the game against East Central on Nov. 5. Hannah Williams, a sophomore and Pipkin led the Rangers with 16 and 15 kills respectively.

Hackett was the lead helper on the evening as she recorded 24 assists, followed by Maile who recorded 23. Williams was incredible from the service stripe as she recorded five aces against the Tigers. In set one, East Central went on a seven point run early in this set to take a 10-2 lead. The Rangers would come back with a six point run of their own bringing the score to 11-10 mid way through.

The rest of the set went back and forth eventually seeing the Tigers take the set 25-23. The next set was all Northwestern as they jumped out to a 10-4 early and never looked back eventually winning the set 25-15.

In the third set, East Central looked to be in control early but the Rangers hung with East Central the whole way. The Rangers would take a late lead and eventually win the set 25-20. The last set began with multiple large leads and ended in a close back and forth affair-seeing the Rangers come out on top winning 25-23 and taking the match 3-1.

Next Rangers volleyball will play host to arch rival Southwestern Oklahoma State Thursday at 7 p.m.

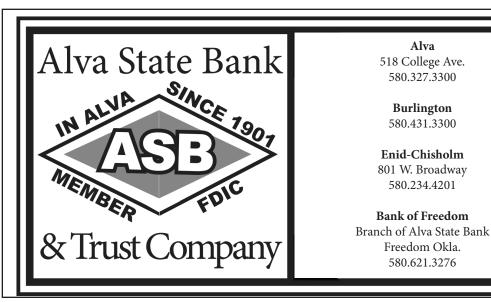


Rangers excited after winning ECU game, 3-1.



Hackett setting the volleyball for the Rangers. / Photos Provided





Sports



Swinging for the future

By KATIE LACKEY

Sports Editor

It was by chance she was introduced to the game of golf.

Kennedy Jewell, a sophomore at Northwestern from Sherman, Texas, got her start in golf when she was a sophomore in high school.

It was at a TopGolf driving range that a friend of hers noticed Jewell's ability to swing a golf club. From there, the high school golf coach convinced Jewell to come out to practice. Jewell instantly fell in love with the game.

Jewell doesn't have any major game day routines except she must eat a big breakfast and be wearing matching socks.

The fall season of golf has come to an end, but it will start up again in the spring. Jewell's goal



Jewell driving the ball at the NWOSU Invite golf meet./Photo Provided

for this past fall season was to beat her lowest college round from last year and she did just that. Her best score was an 83. "My motivation to be the best at golf comes from myself because I know I have so much potential to become a better player," Jewell said. "There is always going to be room for improvement, and I strive to reach that."

Even though Jewell had a successful season, golf doesn't come without struggles. "My biggest struggle in golf is the difficulty of forgetting the bad shots I make rather than remembering all of the good ones," Jewell said.

Her favorite golf course to play on is Hardscrabble Country Club in Fort Smith, Arkansas, and her favorite experience from golf is all the team bonding that occurs in the vans on the way to golf tournaments.

Cole Ward, a teammate to Jewell, has had the chance to travel

and play golf with Jewell for the past year and a half. Ward, a junior from Kennedale, Texas, said, "She's always fired up and ready to go."

Ward also said she has a great attitude towards wanting to get better and a great work ethic to go along with it.

Jewell said she strives to be as hardworking and kind hearted as her mother. Her mother always pushes her to be the absolute best, whether it be in school or on the golf course, but Jewell said if it wasn't for her high school golf coach she wouldn't be where she is today.

"Playing golf has taught me lots and lots of patience," Jewell said. "It has also taught me that some things are going to be out of my control on the golf course, and the only thing I can do is learn to adapt to the situations."

Athletic Events

November 11

Womens Basketball

5:30 p.m. Rangers at Univ. of Central Oklahoma

Mens Basketball

7:30 p.m. Rangers at Univ. of Central Oklahoma

November 12

Football

5:30 p.m. Rangers at Southwestern Oklahoma State Univ.

November 13

Womens Basketball

1 p.m. Rangers vs. Northeastern State Univ. in Edmond

Mens Basketball

3 p.m. Rangers vs. Northeastern State Univ. in Edmond

November 17

Womens Volleyball

TBA Rangers vs. Great American Conference

Womens Basketball

5:30 p.m. Rangers at Harding Univ.

Mens Basketball

7:30 p.m. Rangers at Harding Univ.

Soccer wraps up the season

By RANGERS ATHLETIC DEPARTMENT

Northwestern women's soccer goalkeeper Briana Legaspi and forward Yazmin Gomez were named All-Great American Conference honorable mention selections on Nov. 2 as voted on by the conference.

A senior from Colorado Springs, Colorado, Legaspi had a solid year for the Rangers in goals. She was instrumental in leading the Northwestern defense as well as protecting the net for the Rangers.

Legaspi's consistent protection was evident throughout the year as she led the GAC in total saves at 139 stops. She has been a staple at the goal keeper position for Northwestern in her four years with the program. Her 139 saves over the season gives her a career total of 442 saves in the Ranger's net.

"Briana had a fantastic year with what we challenged her with and she buckled down and had a stellar year," said Craig Liddell, head women's soccer coach. "She made a lot of fantastic saves that kept us a little closer in some games

at crucial times, giving the defense a little more confidence. As tough as the stats may be, she had a fantastic year."

A freshman from Westminster, California, Gomez was a consistent piece for the Ranger offense. She led the Ranger attack with 37 total shots on the season. She also proved to keep constant pressure on the opposing goalies with nearly half of those shots being on goal. Gomez excelled as soon as she stepped on the field for the Rangers after not competing in the first five games of the season. She netted all

Member

three of her goals for the season in the first four games she appeared in.

"Yazmin was the exciting spark that we hoped she would be," Liddell said. "She played up front as a center forward and often times our wingers had to drop down, so she at times would be up front by herself and she was still very dangerous. This year she sent out some warning signals that said there is a bright future for Ranger soccer."

Northwestern will look to build on the bright spots of this season and work towards improvements in the 2017 season.

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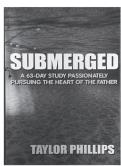
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Entertainment



Northwestern's October Artist in Residence exhibited all of the work she had completed during her time at Northwestern at Alva's first Friday Art Walk at Graceful Arts./ Photo by Christina Munster

Davis inspires Alva with Art

By CHRISTINA MUNSTER Student Writer

Imagination lit up both Runnymede and the Graceful Arts Center this past Friday from one young artist.

October Artist in Residence Britynn Davis, displayed her artwork she had worked on over the month during her time at Northwestern.

Having showcased Davis earlier in the month, her artwork is inspired by the little things in life. Emphasizing on people and animal behavior and positions, textiles of different cultures, plant connections, how attentions are captured, hours to do the cattle guard."

social pressures, and lights and

At this year's first Friday Art Walk, Davis impressed many, with her interesting and far from the usual art with her brilliant imagination. Northwestern senior biology major, Abbie Tillman, said, "It's cool, all this art is not something I'm used to, especially something I would've thought of."

Repetitive things as people inspired one of her artworks, a cattle guard covered in gold sheets. "The cows refuse to walk over the cattle guard barrier every day, so I just started getting an idea. It took eight Davis said. After doing the cattle guard piece, other pieces of artwork in her Art walk were

The art walk was a hit in the community with Davis's artwork showcased in both Runnymede and the Graceful Arts Center in town. The next art walk will be Dec. 2, showcasing the November Artist in Residence, Anna Valdez's work.

Davis has enjoyed her time at Northwestern and will forever be grateful for the opportunity.

"I've gotten to be very productive here and the students have been awesome," Davis

Northwestern to host etiquette dinner soon

By KATELYN BALL Staff Reporter

Northwestern Oklahoma State University's Student Support Services department will be hosting a Thanksgiving Etiquette class on Monday Nov. 14 in the Ranger Room at the Student Center.

"This event, Thanksgiving Etiquette Dinner/Banquet fulfills our career and academic professionalism objectives," Said Britney Houston, the Project Advisor for Student Support Services. "We will equip students with the knowledge of professional and appropriate mannerisms within and outside of dining situations. We feel as though our marginalized population might not have had the opportunity to observe and establish professional dining etiquette."

This event is an invite only event for student support services participants. "This event is exclusive to Student Support Services participants," said Houston. "Due to our strict budget, we do not have the opportunity to open it up to all student or even community members. Hopefully, in the future we can open the event to those willing to participate."

There is no cost for this event of you are invited.

Students will be taught proper etiquette for how to be present at a thanksgiving event. "Students will learn ha variety of things. General items such as business casual attire, to minute details such as holding utensils and placement of napkins" said Houston.

When asked why it is important to have etiquette on thanksgiving, Houston said, "It's not so much having etiquette on Thanksgiving, that is a family-friendly

environment and I'm sure they don't mind if you eat your salad with your dessert fork. It is an opportunity for students to prepare for formal dining occasions."

There will be a meal provided at this event by Chartwells. "Chartwells will provide the meal we'll have everything from turkey to mac and cheese, to pumpkin pie," said Houston.

Student support services is a federally granted program. The program (SSS) provides service to first generation, limited income, and/or students who have disabilities. They provide services such as academic assistance, financial literacy and career and academic professionalism seminars.

"The mission of the Northwestern SSS grant is simply to aid first generation, low income and students with disabilities to be successful in college, to graduate and consider graduate school."

"One's comfort and skill in successfully navigating through etiquette and business protocol is important to elevating their personal and professional image and to making a favorable impression on an employer" said Houston.

If you would like to know more about this event or learn how you can become a part of Student Support Services please contact your local representatives, Dr. Dennis Angle, Student Support Services Director, in Fine Arts 108, Northwestern Alva campus at (580) 327-8130 or at drangle@ nwosu.edu. Or Britney M. Houston, Project Advisor, Fine Arts 106, Northwestern Alva campus at (580) 327-8144 or at bmhouston@

<u>Inspirational Quote of the Week:</u>

"There's a saying the pessimist looks down and hits his head. The optimist looks up and loses his footing. The realist looks forward and adjusts his path accordingly."

> ~ King Ezekiel ~ (The Walking Dead)





















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