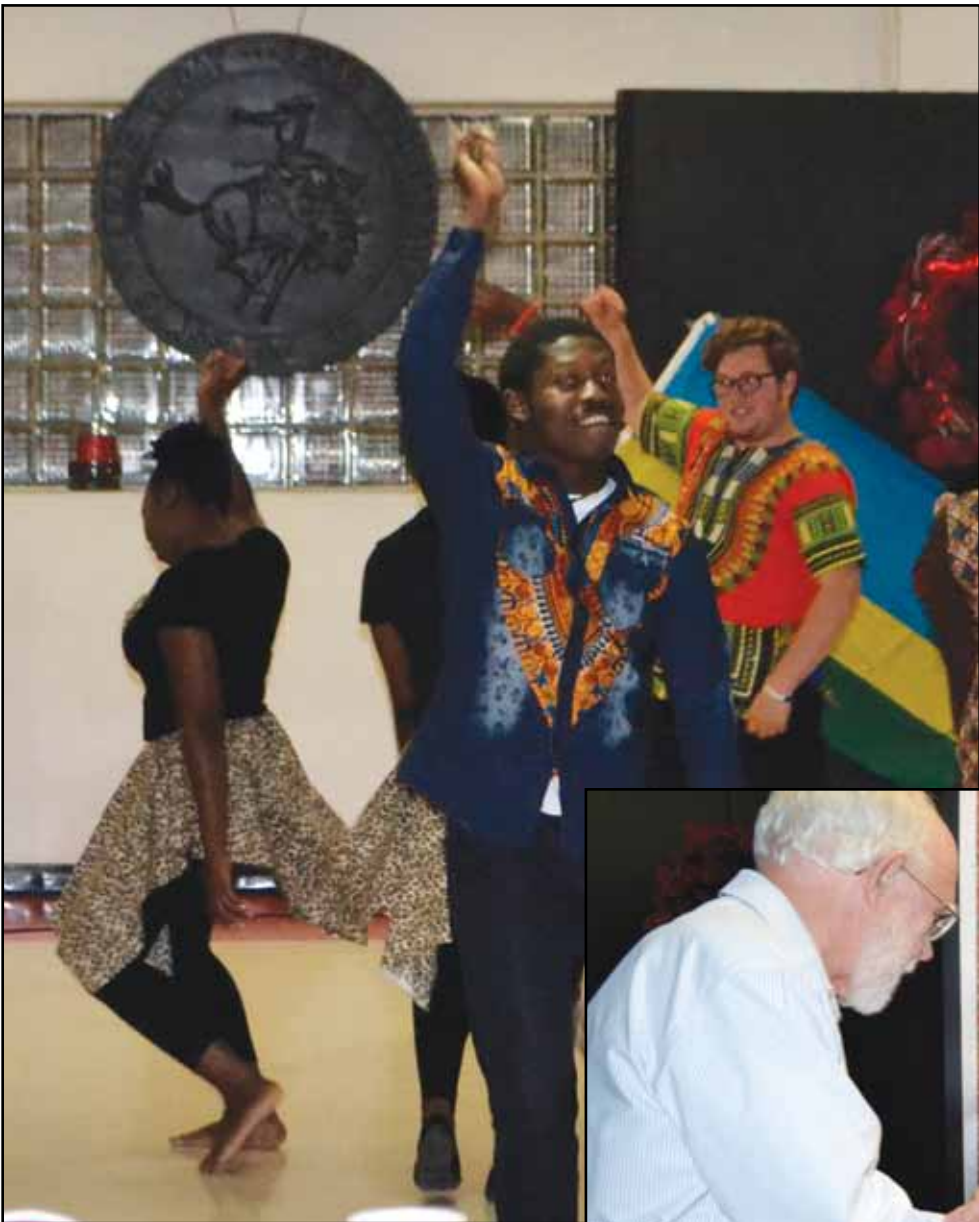


Students offer cultural festivities



International students got a chance to share information, food and entertainment from their cultures with their campus and community at the Festival of Cultures.



International students at Northwestern provided entertainment from their cultures at the event



Students served foods from their cultures as part of an event put together by the International Student Association.

Photos by Osamu Sakamoto

Many people showed up to support Northwestern’s international students at the Festival of Cultures last Friday evening.

Northwestern is home to 95 listed international students from 19 different countries. In addition, there are at least two students in the International Student Association who are U.S. Citizens but are from a different country. There were 53 international students involved in the Festival of Cultures program.

Rebecca Cook, International Student Advisor, said that the turnout for the event was way more than they expected. She said they sold 97 tickets prior to the event and planned seating for 120. They ended up having to set up

extra tables and chairs, when 145 people showed up to the event.

“We were pleasantly surprised with the number of people who came to celebrate some of the many cultures at Northwestern,” said Cook.

The event is meant to bring Northwestern International students together with thier campus and community members. They share foods and information about their cultures and the countries they are from.

The event was sponsored by the International Student Association.

For more information about the International Student Association, contact Rebecca Cook at (580) 327-8435 or rlcook@nwosu.edu.

NORTHWESTERN NEWS

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News office: Jesse Dunn Annex 232
Telephone: 327-8479; Fax: 327-8127
E-mail: nwnews@nwsu.edu
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Letters must be turned in by noon on Tuesday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnews@nwsu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

All letters represent the views of the author.

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MISSION STATEMENT

Northwestern Oklahoma State University provides quality educational and cultural opportunities to learners with diverse needs by cultivating ethical leadership, critical thinking, and fiscal responsibility.

Opinion

Last week, we decided to take a look into the effects of meth as part of a new three week series titled 'Effects of (Insert Drug Here.)'

We looked at short term effects such as disturbed sleep patterns and loss of appetite and long term effects like damaged blood vessels and severe tooth decay. We also got one of the members of our staff to share a personal account of how meth affected their family.

For week two of the series, we decided to look at the effects of alcohol as an attempt to bring more awareness to our readers. We will look at recent stats from 2014, short and long term effects and then finally, a personal account of what alcohol did to the family of one of the members of our news staff as well as seeking other alternatives to drinking or being around people who drink.

First, beginning with recent stats of Oklahoma alcohol related incidents, in figure 1, you will see that of the total 2071 alcohol-related cases below, 46 were fatal, 141 were incapacitating, 335 were non-incapacitating, 405 were possible and 1141 were not severe.

Woods County in 2014 did not report a single alcohol-related case, whereas Woodward County reported 11 cases and Garfield County, more in particular, Enid, reported an astounding 47 total cases.

Following the recent stats in Oklahoma alcohol related incidents; we next looked at the short and long term effects of what alcohol has on a person.

According to drugfreeworld.com, a few short term effects to someone that has engaged in a night (or day) or drinking include having a slurred speech, vomiting, having headaches, unconsciousness and oftentimes, blackouts.

They have also experienced things such as impaired judgment, distorted vision and hearing, breathing difficulties and Anemia or loss of red blood cells.

On the long term effects, these people will or have already experienced alcohol poisoning, liver disease, high blood pressure,



In the first week, they story of how meth affected their family when they were growing up. They also sat down with us again this week after we announced the selected topic to share with us another personal story from their childhood years pertaining to how alcohol affected a marriage in their family.

"I consider these the dark days," they said. "They were definitely the hardest days I have ever faced throughout my life so far because of how the whole situation broke apart my family."

The situation that they are talking about is when their mother and ex-step father divorced because their ex-step father's severe addiction to alcohol.

"I was about nine or 10 years old when my mom remarried to that guy," they said. "Neither she or I knew what to expect from him because he had just come out of prison and was still just a rough dude personality

household, everything-the family, the house itself, the whole peacefulness of the house-went down the drain," they said. "Instead of having the peace and quiet that was present in our home before he arrived, there was nothing but depression, gloom, fits of rage from him and tons of beer cans."

"He drank so much that at a few points during his drunken rage I was starting to fear for mine and my mother's life," they said. "It wasn't physical harm that he was doing but emotional harm to each of us. It was bad."

They also said during the marriage, the chaos of having an alcoholic in the family broke the relationship between family members.

Then after about a year or year and a half of suffering through the emotional distress and alcoholism from the step father, their mother and he finally got a divorce and in the end result, they and their mother could start to rebuild their relationships with the family and with each other.

"Those were the darkest days I've personally ever faced because still to this day, the effects of it can be seen throughout my family, with a few of us still not talking to each other on the weekly basis like we once were," they said.

If anyone is experiencing an addiction to alcohol or is just tired of being around people who drink, we encourage them to seek out proper advice from Kaylyn Hansen, Northwestern's director of student life and counseling.

Also we as a staff suggest that you seek alternatives to drinking or being around people who drink. Maybe instead of picking up another beer or shot, try picking up a video game controller or TV remote and play your favorite game or watch your favorite movie.

Or if you're in the situation where everyone is drinking around you, then go out for a walk and find an all-important quiet place to sit and meditate in your thoughts.

Figure 1



Information from www.ok.gov

Graphics by Charles Boldes

strokes, nerve damage, permanent brain damage or cancer in the mouth or throat.

They might have also experienced ulcers, Gastritis or inflammation of the stomach walls, malnutrition or increased marriage problems and damaged relationships.

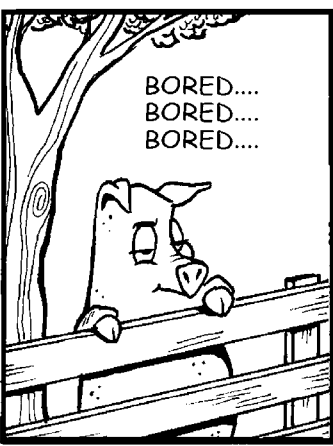
Next we shift to the personal account with a member of our news staff.

wise. To be honest, I still don't understand why my mom chose that guy, but you know like they say in 'Perks of being a Wallflower,' we accept the love we think we deserve."

They then began to get emotional when they started talking about when their ex-step dad started showing his true side to the family.

"Whenever he brought alcohol into the

Amber Waves



by Dave T. Phipps

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Opinion

Columnist encourages positivity through remainder of semester

By RACHEL EMERSON
Columnist

As we near the end of quite possibly the longest semester in history, well my history anyway, I have some words of encouragement that I hope keep you motivated as you cross the finish line of yet another school year.

FAIR WARNING: I can be a bit overdramatic and maybe just a tad cliché, so there may be some eye-roll moments, just bare with me.

I think everyone can agree the last few weeks of the semester are the worst.

It always seems like the amount of work multiplies by 10 and the time to get it done is slowly dwindling. Your stress skyrockets, while your motivation falls short. You feel tired, defeated and hangry more often than you wish. You get caught up in the overwhelming to-do list waiting to be finished, which causes you to lose sight of the reason you're here.

Well, you know what? It's okay.

It's okay to feel stressed, it's okay to lose motivation,



Photo provided

it's okay to feel defeated and it's okay to momentarily lose sight of your purpose. But it's not ever okay to give up. I know, I know, super cliché. Eye-roll moment. But it's important to remember, especially as we enter the final stretch of the semester.

Waking up every day with a positive attitude when you've only had four hours of sleep – or less – is not easy. Well honey, down that cup of coffee, or five, and tell yourself whatever you need to hear to put yourself in a positive mindset.

Everything will get done one way or another, so just breathe and keep pushing through. It seems impossible

now, but once it's over and you've overcome the impossible, you'll appreciate the hard work you put in.

Also, don't forget, it's okay to take a break. School is important, but so is your well-being. I know, who has time for a break when you work several hours a week and have 12 homework assignments to get done? But, you do!

There's no need for overkill. Catch a movie, take a nap, draw, paint, go to the gym, online shop, take a walk or go out with your friends. Whatever you decide to do, just make sure you take a break.

So as the weeks grow shorter and the all-nighters grow more frequent, just remember that it's all going to work out.

The assignment you're finishing five minutes before it's due, is done. The next seven you have to get done after working all day, those will also get done. It will work out.

Hand your worries over to the man with a plan and take a break. Most importantly, don't give up. You can do this!

Desks too small for some; student suggests better option

By RANDY OWENS
Columnist

When I first started college, I was under the impression that I had moved up into the big person's school system. However, when I walked into Carter Hall 105, I was shocked and slightly taken aback.

What greeted me was desks reminiscent of the ones I sat in when I was in high school, many moons ago.

I am like a lot of Americans nowadays, maybe a little bit over weight, not obese, but I have a few pounds that have found their way to my waist. I am middle aged and that sort of thing is a natural occurrence if you are not an avid weightwatcher.

Nevertheless, whoever made the decision to put these desks in this room was most assuredly under the impression that they were an inexpensive, one size fits all, solution to the seating problem that confronted them.

Well, in my opinion, this is an epic fail on their part.



Photo provided

A better solution would have been to put in long tables and chairs behind them. This way, you could at least have ample room to sit and be comfortable. If you're more comfortable, then you pay more attention to the instructor and less time thinking of how much this is hurting you to sit there.

Now, I'm not talking about expensive, high-back, cushioned seat chairs.

I'm talking about just plain, plastic seat chairs, like the ones in the cafeteria.

The chairs that are attached to the desks are not the problem.

The problem is the lack of room between the chair and the desk.

I hope that bringing this issue to other people's attention will start a movement to get better seating for students in this situation.

King Crossword

ACROSS

1 Not as much

5 Ump

8 "The Da Vinci —"

12 Send forth

13 Hosp. section

14 From the start

15 Turkish city

17 Pleasant

18 Urban carrier

19 "Fear —"

21 Grown-up

24 Verdi opera

25 Zilch

26 Crusoe or Gilligan

30 Actor Danson

31 Suggest

32 First lady

33 U-235 and U-238

35 Actress Barbara

36 John Irving's "A Prayer for — Meany"

37 Part of WWW

38 Panhandler

41 London's — Gardens

42 Breathe?

43 Columbus' benefactor

48 Exam type

49 Suitable

50 Rod partner

51 Carry

52 Deposit

53 Bigfoot's cousin

9 Taking care of business

10 Arp's art

11 Basin accessory

16 Wacko

20 "An apple — ..."

21 Opposed

22 Accomplishes

23 Loosen

24 Colorado ski mecca

26 Regal

27 Cherished

28 Satan's specialty

29 Tear

31 Midwestern

34 Two-position switch

35 NYC area, with "the"

37 Charlotte's creation

38 Rorschach picture

39 Modern-day coin

40 Summertime pest

41 Perry of pop

44 Hot tub

45 Director Spike

46 Allow

47 — Baba

DOWN

1 Floral garland

2 Type squares

3 Perch

4 Not wobbly

5 Barbecue fare

6 Old French coin

7 Satisfies

8 Moulin Rouge dance

12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53

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Answers on pg. 9

POPEYE

HY EISMAN

WOT'S FER SUPPER, MAMA?

IT'S GONNA BE A SOOPRIZE!

WHERE DIDJA LEARN T'COOK THIS?

IN THIS BIRT'DAY GIFT Y'GAVE ME!

WOT PAGE IZZIT ON? TWENNY-SEVEN!

WOW

YER IMPRESSED BY TH'WAY I MADE IT?

NO... JES' WANTED T'KNOW WOT IT S'POSE T'BE!

HY EISMAN 4-3

The Spats

YOU NEED TO MOW THE LAWN

AS SOON AS I'M DONE HERE.

BUT YOU AREN'T DOING ANYTHING

... AND I'M NOT DONE.

HY EISMAN

News

Two students to represent university

By **RACHEL EMERSON**
Asst. News Editor

Two Northwestern business students are representing the university at the Oklahoma Governor’s Cup on Thursday.

Megan Hentschke and Jessica Tellez, two senior business students, make up the first team from Northwestern to ever compete in the Oklahoma Governor’s Cup.

The competition is designed to encourage students to act upon their entrepreneurial ideas and develop leadership skills.

The girls took on the project in the fall 2015 semester as part of an internship course. They submitted their business plan on March 7 and just two weeks later, found out that they’d be moving forward in the competition. Now, a month later, they will present their plan to a panel of judges, as well as investors.

Hentschke and Tellez entered the small business division with the idea of creating a food service business that they feel Alva needs. Both girls are from California and believe one of the biggest things that Alva is missing is a fast food business that serves healthier options.

The girls created a business model that represents a juice and smoothie bar that would serve juices, smoothies and salads. Their business is called “Fruit Fusion”, and is an organic, raw health food market and juice stop that encourages the consumption of healthy food.

When trying to decide on a location, they noticed that there isn’t necessarily anywhere on or close to campus and came up with the idea of creating a food truck. Part of their plan was to partner with Chartwells, and also get an area in the student center set up in the student center. This way, they can primarily cater to the Northwestern campus, but could also travel to other community events in Alva.

After submitting the plan, the girls were given feedback and one of the suggestions was to explain how they would go about getting the business approved on campus.

They said they’ve talked to Calleb Mosburg and that he was excited about it.

“Everyone is excited and we didn’t realize that many people would even realize we were doing it,” said Hentschke. “We just thought we were getting class credit and experience.”

Dr. David Hawkins, Assistant Professor of Business, is the girls’ advisor for the competition. He said one exciting thing about the competition is that the girls can spread the word to other students about their experiences and hopefully get more students to participate in coming years.

“I could preach on it for 20 class sessions, but if they [Hentschke and Tellez] got up and talked about it for 20 minutes, students would be more likely to listen,” said Hawkins.

In preparation for the competition, Hentschke and Tellez said they have logged over 150 hours, which will be counted as internship credit. Hawkins said that the girls will get the credit hours whether they win or not, because the grade will come from supplying a real business plan, and the time put in. He said he hopes this encourages more students to sign up next year.

“Most students are afraid of failure, so they don’t try,” said Hawkins. “But with this you can take the burden [of failure] off, try something and see if it works because if it doesn’t work, it doesn’t hurt them as long as they’ve put in the time and work.”

The girls both said that they’ve gained a lot more knowledge and understanding about how the business world operates. The project has allowed them hands-on experience with actual real world application.

“It’s a good learning opportunity, and it looks really good on a resume,” said Tellez. “We definitely recommend it to business students. You don’t have to be an entrepreneur, because we never wanted to.”

“We understand business a lot more, and what it actually takes to start a business,” said Hentschke.

Hentschke and Tellez will compete against seven other semi-finalist teams from across Oklaho-



Photo by Rachel Emerson

Jessica Tellez (LEFT) and Megan Hentschke (RIGHT) work together on a mock business plan that they will present to judges on Thursday, at the Oklahoma Governor’s Cup competition in Oklahoma City.

ma. The winners in the competition will receive cash awards and scholarships. The total amount of cash prizes is \$40,000 in the small business division. The awards are offered for all three rounds of the competition.

Round one, “The Plan,” offers \$1,000 to each of the six finalist teams, plus \$500 to the advisors, totaling \$9,000.

Round two, “The Presentation,” offers \$10,000 to the first place winner, and \$1,500 to the advisor. Also for round two, the second place team receives

\$8,000 and their advisor receives \$1,000, and the third place team receives \$4,000 and their advisor receives \$500.

For round three, “The Pitch,” the team with the best pitch receives \$1,000.

There is also a \$5,000 scholarship available for all students competing in the small business division.

Hawkins said that he is confident that the girls will compete and hold their own. Although they don’t know what their competition has in store, he thinks that they

have a solid plan and presentation.

The competition is offered every year for any business students. More than one team can enter from the university as well. Hentschke, Tellez and Hawkins all encourage business students who would be interesting in competing next year to do so.

For more information about the competition or how to sign up for next year, contact Hawkins at (580) 327-8440 or wdhawkins@nwosu.edu.

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News



Students pose with their artwork from Women's Empowerment Night that was held at Northwestern last Thursday.

Empowerment night held on Northwestern campus

By **SAVANNAH TILLMAN**
Student Reporter

Women's Empowerment Night was held last Thursday, March 31st in Fryer Hall.

Empowerment, creativity, character and "Uniquely Women" were the ideas behind last week's event. Tatum Radcliff, Hall Supervisor of Fryer Hall and Housing Secretary, "wanted to give young women of Northwestern a platform to feel empowered and express themselves."

Each woman was given brushes, paints and a template that included the Ranger and the words "Uniquely Women". The women were then told to decorate however they chose and allow the canvas to show who they are.

Among the attendees was Reining Ranger Queen, member of the Ranger women's basketball team, and a junior early childhood education major, Kaci Hansen.

"Being a woman means you can achieve anything if you have the determination, and I believe I have that determination," Hansen said.

Each woman took the night in different ways. Some saw it as a chance to get together and spend time with others, and others, like Liz Mouser, junior education major, saw it as a chance to celebrate how far women have come.

"Women's Empowerment is about overcoming the past. It's about being who you want to be because we are not just women and we are not just a label that society has placed upon us," said Mouser.

Robinson death saddens campus

Northwestern lost a member of its family Wednesday.

Ted Robinson, manager of Chartwells campus dining services, died in an Oklahoma City hospital after a courageous year-long fight with cancer.

Robinson worked for Chartwells for over a decade.

During his time as the Chartwells manager, he was

apart of several cafeteria improvements including the 2009 contract extension with Chartwells that brought about new equipment and facility improvements.

Steve Valencia, vice president of University Relations, said in a campus wide email, "We offer our condolences to the Robinson family and to his Chartwells family on campus."

First ever writing marathon comes to Alva, Northwestern

By **JAKE GOODMAN**
Student Reporter

The English department hosted its first writing marathon on Friday, April 1 at the Graceful Arts building in downtown Alva.

The event was open to the public and offered ways to help individuals improve their writing. The only task that people had to do for four hours was write.

The event started with everyone saying that they were writers and then proceeded to take a few minutes to write. It was a peaceful moment, as people were quiet and thinking about what they were writing.

Once people finished with

their writings, everyone then got into groups. The groups then proceeded to walk around downtown to write about what they see.

Dr. Kathryn Lane, assistant professor of English, discussed how the writing marathon got started. She said that this is the first year that Northwestern has done this event.

Lane said she went to a writing marathon for the first time in 2009, which was the Southeastern Louisiana writing marathon. She also said writing marathons have helped to shape and change her ways of teaching students writing techniques. She decided to pursue bringing a writing marathon to Northwestern, and this was the very first one.

Lane said that students often forget in the classroom to be creative. The marathon helps students to be creative and free-minded. A number of writers use this technique for cheap therapy, past issues, and learning what genre you prefer that might not be taught in class.

It takes being a writer to be communal as they share in groups and fantastic things can come out when people show how true their writings can be. People were open to write as many words as they wanted.

"As a writer, I think of the marathon as play and liberation," Lane said. "I'm also glad to share the experience with colleagues, students and the community of Alva."

Former student gives back:

Nay offers scholarship

Darell Nay, a 1955 graduate of Northwestern Oklahoma State University, presents his alma mater and its students with the Nay Family Scholarship and the Nay Family Lectureship for Academic Enrichment.

As a former Northwestern Ranger baseball player with a degree in health and physical education, Nay said some of his favorite moments were on the baseball team.

"Playing baseball and basketball helped me to learn leadership and the expertise to teach, coach and inspire others in the art of fair play, honesty and hard work," Nay said.

Today, Nay lives in Waxahachie, Texas, and is the president and CEO of The Nay Company, one of the leading construction providers for agricultural and food manufacturing industries.

He said Northwestern

gave him a great opportunity for his education through his athletics scholarship. Now, Nay has decided to give back to Northwestern through a scholarship and lectureship designed to assist students and increase the entrepreneurial opportunities available to agriculture business majors.

Nay hopes the scholarship will "give a young person the opportunity to live out their dream of attending college in order to develop their skills for a productive lifestyle"

The recipient of the Nay Family Scholarship must be a full-time, continuing student at Northwestern and maintain a minimum CGPA of 2.5. The recipient will be chosen by the Northwestern Scholarship Committee. First preference will be given to agriculture business majors. If none apply, all Northwestern students will be considered. Priority will be given to applicants from Garfield County, Okla. The

scholarship will be applied toward University related expenses, including tuition, fees, books, room and board.

The lectureship will be known as the Nay Family Lectureship for Academic Enrichment. It intends to enhance the quality of the educational program for Northwestern students through faculty development. The lectureship will provide funding for the annual Enid Entrepreneur Seminar.

Nay said of the lectureship: "[I hope to] share with others the opportunities which I did not have growing up as a child."

For more information on the Nay Family Scholarship, the Nay Family Lectureship for Academic Enrichment or about investing in Northwestern students, call Skeeter Bird, Northwestern Foundation CEO, at 580-327-8599 or email him at aebird@nwosu.edu.

Northwestern to host spring intern, career fair

Northwestern Oklahoma State University will play host to the spring 2016 Internship and Career Fair on Thursday, April 7, from 11 a.m. to 2 p.m. in the Ranger Room and Wyatt Room, Student Center at the Alva campus.

This event is open to all students, majors and the public, as

well who are job searching.

"It's a tremendous opportunity to network and connect with potential employers from numerous fields," Lisa Franz, career services coordinator, said.

Everyone is invited to the Career and Internship Fair to come and learn about opportunities in their field. A list of

employers that will be in attendance can be found at www.nwosu.edu/career-fairs.

Students and public are advised to dress professionally and bring resumes.

For more information on the event, contact Franz at (580) 327-8606 or lifranz@nwosu.edu.

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Entertainment

‘Miracles’ isn’t miraculous film

By **TRENTON JUDD & NATALIE SACKET**
Columnists

Trenton: 3 out of 5



“Miracles from Heaven” is the story of a young girl named Anna Beam, played by Kylie Rogers, who becomes very ill. While Anna is ill, her mother, Christy Beam, played by Jennifer Garner, and her father, Kevin Beam, played by Martin Henderson, try everything they can to get her better, but through all the stress and grief the Beam family still keeps to their faith.

This was a decently made movie with strong performances and an okay story. The overall story was filmed very well, but there were certain scenes that felt like choppy transitions and it might take you out of the emotion of the main story line.

The movie had four really good endings, unfortunately all the endings were edited together and this did help to wrap up some of the other character arcs. Each ending lost its dramatic punch as the other endings played on, which caused the overall ending to lack a good emotional punch.

The performances in this movie were spot on, and this movie ended



Photo by Osamu Sakamoto, Graphic by Natalie Sacket

up surprising me with the casting. This movie had Jennifer Garner, John Carroll Lynch, and Queen Latifah. The best acting in the movie was done by Jennifer Garner. Garner’s performances as the mother felt genuine, and she managed to be emotionally convincing in each scene she was in. Rogers did an incredible job playing the young girl, and this role had some intense emotional scenes that Rogers absolutely nailed. Derbez played Dr. Nurko, and he did

a great job balancing the levels of silly and serious, but he was also one of the only doctors in this movie that had an actual bedside manner. Many of the doctors in this film seemed to uncaring to be believable, but Derbez portrayed a believable doctor that will warm your heart.

Bottom line: “Miracles from Heaven” is an okay movie with a few issues here and there, but it will get you a little teary-eyed and you’ll leave the movie with an overall good feeling.

Natalie: 2.5 out of 5



“Miracles from Heaven” is a sweet film, full of good intentions. But as hard as it tries, it is simultaneously unentertaining and not-so-subtly judgmental.

First of all, I would like to say that the trailer for this film does reveal its entire plotline. There is little else you will gain from watching the entire film. It is a simplistic film,

focusing on the miraculous events in one family. While it ultimately has a good message, it does not convey it without ostracizing some of the audience. While it enforces a belief in Christianity and a higher power, it does not do so without wagging a finger at nonbelievers.

There were awkward attempts at comedic relief throughout the film that just seemed forced, out of place and uncomfortable. While the message is of hopefulness, it does so without really inspiring a spark of wonder in the audience. Usually these films make me an emotional mess, but this film unsuccessfully tried to tug at emotions. This is essential for a film such as this.

Jennifer Garner had a fantastic performance, though this film is far different than her typical romantic comedy. She had a strong performance, alongside Queen Latifah, Kylie Rogers and Brighton Sharbino. I was thoroughly impressed with the young Rogers and her stellar performance. I’m always amazed (and somewhat jealous) whenever a little kid has phenomenally more talent than I do.

It is a good family drama, sure to delight Christian communities. If you’re typically opposed to films such as this, however, “Miracles from Heaven” may not be for you.

Bottom Line: I enjoyed “Miracles from Heaven” and found it to be inspiring, but it just wasn’t quite dramatic or emotional for this genre of film.

Student displays her artwork



Drawings by Megan Garnett



The drawings are by Megan Garnett, a junior mass communications major at Northwestern. Garnett has always loved doodling, but became more serious about her artwork in eighth grade. She is an active member of the Northwestern Art Society and recently won many awards in the Northwestern Art Show, including the People’s Choice award.

Drawings continued on pg. 12

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Features



Picture by Kat Ball

Using extreme couponing, Ball paid \$32.50 for a purchase that would typically be priced at a retail value of \$524.

Northwestern junior takes couponing to the extreme

By KAT BALL
Staff Writer

Planning spring break this year was a doozy.

I, at first, had two trips planned, both going as far west and as far East as my little heart desired. Unfortunately, neither trip would be a reality. Days before my spring break began, I decided I would resort to going home and saving money in hopes to plan another , cheaper trip later in the future. My hopes of saving money must have sparked a fire in my soul, and I decided to become an extreme couponer. No, it's not something I can put on a resume, but it is something way more productive than my other two faulty trips. So, for my senior spring break, that's just what I did: I became an extreme couponer.

First, I started where most people start when they are planning a crazy idea: the internet, more specially, a Facebook group. This Facebook group was created by a girl I went to high school with. She was just getting it up and running, so I got to experience all of the most important information to know about couponing. There is so much that I never knew about, and I was amazed by everything I was leaning. I even shared my over-dramatic excitement with many people at work, sorority and in my classes. I couldn't believe the money that could be saved if I could just harness the capacity to learn it. It turns out it's not that difficult and so much fun if you just go for it.

My first time trying to extreme coupon started off modest, with just a few things in my cart. My heart was pounding so fast, and everything I was going to say to the cashier was already on a teleprompter in my head. I set my things on the conveyer belt in an organized fashion and mustered enough courage to explain that I would be couponing. It was a complete fail. I was heartbroken. Normally I would have thrown a huge fit and given up, but decided I that I had put too much effort into this to give up. I had people counting on me. I was going to do this.

I called my stepmom, who I was spending spring break with, on the phone to make it official. I told her I *am* going to be an extreme couponer, to which she replied with a chuckle.

I couldn't give up now. I came home stoked to try again. I didn't even unpack my things. I talked my stepmom into going to Walmart, and we were on our way. I had my list made with the perfect calculation of coupons in a neat little stack on my lap. I made her follow me around in the store for an hour while I desperately tried to explain what I was doing to her, and I tried to build up enough courage to try once more.

I hunted for a cashier with my cat-like couponing reflexes. I spotted the perfect laid-back cashier who had given me a smile when we walked in. It was destiny. I explained to her that I was going to coupon and that I only had a few items.

Thankfully, she said, "that's fine," which opened the doors to my new found hobby forever. I looked at my stepmom, who had a non-believer stare, and started going. It was a success. I got almost \$200 worth of supplies for a total of approximately \$13.

My step mom couldn't believe it, and I was hooked. It was such a rush! We immediately went home and shared our excitement with the whole family while we took pictures of our first bounty and posted to the place where it had all begun: Facebook. From then on, my spring break days began with clipping and printing and searching for coupons, and our lists got longer and longer and our savings grew more and more. It was the best spring break I ever had, because I set my mind to something and achieved my goal.

If couponing interests you and you would like to learn how to shop till you drop, spending pennies on the dollar. If you want to save money for you and your family with essentials you use every day, then hold onto your horses! I may host a class on extreme couponing if there is enough interest here in the future. Just keep a lookout in the Northwestern paper for an ad with details!

Alva community unites during times of hardship

By CHRISTINA MUNSTER
Student Writer

As the wind howled and whipped, the fire devoured the land. Animals and people ran in desperate need to save themselves from being engulfed in the flames. As innocents fled, the real heroes stepped in, putting their lives on the line to save people's livelihoods and prevent the spread of the enormous fire.

The fire was deemed the Anderson Creek Fire, after it started in a bar ditch west of Alva on Highway 64 on Tuesday, March 22. Volunteers and firefighters rushed to the scene to be bombarded

by winds gusting at 40-60 MPH, creating unfavorable conditions to gain control of the flames. It soon spread north, hopping the border into Kansas, raising destruction in nearby areas. Firefighters fought day and night to gain control of the fire. All those involved came from Alva and surrounding county fire departments. At a point, the winds shifted and the fire began to turn towards our town, but Emergency Responders viciously attacked the fire to the point that it was 95 percent contained by March 29 in Woods county. The fire scorched a total of 367,630 acres and took with it livestock and 19 homesteads, along with 25 minor structures. There were no injuries or deaths reported.

During the ongoing fight,

efforts were put into place around the community of Alva and other parts of Oklahoma and Kansas to bring items, such as Gatorade and water to Emergency Responders.

Bryan Miller, assistant fire chief to the Alva Fire Department, said, " I wasn't surprised with the community's response to the fire. Alva has always been a caring community, and we appreciate their efforts. Ever since the very first fire in Alva with the creation of the state of Oklahoma, this community has always come together in time of crisis. We appreciate it."

"In times of crisis this community sticks together," Miller said.

Sexual Assault Awareness Month

By SELENA ESTRADA
Student Writer

Many may not know, but the month of April is sexual assault awareness month.

Sexual assault awareness month is a month to raise awareness for a serious issue.

Karmen Andrews, a coordinator at Northwest Domestic Crisis Service, said "It is where we bring to the public's attention, that sexual assault is a problem."

NWDCS does public service announcements to raise awareness. One of the PSAs that they did recently is partner with Northwestern's Alpha Sigma Alpha sorority and made bows to tie around trees on campus.

Maybe you noticed these white and teal bows. Andrews had brought all materials needed to make the bows, and the Alpha Sigma Alpha girls helped make them and tie them around trees.

Many may wonder why the colors white and teal are used. According to Andrews, the bows are teal because teal represents the awareness color for sexual assault awareness month, and white is used to tie in the "One Is Too Many" campaign, which Northwestern promotes.

Another PSA that NWDCS has used to promote awareness is having a giveaway table at Northwestern home basketball games. They give out bracelets, t-shirts, goody bags, etc.

On April 23, NWDCS is hoping to promote healthy relationships by hosting a mother daughter tea.

Andrews said, "We're

basically inviting any woman that wants to come."

These are all some of the ways NWDCS tries to raise awareness, but why is it so important to become aware of this issue? It is because this is a severe problem that needs to be known.

As of 2013, a murder was committed every 42 hours, 56 minutes and 52 seconds; one rape was committed every four hours, 58 minutes and 30 seconds.

Andrews said "that's a lot!... Basically every five hours a rape is committed."

One in four women will be a victim of domestic violence in her lifetime, while one in six women will be a victim of sexual assault in her lifetime. One in 33 men will be a victim of sexual assault in his lifetime. According to Andrews, rape is rarely ever reported, especially when it occurs to men.

She said: "Really only one in six rapes are ever reported... There's a lot of reasons why they aren't reported. They're scared, they believe no one will believe them, they've been intimidated to not report or maybe they don't think there are any resources out there... I know some that believe they deserve it, which is not true!"

Andrews says she believes there are two different ways victims deal with their crises. She says some are so broken that they don't know how to deal with it and have a hard time moving on. On the other side, some accept what has happened to them and fight.

Andrews said "We want them to fight against this, we

want them to report, we want them to take a stance against it."

She doesn't want just women to take a stance, but also men.

The "One Is Too Many" campaign says that "One" sexual assault is "too many." If you look at posters of this campaign, Andrews says that there are not only women in the pictures, but also males.

NWDCS provides many ways to raise awareness, but most importantly, it provides many ways to help victims.

Andrews said "I'm hoping that because of the awareness out there, they know that there is help available."

NWDCS provides services to people that have been victims of sexual assault or domestic violence. A few services that it provides include individual or group talking sessions and emergency transportation and shelter. They also accompany people who want to file protective orders or need to receive a medical exam.

Andrews said, "The good thing about victim services is that they are completely free for victims."

Andrews said she hopes to spread the word and let people know that there is help.

NWDCS has a 24-hour helpline for anyone who is a victim. Their office number is 580-327-6648 and their 24-hour hotline is 1-888-256-1215. Students can also call Northwestern counselor, Kaylyn Hansen, at 580-327-8439 or Northwestern campus police at 580-327-8511. Also, of course, the local law enforcement can be contacted.

Features

The purpose of a volunteer

Senior dedicates years to service

By NATALIE SACKET
Feature Editor

To give of money or possessions is kind, but to give of oneself is noble.

One Northwestern student who understands the importance of self-sacrifice is Katrina ‘Kate’ Henning. She currently resides in Alva, Okla., but a year from now, she will be nearly 10,000 miles away.

Henning, originally from Milton, Delaware, will depart in June to begin a two and a half year journey with the Peace Corps. After six months of training, she will begin teaching English to children at a school on the Isle of Madagascar.

The Peace Corps is an organization, founded by John F. Kennedy, with the purpose of bringing peace and prosperity to other nations.

Henning’s path to becoming a volunteer was not a simple one, however. After a lengthy application process, which she completed in April 2015, she was not even interviewed until mid September. In October, she finally got the email inviting her to become a volunteer.

“It felt like such an accomplishment - something too big for a simple email,” Henning said. “I wanted a letter with an official seal just to make it more tangible and real.”

In reference to her interview, Henning said, “It was emotionally draining. It didn’t hit me how much I wanted this job until that point. At the end of the interview, I was told there were only 35 positions available, and the interviewer had already talked to over a hundred applicants. I thought my chances were pretty slim.”

As Henning has a love of travelling, the Peace Corps has been a consideration of hers for many years.

“I distinctly remember looking at the Peace Corps’ website when I was in high school,” Henning said, “The positions required at least a college degree, so I set the idea on the back burner. 11 years later, I browsed the site again, out



Photo by Natalie Sacket

Pictured above is Henning holding a book about Madagascar, given to her as a going away present from a Northwestern professor.

of boredom one day, and thought I would give it a go.”

Although Henning originally wanted to pursue graduate school after graduation, she was uncertain of her ability to qualify for a program.

“Because of the emphasis [my] professor put on how competitive graduate school can be - especially for what I wanted to study - I just didn’t see myself as successfully gaining admittance to a respectable program,” Henning said. “My GPA is below average, and while I love Northwestern, it is an average school. Nothing I had so far accomplished would have set me apart from the other thousands of applicants looking to pursue a graduate degree. Two years in the Peace Corps gives me that advantage. I will have two years teaching experience and a TEFL certification when I complete my service.”

When asked how she first felt when discovering she was selected as a Peace Corps volunteer, Henning said she was, “Flabbergasted, to be perfectly honest ... I am so excited and honored to be invited to teach with PC.”

Currently, Henning is preparing for her service by undergoing numerous medical clearance procedures: getting vaccinations, blood tests, psychological examinations and dental work. She is also working on giving away many of her possessions. She is

almost literally giving everything and going in service.

“I am allowed 100 pounds of checked luggage for my two years of service,” Henning said.

The biggest preparation Henning said she dreads is having to say her goodbyes to family and friends.

“Saying goodbye is hard,” Henning said. “I will miss my little sister very much.”

Henning is also struggling to say goodbye to something else she loves.

“I love dairy products, and I have found they’re not as easily accessible in Madagascar as they are in the States.”

She is also nervous about being thrown in front of a classroom.

“I have been pretty vocal about not having a desire to teach because of the responsibility it entails,” Henning said. “Being responsible

for another human’s education is such a daunting task - I admire anyone that can do it well. I hope I find myself in that category.”

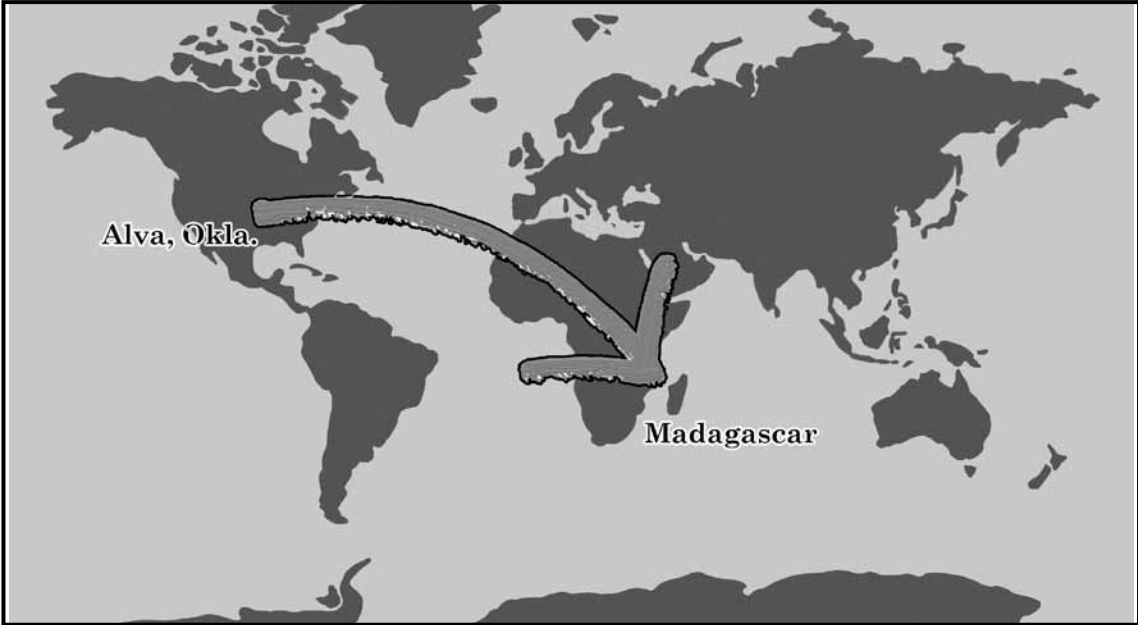
Henning also said she is nervous about parasites.

Despite the struggles she understands she will face, Henning is thrilled about the opportunity.

“I am excited to meet new people and experience a new culture,” Henning said. “Living on a tropical island for two years sounds pretty great too.”

She said she hopes to make a difference as a teacher with the Peace Corps, and is excited to “be a part of something bigger than myself.”

If you’d like to keep informed about Kate Henning’s journey with the Peace Corps, you can visit her blog at maybemadagascar.com.



Graphic by Natalie Sacket

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Features

Love travelling, need a job? Check out these careers that let you see the world

By SAVANNAH TILLMAN
Student Writer

Travelling the world doesn't have to be an unfeasible goal. Compiled below are careers that let you see the world without going broke.

- 1
- Tour Guide**
Lead tours in iconic and beautiful destinations while enjoying different cultures.
- 2
- W'Woof'ing**
(Worldwide Opportunities on Organic Farms)
Help farmers across the world in exchange for meals and board.
- 3
- Teach English**
Asia, the Middle East and Latin America are always looking for people to teach English. It is not always required that you know the native tongue.
- 4
- Trade Specialty, Foreign Goods**
While travelling, buy goods that could be worth money in America. When you return, sell for a profit.
- 5
- Travel Guidebook Researcher**
This job requires long hours of research, writing, reports; however, you experience cultures in an entirely new way.
- 6
- Flight Attendant**
Flying all over the world and only working 80 hours in a month sounds nice. Plus, free travel for not only yourself but also your family is a huge bonus.
- 7
- Cruise Line Worker**
Enjoy the open waters while working, with all expenses paid
- 8
- Travel Blogger**
Travel the globe while you build up followers. It takes time and money to get started; however, the job will always be there and the outcome of the journey is phenomenal.
- 9
- Au Pair**
If taking care of children is your thing, then why not get paid to travel while you watch them?
- 10
- Destination Wedding Planner**
Offer your coordinating and photography skills to couples wanting a dream wedding. You get expenses paid to do what you love and love what you see
- 11
- Peace Corps**
Immerse yourself in other cultures while aiding them in areas such as education and medicine. It's a commitment, but it's well worth it to help others.

Do millennials defy their stereotypes or fulfill them?

By BETHANY SYZEMORE
Student Writer

Changing generations are viewed differently in everyone's eyes, but the millennial generation has had many stereotypes attached. "Millennial" is a term attached to generation Y, fitting the age group born in the 80s to the late 90s. Generation Y has many names, including Millennials or echo boomers. The term "echo boomers" comes from being children of the baby boomers. Along with the changing of generations, many stereotypes are developed. For generation Y, the main stereotype that is brought up most is being lazy. There are many questions to the stereotype of being lazy, wondering if motivation is something that is lacking. In generation Y, motivation is more focused on chasing dreams in the work place rather than chasing money in the workplace, often mistaken for being lazy. Generation Y is the generation that was exposed most to having all information at their fingertips, another reason generation Y has been labeled as lazy, because they don't have to go to the library and look up a reference or look up a word in the dictionary. All of those things have been at millennials' fingertips and give full access to information faster. Generation Y is a group of people that, having that information at hand, makes them more accessible, knowledgeable right on the spot. They can be viewed as being productive in a work environment. Work place stereotypes have been cast onto generation Y for not holding job positions as long as older generations have. This can be interpreted that the generation is untrustworthy in job holdings, but this is viewed as younger generations looking for improvement and better themselves in the workplace. Everything in time changes with the development of technology. Many



think of the Y generation to be self-absorbed, needing praise versus Generation X, which ducked their heads down and did their job regardless with little praise. Generation Y works on praise to know where they stand in a company to work more toward bettering the work by getting feedback. This is seen as self-confident in some cases rather than self-absorbed or conceited. Young people seem to be more driven and up-front with goals and going after what they want at a high rate because the world today is nothing but a fast pace environment. With doing things at a high rate of speed, generation Y tends to want to be at home more as well, like working from home, or spending more time living and enjoying life; generation Y spends 30%-70% of their time at their homes, whether that be working or spending time with family. There are pros and cons to any kinds of change in life, whether it be important or a simple change. Generation Y is a generation for the books, many of firsts, the first generation to be born into the technology that is used every day for many various things. It will all be a thing of the past waiting on another new generation to take the spotlight of the future of our world.

King Crossword — Answers

Solution time: 21 mins.

L	E	S	S	R	E	F	C	O	D	E
E	M	I	T	I	C	U	A	N	E	W
I	S	T	A	N	B	U	L	N	I	C
B	U	S	F	A	C	T	O	R		
A	D	U	L	T	A	I	D	A		
N	O	N	E	I	S	L	A	N	D	E
T	E	D	I	M	P	L	Y	E	V	E
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T	O	T	E	L	A	Y	Y	E	T	I

Puzzle on pg. 3

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- Knowledge of principles and techniques of aquatic programs and swim instruction.

-Knowledge of laws, codes and regulations.

Applications are available at 415 4th street Alva, OK and will be accepted until postions are filled

Sports

Rangers take down Tigers

By RYAN SHUMAKER
Sports Editor

Northwestern softball defeated Ouachita Baptist in a conference series over the weekend three games to one.

The Rangers played some of their best softball of the year and picked up three key conference victories along the way. The Rangers started out the weekend by taking the first game of the series 5-2.

Slugger Jordan Haya started out the scoring for the Black-and-Red in the first inning with a double to center that caused a throwing error from the Tiger right fielder that allowed junior Megan Sanders to score. A single from infielder Stephanie Couser would bring Haya around to score in the inning as well.

Haya would once again produce for the Rangers in the very next appearance at the plate for the Rangers in the third inning when she scored by way of a past ball. The 3-0 Ranger lead would hold until the fifth inning before leadoff batter Peyton Garrett hit a double down the right field line that scored two more Ranger runs.

The Tigers would never threaten the Rangers lead the rest of the way thanks to starting pitcher Madison Garza's phenomenal outing on the mound. Garza went all seven innings while giving up just two earned runs on seven hits while striking out two batters.

In the second game of the Friday doubleheader, freshman Karly Murray would continue the solid pitching for the Rangers. Her six inning, one earned run performance would lead the Rangers to their second victory of the series, 4-1.



Photo by Walt Watham

Ranger slugger Jordan Haya was huge for the Rangers as they defeated Ouachita Baptist three games to one in the series. The Rangers return to action April 8-9 at home at the Alva Rec. Center.

A sac-bunt in the bottom of the first inning would start out the day's scoring, giving the Tigers an early 1-0 lead. Murray would buckle down though and finally received some help from her line-up in the fourth inning when Couser drove in outfielder Madison McGraw to tie up the contest at 1-1.

A single from junior Alexis Hayed later on in the inning gave the Rangers a 2-1 lead after four. A two-run homer from Haya in the fifth inning would seal the deal for the Rangers as Garza came back in to serve relief duties for Murray in the final inning and recorded the save.

The Rangers and Tigers came

back out on Saturday afternoon and faced off in another doubleheader. Each team came out of the contest with a victory on the afternoon.

In the first game the Rangers moved even closer to their first sweep of the season with an 8-7 victory. Ouachita put the first runs on the board in the bottom of the second

with a homer to deep right field.

Haya would come back however and answer with a homer of her own in the very next inning, narrowing the Tiger lead down to 2-1. Garrett would follow up later on in the inning and add another Ranger run on the board with an RBI single.

Two more Ranger runs in the fifth inning would be answered by a four-run bottom half of the inning for the Tigers. Murray came on to replace Garza and settled down the Rangers defense to get them out of the inning trailing just 6-4.

In the top of the sixth inning the Ranger bats came alive, starting out with a Sanders double that scored two Ranger runners. Later on in the inning McGraw would come through again for the Rangers and produced a double down the left-field line that scored Haya and pinch runner Caitlin Coody.

The Tigers would threaten the Rangers 8-6 lead in the bottom half of the final inning with a home run that decreased the lead to just one run, but a fly-out finally finished off the Tigers and provided the Rangers an opportunity for a 4-0 sweep in the series.

The sweep would not be accomplished however, as a walk-off homerun in the bottom of the final inning would give the Tigers a 9-8 victory. Couser led the way for the Rangers batters going 2-4 with two RBI's. Third baseman Amber Mills also provided some spark for the line-up going 2-3 with three RBI's.

The Rangers will finally return home this weekend April 8-9, and will face off against Henderson State at the Alva Rec. Center. Both days will feature doubleheader action with first pitch set for 4 p.m. Friday and 12 p.m. Saturday.

Lackey shines for Rodeo

By RANGERS ATHLETIC
DEPARTMENT

Sometimes she who makes the fewest mistakes grabs great rewards.

Such is the case for Northwestern Oklahoma State University breakaway roper Katie Lackey of Ardmore, Oklahoma, who posted two solid times this past weekend at the Garden City (Kansas) Community College rodeo. The result was a third-place finish in the southwestern Kansas community.

Lackey posted a 3.1-second run to finish in a three-way tie for eighth place the first round, then followed it with a 4.5 to tie for second in the championship round. Her 7.6-second cumulative time on the two runs earned her a top 3 finish overall.

As the third breakaway roper to compete in the final round, she first made sure she wasn't penal-

ized at the start by breaking the barrier, which receives a 10-second penalty for not allowing the calf the adequate head start. Then she made sure to secure the catch, which took a little longer than she would typically like.

Slow and steady may not win the race, but it turned into a big move for the 20-year-old cowgirl. She was one of four Northwestern women to accumulate points in the seventh rodeo of the 2015-16 Central Plains Region, joining barrel racers Sara Bynum of Beggs, Okla., and Cassy Woodward of Dupree, S.D., and goat-tier Shayna Miller of Faith, S.D.

While Woodward made the final round in her event, Bynum put together two solid runs to finish in a tie for fourth place. Bynum is second in the region standings.

Miller, who placed in both go-rounds and finished second in western Kansas, also sits in the runner-up position in the Central Plains.

The Rangers men were led by four steer wrestlers that placed among the top 6. J.D. Struxness of Appleton, Minn., won the final round and finished second overall.

He was followed by fourth-place finisher Mike McGinn of Haines, Okla.; Riley Westhaver of High River, Alberta, who placed fifth; and Grayson Allred of Kanarrville, Utah, the No. 6 bulldogger; Joby Allen of Alva placed in the first round but was unable to place.

Tie-down roper Bryson Seachrist of Apache, Okla., finished fourth overall, capitalizing on a solid 9.7-second run in the final round. Seachrist continues to lead the tie-down roping standings, while Graham is third in the region.

Northwestern Oklahoma State Women's and Men's Rodeo teams will compete next in the Southwestern Oklahoma State Rodeo beginning April 7 in Weatherford, Okla.

Ward finds intramural field to be perfect driving range

By RYAN SHUMAKER
Sports Editor

Passion and obsession lead people to perform whatever necessary actions needed in order to accomplish their goals.

For Northwestern golfer Cole Ward that passion and obsession with the game of golf leads him to practicing hitting golf balls right here in the heart of Northwestern's campus.

Yes he could simply drive out to the golf course and have an actual driving range to practice on, but why do that when he has 150 yards of just as good of grass to hit on right on the intramural football field. He starts with just basic chip shots and flop shots, then moves back to about 100 yards and works on taking some full swings towards the metal cage at the end of the field.

Students pass by and gaze strangely at the balls flying across the field, but those peculiar looks

don't phase Ward whatsoever. He just keeps on swinging, ball after ball, shot after shot.

The obvious question would be how much does he really gain from just the 30 to 45 minute practice with no actual targets or objectives. For him it's just a mental thing that he can't get any better sitting in his dorm staring at the ceiling.

"I like practicing out here by myself because no one is around expect for just me and the golf balls," said Ward. "It helps me for when I'm bored I can just walk 50 yards from the dorms and work to get better."

Once many college athletes are finished with practice they head back to the dorms and get away from the game they play. For Ward however, the self-titled "obsession" he has for the game drives him to practice whenever and wherever he can.

So while others may question what is being accomplished, Ward will continue to bang balls all over the field, by himself, without a care.

Sports

Tigers take two from Rangers

By RYAN SHUMAKER
Sports Editor

Northwestern salvaged a rough series against Ouachita Baptist with a 4-1 victory in the final game of the weekend.

Cold bats and inconsistent play led to a rough weekend for the Rangers as they struggled against the last placed team in the conference Ouachita Baptist. However, bright spots were evident and the Rangers are still very much in post season contention with just a few series left on the year.

In the first game of the series the Rangers lost, 7-2. Right-hander Pat Delano took the mound for the Rangers and pitched six innings of quality baseball, but three errors for the Rangers defense allowed six runs to cross the plate. Only one of those runs was actually charged to Delano however, and the Rangers could only provide four hits in support.

Lead-off batter Garrett Douglas provided two of the four hits for the Rangers on the day. Catcher Jacob Long hit a solo-homerun in the bottom half of the third inning while first baseman Alex Phillips provided the only other RBI for the Rangers when he drove in shortstop Xyruse Martinez in the seventh inning.

In the first game of Saturday's



Starting pitcher Robert Lawhon put together a dominant pitching performance to prevent an Ouachita Baptist sweep of the Rangers. Lawhon threw a complete game that included 10 strikeouts and just three hits allowed.

doubleheader, the Rangers were unable to hold a 4-3 lead heading into the ninth inning and ended up losing in extra innings, 5-4. The Rangers quickly turned their hitting around from the previous day and jumped out to a 3-0 lead in the bottom of the first inning after a two-run homerun from Martinez.

The 3-0 Ranger lead would hold until the fifth inning when the Tigers answered with a three-run shot of their own over the left-field wall. Long would give the Rangers a 4-3 lead with a single that scored

freshman Steven Deckard in the fifth inning.

Starting pitcher Matt Bickford would be replaced in the seventh inning by reliever Dakota Stanek. Stanek would retire all but one of the seven batters he faced before closer Jonathan Bauer came on and allowed the tying run to cross the plate in the ninth inning.

The Rangers threatened to win the game in the bottom half of the inning when Martinez reached second with one out. Deckard would come up next and strike out looking followed by a right fielder Colton Krokroskia walk.

Coach Sam Carel would then pinch hit first baseman Alex Adams who struck out and ended the Rangers threat. An RBI single for the Tigers in the tenth would be the final nail in the coffin for a Ranger's defeat.

Ranger ace Robert Lawhon ensured the Rangers wouldn't be swept in the final game of the series with a dominating seven inning complete game performance. The Ranger batters helped Lawhon out as well, leading to a 4-1 Ranger victory. Centerfielder Thomas Bess led the way for the Rangers at the plate with a 3-3 performance that included a two-run homer in the third inning.

The Rangers will return to action April 8-9, on the road against Henderson State University.

Diesselhorst to take the reins

By RANGERS ATHLETIC DEPARTMENT

A highly-successful prep coach from one of northwest Oklahoma's great basketball families has been selected to lead Northwestern Oklahoma State University's women's basketball program.

Andy Carter, director of athletics, announced the hiring of Tasha Turney Diesselhorst as the ninth coach in the 43-year history of the program.

"We feel very fortunate to have had a significant applicant

pool from which to choose our next head coach," Carter said. "Tasha is a rising star in this profession and we feel fortunate to have her lead our women's basketball program."

"Tasha brings energy, passion, work ethic, a high-level of character, and a real vision of what this program can accomplish."

Diesselhorst will be formally introduced to Northwestern fans and media at 5 p.m., Thursday in the Student Center's Ranger Room on the Alva campus.

"I feel truly honored and blessed to be taking over the women's basketball program at North-

western," Diesselhorst said. "I have lived in northwest Oklahoma all of my life so Northwestern is a special place to me. I am excited to get started and am looking forward to the opportunity that lies ahead."

Diesselhorst arrives at Northwestern following a nine-year stint at Pond Creek-Hunter where she had tremendous success during her time as the Lady Panthers' head coach.

Her team won the Class A state championship in 2014 and finished as the runner-up in 2016. The Lady Panthers also qualified for the state tournament in 2013 and 2015.

From 2010-16, Diesselhorst led the Lady Panthers to seven straight Skeltur Conference Championships, an undefeated record of 49-0 in conference play, and a 170-29 record. During her nine years at PC-H she coached four all-state players and 10 all-conference selections, compiling an overall record of 187-63.

She was selected as the Skeltur Conference Coach of the Year seven times and was named the coach of the year in 2014 by the Enid News and Eagle and CTB Sports. That same year she also was named the Oklahoma Coaches Association

Region I Coach of the Year and the Oklahoma Girls Basketball Coaches Association All-State Coach. The Fellowship of Christian Athletes named her its Northwest Coach of the Year in 2015.

Diesselhorst is a 2006 graduate of Oklahoma Christian University where she had a stellar career, leading her teams to four straight NAIA National Tournament appearances.

She earned 2005 all-America honors and was an All-Sooner Athletic Conference selection in her final three years at OC. She is ranked in the top 10 all-time leading scorers in school history.

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from pg. 6



Drawings by Megan Garnett

