

## Ranger Homecoming: What to expect

By **LOGAN JONES**  
Student Reporter

With Northwestern's homecoming only days away, many people are anxiously making preparations for all that comes with it. However, there is more to Homecoming week than just gatherings and a Northwestern football game.

John Allen, the director of alumni relations, said that NWO-SU's homecoming is a time for Northwestern's alumni to come and reconnect.

"We have so many things planned for our returning alumni like the annual Bar-B-Que, our 5K Fun Run and many more," Allen said. "Homecoming allows past students to come back and see what Northwestern has become and grown into."

There are many alumni that hold Northwestern and the town of Alva near and dear to their hearts. Even those that went on to become successful say that if it was not for NWOSU, they would not be where they are today. Homecoming allows past students to return and pay homage to the place that gave rise to their success.

The homecoming festivities are not limited only to Northwestern students and those who live in Alva.

"This is everyone's homecom-



Left: The mass band at the 2017 ranger homecoming  
Above: Demetri Wilson crowned the 2017 Ranger King  
Below: Sadie Vore crowned the 2017 Ranger Queen



Photos by University Relations

ing," Allen said. "People from all over the northwestern Oklahoma area come out for it. You don't even have to be a Northwestern student or alumnus to be a part of the culture and community."

Allen, who was raised in Southern Kansas, fondly remembers making the drive down to Alva for the homecoming festivities. "Alva was our big city. It was where we went to go celebrate," Allen said.

Kaylen Hanson, the Director of Students and Housing, and

Northwestern alumna, is always looking forward to homecoming every year. She has experienced the entire spectrum of spending homecoming week in Alva, beginning as a student before becoming a faculty member and ultimately a parent.

"Both me and my husband have been here for a while now, and to be a part of it as a student and know a faculty member, it's really cool," Hansen said. "Now we bring our kids, it's just a fun deal to bring the whole family out

to."

Even current Northwestern students come to respect and enjoy the school's week-long celebration. Students like senior, Jacey Bales. As a second generation NWOSU Ranger, Bales feels a close connection to the school and to homecoming. "Since both of my parents graduated from here, I guess it's like I'm carrying on a tradition," Bales said. "Homecoming just embodies what it means to go to school here and be a Ranger."

## Ranger Royalty finalists named

By **MONTANA MCCULLOUGH**  
Student Reporter

The room is silent; contestants sit and wait to hear their name called as finalist.

This was the feeling candidates felt as they waited to hear the results from voting for homecoming king and queen.

The first round of voting for Ranger Royalty began on Monday and ended on Tuesday. Before voting started though, candidates had their campaigning strategies to put into place.

Fliers could be seen all across campus from the each candidate. Each flier had some sort of

unique piece to it that showed off the candidates.

There were nine women running for Ranger Queen, four men for Ranger King and six ladies running for Freshman Queen.

The Top 3 king candidates are Blake Humble, Mickey Jordan and Adam Olewinski.

Mickey Jordan, a graduate student, said he ran for Ranger King because school spirit is important to him and that everyone needs more of it.

The Top 3 queen candidates are Kelsey Cloud, Kayla Eaton and Madison Hofen. These three women are all seniors at NWOSU.

When asked why she ran for Ranger Queen, Kelsey Cloud, a senior health and sports science



Photo Provided by Caitlyn Pray

Nine students competed for the title of Ranger Homecoming Queen

major, said, "I didn't know if I was really going to make it in the Top 3 so I was just going with the flow."

Representing Northwestern as Freshman Queen this year is Maya Stewart.

The second round of voting to determine who reigns as Homecoming King and Queen will be on Monday and close on Tuesday. Then the results will be announced at the football game on Saturday.



Photo by University Relations

Former Freshman Queen, Kelsi Smith, is pictured the new queen, Maya Stewart.

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# News

## Who will be the next 'Miss Cinderella'?

By CAPRI GAHR  
Student Reporter

Miss Cinderella is an event hosted by Northwestern every year. It sponsors young women who have previously won a pageant at the high school level. Pageants include Miss Cherokee from Cherokee, OK and similar school funded events. These young women are offered a scholarship to NWOSU if they participate and win an event in Miss Cinderella.

Miss Cinderella was originally created to help recruitment and make homecoming more exciting. A panel of prominent men from the community got together in 1952 and decided to create a way to introduce quality young women to Northwestern. They were inspired by an event in Arkansas City, KS called "Ark-a-la-la."

These individuals were inspired by the parade which featured many different crowned women from surrounding towns. Originally, no schools opted to participate in the new "queen contest." Bob Reneau, one of the men who helped create the contest and original coordinator of the pageant, decided to personally call every school in the area to convince them to participate.

Lisa Franz and Dr. Sheila



Photo provided

Seventeen of the 19 High school seniors competing in the 67th Miss Cinderella Pageant next week pose on campus.

Brintnall now co-direct the pageant. Roark became co-director in 2011 and Brintnall joined just two years later. Fortunately, 11 schools accepted and the first ever Miss Cinderella pageant was created. Originally, the contest was called "queen contest" but was changed in the late '50s.

The first ever winner was Bonnie Rauh from Alva. This year's pageant will be the 67th pageant. Outstanding young women at least 16 years old and high school seniors are eligible to compete for honors and scholarships. Currently, the winner of Miss Cinderella is awarded eight semesters of tuition

and a one year room and board waiver. The winners of the talent portion and Miss Congeniality receive a one year room waiver and one year of tuition. Last year, Miss Woodward, Lexi Vanderwork, won the pageant and the talent portion of the contest as well.

Pageantry is changing. Miss

America has done away with the swimsuit competition. This means the pageant will now be a competition of talent and knowledge instead of a pageant that judges the women's bodies.

Allison Zimmerman, instructor of mass communications and who is in charge of the judges, explained why that will not affect Miss Cinderella in any way. She explained how Miss Cinderella is a pageant that does not provide a pathway to Miss Oklahoma or Miss America and therefore does not follow the same regulations as those pageants.

Neither does the pageant include a swimsuit portion anyways. The pageant was formed with intent to feature outstanding women and never focused on looks or physique. The different portions of the event include talent, ball gowns, questions and interviews.

Zimmerman explained her favorite part of the experience and working for the pageant. "I love getting to meet the girls and their parents and learning about who they are," she said. "It is exciting to learn about the great group of girls competing for the crown."

The talent show will be on Oct. 4, the pageant on Oct. 5 and the homecoming parade is on Oct. 6. Nineteen young women will participate this year.

## Nike 'changing the conversation'

By GREG MINOR  
Student Reporter

Protesting without signs, without a march, without violence but instead on the turf by taking a knee.

Over the past few weeks, since Nike has made former San Francisco 49ers quarterback, Colin Kaepernick, the face of Nike's 'Just Do It' 30th anniversary commemoration, America has been divided once again.

On September 1, 2016, the NFL star took a knee during the national anthem. Prior to taking a knee, Kaepernick sat during the anthem for two games before anyone noticed.

President Trump said in his interview with CBS sports "The NFL should have suspended Kaepernick for kneeling, you cannot disrespect our country, our flag, our anthem—you cannot do that."

Kaepernick then met to speak with Nate Boyer, who was previously a United States Army Green Beret after serving six years and multiple tours in Iraq and Afghanistan. Both Kaepernick and Boyer presented their sides to each other about Kaepernick sitting, and agreed to make a compromise without dishonoring those who served for the country.

"I am not going to stand up to show pride in a flag for a country that oppresses black people and people of color," Kaepernick said

in an interview with the NFL. "To me, this is bigger than football and it would be selfish on my part to look the other way. There are bodies in the street and people getting paid leave and getting away with murder."

Trenton Harmon, social science major said, "I don't support the kneeling during the national anthem. That is a sacred part of our country in my opinion. But at the same time I understand the message behind the commercial."

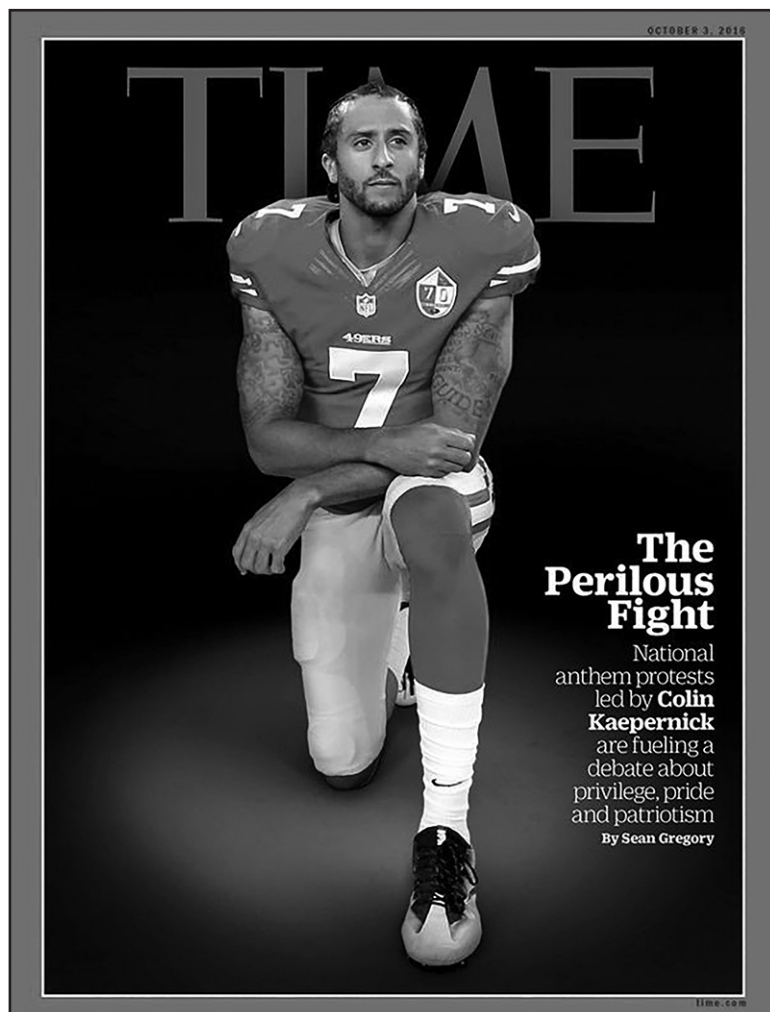
When Nike presented the commercial 'Crazy' and their new face Kaepernick, some American's were in disarray. Citizens posted their disbelief on social media, by setting their Nike gear on fire and cutting the Nike checks off their socks.

"I think that the burning and destroying is way over the top," Harmon said. "That's dramatic and pointless. If people don't agree with Nike to that level they should at least donate the clothes for a good cause."

The first few days Nike's stock prices plummeted due to American's disagreeing with Nike's actions. Then sales increased and stock went up 31 percent.

Dr. Steven Palmer, professor of business, said, "It was a very good marketing move by Nike, Nike knows their target customers."

The company itself earned up to 43 million dollars in media exposure within the first 24 hours of the



Colin Kaepernick taking a knee made the cover of Time in 2016. He is now one of the faces of Nike's newest campaign, which has sparked controversy.

commercial 'Crazy'. Kaepernick started this movement using his NFL platform to bring attention to police brutality on minorities. "It had nothing to do with disrespect-

ing veterans and the flag," Palmer said. "President Trump created the impression that this was about the flag and veterans."

When a player is injured on the

football field, the remaining players take a knee as a sign of respect. Soldier's take a knee in front of a fallen soldier's grave to show respect. Kaepernick and Boyer's conversation led to not dishonoring the country by kneeling, but spreading awareness of police brutality and other forms of social injustice.

"Don't ask if your dreams are crazy," Kaepernick said. "Ask if they're crazy enough."

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# News

## What's up?

Northwestern's Homecoming will feature Snapchat geofilters for the Miss Cinderella talent night, parade, and football game.

Begin your homecoming celebration by getting together with alums and friends for a round of golf! The President's Association Homecoming Golf Classic will be on Oct. 5.

Artist-in-residence Kelly Catenacci's art exhibitions will be held in the NWOSU Jesse Dunn art annex in room 323 from 3-5 PM on Oct. 5.

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**7**  
days away!!

## Let's talk about it, Alva

By MEGAN BROWN  
Student Reporter

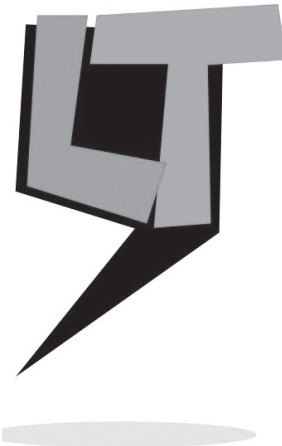
"Let's Talk About It, Oklahoma: Hope Amidst Hardships" is an event coming to the Alva Public Library over the next few months. This event will feature many of Northwestern's professors including Dr. Jennifer Page and Dr. Roxie James of the English Department. "Let's Talk About It, Oklahoma" is a series of talks presented by humanities scholars and a discussion among the participants to follow.

Oklahoma Humanities is responsible for this event which allows Oklahomans to expand their knowledge. This nonprofit organization's goal is to give people an opportunity to receive insight on the importance of humanities in life. Dr. Page, who is the event coordinator, says that this program is generously funded by The National Endowment for the Humanities, the Inasmuch Foundation, and the Kirkpatrick Family Fund.

"The 'Let's Talk About It Oklahoma' program provides a way for people of all walks of life to talk about literature," Dr. James said. These talks are based off of books that fit into the series topic, Hope Amidst Hardships. After looking at the reading list and attending a few past talks Dr. James decided to lead a talk in this year's series.

When asked why she chose to participate in this event Dr. Page said, "As an English teacher, I love reading and sharing my love of literature with others. This program is also a good opportunity to provide service to the community." Both Dr. Page and Dr. James believe that students can benefit from attending these talks.

An event like this can be beneficial to Northwestern students as it gives them the opportunity



**LET'S TALK ABOUT IT OKLAHOMA**



Graphic by Ashley Strehl

LTAIO at the Alva public library will talk about these 5 book titles

to branch out in the community and learn from fellow community members. Dr. Page believes that this event will allow students a chance to break out of their comfort zones and learn new things.

The five part series will be offered every other Monday be-




ginning on Oct. 1 at 7 p.m. with Dr. Page discussing "The Glass Castle" and will end on Dec. 3 at 7 p.m. with Dr. James discussing "Tuesdays With Morrie." Students are encouraged to attend at least one of the five talks.

Want an ad? Email Christina Munster [cemunster@rangers.nwosu.edu](mailto:cemunster@rangers.nwosu.edu) OR call Christina! 719-314-8467

### Attention all Ranger Students!

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# Editorial

## From other campuses

# Conspiracy theory renaissance linked to internet culture

By NATHAN HINKLE  
*The Collegian, University of Tulsa*

Throughout the United States and, in some respects, the rest of the world, there has been a growth in conspiratorial beliefs. These beliefs range from the Earth being flat to new political conspiracies, such as Q-Anon. For those unaware, Q-Anon supporters believe that there is a secret member of the current administration who leaves hints, commonly referred to as crumbs, on how the president will take on political figures who Q and his supporters believe are evil.

While conspiracy theories have always been around, their growth can be seen not only on the Internet but in real life as well. For example, at President Trump's recent campaign rally on July 31, participants came adorned in Q T-shirts to show their support for this theory. Additionally, according to a Gallup poll in 2013, 61 percent of Americans polled believe the second gunman theory of President John F. Kennedy's assassination. I believe this growth in conspiracy theories is primarily due to the rise of the Internet and vast communication allowing believers to easily reach each other.

The growth of communication is a double-edged sword in that it promotes and provides opportunity for interaction between many differing groups, yet it also allows previously frightened theorists the opportunity to meet similarly-minded individuals who reinforce their misguided beliefs.

This reinforcement eventually erodes the truth as the belief eclipses the truth in the public mindset. At this point, it does not matter what the truth actually is, only what people want to believe.

The major reason behind the growth of conspiracy theories is the rise of alternative forms, and a common distrust of traditional sources, of media. According to a 2018 Gallup Survey of over 18,000 Americans, 43 percent had a negative view of the media versus 33 percent who had a positive view. Due to this distrust in alleged mainstream media, new forms of media have arisen. One can easily find a point of view that fits their own rather than being challenged by opposing viewpoints.

Access to different forms of media have continually advanced throughout the years, especially in the introduction of the Internet. For example, from the 1950s to the 1990s, there existed only three main television networks in the United States: ABC, NBC and CBS. Today, there are more than 50 national broadcasting networks. While national TV broadcasting is not the usual source of conspiratorial thought, it is a sign of the massive growth in the different available forms of media.

While there is some relevance to the growth of different forms of traditional media, the key source of new conspiratorial thought is the everyday individuals on various Internet platforms. Social media websites, such as Facebook, Reddit and YouTube, give individuals the ability to discuss and be influenced

by their peers all over the globe.

For example, the group titled "Great Awakening," which focuses on the Q conspiracy, has over 68,000 subscribers on Reddit. Through this new form of access, random conspiracy theorists who were previously separated across the United States are now able to communicate and spread their beliefs.

Conspiracy theories are rising because they provide a strict definition of the "other" or the enemy. They explain the confusing elements of life. In a discussion with U.S. Today about the subject, Jan Willem van Prooijen, an associate professor at the Department of Social and Organizational Psychology at VU University in Amsterdam, stated that people "need to blame the anxiety they

feel on different groups and the result is frequently conspiracy theories," adding, "People don't like it when things are really random. Randomness is more threatening than having an enemy. You can prepare for an enemy, you can't prepare for coincidences."

Due to the unstable nature of the modern age, it is nice to believe a simple concept that one can easily share with one's peers. The rise of conspiracy theories is due to the growth of the Internet and its new sub-communities. People tend to believe those who validate their own thoughts and fears. When going forward into the future, modern societies must be careful to distinguish between fact and fiction or they will lose the truth. The hunt for truth is difficult, but it is a trial that a new digital society must face.



# Major Changes

By CAMERON QUINBY  
*Editorial Editor*

There are a lot of things that make college stressful for first-time students. Expenses, moving away from home, trying to make new friends, and adjusting to a new atmosphere and way of life in general. There's plenty of things to keep you up at night screaming into your pillow, but should deciding your major be one of them?

A study done by the Education Department's National Center for Education Statistics found that nearly 33% of bachelor's degree pursuers changed majors at least once in three years. 10% changed twice. It shouldn't come as any real surprise that many students change majors. After all, how many 18 year olds can say they know without a doubt what they want to do with their lives? Even those that enter college sure of their chosen major can question that choice as they're exposed to new walks of life.

Of course not everyone is going to change their major during college. It's great if your major of choice upon entering college keeps you interested and excited for the career that awaits you.

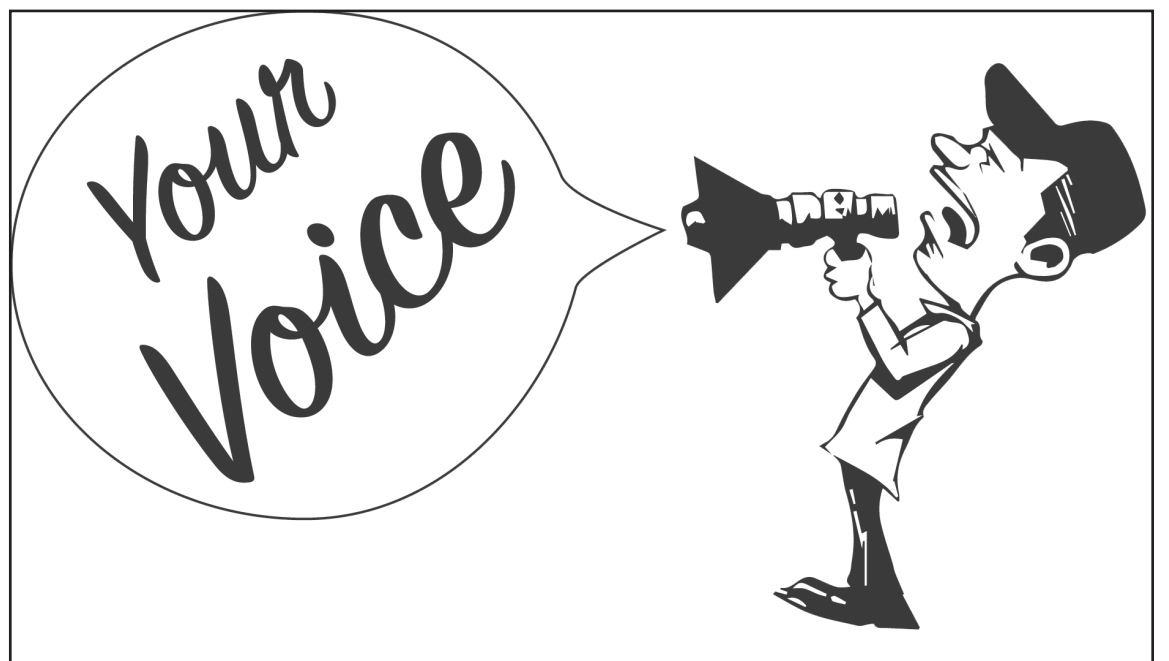
However, I think it's important to be open to change. Just because you've planned on majoring in biology since your freshman year of high school doesn't mean it's set in stone. You might find out in college that a degree in social work is better suited to your interests. It'd be a shame to end up with a career you're not passionate about because you didn't want to upset the goals you set years ago. People change their minds all the time. No matter how certain you are of your major, be open to a change of heart.

**Interested in writing?**

**Share your opinions!**

**Contact Cameron**

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# Editorial

## Puppy love: 100,000 years of evolution in the making of man's best friend

By PAUL BACCHI  
*Concordiensis, Union College*

The mutual bond that dogs and humans share is a textbook case of perfect symbiosis; that is cause for great rejoice. Since the dawn of the genus homo some 100,000 years ago, humans and dogs have shared a bond so strong that both human and dog brains have shrunk as we learned to depend upon each other.

In fact, there are those in modern anthropological academia who argue that the symbiotic relationship that we share with dogs is what allowed us as a species to compete and survive so effectively. The domestication of dogs may seem like an incredibly intriguing mystery, but it is really rather intuitive when you consider the similarities between human and dog family units. In an article written in the journal *Psychology Today*, Doctor Nigel Barber elaborates on some of the reasons that the relationship between dogs and humans is so close. Like dogs, Barber writes, humans are territorial, cooperative, and emotionally attached to fellow members of their family. When you consider these similarities, it is not difficult to see how natural the union of dogs and man is, and even today, where dogs are more often than not simply pets rather than tools to aid human survival, the bond remains incredibly strong.

## Are fun facts an effective way to introduce students, or a burden?

By KRISTINA RODRIGUEZ  
*Dickinsonian, Dickinson College*

As a senior fresh off of syllabus week, I feel the need to get something off my chest. I think my biggest pet peeve has become the dreaded "Let's all share a fun fact about us" and general awkward introductions that every professor asks us to do. This is not to attack professors who do this by any means because I do see the value both for the students and for the professor to get to know each other so as to cultivate a safe space for a more cohesive learning environment.

This does not change the fact that these introduction activities give me a bit of anxiety. I literally spend the entire time up until it's my turn thinking about what I am going to say about myself to make me sound interesting and "fun".

While I am thinking of what

Most dog owners that I know would absolutely consider their dog to be a member of the family, and we often humanize our dogs often, such as when your dog gives you a quizzical look and you speak to it, asking it what it wants or what it's looking at. Making a case that dogs and humans have actually domesticated each other, Barber writes that since our history with dogs began some 100,000 years ago, the human brain has experienced shrinkage in certain brain regions (the olfactory bulb and lateral geniculate body) responsible for senses such as smelling and sight, while the brains of dogs have shrunk nearly 20% in regions of the brain responsible for critical thinking and cognition.

So, during our ascent into being the greatest species, we leaned on dogs to help us smell and see, which was useful for security and hunting, while dogs depended on us to provide food and shelter for them. I would say that physiologically, Barber's case is strong that humans and dogs domesticated each other, and it's not so outlandish, considering that many people would consider that a pillar of good morals is not hurting innocent animals like dogs (which you should definitely never do under any circumstances because dogs are great). The utility that dogs offer us extends up until today, as well. While the use of dogs for hunting is still common (though certainly not as common as it used to be), likely more common yet is

I'm going to say, I don't even hear or process what my peers are saying and don't remember anyone's name whatsoever. I also turn red and sweat profusely as I introduce myself so that's not a good time.

Personally, I feel like I remember people and their names more by what they contribute during class discussions or when we do work in smaller groups. It can be a bit daunting and honestly, sometimes just plain draining to introduce yourself to a whole class of maybe 15-25 other students three times a day for a whole week (I may be exaggerating a bit, but you get my point).

I feel like, in general, I have done enough ice breaker activities and said enough fun facts to last me a lifetime. Like, how do you define what is "fun" about yourself? The whole ordeal stresses me out. After a while, you just run out of things to say or maybe you get caught in a lull in excitement in your life.



the use of service dogs. Dogs have impressively tuned senses, so much so that there exists service dogs for a variety of functions, such as detecting low blood sugar levels in diabetic patients, or detecting anxiety in people with anxiety disorders, and that is just talking about individuals that receive aid from individual dogs.

Dogs offer further utility yet to fire departments, police departments and other government organizations like the drug enforcement agency. Every day, dogs are saving the lives of humans, whether it be a seeing-eye dog preventing a blind man from walking into the road, or a fire department dog finding people trapped underneath a fallen building debris so that they can be rescued.

I have spent all this time to discuss the very pragmatic applications of dogs in our lives and in our history, but I have neglected the best feature of dogs: their undivided love for their humans. Dogs just have this incredible goodness that they exude, and it is truthfully for that reason alone that anyone should consider owning a dog.

All I'm saying is that from my own experience, while sometimes during these introduction activities I am able to share a laugh or end up having fun, I don't think they are actually effective in getting me to better get to know people in that type of setting or situation.

Again, I do acknowledge that learning people's names and building rapport in a classroom are important, but I feel that this really happens when class discussions begin alongside group projects and group conversations.

I doubt anything is going to change, not that I am expecting or requesting that it does, because introductions need to happen but

I do think that it should be kept in mind that some people genuinely have social anxiety and this is not always the best way to solve that or help the person overcome it.

Short, sweet, and simple introductions are ideal in my opinion.

## EDITOR'S RANT OF THE WEEK



By ASHLEY STREHL  
*Editor-in-Chief*

I think one of the worst things about adulting is getting sick. It is horrible. It is so depressing and hindering to an everyday life of a full-time student and editor-in-chief of a university newspaper.

One of the worst things would have to be that you do not have your mom there to hug you and bring you water, medicine, or vapor rub. Don't get me wrong, I love it when the weather gets cooler. There is something magical and peaceful about fall weather. Unfortunately, for me, I have a terminal cold until the spring.

Nobody feels bad for you, and no one wants to take care of you in the fear of getting sick themselves. It's survival of the fittest out here and I am not fit, at all. In fact, I'm a baby. I will wallow around in my own self-pity before doing anything to make sure that I get better. I even texted my boyfriend saying that I'm sick and I'd feel better if he was with me but, honestly, that's just me trying to get attention. It's pathetic. In the past, it's been a lot worse, I had fewer responsibilities, so I had more time to do the wallowing mentioned before.

I can recall one occasion where I had a really bad stomach flu. I was living in the dorms, and although I was puking every 30 or so minutes I found the time and energy to move my bed out into the bathroom area so I would be closer to the toilet.

To this day my roommates still harass me and say that I was being "way too dramatic."

I defend myself everytime because, well, I was sick! I didn't want to keep puking in my room! Looking back now, I probably should of just stayed in my little corner in my room and got through that horrible god awful illness that still gives me nightmares, on my own.

One thing that always crosses my mind when I'm feeling ill is that I didn't appreciate my health enough. When I'm bed ridden the one thing I want is to be better, and I beat myself up for not enjoying my life when I was healthy.

I've come to the conclusion that I am becoming my father. I remember a time when my dad stayed home from work due to the common cold.

He took my hand and said, "Ashley, if I don't make it I want you to have all my belongings, and grow to be happy with lots of children. Don't forget about me when I'm gone." To that I replied, "Dad, you're so dramatic!!"



# Feature



Head coach Ryan Bowen takes the field at Myers Stadium to start the conference game matchup against Quachita Baptist University in April of this year. He is in his second season at NWOSU.

Photo by: Olivia Brock

## It's more than just baseball with Bowen

By: **LOGAN JONES**  
Student Reporter

As a young boy, Ryan Bowen learned first-hand what responsibility meant when he got his grandfathers' ATV stuck in the mud. In an attempt to be responsible, he took it upon himself to pull it free. However, his predicament got even worse when a farm truck and a tractor also fell victim to the thick mud. Eventually, Bowen told his grandfather who, instead of responding with anger, calmly offered his assistance in freeing the vehicles. It was then when Bowen understood the maturity in asking for help when needed.

Now, he takes it upon himself, his coaching staff, and his players to offer their assistance in any way they can.

Bowen is Northwestern Oklahoma States' head baseball coach and following his inaugural first season in Alva, he had time to sit down and talk about himself, his life and what brought him to Northwestern.

Bowen grew up all over Oklahoma, spending time in the southern, eastern and northwestern parts, but the place he considers his childhood hometown is the small town of Rosedale. There where he attended Wayne High School. He was introduced to baseball from the moment he was born. "My father was a high school baseball coach, so it kind of just ran in the family," Bowen said.

He went on to play college baseball at Carl Alberts State College and later at Southeastern Oklahoma State. While there, Bowen was a first team NJCAA All-Region II player twice, and was named the Region II Player of the Year in his final season as a Viking. That same year in 2007 he was honored with a second team NJCAA All-American selection as well. Bowen played his final two years at Southeastern, where he graduated with a bachelor's degree in recreation in 2009 as well as being named SOSU Male Athlete of the Year.

Following his playing days, Bowen's coaching career began when he went back to CASC as an assistant coach for three seasons. While there, he earned his master's degree in education with an emphasis in sports administration from East Central University. After his tenure at CASC, Bowen returned to Southeastern where he became an assistant baseball coach and the recruiting coordinator. While a part of the Savage Storm coaching staff, Bowen assisted in the team getting to three-straight postseason appearances in 2015, 2016 and 2017.

In the summer of 2017, Bowen said he felt the time was right to make the leap from assistant coach to head coach. He applied for the head coaching positions from all over the region, including Northwestern. A few weeks later, he received a call from NWOSU's Athletic Director Brad Franz, saying that he had the job.



Head coach Ryan Bowen

Now is there much of a difference from being an assistant coach to being a head coach? "It's a big jump from assistant to head coach," he said, "but it's still fun. There are so many different roles and more challenges."

During his brief time here at Northwestern, Bowen has already made a huge impact on the baseball program. In his first season, he has led the Rangers to a 22-24 record, the best record since the 2014 season. The team also has a chance to make the conference tournament for the first time since NWOSU joined the Great American Conference in 2012.

To those who have never met Bowen, he may come off as quiet, intense and serious but according to those who know him best, he is

actually quite the opposite.

Alyssa Bowen, his wife of six years, first met Bowen when he was still in college at SOSU. She describes Bowen as being serious when in front of people but goofy when alone as well as being a sweet and good guy who is extremely hard-working.

"Because of how quiet he is, people don't get to see the nice guy he really is," she said. "He's just such a humble guy. He could have just had a huge win and he would just give all the credit to his players. It's amazing."

To show how humble Bowen is, he leaves all of his baseball accolades to the side when he considers his greatest achievements. He said he believes his Christian faith as well as being married and staying married and getting the head coaching job at Northwestern to be his greatest accomplishments.

Even more so, he gives such high regards to his own players. He said what he fears the most is not being a good enough coach and mentor to them.

Members of his current coaching staff also had nothing but praise for Bowen. Hitting coach Tyle Hankins first met Bowen while he was a graduate assistant at East Central University. He said Bowen is a hardworking and dedicated coach who will do whatever it takes to win.

"He's just an all-around good dude," Hankins said. "He showed me respect when no one else did. He gave me an opportunity that I am very grateful for, and I admire

that he is such a man of faith. It's hard to find a guy like that."

Infield coach Luis Reyes really appreciates the fact that Bowen is such a deep believer in his faith. "He's a very Christian man and knows a lot about the Bible," Reyes said.

Reyes met Bowen in 2015 when he was coaching at Murray State. During his time at Southeastern, Bowen established a bond with Reyes around baseball.

"Bowen is serious but easy going once you get to know him," Reyes said. "If you don't know him, he comes across as intense and serious, but the more you get to know him the more he opens up to you."

Assistant pitching coach Charlie Letourneau had much the same response. "When I first met [Bowen], I thought he was a very serious dude," he said. "But once you get to know him, he becomes a relaxed individual."

Even when he is away from the baseball field, Bowen has plenty of other interests.

"I just enjoy being outside," Bowen said, "whether it's hunting, fishing, or hiking. Those are the times where I can just put my guard down and just enjoy myself."

So what should people know about Ryan Bowen?

He just smiled.

"I just consider myself to be a pretty normal guy," he said. "We're happy to be here in Alva, and we hope to stay here for a very long time."



# Feature



Photos by Michelle Willson

*Practicing for perfection ...*

## **NWOSU Color Guard team**



**Alisson Ingram, Early Childhood Ed. major**



**Chloe Nuttly, Math major**



**Kenzi Thomas, Vocal Ed major**



**Billie Buckingham, Nursing major**



**Diana Rojo, Pre. Med major**



**Jessica Reeves, English major**



# Feature

## Juggling School and Work

By KEVIN FORD  
Student Reporter

College is expensive. Once you are enrolled in college, you will notice very fast how much responsibility you have for your own progress. Chasing a degree at the university level is at least a four year commitment. This commitment demands patience and above all else good money management.

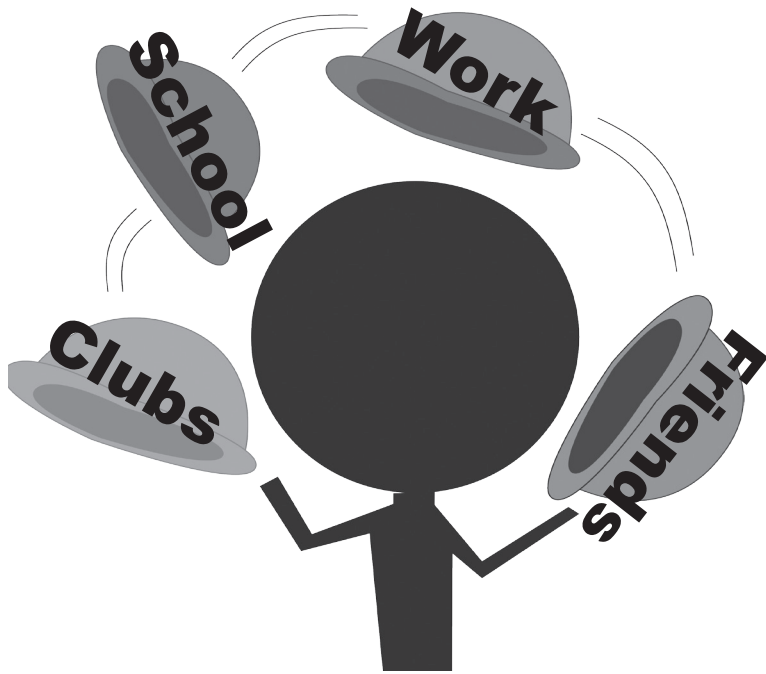
Athletic scholarships, financial aid and other kinds of aid help many students pay for college, however, this is not the case for everyone.

Many students at Northwestern work off-campus jobs to help pay for their education.

Many students chose to live off campus, this equals bills and more expenses added to the tuition students already have to pay. Northwestern is a particularly small campus overall. Many students have on-campus jobs, but some students strive for higher pay and seek jobs off-campus.

If we look at the Northwestern school website, online tuition fees for undergraduates are 305, 25 \$ per credit hour for Oklahoma Residents and 542, 50 \$ per credit hour for Non-Oklahoma residents. We rounded up some student workers to see how they combine work with school.

First, Kylee Prom, a sophomore nursing major from Iowa. Kylee works as a Private Care CAN (In home, help aid) off-campus. How long have you been working as a



CNA? "About a year now". How did you get this job? "I stayed active and hunted down this position". Part-time or full-time? "Full-time". How do you balance work and school work? "I am able to do all my homework at work in between my hours". Why do you work full-time in college? "I have to keep a roof over my head and pay my bills. Working also helps pay for my education".

Second, we interviewed Madeline Jacobsen, a junior business administration major from Denver, Colorado. Madeline is also a member of the Northwestern women's track team. Where do you work, Madeline? "Shepherd's Diner". How long? "About six weeks now, since the start of the semester". How often

do you work? "30-40 hours a week, weekends included". How do you balance school and work? "I do most of my homework in between my classes, I also have track practice early in the mornings 5 days of week exactly. I don't really get that much free-time, but work doesn't affect my school work". Why do you work? "I am paying for school and saving my earnings".

It may be hard to manage school and work, but for these two students it's all worth it. After you complete your education you will also have a great deal of experience in the work force already. Students work hard, and it is important to recognize and appreciate what you do for yourself and your personal growth.

**"Don't cry because it's over, smile because it happened." — Dr. Seuss**

**"Be yourself; everyone else is already taken." — Oscar Wilde**

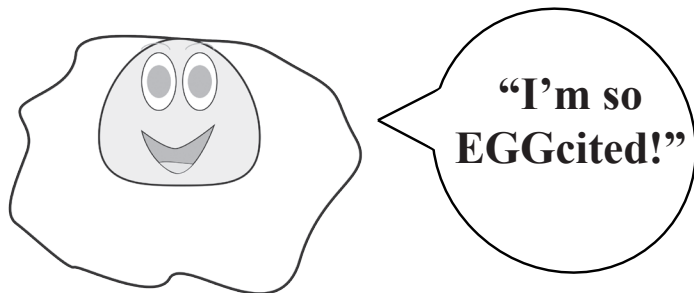
**"Two things are infinite: the universe and human stupidity; and I'm not sure about the universe." — Albert Einstein**

**"In three words I can sum up everything I've learned about life: it goes on." — Robert Frost**

## Dorm Recipe

### INGREDIENTS:

- 2 EGGS
- 2 Tbsp. milk
- Salt and pepper



### DIRECTIONS:

BEAT eggs, milk, salt and pepper in microwave-safe bowl or 12-oz. coffee mug until blended.

Microwave on HIGH 45 seconds: STIR.

Microwave until eggs are almost set, 30 to 45 seconds longer.

SERVE immediately.

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# Entertainment



Photo by Michelle Willson

Sophomore Peyton Lucas and freshman Dakota Retherford set up lights in "front of the house."

## Preparing for 'Anti-Social'



Micky Jordan and Nick Wygles work on the set for "Anti-Social" in the theater.



Freshman Maddy Doyle and junior Madi Wilson rehearse in the Fine Arts performance room.



Students get ready to rehearse.

### "Anti-Social"

**When:** Friday, 7 p.m.  
Saturday, 2 p.m.

**Where:** Herod Hall

**Cost:** \$2 students, \$5 general

## New on Netflix

### Available 9/23:

The Walking Dead: Season 8

### Available 9/25:

Disney's A Wrinkle in Time

Disney's Pirates of the Caribbean:  
The Curse of the Black Pearl

### Available 9/26:

Norsemen: Season 2 (Netflix original)

The Hurricane Heist

### Available 9/28:

Chef's Table: Volume 5 (Netflix original)

El Marginal: Season 2 (Netflix original)

Forest of Piano (Netflix original)

Hold the Dark (Netflix film)

Jack Whitehall: Travels with My Father: Season 2 (Netflix original)

Lessons From A School Shooting: Notes from Dunblane (Netflix original)

Lost Song (Netflix original)

Made in Mexico (Netflix original)

Reboot: The Guardian Code: Season 2 (Netflix original)

Skylanders Academy: Season 3 (Netflix original)

The 3rd Eye (Netflix film)

Two Catalonias (Netflix film)

### Available 9/30

Big Miracle

## Billboard Top 5 songs of the week



- 1) In my feelings  
- Drake
- 2) Girls Like You  
- Maroon and Cardi B
- 3) I like It  
- Cardi B, Bad Bunny and J Balvin
- 4) Better Now  
- Post Malone
- 5) Lucid Dreams  
- Juice WRLD





# Sports

## Soccer earns first GAC win

By **LOGAN JONES**  
Asst. Sports Editor

NWOSU soccer was able to split two matches this week against Southwestern Oklahoma State and East Central before getting their third game against Southwest Christian was postponed due to rain.

The Lady Rangers took on GAC rival Southwestern Oklahoma State this past Tuesday at the Alva Recreation Complex, falling 6-1.

Despite getting on the board first with a goal from junior, Priscilla Villalobos, the red and black just could not find their stride as the Bulldogs answered back with three goals of their own in the first half.

SWOSU went on to pad their lead in the second half, scoring three more goals and putting the game out of reach for the Rangers.

On Thursday, the Lady Rangers looked to bounce back against the ECU Tigers.

Once again, Northwestern came out firing.

Sophomore, Makayla Barrientos, opened the scoring only five minutes into the match, putting the Rangers up with an early 1-0 lead.

The red and black controlled the ball for most of the first half, outshooting the Tigers 10-4.

When the second half began, the Lady Rangers picked up right



The Lady Rangers next travel to Arkansas for a two-game road swing.

where they left off.

An insurance goal from Junior, Yazmin Gomez in the 82<sup>nd</sup> minute ultimately led to the Rangers first GAC win of the 2018 season.

Freshman goalkeeper Kiara Fontanilla stood tall to earn the shutout and her first collegiate victory between the pipes.

The 5'8" Californian impressed when tested making six saves in the match.

Northwestern was set to take on Southwestern Christian University

on Saturday, Sept. 22 in Bethany, Oklahoma.

However, due to unplayable field conditions, the match was postponed to a later date.

The Rangers will return to the pitch with a two-game road trip through Arkansas to take on Harding University on Sept. 27 before making their way to Arkadelphia for a game against Ouachita Baptist on Sept. 29.

Kickoff is set for 7 p.m. and 2 p.m. respectively.

## Cross country set records in Ark. makes new Top 20

By **MEGAN MAHARRY**  
Sports Editor

The Ranger men and women's cross-country teams competed in one of the largest cross-country festivals in the nation: the Chili Pepper Cross Country Festival hosted by Arkansas in Fayetteville, Arkansas.

Records were set on both men and women's sides.

The men's team recorded five new Top 20 marks in program history and the women earned four new Top 20 times for NWOSU.

The men ran a 8k even and the women ran a 5k course.

Sophomore Garrison Blanton set a school record with a time of 26:42.8. This beat out the time previously set by Sterlin Broomfield in 2015. Junior Bryce Koeing earned his spot on the men's Top 20 times list as he recorded a time of 27:51.70 for the seventh in school history. Freshman Noble Buckhaults made it into the record book with a time of 28:26.10 to round out the Ranger Top 10.

"I'm very proud of how the men's team ran well as a pack," said head coach Jill Lancaster. "Most of our men put their names in the Northwestern record book and its exciting looking to the future." Sophomore Ben Ivory had the 15<sup>th</sup> best time in school history when he finished with a time of 28:53.90.



Freshman Ladasheray Bell.

Tumiso Tidimane finished with a time of 29:20.40 for 20<sup>th</sup> place in school history. On the women's side, freshman Ladasheray Bell started her running career with the seventh best time ever at NWOSU with a time of 20:57.20.

Kayla Gourley was not far behind with her time at 21:03.40 that landed her for the 10<sup>th</sup> top mark.

Jessalyn Rivet locked in the 14<sup>th</sup> spot with a time of 21:36.30. Rounding out the scoring for the Lady Rangers, Journey LeBeau scored a time of 21:58.30 for the 18<sup>th</sup> position in the Ranger Top 20.

Both men and women will next compete in the Midwestern State Invite in Wichita Falls, Texas.

## Volleyball wins at home, falls short on road

By **DENISE CRONISTER**  
Student Reporter

The Lady Ranger volleyball team went 1-2 over their week of games. They faced opponents Southern Nazarene University, Southeastern Oklahoma State and Lubbock Christian University.

In the home matchup against SNU, the Lady Rangers swept the Crimson Storm 3-0.

They must have wanted to show off what they were made of in front of the home crowd and it worked.

In the first set the lady rangers were down for a few minutes, but quickly bounced back to take the lead.

The second set was a back and forth battle; neither team could nab the lead.

The Lady Rangers were down and tied last minute making it 23-23.

Then Senior Hannah Williams scored back-to-back kills putting the Lady Ranger up in the match 2-0

The third set Northwestern had the momentum, but he Crimson Storm wasn't going out without a fight.

Tied at 11-11, several attack errors from the Crimson Storm proved costly, giving the Lady Rangers a lead they would control the rest of the set, winning 25-22, and sweeping Southern Nazarene 3-0.

The Lady Ranger volleyball battled hard Friday night in Durant, Oklahoma, but was unable to down Southeastern Oklahoma State in an all-out match that led to a fifth set.

In the first set the Lady Rangers fell 18-25.

The Lady Rangers quickly bounced back, fired up and won the second set of the match.

Southeastern pulled away with a 25-19 win in the third set.

With the match on the line, the Lady Rangers were able to tie the match at 2 all when they secured the 25-17 win in the third set.

The fight wasn't hard enough in the fifth set as the Lady Rangers fell 15-8.

Looking to rebound, the Lady Rangers took on Lubbock Christian University on Saturday.

Unfortunately, the black and red fell in three straight sets.

In the first set of the match, the Chaparrals held the Lady Rangers and capped the victory along with



the next two sets.

In what would be the final set of the match the Lady Rangers had a valiant last effort, coming back from a seven-point deficit and go on a 9-2 run to tie the set up at 23-23.

Hannah Williams led the set with a team high 6 kills in the set, but it was not enough to give the Lady Rangers a win, losing in a close fight 23-25.

The Lady Rangers have a little time to rest up and get back into their groove for their next road trip to Magnolia, Arkansas to face Southern Arkansas University on Sept. 28.

They then head to Monticello, Arkansas to face Arkansas-Monticello on Sept. 29.



The Lady Rangers hit the road for a two-game road swing in Arkansas.



# Sports

## Golf takes Ranger Invite, Stork aces 15

By **LOGAN JONES**  
Asst. Sports Editor

Both the men's and women's golf teams came away victorious following the 2018 Ranger Invite held at Meadowlake Golf Course in Enid, Oklahoma.

The men's team, headed by Tyler Berryhill, Parker Rehorn, Colten Person, Ben Baker, and Preston Ewing took home a first-place finish after a field-low team score of 302 at Meadowlake Golf Course.

The Rangers took sole possession of first place after beating out Bethany College in a sudden death playoff.

That final round score of 302 was paced by Berryhill, who had 14 pars during his final round to shoot 75.

Berryhill finished in second place overall at 146 (71-75) and Rehorn was right behind in third with a 158 (69-78).

Colten Person finished in fourth place at 149 (74-75), while sophomore Ben Baker fired a 155 (80-75).

Junior transfer, Preston Ewing was tied in 10th place with a 17



Senior Collin Stork banked his first hole-in-one on the 15th hole.

over par total round.

The women's team also did well on their end, finishing first ahead of Redlands Community

College and Bethany College.

Senior Britanni Casement posted rounds of 80 and 82 to finish in a tie for fourth place individually



Photo Provided

Next, golf will compete at the OBU Invitational and at Hot Springs, Ark.

at 162.

Junior Ashley Watts shot 165 with rounds of 84 and 81.

Senior Nikkole Donk also performed well with a two-round total of 169 (84-85) while junior, Rylie Eller, finished tied for 8th place with rounds of 85 and 86.

Rounding out the scoring for the women, freshman Cassidy Pettigrew had a total of 174 (85-89) and finished 10th place in her collegiate debut.

The big name that came out of the tournament was senior Collin Stork.

Stork managed to sink a 134-yard hole-in-one on the 15th hole.

Stork, who played as an individual, finished with a total of 162, (83-79).

The women's next contest is a road trip to Shawnee, Oklahoma to compete in the Oklahoma Baptist Lady Bison Fall Invitational on Sept. 24 and 25.

The men are not back in action until the first week of October, when they travel to Hot Springs, Arkansas.

The Central Region Preview begins on Sept. 30.

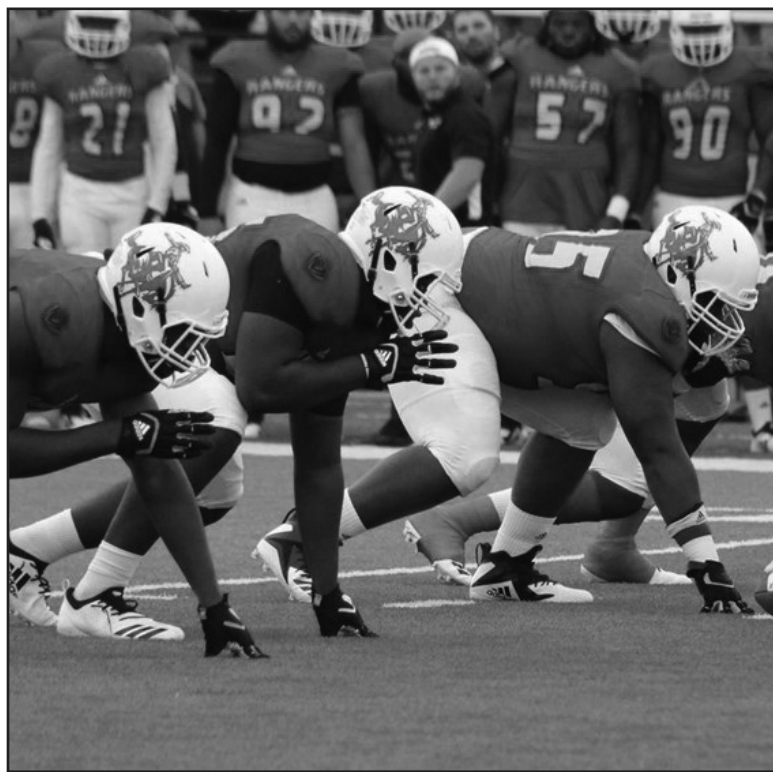


Photo Provided

Football next travels to Durant to face Southeastern Oklahoma State.

## Football has loss

By **MEGAN MAHARRY**  
Sports Editor

The Ranger football team took the long route to Magnolia, Arkansas to face No. 19 Southern Arkansas. 4-0 on the season, the nationally ranked Muleriders proved a tough opponent to the black and red. The Rangers fell 27-14.

With a stellar defensive performance on the night, the Rangers had opportunities to take down Southern Arkansas, but turnovers ended up coming back to haunt the Rangers in the end.

The Rangers recorded four turnovers, including two fumbles and two interceptions.

The Ranger's defense in the red zone was highly effective, as they kept the Muleriders out of the endzone on seven different times and forced two field goals.

Redshirt junior Aharon Barnes picked off a pass in the endzone late in the fourth quarter.

The defense forced a turnover on downs in the second quarter late in the fourth.

The hotshot linebackers Dakota Driskill, Maurice Wright Jr. and Kyler Ferguson kept the Muleriders on their heels as they each had

huge tackles for the Rangers.

Driskill lead the way with 15 tackles, six of which were solo, and a tackle for loss of yards.

Wright ended the game with 14 and Ferguson had 10.

The Northwestern defense held SAU to its second lowest offensive output of the season and kept quarterback Barrett Renner well below his season average in passing yards.

Senior Jimmie Pace had two sacks on the night.

The Muleriders struck first after they intercepted Isaiah Weed's pass and returned it for a touchdown, making it an early 7-0 lead.

On the next Mulerider possession, however, Erick Cook grabbed the interception for the Rangers in SAU territory.

Weed then found receiver Gavin Garner for 31 yards on the three-yard line.

Knocking on the endzone door, freshman running back Tyson Gatewood ran into the endzone to record his first touchdown of the year.

Throughout the second quarter it remained quiet as no team could get into the endzone. It wasn't until the third quarter when the Muleriders added a touchdown and a field goal.

The Rangers were unable to score again until the fourth on a 74-yard pass from Weed to Garner for the touchdown. By then, the Muleriders tacked on another touchdown and field goal to seal the 27-14 victory.

Garner finished the game with 127 yards on four catches and Weed completed nine passes for 151 yards.

As the Rangers drop 1-3 on the season, they return to action against Southeastern Oklahoma State University in Durant on Sept. 29 at 2 p.m.

## Hinojo ready for season

By **MEGAN MAHARRY**  
Sports Editor

Clarissa Hinojo, known as "Claud" to her teammates, is a senior health and sports science major. She is also a captain of the Lady Ranger soccer team and is starring in her final season on the field.

Hinojo was born and raised in Mesquite, Texas which is just outside Dallas.

She began playing soccer when she was four years old and has loved it ever since. She began playing the position of forward.

She joined her first club team at age 11 and then switched positions to defender. She has played on the back line since and proves to be a solid link in the defensive line for the Lady Rangers.

Hinojo played both club and high school until she received the chance to take her talent to the next level at NWOSU. She said Northwestern was the best soccer opportunity she had.

She traded the city life of Dallas for the country scene in Alva, and while she said it was a bit of an adjustment, she likes Alva.

"The community is really friendly," Hinojo said.

Gearing up for her last season, Hinojo said her team needs to work on chemistry on the field. Her goal for the season is to make playoffs.

As playoffs was just in reach for the Lady Rangers last season, Hinojo said she thinks they should definitely make it this year.

She said she wants to have a really good season and go out with



Clarissa Hinojo graduates in May.

a bang.

"My favorite soccer memory is beating Harding on homecoming," Hinojo said.

Upon graduation, Hinojo plans to return home to Dallas and either start her Master's degree or begin her career.

She said she wants to go into personal training or a strength and conditioning coach for a soccer team.

When she decides to pursue Master, she wants to get it in kinesiology.

Her favorite part about Northwestern?

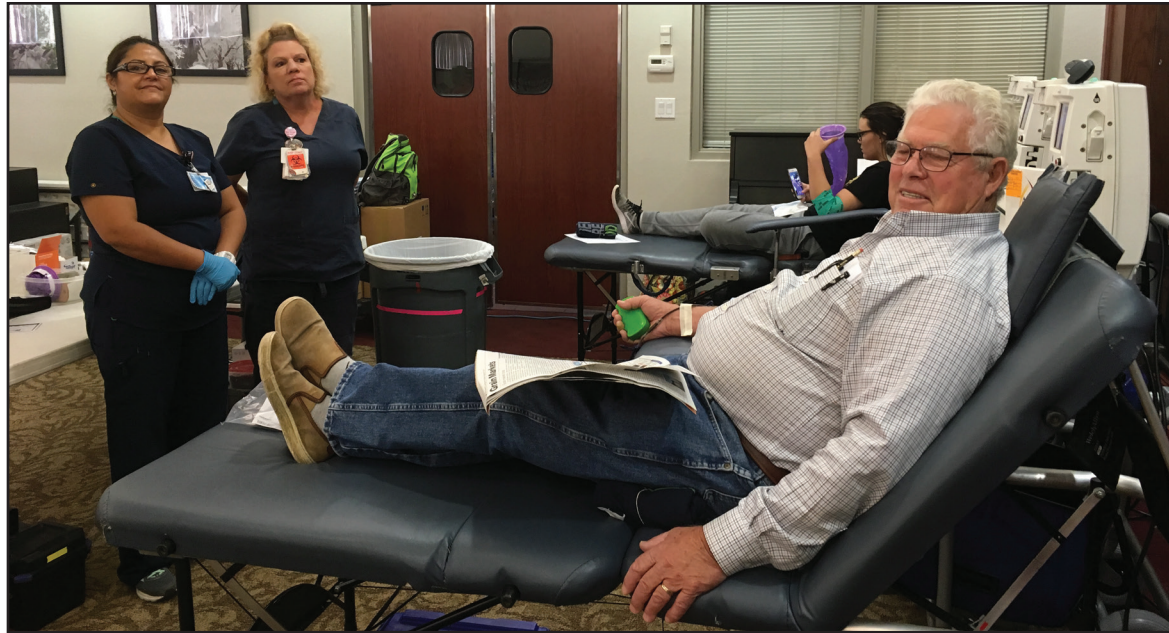
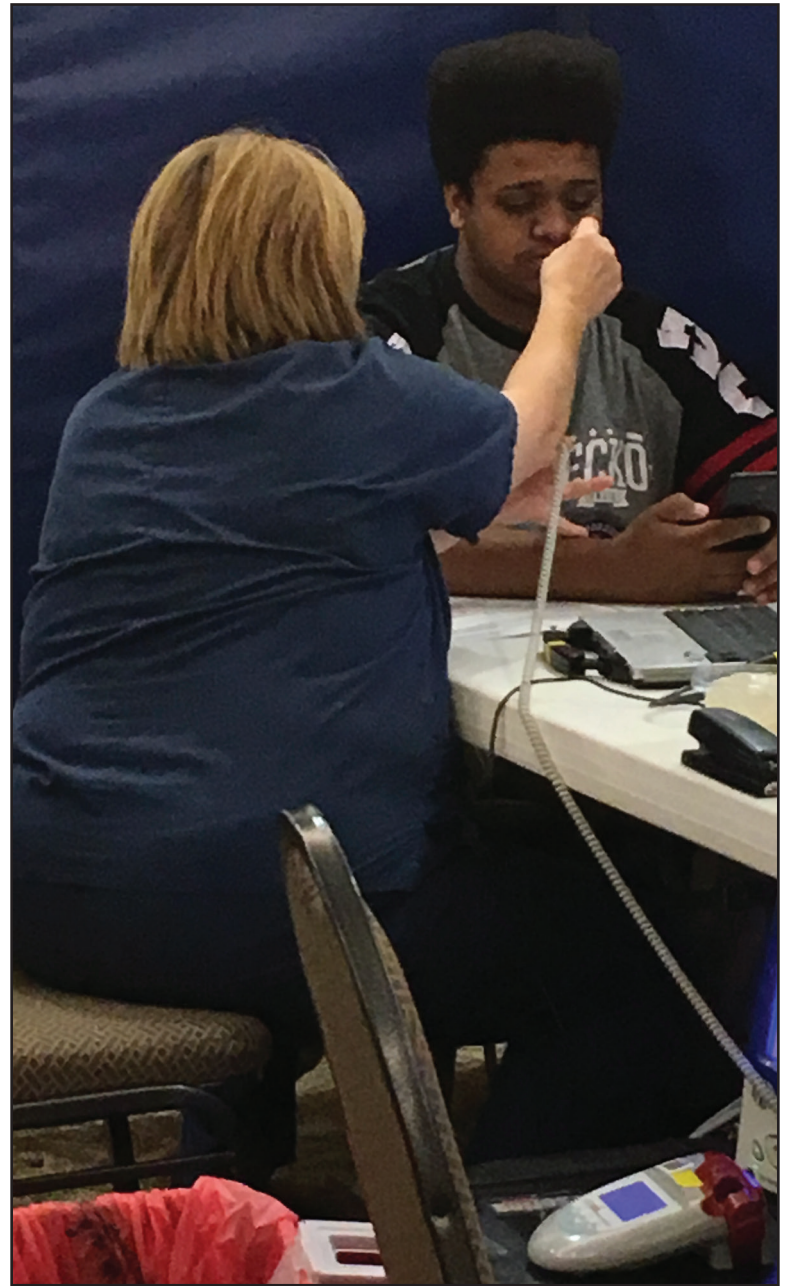
"The friendships I've made," Hinojo said.



# Pre-homecoming blood drive success



The President's Leadership Class held a blood drive in the student center Ranger Room on Sept 24 and 25. Students, faculty and community members came to give blood and support the Oklahoma Blood Institute.



Photos by Caitlyn Pray