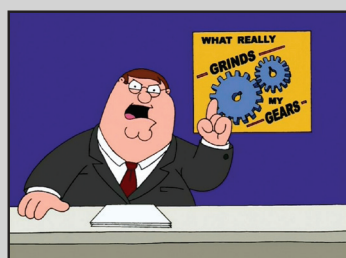


NORTHWESTERN NEWS

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Northwestern Oklahoma State University, 709 Oklahoma Blvd, Alva, OK 73717

November 12, 2015



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Campus starts a new phase in faculty fitness

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University releases proposals for 'mall' remodel

Project concepts placed in front of library for viewing at this weekend's Ranger Preview

By MICHAEL COLLINS
Editor-In-Chief

Northwestern will have several different printed concepts of proposed changes to the mall of campus placed outside of the library on Saturday for high school seniors and guests to view during Ranger Preview.

"We asked our architect, who has worked with us on several of our projects, to come up with some ideas [for renovations], and he's come back with several renderings that will be available on Saturday for guests to look at," said Vice President for Administration, David Pecha. "There's a couple of options that the renderings have [including] a bell or clock tower and several areas for students to sit and gather."

According to Pecha, the proposed changes are needed improvements that have been the topic of discussion among the administration for a long time.

"As the University put together their capital master plan, which is a long term plan of things we want to tackle to improve our campus and facilities, the mall area was discussed as needing improvements. It's very dated, sidewalks are beginning to crumble and it's just in need of a facelift," said Pecha. "The fountain that we currently have is an eyesore and no longer works, so we definitely want to get that out." "We would like to keep some kind of water feature in the new mall area."

Pecha also said the proposals are in the fundraising process and are seeking donations much like the new Dean Linder Press Box and



Photo provided

turfed Ranger Field were before their construction.

"The majority of that funding will have to come from donated money and there have been a couple of private donors that have shown some interest in wanting to do something in that space," said Pecha. "Once you have a visual rendering of your project, that's when people become engaged and serious about making contributions. You have to have a way to show what your vision is before you ever approach any potential donors."

Pecha also addressed the remodeling project's status amongst the upcoming state cuts in

funding discussed in early October. According to him, the potential state cuts are not related to the renovations and their timetables.

"The unique thing is that none of our state appropriated dollars or our tuition and fee dollars would go to pay for these remodeling projects." "They are either with capital funds the university receives that can only be used for capital projects or they'll come from fundraised dollars."

Pecha also said the mall project is only one of three proposed updates that could be addressed over the next few years.

"We also waiting on some

visuals and renderings on renovations for the Herod Hall auditorium. That's another public space that needs to be updated," said Pecha. "I would say Coronado Hall, the mall area and the auditorium are the three projects we are going to look at trying to fund over the next couple years."

According to the University these projects must not be mistaken for immediate plans of action and may be constructed in phases.

"What we try present to all our potential and current students is the best possible experience they can have, and I know that facilities often times help drive a student's decision on where they want to go to school. We are always conscious of trying to upgrade and improve what the university has; it just can take time to raise that money for these projects," said Pecha.



Photo provided



Photo provided

Features

‘Peanuts’ movie a nostalgia treat for moviegoers

By **CHRIS PUNTO & NATALIE SACKET**
Columnists

This week, let’s check out something nostalgic: “The Peanuts Movie.”



Chris: 5 out of 5 stars

This movie was great. I don’t even have a single issue with it. It was cute, funny, entertaining, well animated, and great for all ages.

Here we go. On a cuteness scale, what’s better than seeing good old Charlie Brown pine after the new red haired cutie in town? Nothing. It’s also an adorable setting of a snow covered town in the winter that has me excited for the months to come.

The animations were amazing. I love how they incorporated different elements that you usually only see on newspaper comic strips. The bright colors for explosions and the dotted lines to show movement were great additions that only made this movie more likable. It also had many ongoing jokes from the old television shows and comic strips like the football scene.

I think the most important part of this movie is that it is relatable. Everyone knows what it’s like to try to start new, whether it’s a new location or just a new person. You want that person to see the best parts of you that seem to be lost upon all the other people that have been in your life long enough to also see your flaws, your faults, and your failures. This movie really hit home with that. It was enough to entertain young children and almost bring a tear to the eyes of the older crowds. Don’t judge me.

Bottom line. I think this movie will make a strong push for an Oscar for Best Animated Movie. Also, sorry about all the kids movies lately. They’re so good, though. Go watch this movie.

Natalie: 3.5



The time has come, dear readers. After nearly three years of telling you how much I despise children’s movies, I must admit that I have been forced to change my mind. After films like “Lego Movie” and “Big Hero 6,” I have been won over to the dark side. ... er, the light side, I suppose. With the latest children’s film, “The Peanuts Movie,” I’m officially a fan of kids movies, and I’m not even salty about it.

As I lean back and watch the little cartoon figures prance about the screen, a wave of nostalgia washed over me. The familiar faces of Charlie Brown and Snoopy appear, like old friends coming back for a reunion.

With the challenges of book reports, standardized testing and kites, “The Peanuts Movie” tackles topics of friendship, schoolboy

NEW MOVIE REVIEWS

BEFORE YOU SEE A MOVIE, SEE WHAT THEY HAVE TO SAY ABOUT IT....

A NEW PICK EVERY WEEK...

CHRIS PUNTO

NATALIE SACKET

crushes and talent shows. The film is great for kiddos, teaching the value of courage, honesty, kindness and selfless acts.

It’s the same beloved “Peanuts” from my childhood, revamped and ready to inspire a new generation of children. This film is new in its simplicity, and

conveys important messages without trying too hard to be something the series inherently isn’t.

Bottom Line: “The Peanuts Movie” is sweet and sentimental and revives the legacy that Charles M. Schulz created over six decades ago. You’ll go nuts about this film.

‘Go watch this movie!’



“The Peanuts Movie” features the familiar gang from the comics strip and the TV specials so many people remember. See it at the Rialto in Alva.

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Features



Photo by Natalie Sacket
Lovella Tolle works every day in the Cornado Cafeteria. She could retire but prefers to be active.

Short glimpses in life: Lovella dances through life at full speed

By NATALIE SACKET
Feature Editor

Northwestern Oklahoma State University students walk into Coronado Café for lunch and scan their IDs, passing by an elderly woman named Lovella. You can find Lovella at the entrance of Coronado Café every day, dressed in her all-black uniform and Chartwell’s cap. She’s a dedicated worker during the week, but every Thursday, Lovella is dancing the evening away. Lovella Tolle isn’t your

typical employee. She’s almost 72 years old and proud of her work ethic at her age. Her children and her doctor encourage her to slow down and rest, but she says she’s not ready to retire just yet. So Lovella keeps working and dancing. “I’ve been dancing ever since I was big enough to stand on my daddy’s feet,” she said. Lovella started dancing Country-Western, then jitterbugging and then square dancing. She started square dancing in 1973 and hasn’t stopped since. She said she loves the companionship, the exercise,

and the music. Every Thursday, Lovella straps on her dancing shoes and heads to the Lutheran Hall. She refuses to be an idle person and retirement isn’t even on her mind. She jokes that she’ll maybe retire when she’s 80-years-old, or when she can’t walk anymore. “I’m not ready to give up,” she said. Lovella loves her work and seeing the Northwestern student’s every day. She also loves knitting, going to church and seeing her four kids, eight grandkids, and 10 great-grandkids.

More surgery for Enid prof

By MELISSA NOLAND
Student Writer

An Enid campus psychology professor severely injured in a car accident last semester, has had to take leave again to deal with more surgery. Sherril Stone, an associate professor of psychology, was hurt in the accident along Highway 81 in Kingfisher, Oklahoma. She said earlier this week that she would be leaving the Enid campus for more surgery and therapy. The accident occurred when Stone’s vehicle was struck from behind by a semi-truck, which resulted in her car crashing into the vehicle in front of her. Both of the vehicles were totaled. Stone’s injuries included herniated discs in her neck along with a severe brain injury that resulted in continuing serious headaches. Treatments for these injuries included having to have a neck fusion and injections into her spinal canal to try to control the swelling and pain. Stone said she is facing another fusion surgery in her neck to relieve pressure that has been built up on the spinal cord. “The pinching has caused me to lose feeling in my arms, hands and legs,” she said. This surgery will call for another recovery process of several weeks.

Stone said the most difficult part of the recovery is the brain trauma. She may never fully recover from the memory loss. “I am very grateful to all of my students who have supported me and continue to support me in classes” she said. Stone also has limited motion in her neck and still suffers from headaches. “I have been told some of the funny things I said and did while I recovered from the memory loss,”

she. “I must admit that at first I was embarrassed to hear the stories but have accepted it as part of the process and am glad that I was able to provide some humor to the situation.” She said one of the funniest stories involved her calling Dr. Steve Mackie and asking him to “water my elephant.” Mackie, who teaches education classes at the Enid campus, agreed to “take care of it for me.” Stone said she now has a deeper respect for anyone who suffers from a traumatic brain injury. Also, the response from the community has been so welcoming and heartfelt, she said. The campus even organized food drives and sent many cards, thoughts and prayers, she said. Stone said she doesn’t know most of the people who helped but wishes she could thank them all. “I am especially thankful to Jessica Blanchard and Gabriel Dunbar for organizing the food drive,” Stone said. “I am also thankful for the students from the Enid campus who donated and delivered food to me while I was in recovery. Also, I am very grateful for the faculty who covered my classes while I was out. I would like to thank all of those who donated time for me during my recovery. I am thankful for each one of them.”

Stone said she sends a special thanks to Dr. Colleen Golightly, who also teaches at Enid, and Dr. Mary Ellen Nutter, now retired. Both women helped immediately after the accident occurred. “I appreciate all of the assistance Dr. [Bo] Hannaford [dean of the School of Professional Studies] provided while I was in recovery,” she said. “And finally, Tami Cooper, HR director, was a great help in keeping all of the paperwork filed correctly.”

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News Briefs:

Campus to close for Thanksgiving break

Northwestern Oklahoma State University students and employees can enjoy some time with their families as the university will close for Thanksgiving break Wednesday through

Friday, Nov. 25-27. No classes will be held during this time, and campus offices will be closed.

Classes will begin and offices will resume normal business hours on Monday, Nov. 30.

Mall project concepts continued from page one




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LETTERS TO THE EDITOR

Letters to the editor shall bear the author's handwritten signature, hometown, classification, title, etc., address and phone number for verification and shall be kept on file. Unsigned letters to the editor will not be published.

Letters must be turned in by noon on Tuesday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnewsroom@hotmail.com. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

All letters represent the views of the author.

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Yearly subscriptions to the News are \$12.00.

MISSION STATEMENT

Northwestern Oklahoma State University provides quality educational and cultural opportunities to learners with diverse needs by cultivating ethical leadership, critical thinking, and fiscal responsibility.

OPINION

Jordan rants: the five worst pet peeves of the typical college student

By JORDAN MCLEMORE

News Editor

For anyone who knows me, knows there is a lot that annoys me. And there is a lot. So I'm going to share a portion of that list with you and perhaps you have the same annoying things on your list. This might be slightly selfish, and I might be writing it in hopes enough people see it and stop doing these annoying things.

Number one: Talking on the phone while ordering food/talking to someone else. This is an obvious one, but I see so many people on a daily basis doing this. How do you think this is okay?! The person behind the counter is just trying to do their job. Furthermore, the people behind you are trying to get their food just like you. When you are on the phone and not giving whoever is in front of you your full attention, it is perceived that they aren't important enough for your time.

Number two: People who park in the wrong spots, especially commuter spots, on campus. I'm talking to you, yellow, blue, purple, and brown stickers! Clearly our campus is super small and you can walk from your dorm to class. I live off campus and nothing makes me angrier than having to scour over three different parking lots to park my car and eventually having to park across the street.

Number three: The shuffle run. This is when athletes act like they're running by shuffling their feet and bending their arms like they're running. Please stop doing this; you look stupid. Does this make you faster? As an athlete, aren't you supposed to be good at running in



the first place? So running a short distance should be no problem for you.

Number four: Group assignments. This is COLLEGE. Please don't make me work in a group that I don't even get to pick and have to do the entire thing on my own, while they get the credit for it. I always get stuck with the lurkers who never even shows up to class and the students who do nothing and expect the professor to give them a grade anyway. So really, it goes both ways. It's unfair to me for doing all of the work, and it's to the slackers who don't do the assignment because they aren't learning anything anyway. So professor and teachers out there: please stop doing this.

Number five: For my fifth and final thing that annoys me (and believe me, I could keep going) it would go to waiting in lines. This is most prominent in the student center. I'm not really sure what is happening with food services this year, but waiting in line for 30 minutes when there are five people in front of you is not fun. Also, the sandwich line?!

Don't even get me started. And just as you get to the front-ish, someone cuts you. What?!

So, for those who don't know me, maybe you do a little better now. Yes, these may seem petty but I'm sure a lot of you feel the same way! So, Northwestern, let's ban together and agree to work on these annoying habits! And please, don't cut me.

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Ranger Calendar of Events



November 2015 

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			12 Lady Ranger Volleyball vs. Southwestern Oklahoma State University in Alva, 7 PM	13 Lady Ranger Basketball vs. Northeastern State University in Alva -Time TBA OU Continuing Education Workshop -Ranger Room 1-4 PM Additional late payment penalty in effect	14 Ranger Football vs SWOSU at Ranger Field, 2 PM Lady Ranger Basketball vs. University of Central Oklahoma in Alva - Time TBA Ranger Preview CEOE Teacher Testing	15 America Recycles Day 
	16 Heritage Celebration Series -Carter Hall 107 7 PM	17 Secular Student Alliance Meeting - Science Amphitheater 7-10 PM	18 English Honor Society Sigma Tau Delta Bake Sale - Student Center 11 AM - 2 PM Something Greater Movie Night - Ranger Perk 7 PM	19 Annual Children's Theater Production - Herod Hall Auditorium 10 AM & 2 PM Ranger and Lady Ranger Basketball vs. Harding University (Ark.) - 5:30 PM Great American Conference in Hot Springs Arkansas -Time TBA	20 Annual Children's Theater Production - Herod Hall Auditorium 10 AM & 2 PM Lady Ranger Great American Conference in Hot Springs Arkansas -Time TBA	21 CEOE Teacher Testing World Hello Day - Greet 10 people with a hello and a smile 
						22 Go for a ride day - in a car, on a bike, even on a horse. Just go for a ride. 


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News

Professor's work to be published

Northwestern Oklahoma State University's Assistant Professor of English Dr. Richmond Adams answered an invitation to prepare articles that explore the nature of novels concerning the American South during the early years of the present century.

Published as a collection titled "The Twenty-First Century Southern Novel" through the literary journal "Mississippi Quarterly," it will be in the

format of a special edition within the journal.

Adams' piece will explore how Cormac McCarthy's 2005 novel "No Country for Old Men," set in 1980, examines the changing nature of American exceptionalism, most particularly how it became manifest during what all critics have understood as the novel's principal moral crisis of Sheriff Ed Tom Bell's un-

anticipated retirement with the mass murderer Anton Chigurh still at large from law enforcement's custody.

Adams said that the historical work of C. Vann Woodward argues that by being defeated in the Civil War, the American South, unlike the rest of its national siblings, came to understand that any such crisis inevitably contains more ambiguity and guilt, rather than absolutism or clarity, as its core.

"That sense of traditionally 'un-American' difference," said Adams as he employs Woodward's reasoning, "actually reflects how the rest of the world had long before simply accepted such moral complexities, and through them, an appreciation of limits, uncertainty and incompleteness in the midst of any human endeavor."

For more information contact Adams at (580) 327-8428 or rbadams@nwosu.edu.



Photo Provided
Dr. Adams' work will be published in the "Mississippi Quarterly."

Northwestern welcomes guest speaker during Native American History Month

Northwestern Oklahoma State University will play host to Native American History Month as part of the Heritage Celebration Series with guest speaker Gena R. Timberman at 7 p.m. on Monday, Nov. 16.

The discussion will take place in Carter Hall room 107 for the Alva campus, room 218 for the Enid campus, room 114 for the Woodward campus, and room 127 for the Ponca City location.

Timberman's talk is titled "Native Warrior Traditions and How They Inspire Us on Our Journey." This discussion will explore ways in which traditional values inform the culture of Native Warrior societies: What can be learned from Native Warriors? For Native and non-Native people alike—members of the community—what can be learned from examining Native Warrior qualities and how inspiration can be drawn from the warrior spirit in challenges of life and in opportunities connected to one another.

Timberman, who is a member of the Choctaw Nation of Oklahoma, grew up in Mustang and now lives in Oklahoma City. In 1996, she graduated from Oklahoma State University (OSU) with a B.A. in English. She received the "Outstanding Contribution to the Native American Community" award and is the founding President of the OSU American Indian Alumni Association.

In 1999, Timberman graduated from the College of Law at the University of Oklahoma. Today, she currently focuses her practice on Indian Country business development and legal issues in cultural projects and museum adminis-

tration. In 2013, she formed Luksi Group, LLC, a consulting business that provides cultural direction for creative design. From cultural destinations to events, Timberman draws from her talents and experience to plan successful and sustainable projects that uplift relationships and reflect the diverse and beautiful values of our Native cultures in Indian Country.

Since 1999, Timberman has committed her professional career to the pursuit of making the dream to build an American Indian Cultural Center and Museum in Oklahoma a reality. As the leader of a state agency, the Native American Cultural and Educational Authority, and Director of the American Indian Cultural Center and Museum, Timberman led the development of a nearly 300-acre site on the Oklahoma River envisioned to be the future home of a world-class cultural destination.

Timberman's notable awards include: Journal Record's Oklahoma City Business 40 Under 40, Oklahoma Magazine 40 Under 40, Native American 40 Under 40 presented by National Center for American Indian Enterprise Development and The National Indian Gaming Association, Native American Woman of the Year, State of Oklahoma Native American Service Award, and selection as a "Native Daughter" by University of Nebraska-Lincoln.

Timberman currently serves as a member of the YMCA of Greater Oklahoma City Board of Directors, MAPS Citizens Advisory Committee/River Subcom-

mittee, Oklahoma City Rotary Club 29, Oklahoma Health Center Foundation Board of Trustees, Cultural Development Corporation of Central Oklahoma Board, Creative Oklahoma Board of Directors; and, she is the Immediate Past-President of the Oklahoma Museums Association.

Native American History Month is the whole month of November.

For more information contact Kristin Mravinec at (580) 254-2502 or klmravinec@nwosu.edu or Tiffany George at (580) 327-8414 or tdgeorge@nwosu.edu.

Visual Arts program to offer art workshop next Tuesday night

A free watercolor workshop open to all Northwestern Oklahoma State University students and employees will be offered Tuesday, Nov. 17, from 6:30 to 9 p.m. in the Jesse Dunn Art Annex, room 327.

The workshop is being presented by the Northwestern Visual Arts program and the NWOSU Art Society (NAS). It will be led by Jackie Feng, the current Artist-in-Residence at Northwestern, and Kyle Larson, assistant professor of art.

"Attendees will view and discuss watercolor paintings made by contemporary artists and past masters, learn watercolor techniques and processes,


and create their own unique watercolor compositions," Larson said.

Supplies will be provided, and refreshments will be served as the group views and discusses the completed paintings at the end of the workshop.

Larson asked those planning to attend the workshop to contact him or Angelia Case, NAS sponsor, by Nov. 13 so that they may plan ahead for the necessary supplies needed.

For more information on this workshop, Larson may be reached at (580) 327-8108 or krlarson@nwosu.edu.

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News

Panelists discuss recycling

By JACLYN BURKE & KATIE LACKEY
Student Reporters

A conversational panel met Nov. 4 at 7:30 p.m. in Alva, Enid and Woodward to discuss ways to take action toward recycling in Northwest Oklahoma.

Chris Satterfield, CORE president, and Stephanie Quammen, CORE vice president, moderated the conversation between the panelists.

The panelists were Janet Cunningham, Northwestern's president; Chris Feeney, president of Keep Enid Green; Deena Fisher, Woodward dean; Bo Hannaford, Northwestern's dean of professional studies and Alva city councilman; Eric Hemphill, University of Central Oklahoma sustainability coordinator; Wayne McMillin, Enid dean; Kelly Parker, Alva mayor and Nick Villalobos, Northwestern's SGA vice president.

The conversation allowed for interaction with the audi-



Photo by Jaclyn Burke

Panelists met last week to discuss ways to recycle at Northwestern.

ence which consisted of students, faculty and citizens of Northwest Oklahoma.

Cunningham discussed Northwestern's history in recycling. She said the University tried to recycle glass, aluminum cans and paper, but there is no site nearby to take the recyclables. She said the university does recycle cardboard. Cunningham said, "We get something started and it works for a little while,

but we have to travel." She said there is no facility in or near Alva, but working with the city of Alva to start recycling is certainly a possibility.

Parker said a challenge of starting a recycling facility in Alva in having the means and knowledge base to move forward. "The last thing we want to see is something we start that we haven't been fully prepared to start and have it not succeed," he said. "That would just take

an additional amount of time to get it fired back up again."

Fisher said people want to recycle and a facility was tried in Woodward, but it wasn't profitable. Parker said the area is faced with funding challenges and the amount of possible participation would be a concern.

Fischer said participation itself isn't the real concern because people want to recycle, but Kelly said isolation is a big issue Northwest Oklahoma faces. "No one city can do this on their own, but it's possible if it was a multi community project."

Cunningham said there are recycling Rangers in Enid, who are children who come together, wear a red cape and be recycling heroes. This was created to get children excited about recycling.

In terms of education and starting up a culture of recycling McMillin said "why not start with the very youngest kids? If you start the kids talking about recycling and understanding that process and getting involved, I think you're

really going to educate the entire community

McMillin said they are working towards starting a culture for recycling. A few things have been started across the NWOSU campuses such as making sure lights are off in rooms not being used and water bottle refill stations.

Parker said the city is not currently working on a plan for recycling. He said recycling is more complex than he knows the complexity of, but the conversation is a good starting point for the city.

While the area waits and prepares for a recycling facility, there are other options for going green. Cunningham said the cafeteria has already gone tray less, which helps cut down on wasted food. She said students can also be proactive about printing because there is a paper usage issue. Reusing or donating items such as microwaves or any other unwanted items at the end of the semester is another option.

Colorado duo to perform in concert series

Musical and comedic duo, Jeff and Stacy Pederson, will perform as the second act in the Northwest Oklahoma Concert Series in Northwestern Oklahoma State University's Herod Hall Auditorium on Dec. 1, 7:30 p.m.

From Colorado Springs, Colorado, the married couple entertains audiences with their warm, funny and clean humor styles.

Stacy earned a Bachelor of Fine Arts in Theatre. She is a professional actress, stand-up comedian, author and speaker, who has performed stage, film, commercial, standup comedy and radio work. Stacy is an

award-winning performer with a unique style of comedy and speaking. She won over all the comics in the state of Colorado for "Colorado's Got Talent" 2013 and took second place in the overall competition. Her unique style of comedy interweaves characters, storytelling and stand up while her humor is witty, creative, clean, professional and enjoyable for all ages.

Together with her husband Jeff, a musician and worship pastor who also is known as "The Rock N' Roll Pastor," they provide a dynamic duo that's entertaining

and fun.

Jeff provides a live music experience that can range from classic rock, the standards of the 1930's-1950's, Christian and country. His award-winning voice and performing style placed him as a top state finalist in "Colorado's Got Talent." Jeff's warm and funny style is used to open and close performances with Stacy performing in the middle.

"Jeff and Stacy are two very gifted artists who know how to work a crowd," said Steve Moorhouse of Community Church. "Their fresh, original material gets all ages engaged and fills the venue with laugh-

ter."

Tickets to individual performances will be sold on an "as available" basis at \$15 for adults and \$10 for students with ID at Holder Drug, the NWOSU Bookstore, Graceful Arts Center or Rialto. Kimberly Weast, chair of the Department of Fine Arts, can also be contacted for tickets at (580) 327-8462 or kkweast@nwosu.edu or tickets can be purchased at the door.

The reserved seating section at each concert for season ticket holders will be held until five minutes prior to the performance.

Entertainment scheduled

next in the concert series lineup is jazz band Justin Pierce Jazz Quintet on Feb. 16, 2016, and last in the concert series is the Celtic-hit band RUNA on March 8, 2016.

For more updates please visit Northwestern's Facebook page at www.facebook.com/nwosu.rangers or Twitter at @NWOSU.

The Northwest Oklahoma Concert Series is supported by the Alva Tourism and Convention Development Committee, the Oklahoma Arts Council, the National Endowment for the Arts and the Charles Morton Share Trust.

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drop it by the news room in Jesse Dunn 232

All letters must be signed by the writer, and must include phone number, classification, and hometown.

SPORTS

Women’s basketball open with 63-51 win

By NICK VILLALOBOS
Sports Editor

Northwestern’s women’s basketball team opened up play with a huge 63-51 win in an exhibition game against Southwestern College (Kan.) at home last Thursday.

According to buildersports.com, the Rangers opened up to a 12-8 lead over the Moundbuilders after hitting four straight three pointers from three different Rangers.

The Moundbuilders managed to close the gap to just one with only 47 seconds remaining in the first quarter.

After a short scoring drought by the Rangers to start the second quarter, Southwestern jumped out to a small 20-18 lead.

Northwestern came charging right back however, as they managed to regain a 21-20 lead with just 5:09 remaining in the half.

Both teams went back and forth, fighting to take the lead for the remainder of the half, but neither team was successful in their efforts as the first half ended in a 29-29 deadlock.

After the halftime break, both teams continued the back and forth battle for much of the third quarter.

With 5:21 remaining in the third, both teams seen themselves deadlocked once again. Ranger Deja Beechum was able to drop a three pointer to break the deadlock and sway the momentum back in favor of the Red-and-Black.

The Rangers led the remainder of the third quarter and when the fourth quarter got underway, the Rangers had a slim 43-42 lead.

The slim one point lead for the Rangers would not last long as it grew quickly in the beginning moments of the fourth and final quarter of play.

After two clutch

free throws from Ranger Carolyne Lawley following a Moundbuilder foul, the Rangers began to pull away.

Northwestern held the lead the rest of the way in the fourth quarter, eventually pulling to a 12 point margin over Southwestern.

When the final whistle sounded, Northwestern took the contest 63-51.

The Rangers were led by Kamera Bozeman who totaled 16 points and 10 rebounds. Bozeman went six of 13 from the field and hit four of five shots at the free throw line also.

The Rangers season officially gets underway tomorrow night in Percefull Fieldhouse starting at 8 p.m. as they face the Riverhawks of Northeastern State University. The Rangers also take to the court Saturday at 8 p.m., again at home, this time facing the Broncos of the University of Central Oklahoma.



Photos by Osamu Sakamoto

(ABOVE) Freshmen Jacey Bales nails her lone 3-pointer against the Southwestern College Moundbuilders on Friday.

Football falls to Harding on the road

By BRANDON WILLIS
Student Writer

The Rangers come up short on the road against Harding losing 42-30.

The Northwestern football team took on the Bison in Searcy, Ark. this past Saturday trying to redeem themselves after a huge loss at home to Arkansas Tech.

When play got underway in Searcy, the scoring began early on for the Bison.

After a quick three and out by the Rangers to open up the game, Bison quarterback Park Parish connected with wide receiver Vanard Placide for a 17 yard touchdown.

The Rangers were able to counter the Bison score in the very next possession when running back Zachary Doyle ran 13 yards to knot the game up at seven apiece.

Northwestern took the lead in the pursuing Bison possession after Harding was pinned deep due to three straight negative yardage plays and a safety caused by the Ranger defense.

Once the Rangers took the lead, Harding yet again, managed to counter with a touchdown.

Northwestern retook the lead in the second quarter and never looked back till the halftime break.

After halftime, the Bison

looked to be the ones seeking to gain momentum early as they close the lead to just two midway through the third quarter.

Following another Ranger score, the Bison were able to score with 21 unanswered points in the fourth quarter ultimately handing the Rangers back to back losses.

When the final whistle sounded in Searcy, the Rangers walked away with a 30-42 loss to the Harding Bison.

Following the loss, Northwestern now sets their sights on arch rival Southwestern at home at 2 p.m. on Saturday

The Bulldogs come into

the matchup after winning their last five games. They enter the game with the fifth best scoring defense in the GAC also.

Their offense is led by their quarterback Marc Evans who has thrown for 2175 yards and thrown 21 touchdowns and only 7 interceptions. Evans also averages 271.9 passing yards per game.

Another weapon for the Bulldog offense is DJ Jones who leads the GAC in All-Purpose yardage.

Jones has collected 700 receiving yards while also being a threat in the return game as he has 407 yards on kickoff returns.

On the Rangers side, quarterback Reid Miller has led the way for the Red-and-Black’s offense this season along with teammates Doyle, wide receiver Justin Schaunbacher and Arte’ Miura Jr.

On defense, the Rangers are led by Devin Peyton, Joby Saint Fleur, Shane Collins and Derrick Thompson.

The Rangers lead the GAC in passing offences as well.

They have racked up 3182 yards through the air and scored 31 touchdowns.

Along with it being the Rangers final game of the season, it will be Senior Day at Ranger Field on Saturday.

Northwest Oklahoma Concert Series

The Red Dirt Rangers

Oct. 20, 2015

Jeff & Stacy Pederson

Dec. 1, 2015

Justin Pierce Jazz Quintet

Feb. 16, 2016

Runa

March 8, 2016

Season Tickets - Students \$20 - Adults \$40
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1:30 p.m. - Herod Hall Auditorium - Alva, OK

Photo by Osamu Sakamoto
Ranger Adrian Montley goes for an easy finger roll during Northwestern's 92-30 win over the Trojans.

SPORTS

Men’s basketball rallies for 92-79 win

By ALEX REYES
Student Writer

The Northwestern men’s basketball team came away with a 92-79 win against the University of Science and Arts on Thursday.

It was an exciting and whistle-happy, preseason warm-up for the Rangers over the weekend in Percefull Fieldhouse.

The Rangers pre-season game against the Drovers started off slow for both sides. USAO jumped out to an early lead against the Rangers and stayed out front until toward the end of the first half.

Carelessness with the ball plagued both teams, Northwestern finished with 14 turnovers, while USAO had 19. The Rangers forced several of the Drover turnovers on steals. The Drovers managed six steals on the Rangers.

USAO had eight blocks on the Rangers, but this did not deter them from getting in the paint and grabbing rebounds. The Rangers

managed to outrebound the Drovers 41-36. Offensively the Rangers wanted it more as they grabbed nine less rebounds than the Drovers in their own paint opposed to the Drovers only grabbing 14.

Both teams shot over 30 free throws but the Rangers rebounding allowed second chance points to give them momentum and eight more field goals than the Drovers.

The leading scorer for the Rangers was redshirt-junior, Adrian Motley, who dropped 28 points in the game. The Drovers leading scorer had 30 points, 13 of those being free throws. Late three-point shooting by redshirt-senior T’aries Taylor also helped.

Taylor struggled early with an air ball, but made up for it with his patented swarming defense and finished with 19 points.

Redshirt-freshman Zachary Dumas had four fouls on the night but managed to put up 15 points to make up for his mistakes.

The Drovers second leading

scorer was Richard McCalop who wowed the crowd in pregame warm-ups with various dunks. McCalop played subpar on paper however only collecting five field goals and two free throws for 15 points.

McCalop was perfect on three point shooting in the second half after he sat out for most of the first half.

The Rangers managed to take the lead late in the second half though, and once they took the lead, they never looked back until the final whistle.

When the exhibition game came to a close, the Rangers hard play in the second half helped them to the 92-79 win over the Drovers.

The Rangers next game is against the University of Central Oklahoma in Durant at 5:30 p.m. tomorrow. They will also play Northeastern State University same time and same place on Saturday. Both games are a part of the MIAA/GAC Challenge.



Ranger Ashton Bailey fires a three over a Drover defender in the Rangers exhibition win on Friday.



Ranger Zachary Dumas goes up for an easy lay in during the Northwestern’s 92-79 win over the Drovers.

Ranger Adrian Montley lays in an easy finger roll against the Drovers.



Photos by Osamu Sakamoto

Volleyball eyes Bulldogs after loss to East Central

By JACLYN BURKE
Student Writer

After taking down the Savage Storm and falling to East Central, Northwestern volleyball looks forward to their matchup against Southwestern today at 7 p.m.

According to riderangersride.com, the Rangers defeated Southeastern Oklahoma State 3-2 Friday in Durant, Okla.

The Rangers claimed the first set 25-22 and set three, 25-16. The Savage Storm took set two, 25-21 and set four, 25-15. The Rangers were led to victory by a late play in the fifth set for a 3-2 match win.

After taking down the Savage Storm, the Red-and-Black went on the road to face conference foe East Central in Ada, Okla. on Saturday.

The Rangers were not as fortunate as the night before, as the Tigers took the match 3-1.

East Central won set one 25-16 and set two 25-23. The Rangers look to make a

comeback in set three when they grabbed the set win 25-20. The Tigers were too much in set four though, as they took the set 25-19 and the match win.

Following the split weekend for the Rangers, win/loss wise, their next focus is rival Southwestern tonight.

This will be the second time these two teams has faced off this season. The Rangers fell to the Bulldogs, 0-3, on Sept. 24. Despite the loss, the ladies are ready to take on the Bulldogs for second time this season.

Korina Lillard, a senior from Brighton, Colo., said the Rangers are a different team than they were the first time they played Southwestern. “We are quicker, stronger

and overall better,” she said. “Hopefully all of our hard work on the court and in the weight room will lead us to earning the win over them.”

Since the two rivals meet again this season, they may or may not know what to expect from the other team.

Fredrick Wagner, Ranger head coach, said, “We did some very good things in our first match-up and we just need to stay consistent throughout the entire match.”

From a player perspective, Lillard said, “They have one main hitter that they go to for their offense while we have multiple options which is what gives this Northwestern team so much dimension.”

Along with the match up

against the Bulldogs being the last regular season game of the season, it will also be Senior Night.

Players that started playing at Northwestern as freshmen are Megan Hentschke, Korina Lillard and Kaydee Yukawa. “We also say farewell to seniors Ashanti Banks and Lachelle Purrier; this is the last opportunity for these 5 players to perform in front of the home crowd,” Wagner said.

Kaydee Yukawa, a senior from Honolulu, Hawaii, said she looks forward to playing all out on senior night, which is also the last game of the season.

The Ranger volleyball team take to the court at 7 p.m. against arch rival Southwestern at the Percefull Fieldhouse.

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Wellness Committee addresses workout concerns with new stability ball chairs

By **JORDAN MCLEMORE**
News Editor

The Northwestern Oklahoma State University Wellness Committee met in early October to discuss ways to improve health and wellness on campus. Many ideas were tossed around but the overall concern was that employees find they have a hard time adding working out into their busy schedule. With the overwhelming response of “not enough time” the Wellness committee found a way to bring health and wellness to your office! Have you heard about the benefits of replacing your office chair with a BOSU (stability) ball?

Replacing an office chair for a stability ball is becoming increasingly popular because of the potential for improved health, posture and strength.

Spineuniverse explains that sitting on a stability ball can improve stability and balance because doing so is said to constantly engage the core abdominal muscles.

Stronger ab muscles protect the lower back and promote better posture, and can be the result of using the stability ball.

A study in the “Journal of Canadian Chiropractic Association” by chiropractors Larry G. Merritt and Celynne M. Merritt showed that two people who reportedly suffered from lower back pain improved when they began consistently sitting on a stability ball. Of course,



Photo by Osam Sakamoto

(From right to left) Angela Liggett and Ashley Williams sit in the BOSU balls, which according to recent studies, will improve posture and core stability.

results vary by individual, and not everyone experiences these results.

Prolonged improper sitting posture and office equipment that promotes bad posture can damage spinal structure and can cause

recurring back and neck pain. The stability is a small change that can make a big improvement to your health.

Richard Burdick, Director of the Wellness Center plans on doing a follow up survey to gauge the benefits on those

who use these chairs. There are a limited number of chairs that the Wellness Committee will distribute to full time staff and faculty members, and deliver anywhere on the Alva campus. They are available to the Woodward and Enid campuses as well.

For more information and chair orders, contact Richard Burdick by Nov. 19, at rpburdick@nwsu.edu or 580-327-8109.

A disclaimer was released

with the chairs reading: “If you are new to using a stability ball, you might need to start out using the ball in small increments, as your body and muscles might not be accustomed to sitting in this manner for long periods and get fatigued. As your muscles build strength and endurance and become familiar with the seating position, it will become easier and you will be able to use the ball for longer periods.”



Photo by Osam Sakamoto

The BOSU balls are available to full time staff and faculty but are in limited numbers.

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Features

Country Music Awards airs last week; recap of strong performances

By **TRACY MEZA**
Student Writer

The 49th annual Country Music Association Awards took place on Wednesday, Nov. 4 and was a night full of jokes and performances from country music’s greatest superstars and special guests.

First, here’s a brief run down on the CMA awards so you can understand how each country music superstar wins their category. According to the CMA awards website at CMAworld.com, the CMA Awards nominees and winners are determined by more than 6,300 industry professional members of CMA. CMA Award winners are chosen in three rounds of voting. Votes are cast by industry professional members of the Country Music Association. This means award winners are honored by their peers in the music industry.

The night started off with returning hosts Brad Paisley and Carrie Underwood, singing “...this world has gone bat poop cray cray, watch me nay nay, watch me whip, watch me stanky leg too...” Then they discussed the breakup that really rock their world, two people in the room that they all know and love: Kermit and Miss. Piggy. Brad Paisley tagged the joke saying: “On



Photo provided by cmaworld.com

a completely unrelated topic, howdy, Blake!”

The night continued with a series of performances from the country superstars and a few special guests including Justin Timberlake, Fall Out Boy and John Mellencamp, with the award distributions strategically placed in between the performances.

The winners of the 2015 CMA awards were almost a

clean sweep between Little Big Town with their hit single, “Girl Crush,” and country music newcomer Chris Stapleton. The winners for the 2015 CMA awards are as follows:

- Entertainer of the year: Luke Bryan
- Female Vocalist of the year: Miranda Lambert
- Male Vocalist of the year: Chris Stapleton

- Vocal Group of the year: Little Big Town
- Vocal Duo of the year: Florida Georgia Line
- New Artist of the year: Chris Stapleton
- Album of the year: Traveler by Chris Stapleton
- Single of the year: “Girl Crush” by Little Big Town
- Song of the year: “Girl Crush,” written by Liz Rose,

Lori McKenna, and Hillary Lindsey

- Musical event of the year: Raise ‘Em Up with Keith Urban featuring Eric Church at Hit Red Records/Capitol Records Nashville
- Music Video of the year: “Biscuits” by Kacey Musgraves, directed by Marc Klasfeld
- Musician of the year: Mac McAnally

World Kindness Day encourages simple acts of decency towards fellow man

By **KEATON KROOS**
Student Writer

Tomorrow is World Kindness Day, a day that encourages individuals to overlook any boundaries of race and religion.

This day really intrigued me, as kindness is something that has always been taught at my house. I think this day is cool because people recognized that kindness was something that we were lacking, so they made a day that would remind people that we are no better than any other person.

I really encourage others to show acts of kindness on this day, to show acts of kindness to others that you usually might not. It doesn’t have to be people that you usually wouldn’t help, it can be anybody.

This is a time to step up and be the person that maybe you have wanted to be, but you were afraid of being called “that goody two

shoes.” This day is a time for us to go above and beyond to make sure that others know that people are good and people do care.

There are many things that can be considered acts of kindness. Some examples are opening a door for someone, helping someone find a location, donating to a charity, giving your time to a volunteer group, be respectful to a teacher, give your full attention to someone that is trying to inform or teach you.

I guess you could take the saying, “Do unto others as you would have them do unto you” into an even bigger context. You could go out of your way to help somebody, because secretly you have always wanted someone to be nice to you.

I wanted to see what people thought of this day. When asking adults, they were excited for this day. Most older people feel that the younger generations have lost their kindness, that they

have not been taught correct behavior. Younger people are also excited for this day, because they want to take initiative on this day.

I think that everyone should try to partake during this day. I hope that after World Kindness Day, everybody sticks to the actions of that day!



Photo by Natalie Sacket

World Kindness Day is filled with many opportunities to make the world a better place.

Thank you NWOSU Basketball Girls for raking my yard!

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