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Smile of the Week



Erin Norrie, Northwestern senior biology major said living in Alva and still being able to meet new friends from around the world makes her happy. "I like experiencing new cultures and learning from the international students."

Meet Erin on page 5

If you'd like to be the Smile of the Week, please send in a photo of you smiling and a short description of why you're smiling to **nwnews@nwosu.edu!**

Take a Look!



Movie night ~Page 3~

Students like these above, enjoyed various area food trucks by enrolling on Oct. 18./ Courtesy of University Relations

Reasons to enroll

By NICK VILLALOBOS Editor in Chief

Spring enrollment at Northwestern officially opened back in October, and despite the opportunity to indulge in various food trucks, a significant amount of students are still yet to enroll.

Dean of student affairs and enrollment, Calleb Mosburg said, for those students that are yet to enroll, the chances of having the classes that he or she would like are slim, depending on which class it is.

In addition, Mosburg also provided a few reasons to enroll prior to departing for the holiday break.

Reason No. 1-Course Selection:

In the last half of 2016, Dr.

Eric Schmaltz, professor of history at Northwestern Oklahoma State University and co-executive director

of the endowed NWOSU Institute

for Citizenship Studies, presented at a

number of conferences from coast to

former Soviet Union at international conferences held this past summer in

Concord, California, and Rapid City, South Dakota, Schmaltz presented

in mid-November at the Annual Convention of the Association for

Slavic, East European, and Eurasian

Studies (ASEEES) hosted in

Washington, D.C. His paper titled

"Letters to Pauline (Schlegel) Lehl:

Family Correspondences from Russia

to Oklahoma, 1913-1937" was invited

as part of a special academic panel

concerning early Soviet-era letter

exchanges from Russia and the Soviet

a large corpus of 180 handwritten

letters mailed between 1913 and 1937

from Russia's Saratov Province in the

Volga Region and elsewhere to rural

"Though now virtually forgotten,

Schmaltz has been investigating

Union to North America.

Ingersoll and Alva.

Following discussions related to national minority policies in the According to Mosburg, this may not be a major point of interest for upper level students, however, sometimes students who are juniors and seniors still have to take general education courses, and making sure to get those out of the way only helps ensure they graduate on time.

For the freshmen and sophomores, Mosburg added that enrolling early ensures them with the opportunity to secure much needed classes for them to stay on track with the course rotations with their selected majors.

Reason No. 2-Less Money Spent on Classes:

If a student is taking classes that they need to early on, and making it a point to enroll in 15 hours or

more a semester, it will actually end up costing less money for the student in the long run, Mosburg said.

"If you are not getting the classes you need to early then that will extent over to extra semesters which will force you to keep spending money on classes," Mosburg said.

Reason No. 3-Less Stress:

By enrolling early, Mosburg said students would not have to carry the stress of determining which classes they need to take heading into finals week or the holiday break.

"Your focus can turn to getting out of town and enjoy the break, instead of worrying about not getting into a particular class," Mosburg

Valdez joins Northwestern in November

The Visual Arts program at Northwestern Oklahoma State University has welcomed Anna Valdez as November Artist-in-Residence.

A culminating exhibition of the work she has created while here will be displayed on Friday, Dec. 2, from 6 to 8 p.m. at the Graceful Arts Center during the December First Friday Art Walk.

Valdez also will conduct a drawing/painting still life workshop for the community of Alva Saturday, Dec. 3, from 11 a.m. to 4 p.m. at the Graceful Arts Center. The holiday-themed workshop is open to the public, the cost is \$15 for the materials.

Valdez, originally from Oakland, California, studied Sociocultural Anthropology and video animation at the University of California in Davis. In 2013 she received a Master of Fine Arts in painting from Boston University.

Her work has been exhibited in museums

See VALDEZ, page 8

Schmaltz speaks in D.C.

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Volga German immigrant Pauline (Schlegel) Lehl (1893-1982) from Russia in 1913./Courtesy of University Relations

Ingersoll, which was Volga German immigrant Pauline (Schlegel) Lehl's initial place of residence, claimed a post office until 1942," he explained. "Original envelopes stamped and delivered from Russia show that her relatives' early letters arrived in Ingersoll, and later on in Alva after she was married to her husband, William."

This large body of correspondences from family and friends spanned the period preceding the First World War's outbreak to Soviet Communist dictator Joseph Stalin's Great Terror. The

preserved letters offer a glimpse into daily life during one of the most transformative and violent eras in modern world history. Sometimes through subversive writing techniques and coded language to avoid official censors, they related to the outside what was happening inside the old country.

Schmaltz noted that part of the family story is tied to the University of Kansas in Lawrence.

"Between 1988 and 1992, this

See SCHMALTZ, page 7



Ranger research day *Page 3*



Mayhall's junior recital *Page 6*



Men's basketball *Page 10*

News

Campus club hosts event for students

By HAYLEE BATES
News Editor

The Psychology Department at Northwestern Oklahoma State University will be hosting a movie night that is open for all students, faculty and staff to attend.

The movie showing will take place in the Education Center Rm. 109. There is no cost to get into the event.

The department will be showing the movie "Monsters University." The movie came out in 2013, and it is G-rated.

This will be the last movie night the psychology department will host this semester.

For more information about the psychology department activities, students can contact Dr. Cristina Gordon at (580) 327-8447, or students can email her at mmgordon@nwosu.edu



Northwestern staff members received health assessments at the J.R Holder Wellness Center health fair held before Thanksgiving Break. / Photo Provided

Wellness Center opens health fair on campus

By SAMANTHA MCGUIRE Staff Reporter

The Alva Wellness Center held a heath fair on Nov. 15 free to all staff and open to students for a fee.

The Enid campus held a health fair also on Nov. 16.

The Alva campus event was held in a room in the Wellness Center, and is one of the three challenges the Wellness Center has offered up for employees to get healthy this semester.

The other challenges the Wellness Center has had are the Fit and Fresh Challenge and the Ranger Run Challenge. Both of those challenges had many participants.

Health assessments,

lab testing, vital signs and immunizations are some of the many things the health clinic

Richard Burdick, director of the J.R. Holder Wellness Center, said the purpose of the health fair was to help faculty be aware of their health.

"We are trying to make faculty and staff aware of what their underlying causes or issues could be, so they can improve upon that," he said.

"The first sign of change is awareness," Burdick said.

This was the purpose of the health fair, for faculty to stay healthy and improve on their health if need be, and for them to be aware.

The health fair is something

Burdick said the Wellness Center committee plans to keep around for several years. By keeping it around longer he said hopefully more faculty will become interested.

The registration for the health fair filled up this year, but they also took walk-ins throughout the day.

Some students were interested in the health fair as well, Burdick said, and he hopes in the future they can open this opportunity up to students and community members.

For more information on future Wellness Center activities, students can contact Burdick at (580) 327-8109 or email him at rpburdick@nwosu. edu. Items and services the staff members received for free:

- Health assesments
- Lab testing
- Vital sign measurements
- Immunizations
- Healthy snacks
- Healthy refreshments





Alva

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News

Campus hosts research day

Students and faculty members from Northwestern recently submitted abstracts for Ranger Research Day.

With 32 projects from 61 participants, 22 poster projects, six artwork displays with accompanying posters and four conference-style papers, the 11th Annual Ranger Research Day event reached its highest record of entries.

Student poster entries were critiqued and eligible for awards. Winners with hometown, classification, research project name and sponsor include:

First place in the psychology category went to Janet A. Faakye, senior psychology major from Alva, for the project "Background Music during Studies: Does it Impact Concentration, Comprehension, and Retention?" Faakye's sponsor was Stephanie Widick, instructor of psychology.

Biology first place went to senior biology majors from Accra, Ghana, West Africa, Fiifi Neizer-Ashun and Christian Agbola for the project "Chemical Communication in Earthworms." Dr. Aaron Place, professor of biology, was their sponsor.

Second place for biology was the group of Abbie Tillman, senior biology major from Elk City; Willow Gahr, senior biology major from Carmen; and Riley Trousdale, senior biology major from Alva, for their project titled "Hot or Cold?" Place was their sponsor.

Third place for biology was Wisdom Baidoo Addae, senior biology major from Accra, Ghana, West Africa, for the project "Effects of Different Colors on Blood Pressure and Heart Rate." Addae's sponsor was Dr. Steven Thompson, professor of biology.

In the category for chemistry, first place went to the group of Dalton Pannell, senior biology major from Longdale; Brady Fields, senior chemistry major from Seiling; and Yeboah Gyening, chemistry senior from Accra, Ghana, West Africa, for their project titled "Introductory Bioorganic Study of Firefly Luciferase—An Enzyme to Drive Bioluminescence." Dr. Cornelia Mihai, professor of chemistry, was their sponsor.

Second place for chemistry was Austin Anderson, senior chemistry major from Beaver, with the project titled "Study of Iodine Gas Scrubber Efficiency and Iodine Distribution in Northwestern Oklahoma Brine Waters." Anderson's sponsor was Dr. Jason Wickham, associate professor of



First place for the nursing category went to senior nursing majors from Alva, Riley Bryant and Brooke Ortiz for their project titled "Central Line Infection."/Courtesy of University Relations

chemistry.

First place for the nursing category went to senior nursing majors from Alva Riley Bryant and Brooke Ortiz for their project titled "Central Line Infection." Dr. Leslie Collins, assistant professor of nursing and assistant chair to the Division of Nursing, was their sponsor.

Second place for nursing went to senior nursing majors Nissi Jordan from Grand Prairie, Texas; Jonathan Allotey and Cydni Phelps, both from Alva, for their project titled "Message Therapy for Pain in Older Adults." Collins was their sponsor.

Third place for nursing went to the group of Shanndi Boor, senior nursing major from Medicine Lodge, Kansas; post-graduates from Alva, Rebecca Ellis and Danielle Williams, for their project titled "Battle of the Biotics." Collins was their sponsor.

Students taking Northwestern's Visual Arts classes also submitted works of art to be judged. Kyle Larson, assistant professor of art, was their sponsor. Winners with hometown, classification, and art project name include:

First place in Art (Natural History Drawing) went to Rachel Davis, mass communication major from Kingston, for her work titled "American Crow."

Second place in Art went to Breanna McClure, sophomore biology major from Dacoma, for her work titled "Swanson's Hawk, Herring Gull."

Third place in Art went to Clayton Hill, junior psychology major from Alva, for his work titled "Raccoon & Skunk Skulls, Bald Eagle."

Student conference paper entries also were critiqued and eligible for awards. Winners with hometown, classification, research project name and sponsor include:

First place went to Chandler Steckbeck, senior English major from Enid, for her work titled "The Apparitional Presence: From Shakespeare's Richard III to Rowling's Harry Potter and the Order of the Phoenix." Dr. Jennifer Page, assistant professor of English, was her sponsor.

Second place went to Ashley Wilson, graduate student from Alva, for her work titled "McTeague Doesn't Go to College: McTeague and the Historical Perspective of the Dental Profession in the United States." Dr. Shawn Holliday, associate dean of graduate studies and professor

of English, was her sponsor.

Third place went to Sydnie Lowe, senior biology major from Neosho, Missiouri, for her work titled "The Role of Women in the Home." Dr. Kathryn Lane, chair of the English, Foreign Language, and Humanities Department and associate professor of English, was her sponsor.

All participants received a certificate of participation, and researchers were encouraged to enter their research projects in the upcoming Oklahoma Research Day that takes place during March 2017 at the Central National Bank Center in Enid.

For more information on Northwestern's Ranger Research Day, visit www.nwosu.edu/ranger-researchday or contact Holliday at (580) 327-8589.

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Editorial Section

Technology creates isolation

The continued use of technology has isolated individuals instead of connecting them

Technology has many positives effects and is convenient in many ways.

It connects people with friends and family who live far away, provides a retreat from the constant noise of the outside world and helps college students finish homework.

Unfortunately, it is also quite negative in many ways as well. For instance, it affects the thinking process of people and the emotions like we examined in the past two issues of the Northwestern News.

In this the conclusion of our three week look of the negative effects of technology, we will look at how the continued use of technology, whether it be listening to music or texting friends and family from far off lands, is actually isolating people instead connecting them.

As a person walks across our Northwestern campus they can't help but notice a fellow student



with their face buried in their cell phone or wearing headphones listening to music.

Why does that person do that? Is the text message or social media post so important that they need to not look at the beautiful world or acknowledge the people around them? Is the music so great that they need to block out the people around them and not engage in a conversation with them?

According to Sherry Turkle in her book, "Alone Together,"

she said, "technology promises to let us do anything from anywhere with anyone. But it also drains us as we try to do everything everywhere. We begin to feel overwhelmed and depleted by the lives technology makes possible. We may be free to work from anywhere, but we are also prone to being lonely everywhere."

She added, "In a surprising twist, relentless connection leads to a new solitude. We turn to new technology to fill the void, but as technology ramps up, our emotional lives ramp down."

That isolation couldn't be any clearer on the campus today. The people with their face buried in their phones or have headphones on are separating themselves from the accompaniment of others around them, and turning to technology to satisfy their needs.

They convince themselves that they don't need people to be truly happy, or that the people they currently stay in touch with via social media or text messaging, are the only friends that they need.

The people that wear headphones tune out the outside noise because they believe that's all it is -noise- where in reality the outside noise that they block out is the actual music of the world and the sounds they are hearing in their headphones is the real noise.

That type of false thinking by people that use technology obsessively is what ultimately causes the isolation among individuals.

Instead of connecting more people together, technology actually leads to people distancing themselves from the others around them.

In an attempt to fix the isolation caused from the use of technology, perhaps the person that spends an excessive amount of time on their phone or listening to music should try to go without, or limit, the usage of their phone or headphones for a day, or even a week and practice engaging in real conversations with the people around them, or listen to sounds around them.

Who knows, they might even find that a phone or headphones are not needed to be truly happy.

Johnson's journey through my eyes

Part I: Becoming a fan

By NICK VILLALOBOS Editor in Chief

In 2006, I became a fan of NASCAR, and more in particularly a fan of the driver of the Lowes 48 Chevy; Jimmie Johnson.

While flipping through channels on the TV one Sunday afternoon, I came across the ending of the Daytona 500, NASCAR's first race of its 10 month season.

I watched as the Lowes 48 car proceeded to celebrate in the track's infield after winning the prestigious event.

Later that year, in November, I was flipping through channels again and this time I came across the sports season finale race in Homestead-Miami, Florida at Homestead-Miami Speedway.



Photo provided

Jimmie Johnson

Again I watched as the Lowes 48 car celebrated, but instead of it being a race win the team was celebrating, it was a championship; the team's first NASCAR champi-

After seeing the success the

team had that year, I decided to research more about Jimmie Johnson, the team and the sport itself.

I learned all I could about the Lowes racing team, the biography about the driver, the crew chief, how long the two have been together, how the team started, etc.

I learned that Johnson grew up in El Cajon, California racing dirt bikes, then moved up to racing off-road trucks and finally landed in the NASCAR in 2002 racing full time in what was known as the Winston Cup series

I learned that he and his crew chief, Chad Knaus, had been together from his start in the sport in 2002.

I learned that after not see-

ing eye-to-eye with one another for a few seasons, both Johnson and Knaus bonded one afternoon by being forced by their team owner, Rick Hendrick, to share milk and cookies with each other, and that after doing so, the entire Lowes 48 team found success on and off the track by way of race wins and solid team chemistry.

I also learned that in 2006, that Daytona 500 win that I stumbled upon while flipping through channels one afternoon, was the team's first win in that event, and that they had to overcome a great deal of controversy to do so.

So in short, in 2006, I simply became a fan.

Part II of Johnson's Journey will be in our final issue of the Northwestern News next week.

Cindy Brook

Gifts for Bird Lovers

Give a little sunshine to the bird lover in your life. Consider these bird-themed items: coloring books, T-shirts, wall calendars, pocket planners, journals, sketch books, note cards, coffee mugs, jewelry, fun plastic plates, tote bags, field guides, binoculars and on and on. Be creative. Enjoy the holiday season!

E-mail: birdingbits@cfl.rr.com

King Crossword

Answers

Editors Note:

Next week will be our final issue of the Northwestern News for the semester. Thank you for all of your support throughout the year. We hope you have enjoyed reading!

> -Nick Villalobos Editor in Chief









by Jeff Pickering

Solution time: 25 mins. YOUR A L O E M E S A TOPSECRET STELLA E R N S T A M R A D I O F E B O T I S |W|E|P|T| A N T HACKS OR 0 P E R A T|O|P|B|A|N|A|N|A REV

Nov. 17 puzzle answers

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Inquiries concerning the application of these programs should be made to Calleb Mosburg, Director of Student Affairs, Northwestern Oklahoma State University, 709 Oklahoma Boulevard, Alva, OK 73717, (580) 327-8415.

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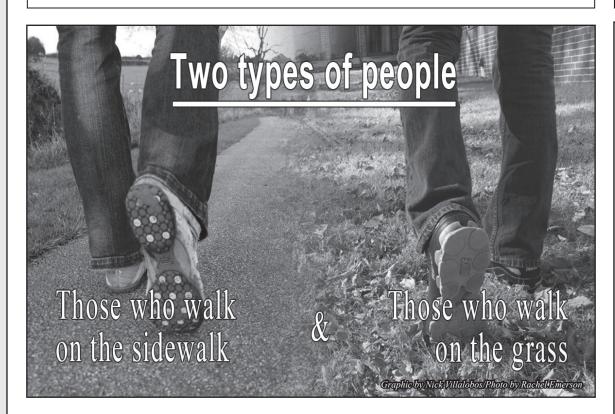
Letters must be turned in by noon on Tuesday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnews@nwosu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

All letters represent the views of

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"Welcome to our new 'Your Voice' section. This section is dovoted to the voice of you readers. We decided over the summer break that including your voices into our paper would give each of you the opportunity to share your stories. We welcome all reader's stories. All we ask from you is when you send us your stories, to nwnews@nwosu.edu, that you send a picture of yourself as well. Thank you and we at the Northwestern News hope you enjoy the new additions." -Northwestern News



Two paths, one story

By NICK VILLALOBOS
Staff Writer

There are two type of people in this world; those who walk on sidewalks and those who walk on the grass.

The two are both different and alike in many ways.

Beginning with how they are different, those who walk on the sidewalk usually follow the path that a man made for them in form of a concrete pathway. Those that walk on the grass, however, carve their own path and opt out of following the

Another difference is in their shoes. In the words of Forrest Gump, "You can tell a lot about a person by their shoes, where they going, where they been."

For those who walk on the sidewalk, their shoes usually show signs of little to no external blemishes. They are nice, neat and well kept on the outside.

The inside of the shoe tells a different story though. They show where the pressures are on the underpart of the foot.

For those who walk on the grass, their shoes show signs of external struggle, whether that be in the form of a ripped toe on the tip of the shoe or a little mud that has dried to the side of it. They show the challenges that he or she has faced while carving their own path.

Those who walk on the sidewalk enjoy the comforts of this world, while those who walk on the grass have to endure the challenges along the path they chose to carve out on their own.

In addition to the contrasts between the two people, there are also many similarities as well.

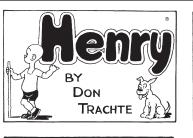
One similarity that the two types of people have is that they are both going somewhere, whether it be to class, work or home. Both people are destined to go somewhere. Another similarity is that the two are wearing shoes. Many places in this world are so underdeveloped that shoes are a scarcity. With both types of people wearing shoes, they show how blessed they truly are.

The last similarity between the two types of people is that they are in fact people and whether it be shown externally or internally on the shoe, they face the same challenges in life.

To conclude, there are two types of people in this world; those who walk on the sidewalk and those who walk on the grass.

One walks on the paved, pre-made pathway, and the other paves their own way with each step they take. They both wear shoes though and they both have their own blemishes, whether they be on the inside or the outside.

They also both have a destination in which they are going to even if the paths they walk down are not the exact same.





















5 guestions with

Erin Norrie

Where are you from?

"I am from Enid, Ok."

Why did you choose Northwestern?

"I chose Northwestern because I was able to live close to home and play softball."

What is your favorite thing to do in your spare time?

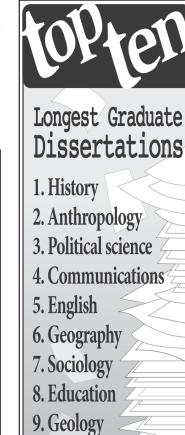
"I like to play the guitar in the BCM band and go on runs."

What has Northwestern taught you so far?

"Northwestern has taught me to be true to yourself. Don't let anyone change who you are, and pick a major or career that you truly enjoy."

What is one interesting hidden talent you have?

"I can juggle."



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10. Chemistry

Source: Priceonomics

Feature

Junior recital set for Sunday, December 4th

By MEGAN MAHARRY Student Reporter

Chance Mayhall will have his junior recital on Sunday, Dec. 4 at 2 P.M. in the Fine Arts Building in room 200 at Northwestern Oklahoma State University.

Linda Newell has been working with Mayhall since his freshman year at NWOSU. She gives him voice lessons, and has helped prepare him for this recital

Newell said Mayhall is singing a variety of chorale pieces, such as Handle, songs in German and French and Musical Theatre pieces.

Newell said she enjoys working with Mayhall. She said he is a wonderful performer, and an exciting performer to watch. She said he will have a great junior recital.

Mayhall will be accompanied by Susan Duell, an Adjunct Instructor of Music at NWOSU.

Chance Mayhall is a junior at NWOSU from Ponca City, Oklahoma. Mayhall was involved in many different music programs growing up, such as church choir and high school choir.

Mayhall originally studied pre-optometry at University of Science and Arts in Chickasaw, but decided that was not the career path he wanted to follow anymore. Mayhall chose to come NWOSU because he had many family members graduate from there, and it was familiar to him.

Mayhall is a vocal performance major. His future plans include attending a Master's program. He plans to study vocal pedagogy, which is the science and teaching of voice.

Mayhall said he is looking forward to his junior recital. He is singing songs he has learned in the past, and also songs he has learned this semester. Mayhall said his favorite piece he is Last One Picked from a musical theater show called Whoop-Dee-Doo. The song is about a kid who is always picked last for a sports team. Mayhall said it is a fun piece to perform.

Mayhall said music has always been a part of his life. He took many trips involving music and participated in other choir events such as All-State and Honor choirs. Mayhall said the more into music he got, the more he realized music was what he wanted to do for the rest of his life.

"It was something I always wanted to spend time doing," Mayhall said.

Disney inspires love for writing

By PATRICIA PIXLER Student Reporter

Rachel Reardon is a senior at NWOSU, majoring in English and minoring in History. Reardon, 21, comes from Woodward, Oklahoma, but has lived in Texas, New York, and California. She considers the Dallas-Fort Worth area her second home

Reardon has been an active member of the Delta Zeta sorority since her freshman year. In addition, she's been a member of the Writer's Roundtable, Sigma Tau Delta English Honor Society, and the Anime and Manga club.

The Delta Zeta sorority in particular has been memorable to Reardon. "I joined Delta Zeta because I felt as though I needed additional social interaction and practice as a decent communicator and public servant. I have made some great friends through my time in sorority, as well."

When asked what brought her to NWOSU, Reardon says, "My father's job often brings him to Alva, and so he suggested that I attend



Rachel Reardon/Photo provided

this school, having heard nothing but good things about its English program. Some of my friends had attended this school as well."

Reardon has enjoyed how diverse and personable Northwestern has been during her time here. "I appreciate how easy it is to network here; everyone knows who you are and genuinely wants you to succeed."

One of Reardon's greatest fears when leaving high school had been that she would never find the stability she was looking for. "I have moved several times throughout my life, and have had to adjust to different lifestyles and ways of thinking. While this had made me stronger, I would like to reach a point where I'm comfortable and independent. I would like to find a place where I'm happy and can truly make a life for myself."

After graduation, Reardon intends to get her M.A. in American Studies from Northwestern. She is also open to attending other programs after getting her M.A., including MFA programs in Creative Writing.

What Reardon truly loves to do is write. "My ultimate goal is to have my own work published. I would love to write novels of any and all genres and perhaps publish some poetry books as well. I believe that if I can get my foot in the door with a publishing house, it will only add to my experience and make my goal that much more attainable."

Though Reardon points out that she knows the publishing industry is difficult. "I have many hobbies and would comfortably fit into several different career fields. I am also not opposed to starting smaller jobs outside of my interest and working my way up, knowing that people rarely find their dream jobs straight out of college."

Another passion Reardon holds involves Disney. "I'm a bit of a child at heart. I love my Disney movies and I've always admired Walt Disney for his imagination and determination to make his dreams a reality."

Though she wants to be an author, Reardon would have no qualms about joining the Disney team as a screenwriter given her great appreciation for film. "I take a lot of influence from myths and fairytales when I'm writing, which is why things like Disney and mythology are so important to me. Anime is more of a hobby, but Japan has a wealth of talented writers. The writing in some of those shows is so creative, it blows my mind."

It is a quote by Walt Disney that Reardon offers to sum up her life's philosophy. "We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths."

This Day in History

Betty Hansen is all-American

This article originally ran on December 1, 1977 in the Northwestern news.

Betty Hansen, 1977 Ranger Queen, has been chosen as the outstanding homecoming queen for colleges and universities in Oklahoma and will represent the state in the Orange Bowl New Year's parade in Miami.

Fifty- one college queens—one from each state and the District of Columbia—will join in Orange Bowl activities spread over six days including a ride on the largest float ever to appear in the traditional parade, a special introduction during festivities preceding the kickoff of the Orange Bowl football game and honored seats on the 50yard line.

The queens were selected in the first All-American Homecoming Queen Contest, sponsored by Agree, a new cream rinse and hair conditioner by Johnson Wax. All colleges and universities were invited to enter their homecoming queen in the event.

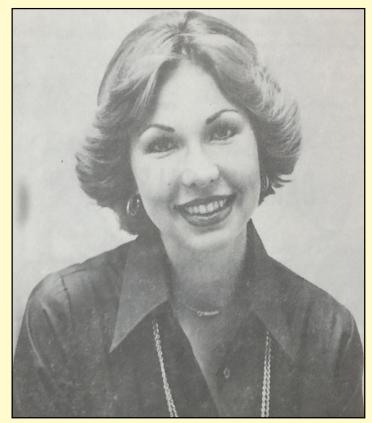
Judging was based on personal achievements and character, as well as appearance. The queen to represent each state was chosen by the Associated Collegiate Press, a non-profit organization based in Minneapolis and devoted to improving the standards of college journalism.

Miss Hansen, a sophomore elementary major, is from South Haven, Kan. She is in the Rangerettes, the Flag Corps, the New Beginnings Baptist Student Union music group, Delta Zeta and Red and Black Scroll. She serves on the Ranger Hall dorm council and the Ranger yearbook staff.

Miss Hansen said she expects to depart for Miami on Dec. 29 and return Jan. 3.

A \$500 scholarship in the name of each selected homecoming queen will be presented to the general scholarship funds of their respective schools.

The 51 coeds will participate in the "Great Bands Show" in the Bowl, sail in the first Orange Bowl Marine Parade on Biscayne Bay and attend the post-



Betty Hansen/Photo provided

game banquet at Indian Creek Country Club.

James S. Billings, president of the Orange Bowl Committee said that the theme of this year's parade is "Of the World's Treasures" and predicted that the Agree All-American Queens will "highlight that theme in a most appropriate manner."

"We think that their appearance in the parade will be simply spectacular," he said. "Certainly, the float they will be riding on will be spectacular as it will be 125 feet long and 22 feet wide—the largest float in the 41-year history of the Orange Bowl Parade."

l'eature

Dating: Part 3

The Freshman 15: Relationship Tips

By CAITLIN COODY Student Reporters

We are winding down the semester with the last helpful hints to college relationships. This week, there are some important tips to watch out for. My favorite is either 10 or 11.

7. Avoid U-Hauling (the phenomenon of a relationship moving way too quickly, to the point where you have practically moved in together after a few weeks)

Several students agreed when I asked them if college couples move too quickly in their relationships. "Yes!" Was the common response and all for good reason.

In general, college relationships tend to be accelerated forms of adult relationships especially when you're in the dorm rooms because your social lives begin to meld into your home lives. Early on, it's likely you will run into each other getting groceries, taking out trash, completing chores, etc. If your significant other's parents are in town, it is also likely you will meet them regardless of how long you have been dating.

While many of these things are inevitable, it is important to maintain some semblance of mystery in the relationship. Don't spend every waking moment together.

8. "Don't neglect your friends." – Lindsay,

"You only have so much free time," said Lindsay, "so it can be difficult to distribute it equally between your friends and your boyfriend or girlfriend." However, you have to keep your friends in mind — even when your significant other is a temporary fixture (which, chances are, he/she is), your friends are a more permanent part of your life and, if you ignore them completely in favor of "love," they might not be as willing to take care of you if and when your relationship ends.

9. Don't go in with the intention of "fixing"

No one is perfect, but if you go into a relationship knowing exactly what you want to change about the person, then maybe you shouldn't go into that relationship in the first place. You cannot control other people, and you should

This was always my problem. I'm a fixer by heart and I was always looking for a new "project." But, as I got older, I started appreciating people's unique qualities and didn't pursue them if I knew I wanted to change something.

Also, just a side note, what usually happens when you're done with a project? You move onto

10. Make time for yourself

This one I've learned recently and I've been in a relationship for three years... yikes!

Ultimately, you should be your biggest priority. While it is good to spend time with your significant other, you shouldn't spend all of your time with him or her. It is important to spend some time alone, focusing only on yourself. You have plenty of time to worry about others.

"If you don't take some time out, you begin to feel like something is missing," said Lauren, junior, "in my last relationship, I started to feel depressed and had no energy. It wasn't until my friend told me that all I did was what my ex wanted, when I realized she was right." If your significant other doesn't respect you taking time out for yourself then maybe you need to reevaluate the relationship.

11. Mind games are only for players (cruel players)

EVERYBODY LISTEN UP, if someone is playing the jealousy game with you, it is time to end it. Sure, other people may be attracted to you or your significant other, but, as flattering as it may be, it shouldn't matter. And you shouldn't bring it up in the relationship every chance you get. "There is never a reason to try and make someone jealous," said Tyler, Senior, "if you feel the need to play games, then maybe your relationship isn't working out." Mind games are one of the biggest reasons people have trust issues today. You're in a relationship for a reason and if you aren't fully committed, then get out.

Next week's issue will have the remaining hints AND a bonus readers' favorite hint at the end.

Part IV will be in December 8, 2016 issue of the Northwestern News.

BY AL SCADUTO J'EVER NOTICE? THE PENS IN BANKS ARE CHAINED and GUARDED ... BUT-I PICKED THESE MUGHROOMS MYSELF NONE IN THE WOODS .. I'M SURE OF THEM THEY'RE SAFE TO WORK! EAT-ER-WELL, I 11-23 Thank to I.LESSER, FT. LAUDERDALE, FL. NEIGHBOR-HERE. HOOD PESTS WE CAN DO BALTO-WITHOUT 8 THE LOUD -MOUTHED OWNERS Thanx to J. PALAZZO GAN FRANCISCO.

Passion that reels in an audience

By COOPER STANLEY Student Reporter

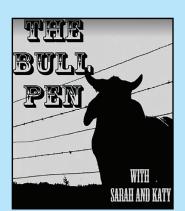
One student combined her love for rodeo and her passion for mass communication to create an audio and visual work of art.

Sarah Otto, a senior mass communication major is the mastermind and creative talent behind NWTV7's weekly segment "The Bullpen". The Bullpen is a weekly feature news package done over a member or multiple members of Northwesterns Rodeo team.

The Bullpen takes a deeper look into these athletes to show viewers not only what these rodeo team members go through in the rodeo area but shows who they are as people, their dreams, faith, and goals.

Otto says her love for rodeo runs deep because she was raised on a buffalo ranch, and her family is strongly rooted in the rodeo community.

Otto said she got the idea for The Bullpen because as a child journalists would come to her family's buffalo ranch and interview her parents, she remembers as a child wanting to one



Graphic by Sarah Otto & Katy Hart

day be the person who got to interview people, not be the interviewee.

Otto's favorite segment of The Bullpen to date is one that covered rodeo team member Rhino. "He inspires me, it was nice to see him finally get the recognition he deserved" said Otto. The Bullpen has become so popular among members of the rodeo team that these sometimes-shy athletes are itching to be the next in line featured on the weekly

As long as Otto is a member of the mass communication program, and there's a rodeo team at Northwestern, people can count on a new Bullpen segment every week.

You can view The Bull Pen on Facebook

Schmaltz

From pg. 1

branch of the Lehl family in Kansas was able to enlist the professional services of Dr. Eugenia Felton, a noted Russian linguist of Estonian background who had worked for many years at the university and who is now passed away,"

"In 1994, the family reproduced her handwritten translations on typewriter for a selfpublication. Around this time, after the Cold War, the family had the good fortune through a Russian pen pal to reconnect with surviving relatives in the former Soviet Union. After both sides of the family reunited, most of the original letters were returned as a gift to family in Russia."

In October 2013, immigrant Pauline (Schlegel) Lehl's granddaughter, retired educator Ella Marie (Lehl) Frederick of Wichita, Kansas, generously donated to Schmaltz one of only two original typed sets of the entire letter collection for the expressed purpose of historical preservation.

He has now completed a digital scan of all original typed and translated manuscripts, as well as the handful of remaining original documents such as envelopes and letters, for further editing as part of an anticipated published book compilation and related

"This collection represents one of my larger, long-term projects," Schmaltz said. "It is an enormous honor and privilege to be involved with sharing to the public this incredible family treasure that still bears witness to major historical events nearly one century ago and that embodies the enduring power of the human spirit across space and time."

During spring term and beyond, Schmaltz plans to present other talks on the Lehl letter collection, including at the Cherokee Strip Regional Heritage Center in Enid and the 2017 Annual Meeting of the Oklahoma Historical Society (OHS) held at the Cherokee Nation's Hard Rock Hotel and Casino in Catoosa. He also hopes eventually to publish his findings as an article in the Society's quarterly journal, "The Chronicles of Oklahoma."

For more information on Schmaltz's upcoming talks contact him at (580) 327-8526

Entertainment

Calendar of Events

December 1

Alva Campus Blood Drive 9 a.m. - 4 p.m. Ranger Room and Wyatt Room

December 1

Writer's Roundtable Showcase

7 p.m. - 8 p.m. Vinson Hall - Alabaster Room

December 3

NWOSU Art Society Goodie Givaway

Set up - noon First game - 1 p.m. Percefull Fieldhouse during NWOSU basketball games

December 4

Monsters University Special Movie Showing 4 p.m. - 6 p.m. EC - 109

December 4

Chance Mayhall Junior Recital

2 p.m. - 3 p.m. Fine Arts - 200

December 7

Ranger Perk

Fellowship of Christian Atheletes Meeting 8:30 p.m. - 10 p.m.



Northwestern welcomed Anna Valdez in Novemeber as it's artist-in-residence for the month. / Courtesy of University Relations

Valdez

From page 1

galleries across the United States. Valdez's work has been featured in New American Paintings, Fresh Paint Magazine, and she has been featured on numerous art blogs.

Valdez is a visual artist and showcases many of her paintings in still-life pieces. These arrangements have been composed of various household items such as her clothes, quilts, scarves, blankets, houseplants, drawings, paintings, books, records and vessels.

While at Northwestern Valdez has used the resources of the Natural History Museum in Jesse Dunn for inspiration. She says as a still-life painter she appreciates being able to check out objects for her work.

Valdez began her residency at Northwestern on Nov. 7 and has been working in the Jesse Dunn Art Annex, room 323. She has been assisting Kyle Larson, assistant professor of art, in the teaching of Visual Arts courses and providing feedback to the visual arts students.

"Anna builds an environment full of color and contrasting patterns wherever she goes, and her paintings are conceived and grow out of this environment," Larson said. "The organic process in which Anna works is backed by a deep knowledge of art history and the history of painting, in addition to an incredible work ethic. The students and I are fortunate to have Anna at Northwestern for the month of November, and I am certain Anna will have a positive impact on the students and

community."

Valdez has enjoyed her transition from city life to small town Oklahoma. She says it has given her a chance to focus on her work and de-stress from the busy California lifestyle. Valdez's paintings are inspired by interacting and perceiving the environment and translating it. Her interaction with students also influences her work.

"I think you learn a lot through teaching, and I've really enjoyed it," she said. "I've been inspired about my teaching; it's been like a renewed inspiration about teaching and engagement with students. I've really enjoyed their excitement about painting."

For more information on the Artist-in-Residence program or the visual arts program, please contact Larson at (580) 327-8108 or krlarson@nwosu.edu.

51 Birthright bar- 5

Not working

53 Genetic stuff

(Abbr.)

Valdez offers Christmas tree art workshop to community

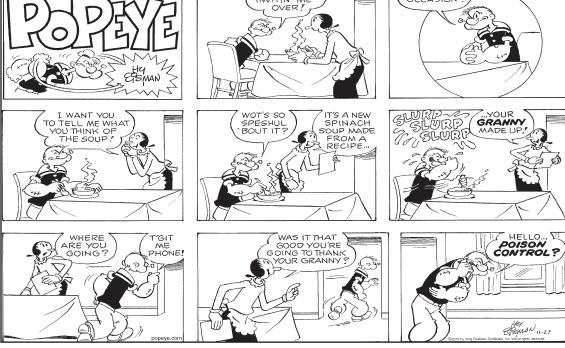
Northwestern Oklahoma State University Artist-in-Residence Anna Valdez is offering a Christmas-themed art workshop Saturday, Dec. 3, from 11 a.m. to 4 p.m. at the Graceful Arts Center in downtown Alva.

The event is open to the public, and the cost is \$15 for materials. The workshop will focus on the basics of observational drawing and painting.

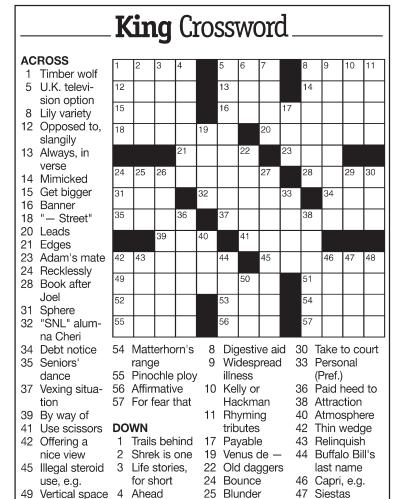
Valdez said that participants will take inspiration from examples from art history and contemporary paintings of holiday scenes. Those attending will then create an original still life painting by observing a Christmas tree installation.

Valdez explained that this will be an introductory workshop that will apply basic concepts with simple materials such as paint, paper, pencils and charcoal that will help translate directly onto the canvas.

For more information about the workshop or Northwestern's visual arts program contact Kyle Larson, assistant professor of art, at (580) 327-8108 or krlarson@nwosu.edu.







26 Especially

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29 Partner of

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27 Baby-sitters,

Huge monster

Spelling con-

7 Rugged cliff

test

48 Sudden rush

of wind

50 Individual

Sports

Rangers welcome XC coach

By KATIE LACKEY

Sports Editor

She was the first female athlete on a scholarship to graduate from Oklahoma State University.

She continued as a graduate assistant and has spent the last 30 years coaching in track and field as well as cross country. Jill Lancaster is an Alva native.

She attended Alva high school, but graduated from Carmen-Dacoma High School. Lancaster graduated from the University of Oklahoma in 1981 with her first bachelor's degree. In 1983, she acquired her second bachelor's degree.

Lancaster decided to come back home to Alva to help with the family farm.

"Northwestern offers the opportunity to get back into coaching, while continuing my obligations to my family," Lancaster said.

Lancaster's coaching career



Lancaster comes home to Alva to help family and coach the Ranger's cross country team. Photo Provided

may have began at the University of Oklahoma, but it also took her to the University of Kansas.

In the midst of coaching, Lancaster continued her competitive career, which lead her all the way to the Olympic trials in 1988.

It wasn't until she went to the University of Toledo that she got her first head-coaching job. Lancaster returned to Kansas to coach for Kansas State University. After leaving Kansas State University, she went on to be co-head coach at the University of Oklahoma. Her last coaching job before returning to Alva was at Troy University.

The numerous coaching

positions all produced multiple conference champions and All-Americans as well as Academic All-Americans.

Lancaster brings 30 plus years of coaching experience to Northwestern as well as 20 plus years as an athlete herself. She is also certified as a USTFCA Level 1 coach, USTFCA Level II cross country coach and a Level II jumps coach.

"My goals are to bring depth to the program both academically and athletically," Lancaster said. "The enthusiasm of the returning athletes joined with the right recruits will allow this team to move forward."

Lancaster said: "My expectations are to provide the support, training and confidence to lead to success. With my passion and dedication to the student athletes, the community and university, I feel very confident the Ranger Cross Country team will rise to the occasion. I am very proud and honored to be part of the great Ranger family."

Football star ends season

By MICHEAL JORDAN Student Reporter

Northwestern Oklahoma State University's football season rounds to an end and one player has stood out in almost every game.

This player is Reid Miller. He is a senior and a health and sports science major. He is from Pampa, Texas, and hopes to become a personal trainer or coach after graduation.

For the Rangers Miller played quarterback most of the time throughout his years here.

After graduation Miller is unsure if he will be continuing to play football though. "I'm playing a couple bowl games to see what the future holds," he said. "But, say it is I will be more than content knowing that I played and left it all on the field and have gained the knowledge to help me be successful in my next career."

Some things Miller said he has learned during his time at Northwestern include how to work, how to get through tough situations, how to find the positives and how to work through the tough times.

Adversity has been a something in Miller's life he has had to deal with. "The adversity I faced when I was younger in my career probably was negative," he said, "but towards the end of my career turned into a positive

and made me the player I was towards the end of my career.

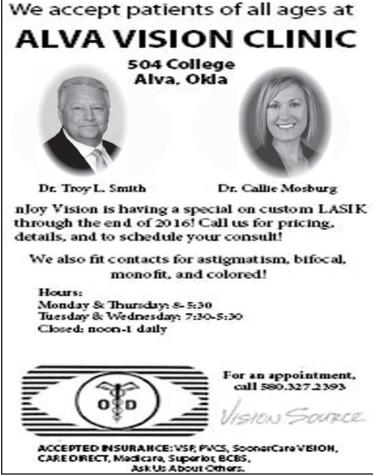
Miller has many memorable moments on the field. "My whole career has been memorable," he said. "I'd say probably first game of my senior year breaking the school passing touchdown record in single game with 7 in route to the last second win."

It's safe to say Miller's time at Northwestern has taught him in more ways than one, and really prepared him for the future.



Reid Miller. |Photo Provided





Athletic Events

December 1

Womens Basketball

5:30 p.m. Rangers vs. Southern Arkansas University

Mens Basketball

7:30 p.m. Rangers vs. Southern Arkansas University

December 3

Womens Basketball

1 p.m. Rangers vs University of Arkansas

Mens Basketball

3 p.m. Rangers vs University of Arkansas

Sports

Women basketball win at home

By RYAN SHUMAKER Student Reporter

Northwestern Oklahoma State steamrolled the Aggies of Panhandle State in their home opener by a final score of 83-54.

Head coach Tasha Diesselhorst earned her first collegiate win in style as the Rangers opened up a 20-7 lead in the first quarter of action and never looked back. The Rangers were paced by junior Kalea King, who produced her second straight 20 point effort with 23 points in essentially just three quarters of action. King was 10-15 from the field and also had five steals on the defensive side of the ball.

The Rangers stifling press defense continually caused major distress for Panhandle State, forcing 33 Aggie turnovers which led to multiple fast-break buckets. The Rangers had 11 team steals and held the Aggies to just 36 percent shooting from the field.

The scoring got underway with a three-point shot from King, who scored 18 in the first half alone. Panhandle answered with five straight points to gain their only lead of the game, before the onslaught of points got underway from the Ranger's offensive attack. The first major run in the quarter started with a deep three from guard Taylor Cell, followed up by a steal-and-score from King, and then another quick bucket off an Aggie miss from Princeton, Texas native Jonae Issac. That run gave the Rangers a 12-5 lead not even half way through the first quarter.

The rapid scoring continued



Forell defending the ball during the Rangers vs Aggies game./Photo Provided

with back-to-back three-point shots from cell and guard Renee Contreras, followed up with another nice jump shot from King to bring the score to 20-7. The Rangers stalled on offense at the end of the quarter, but their full court pressure continued to harass the Aggies into multiple turnovers. In the first half alone, Northwestern shot 53 percent from the field as well as hitting four of seven three-point shots.

The Rangers kept the pedal to the medal in the second quarter and actually shot better at 57 percent from the field on 8-14 shooting. The fantastic shooting started early with a corner three from Isaac and continued with a shot from Bailey Forell that rattled high off the rim and still managed to find the bottom of the net. That wild shot gave the Rangers a 35-7 lead.

The Aggies were finally able to get back on the scoreboard when a rare Ranger defensive breakdown allowed an easy lay-up. Following the lay-up, two Ranger turnovers were still not enough to detour the Rangers from increasing their lead, as two more solid defensive stands led to a King jumper to bring the Ranger lead to 37-10. The Rangers finished off the half leading 42-17, causing a total of 19 Aggie turnovers while holding the opposing team to just 25 percent shooting from the field.

Member

Northwestern opened up the third quarter with a 12-3 run, and continued to grow their lead, outscoring the Aggies 22-20 in the quarter. The Aggies did however have their best shooting quarter of the night, converting 58 percent of shots from the field. But the Rangers defense held tough enough for King and company to keep Panhandle at a comfortable distance.

The Aggies narrowed the lead to just 14 points at the 60-36 mark, but a quick jump shot from junior Jaylan Robinson and a nice defensive stand led to a beautiful drive and score from Contreras with just two seconds left in the quarter to set the Ranger lead at 64-37 going

into the final quarter.

The Rangers got multiple players some playing time in the final quarter of action, but continued to pile it on the Aggies. Senior Relina Johnson and sophomore Jakeria Otey both hit three pointers in their return to game action, after both battling injuries throughout the beginning of the season, generating a huge ovation from the Rangers bench. Northwestern finished off the Aggies with an 83-54 final.

The Rangers will look to continue to defend their home court on Thursday as they welcome Southern Arkansas to Percefull Fieldhouse in the conference home opener with tip-off set for 5:30 p.m.



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Mens basketball took down Emporia in home opener./Photo Provided

Mens basketball victory

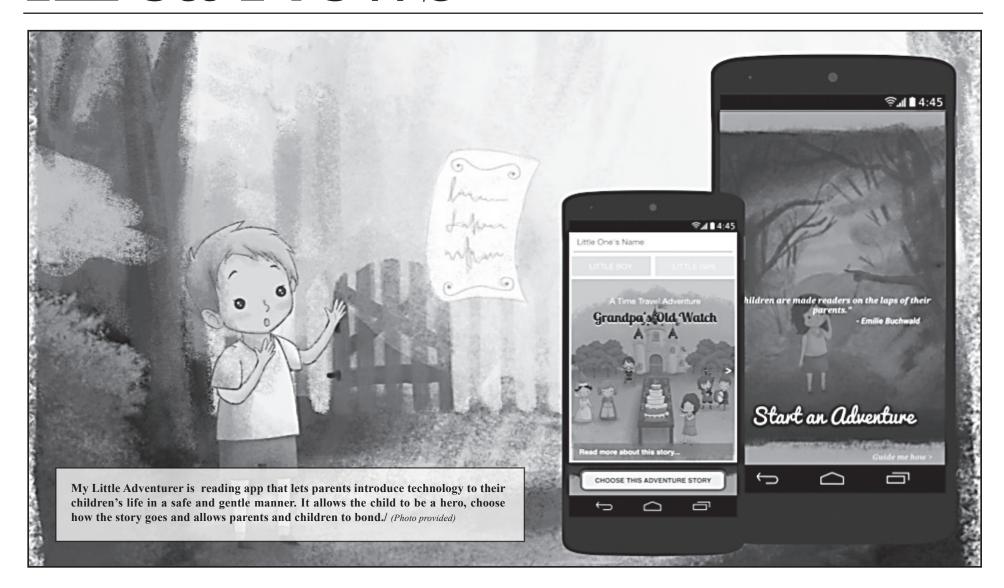
By RANGERS ATHLETIC DEPARTMENT

Northwestern Oklahoma State Men's Basketball rode a fine defensive performance to victory Nov. 22, as they took down the Emporia State Hornets 83-79. Hosting the 2016-17 home-opener at a newly renovated Percefull Fieldhouse, the Rangers shot an impressive 57.1 percent from the field in what appeared to be their most complete ballgame of the young season.

Northwestern used a strong opening few minutes to jump out to a 15-7 advantage, a lead they would successfully maintain all night. The Rangers displayed an outstanding degree of hustle, pressuring the Hornet offense to make uncharacteristic mistakes early.

Sticking to the game plan, the Rangers remained composed and disciplined when Emporia State was forced to foul in the last seconds of the game.

rea News



New app used to introduce tech

My Little Adventurer is an interactive reading app. It lets the reader choose an adventure story, be the hero and choose how it goes and end.

Who are the people behind My Little Adventurer?

Angela Poulain, Founder

Angela is a stay-at-home mom (to an overly cute almost 2-year-old little boy), a dreamer, a learning app developer, a budding children's book writer and the creator of My Little Adventurer App.

She normally splits her time between taking care of their home, business, going to various learning mentoring programs, and occasional mom meetups.

Kevin Jourdan, Co-Founder

Kevin is a digital nomad. He launched his last three online businesses while on the road. He normally splits his time between geeking, running, and planning his next trips around the world.

What are we here for?

Our mission is to provide parents a medium to spend time, springboard creativity and introduce technology gently to their child.

We hope to make mobile devices a source of interactivity, creativity and a tool to develop skills and spend

meaningful bonding time rather than passive amusement.

What do people say about us?

- 5.0 stars in Google Play
- Downloaded 100+ in Play Store and 70+ in App Store.

FAQs

Is My Little Adventurer a paid App?

No. It's totally free.

What kid's age is My Little Adventurer App for?

Ideally it for kids from 2 - 12 years old

How many stories are available in the app?

There are two stories available. Grandpa's Old Watch (Time Travel Adventure) and The Fence Over The Hill (Forest Adventure).

In what Language/s are the stories?

Currently, it's only available in English.

What are the current features of the app?

- Personalize the hero.
- Images adapt to your child's gender.
- Easily swipe and choose an adventure story.
- Have a glimpse summary of what the story is about.

Choose how the story goes. What are the future plans for My Little Adventurer App?

- Add more feature:
- O Sharing feature immediately share completed stories that they've made with family and friends
- Story bookmark, rating & enhanced search feature - rate and mark favorite stories. And in case, parents or their child run short of time, they can bookmark where they last stopped and continue reading in another time or place. We will also add in categories and provide easy way to search stories.
- o Language option read the stories in their preferred language. In my family, we speak three different languages (my husband speaks French, I speak Tagalog and commonly at home, we speak English) and I think it's important for kids to grow up with familiarity of their parents' language even if they don't reside in their parents' birthplace.
 - More stories to the app
- Print stories created from the app
- Be a platform where moms and dads can easily upload and selfpublish their own written children's story.

Stats

Apps are an important and growing medium for providing educational content to children, both in terms of their availability and popularity.

>80%

Over 80 percent of the top selling paid apps in the Education category of the iTunes Store target children.

In 2009, almost half (47 percent) of the top selling apps targeted preschool or elementary aged children. That number has increased to almost three quarters (72 percent).

The percentage of apps for children has risen in every age category, accompanied by a decrease in apps for adults.

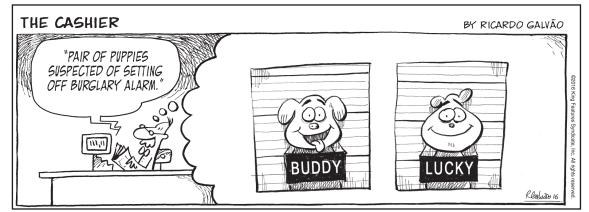
Apps for toddlers/preschoolers are the most 58% percent), and experienced the greatest growth (23 percent).

47%

General early learning is the most popular subject (47 percent), and there are significantly more general early learning apps than the second most popular subject (math, 13 percent).

Graphic by Rachel Emerson





The Buzz



Art show categories announced

The Northwestern Oklahoma State University Art Society (NAS) is making big changes for the 14th annual art show set for Sunday, March 5, through Friday, March 31, 2017, in the J.W. Martin Library.

"Every year our members discuss how we can make our art show better for everyone entering, so this year we've decided to make a few changes that people may want to know about before the holiday break to give time to get entries prepared for the spring show," Angelia Case, NAS sponsor, said.

All Northwestern students, employees, retired employees and alumni from all campus locations are encouraged to enter.

Nothing has changed in the fact that students can win money and ribbons for pieces that place first, second or third in a category and Best of Show for the overall best piece, and non-students will still win ribbons; however, the categories are changing a little.

"These changes are creating additional categories so more of our students will have an opportunity to win," Case said. "We're always looking for ways to involve more of our students and Ranger family."

Everything entered this year

is considered as visual art, so there will no longer be three divisions. Two items may be entered in each category.

Students will be able to win \$75 for Best of Show, and prizes for first, second and third will be \$15, \$5 and \$2, respectively, for each category. Everyone will be eligible for the \$50 People's Choice award after votes are counted from those attending the show

Case said the People's Choice winner will be announced prior to the end of the on-campus show, but the Best of Show winners, in a new twist, won't be revealed until the Winner's Show in downtown Alva during the First Friday Art Walk April 7, 2017, from 6 to 8 p.m. at the Runnymede Hotel.

The deadline to enter artwork into this year's campus show is Wednesday, Feb. 22, 2017, with the work to be delivered to the J.W. Martin Library on Wednesday, March 1, 2017.

Entry forms and category descriptions are being updated and will be available soon in print, as well as online at www.nwosu.edu/art.

For more information about the art show, please contact Case at (580) 327-8577 or arcase@nwosu.edu.

2017 Art Show Categories

- Artisan Crafts (jewelry, pottery, etc.)
- Cartoon/Comics
- Digital Art
- Fiber Arts (crochet, knitting, needlework, quilts, etc.)
- Mixed Media/Collage
- Paintings Landscapes/Nature
- Paintings Elements of Design
- Paintings The Figure/
 Portraiture
- Paintings Architecture
- Paintings Other subject areas
- Watercolor
- Works on Paper Landscapes/Nature

- Works on Paper Elements of Design
- Works on Paper The Figure/
 Portraiture
- Works on Paper Architecture
- Photography sub-categories:
 - Animals/Creature
 - o Black and White
 - Landscapes
 - Cityscapes
 - Light
 - Elements of Design
 - o Macro
 - Life at Northwestern
 - People
 - Nature