





You've got mail! See pages 6 & 7 for our Valentines Day shoutouts! Maybe your special someone wrote something for you!

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February 14, 2019

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I love you with all of my kidney

By MEGAN MAHARRY Sports Editor

Along with Valentine's Day, Feb. 14 is also known as National Organ Donation Day. This day is set aside to increase awareness about organ donations.

National Day Calendar said National Donor Day was started in 1998 by the Saturn Corporation and its United Auto Workers partners, with the support of the U.S. Department of Health and Human Services and many nonprofit health organizations.

According to the National Day Calendar, more than 120,000 people in the United States are waiting for life-saving organ donations.

There are five main donation focuses National Donor Day works to bring into light: organs, blood, platelets, tissues and

In a statistic on the National Day Calendar, approximately every two seconds, there is someone in the U.S. who needs blood, which translates to the need for over 41,000 daily donations.

there are many opportunities to donate blood and platelets across the U.S., it can be trickier to go through the process

of organ donation. UNOS—United Network Sharing—gave for Organ statistics on how important it is to be a donor. Currently, 113,874 men, women and children are awaiting organ transplants



Photo provided by Nathan Gaisford

Nathan Gaisford, his wife, Lacey Gaisford and their daughter Avery Gaisford.

in the United States. One organ donor can save up to eight lives. Every 10 minutes another name is added to the national organ transplant waiting list. Sadly, an average of 20 people die each

day because the organs they need are not donated in time.

than 7,000 candidates died in 2016 while on the wait list, or within 30 days of leaving the list for personal or medical reasons. without receiving an organ transplant.

Alva native Nathan Gaisford was one of these 113,874 patients waiting for a new organ.

Gaisford grew up in Alva and within the first couple days of his life, the doctors knew something was not right.

He had trouble with his kidneys, and he said the doctors would have to drain his urine with a tube. He said he spent many years going to the children's hospital in Oklahoma City for appointments.

Yet, he said the trouble with his kidneys did not restrict him. He said he was not on dialysis growing up and he was very active. He played football and basketball and never let his kidneys slow him down.

The time came, however, where he was in need of a transplant. He received his first kidney transplant on Nov. 26 in

1990. His mother was his donor. He said he had his mom's kidney all the way until April 11, 2018. In December of 2016, he began dialysis because his kidney was starting to fail.

Once again, he traveled back and forth to Oklahoma City for treatments. He went for dialysis three times a week, a couple hours a day.

He said during his time in dialysis, the dialysis

center reported to the transplant center. He said if the transplant center determined you weren't being compliant, it could affect your place on the transplant list.

He said in his search for a new kidney, he had massive support from the Alva community and his church family.

"From bake sales to love jars to a poker run, the community really came together for me,' Gaisford said.

It seemed Joelle Randall was the answer to Gaisford's prayers. An Alva resident, Randall made the decision to donate one of her kidneys to Gaisford.

She called the transplant center and began taking the various steps to become a donor to Gaisford. Gaisford said it was a rigorous process, and took over a year to go through everything.

On April 11 of 2018, Gaisford received Randall's kidney, his second transplant in his life. They are both healthy.

Gaisford said he still takes medicine daily and travels moderately to Oklahoma City for check-ups, but the transplant was successful and now at the age of 38, he is healthy.

"I saw God manifest himself through the entire thing," Gaisford said.

Gaisford's incredible story is one of many. Thousands of people are waiting for their own story to be complete with a donation.

On UNO's website, unos.org, there is more information on how to become a donor and other ways to help save people's lives.

"I really encourage donation," Gaisford said.



National Organ Donor Day is today!

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CAMPUS NEWS

 Students share their love stories campus couples

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 Track team has a historic start; Baseball off to 5-1 season start

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'Dessert theater' is underway

By CAITLYN PRAY
Student Reporter

Lights, curtains and lots of

That's what attendees of the latest Northwestern Theater Company production should expect when they take their seats on stage of the Herod Hall Auditorium. Although the Northwestern Theater Company performs multiple productions throughout the year and has for a number of years, nothing that the group has produced in the past will resemble the set-up of their upcoming performance.

The play? "Death and Deceit" by Peter DePietro. The play takes place in 1942 during a cruise down the Nile, but with more involvedment than what regular theatergoers might expect. A murder occurs, and it is up to the detective on board to solve the case, or hopefully a clever attendant!"Immersive theater is what this is called," Kimberly Weast, director of the upcoming play said. "Immersive theater has been going on for a long time, but it's really just become a buzz word within the last four or five years. I was just like, 'Well, we need to

do this for the actors to get the experience of staying in character and improvise and respond back to what's thrown to them, and then also just for the experience of the audience to be able to participate."

To those who may still be foreign to the word, immersive theater is a theatrical performance in which the audience is staged or at least encouraged to participate and interact with characters of the play. For guests of the theater for this particular play, that means sitting on stage with the characters, enjoying pie and coffee, and being encouraged to dress up in theme and ask questions during the performance to solve the murderous case.

As one might expect, putting on such a production is no small venture, but the Theater Company was up to the challenge.

"It's been one of the least complicated builds and rehearsals so far," Weast said. "The cast, crew, set designers and costume designers have all been on task and that's just been great. Our set designer, Mickey Jordan, has knocked it out of the ballpark; he's ahead of

See DESSERT on pg. 9



Photo by University Relations

Rehearsing a scene in the upcoming interactive murder mystery "Death and Deceit on the Nile" are Duncan Brown (laying on floor), Rylee Johnson, Austin Morton, Peyton Lucas and Michelle Willson.

Emotional support animals and students

By NICK PERKINS

Student Reporter

Feb. 20 is National Love Your Pet Day.

The purpose of this holiday is to encourage pet owners to spend more time with their pets and show them the love they deserve, whether that is a dog, cat or a kangaroo.

According to national day.com, the top five most popular pets in America are dogs at 40 percent, cats at 25 percent, fish at eight percent, birds at four percent and hamsters/gerbils/mice at two percent.

There are many reasons people love pets, they can help people become more patient, make people look forward to coming home after a long day at work and they can comfort people in need and show them unconditional love. Some pets are even used as emotional support animals to those with psychiatric disabilities and other mental impairments. Emotional support animals can be used for people who have a hard time socializing and making friends. They can help them because it can be something that the people have to take responsibility for when it comes to feeding them and taking them out to use the restroom, and have something that they can attach to.

Some emotional support animals stay in the dorms here on campus. According to Matt Adair, director of students/housing, there is anywhere between 12 and 18, that are approved and certified, and most are in South Hall.

In order to get the animal approved, student students have



Photo provided

Chloe Nutley and her cat Pancake. Nutley keeps Pancake in the dorms with her to help with her anxiety and depression.

National Love Your Pet Day is Feb. 20

have it recommended by a doctor of their care, then they have to go to Calleb Mosburg, dean of student affairs and enrollment management, to get the paperwork sorted out and approved.

However, people like pets and animals so much that they will still bring them into the dorms even if they aren't emotional support animals and not approved by the university. When this happens, there is usually a fine given to the person and they are given an hour to get the pet out of the dorms. If they continue to house the pet in the dorms, the students can face more serious disciplinary issues beyond a fine.

Animals that are used for emotional support are generally trained and well behaved. In some cases, non-trained animals can create a health hazard because they might not be as well trained.

According to Jacob Boggess,

head resident, there have not been many cases where he has had to deal with someone sneaking in animals, and usually after the first time of being caught with an animal and being given a ticket they do not bring an animal back so they wont get fined and get in trouble.

Some pets are loved by their owners so much that the owners are willing to get in trouble and get fined just to be able to spend time with them and see them everyday. These are some examples of what people will go through just to be able to spend time with their pets and even what some people call their friends or children.





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What's up? A barista with a baby

Eggs & Issues

Public event sponsored by Alva Chamber of **Commerce featuring** updates from local legislators.

8 a.m.- 9 a.m. Ranger Room Feb. 15

Spanish club bingo night

Students will gather to play several rounds of Bingo in Vinson Hall, room 302, at the sponsorship of the Spanish Club

7 p.m.- 8 p.m.

Vinson Hall

Feb. 18



Spring Showcase

Northwestern Oklahoma State University invites high school juniors, high school seniors and college students interested in transferring to our Alva campus.

10 a.m.- 11 a.m.

Wyatt Room

Feb. 16

Enrollment for Summer semester 2019 begins Feb. 19

Meet with your advisors to schedule summer classes!

By MEGAN BROWN Student Reporter

Northwestern students recite their coffee orders to her while she scribbles instructions on the sides of cups and tries to keep up with the growing line.

Irys Pollock is the Starbucks barista on campus that students see behind the counter in the Ranger Market.

She pumps syrups, steams milk and lays out samples of the new drink while keeping everyone's orders straight. As the rush between classes came to an end she scrambled to clean her station and stock the ingredients to prepare for the next wave of students. When she isn't behind the counter, she spends time relaxing at home with her husband and dog. Pollock attended Northwestern and plans to return to finish her degree when the time is right. As the line returned, Pollock hustled around the market to run the register in between drinks, but she was stopped by the small movements the mom-to-be had experienced. In the middle of the busy day, she held her hand to her stomach and a smile crossed her face "very active today," she said to herself. Pollock and her husband, whom she met on campus, are expecting their first child in July. They have been married for a year and a half and both come from large families. They are excited to expand their family. The rush died down but returned soon after as the lunch hour began. Pollock went right back to smiling at customers, taking orders and making coffee creations. She enjoys her job as a barista but hopes to someday complete a humanities degree and put it to use.



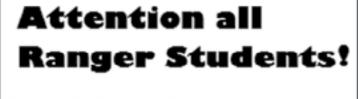
Photo by Megan Brown

Irys Pollock preparing a drink for a student at Starbucks.



If you have an event that you would like featured on our "What's Up?" section, just contact us at nwnews@ nwosu.edu.

Include date, time and a short summary.



Community Rewards Cards are now available at any of three locations:

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<u>Campus</u>



Students share their love...

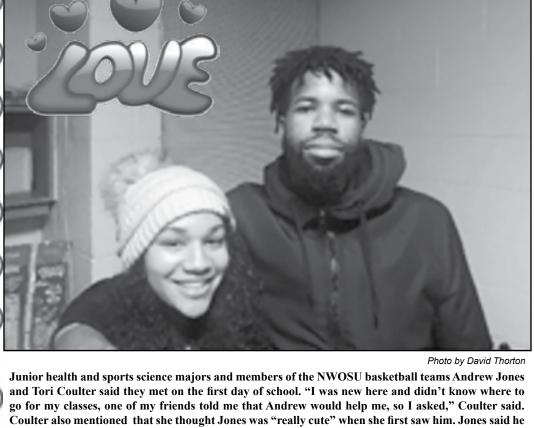
NWOSU campus couples and their story

By DAVID THORTON & KOLTON FISHBACK

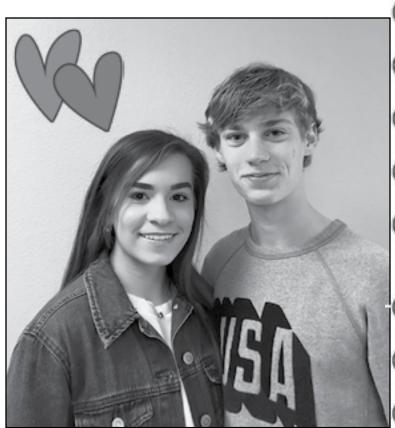
Student Reporters



Mass communications major Austin Morton and business major Kylie Hicks met at a college bonfire party on Sept. 15. The two hit it off and Feb. 22 will be their five month anniversary.



thought Coulter was also cute so he walked her to their class. On that fateful first day, the two sat right next to each other. From that day on, the two got to know each other and have been dating ever since. The two have been dating for five months and are happy that they met each other.



Physical therapy major Camille Lear and pre med major Garrison Blanton met at the innersquad football game in August. The two felt a connection and have been together for five and a half months.



Photo by David Thorton

Senior communications major Treyvon Andres and senior health and sports science major Summer White are Ranger athletes who met in the second semester of one of Shane Hansen's classes according to Andres. "We popped off after that, we have been dating for six plus months now," Andres said. Andres and White fell for each other quick and have been happy with each other ever since.

NORTHWESTERN NEWS

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LETTERS TO THE EDITOR

Letters to the editor shall bear the author's handwritten signature, hometown, classification, title, etc., address and phone number for verification and shall be kept on file. Unsigned letters to the editor will not be published.

Letters must be turned in by noon on Monday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnews@nwosu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

All letters represent the views of the author.

SUBSCRIPTIONS

Yearly subscriptions to the News are \$20.

Editorial

Presidents and the press

By: **KEVIN FORD Student Reporter**

National Presidents' day will be celebrated this Monday. Presidents 'day was originally established in 1885 in recognition of President George Washington. While several states still have individual holidays honoring the birthdays of Washington, Abraham Lincoln and other figures, Presidents day is now popularly viewed as a day to celebrate all U.S. presidents, past and present.

However, Presidents day has also opened the door for news and media platforms to publicly scrutinize presidents. Media is known as the 4th estate of power and not much has changed since the birth of the United States.

Donald Trump is the current President of the United States. As you may know, he is no stranger to being all over the headlines since he has been in office. He is featured in headlines of both the printed press and TV networking. Half the time Trump is mentioned, there always seems to be some kind of negativity associated with him. Let's dive deeper into why that may be the case.

The president is thought to be an important figure. American citizens as a whole believe in supporting the president, despite how bad the government tends to handle domestic and political conflicts. Media has consistently



given presidents a hard time while in office, this was evident with several former U.S. presidents.

President Lyndon B. Johnson was heavily criticized for deploying so many troops during the Vietnam War. Domestic support for the Johnson's decisions decreased as live video footage from the war aired in millions of American homes. The graphic violence turned the public against the war, because media exposed the brutal nature and killings of civilians down in Vietnam, which would lead to the rise of the peace and hippie movement in the late 1960s.

President Richard Nixon also had a shaky relationship with the press. Nixon became the first president in history to resign from office as a result of the media coverage of the infamous Watergate Scandal.

Each American president has had their own unique relationship to the media. Some used it to their advantage, others spent their terms butting heads.

Fake News!

President Theodore Roosevelt understood he could use the power of the press to communicate and engage with the American people in a way that presidents before him hadn't. One of Roosevelt's most notable press campaigns focused on reforming the meat industry after the publication of Upton Sinclair's "The Jungle." He proposed the Pure Food and Drug Act, which focused on regulating the meat packing industry. Roosevelt coined the term "muckrakers," which refers to investigative journalism.

Truth is media should stay on top of reviewing and reporting the actions of the government, but the amount of scrutiny directed towards the president alone is not fair.

The president may not be perfect, but he is guaranteed trying. It is hard to rebuild trust between the people and the government if the press continuously shines light on all the negative that goes on in society.

EDITOR'S RANT OF THE WEEK

By ASHLEY STREHL Editor-in-Chief

Since it's Valentine's Day, you all already know, I, of course, am going to write about my relationship with boyfriend, Matt.

Now, I could go into detail all about him and I and how we met and how much I love him and blah blah blah... but that would take up too much space.

Instead I'm gonna flex on all of you with my relationship wisdom and give you my five tips for a healthy and loving relationship.

1. Be 100 percent honest.

Yes, I understand that it's hard to open up to someone, ecspecially if you have been in a bad relationship before. But, if you want to be with someone you have to be open about everything. If something is bothering you, you must mention it to your partner, or all the feelings about it will bottle up and backfire on you later.

2. Be PATTENT patient

I put a double patient because the type of patience that I'm referring to comes with work. I struggle with being patient about everything. However, when it comes to a relationship you must be patient with your other. Sometimes, they are just having a bad day. It's up to you to be PATIENT patient and be there for them, even if it means being silent and waiting.

3. Be comfortable in who you are and who they are.

Eat what you want. Wear what you want. Don't do your hair. Do your hair. Laugh, don't be afriad to snort. Be accepting and loving when they look like a million bucks and when they've just rolled out of bed on a hot day.

4. Understand that nobody is perfect.

This is such an important tip. The cold hard reality of a relationship is loving someone even when they mess up. People. Mess. Up. They say things they don't mean. They get overwhelmed. What really matters is that they recognize that and apologize. But don't be so harsh, love can prevail all the fights, you just gotta have enough of it.

5. Always remind them you love them.

It's not hard to say, and it's not hard to type. You can't say it too much. "I love you." Those three words can lift their spirits up on a bad day. Never let them forget.



Ashley Strehl and Matt Cowart

"I found myself becoming friends with someone I did not expect to have much in common with. And with so much threatening to divide our society, we could all use a little more of

Emma Richardson
The Arkansas Travler
University of Arkansas

that."

and actually consider her point as an equal peer."

"Next time, do not just call her

"crazy." Evaluate her feelings

Payton Saso
The State Press
Arizona State University

Interested in writing? Share your opinions! Contact Michelle Willson

mdwillson99@rangers.nwosu.edu

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You've got mail!

To: My Husband Richard

"Happy Valentine's Day dear! On the bright side, we only have three more months to go until graduation!"

-Ashley Fischer



To: Momo the Shiba Inu, "Momo, you are the cutest doggo ever. I love you so much. Follow her on instagram @momotheshibainu for daily posts of her adventures!" - Angie



To: My Framily

"I love you all so so much. I am so thankful for your existence."

-Chloe



-Anonymous

To: Mistie Kline

"We love your commitment to the safety and comfort of the students on the NWOSU campus. Proud to be making history with you as our

- NWOSU Gay-Straight Alliance



To: Krystal Owens "To my amazing friend, you are the most lovable human I know. Love You Buddy"

- Anonymous



To: Chloe Nutley

You never fail to make me smile!

- :P

To: "The Death and Deceit on the Nile" cast and crew,

"Thank you for making the last month very enjoyable. Working with you all has been a delight!"

To: Library Jose

checking you out"

- Anonymous

"Are you a book? 'cause I keep

Happy Valentine's Day, **Professor Weast**

TO: HEATHER DOWNING

"YOU ARE THE BEST THING THAT HAS EVER HAPPENED TO ME. I LOVE YOU SO

To: My Framily

Anonymous

You guys are the best!

-AUTUMN

Shoutout to all the snakes, turtles and salamander in the science building. Elvis the Iguana, you will be missed

- Nick Wygle



To: Michelle and Leslie Willson

"I love you, sisters! Blessed to have two people who care for me like you guys!"

-Tiffany Willson



To: Alexis Stuart

"Your smile and desire to change the lives of your future students is inspiring! I'm a better person because of you! Lots of Love!"

-From Tiffany Willson



To: Leslee Bradt

"Incredibly thankful for everything you do!"

- Castle Players Theatre Club



To: Laura Reed

"You are amazing. Do not let anyone dull your sparkle."

- Anonymous



To: Professor Weast

"Thank you for all you do for the Theatre and for the Fine Arts department. Thank you for beliveing in us and always pushing us to do our best."

-Anonymous



To: Tiffany and Leslie Willson

"I am so glad I get to share my college expirence with you guys."

-Michelle Willson



Feature

National Random Act of Kindness day Feb. 17



Life of a lab assistant

By: MICHELLE WILLSON Feature/Entertainment Editor

Monday and Wednesday from 6 to 8 p.m. senior biology major Nicholas Wygle can be found helping students review and work on lab materials in the science building. Wygle works the open labs for zoology, comparative vertebral anatomy and human anatomy classes as part of his Job as Dr. Aaron Places' Lab assistant.

"I had previously worked as a lab assistant," Wygle said. "I enjoyed working with the animals, so it seemed like an all-around good choice."

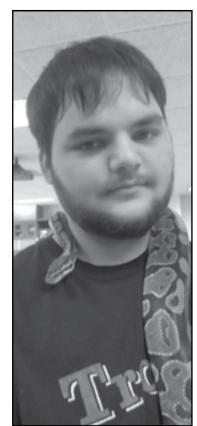
His other responsibilities include lab set up, upkeep and maintenance of lab equipment and taking care of the biology department's reptiles and amphibian. Wygle has 10 snakes, five turtles and a salamander in his care.

"I cannot choose a favorite animal," Wygle explained. "That would be like choosing a favorite child." Wygle gives the animals food and water. He also cleans their enclosures, changes their bedding and turns their heat lamps on and off. Most of the animals have been given names by Place with help from previous lab assistants. Their names range anywhere from Helen and Huxley to Typhon and Frankenstein. They can all be found in the zoology room on the second floor of the science building.

"My favorite part of my job is getting to care for and handle the animals," Wygle said.

In his free time, Wygle likes to read, drink coffee and hang with his friends. He also dabbles in herpetology, the study of amphibians and reptiles. Wygle is graduating this spring and hopes to get a job where he can work with animals every day, primarily reptiles.

"I like amphibians and reptiles the best," Wygle said. "They are rather independent and hardy as far as most animals go, and they are not nearly as needy as mammals are."



Nicholas Wygle

Photo Provided

Everyday acts anyone can do

By: PHILLIP HUDSON
Student Reporter

People are often too busy with their life to pay attention to others around them. We all have to pay for insurance, quizzes to study for and other responsibilities we have to do and we may not have time to deal with the random kid at the grocery crying about their ice cream melting.

Feb. 17th is National Random Acts of Kindness Day. On this day, pause a little. Do something nice for somebody.

That kid that is crying, offer them an ice cream cone. It will make them be quiet, but it will also make that kid ecstatic. The child will thank you and smile, which will make you smile. You saved the kid's day and made them think that people are really nice and that it is a nice world, which we can all hope to be true.

Another act of kindness you can do while you are at the grocery store is help an elder carry their groceries to their car. The lady may walk with a cane and have a basket full of groceries she slowly pushes. You are young and could easily push it for her, so why not do it? She will love it and you can talk to her. She may have awesome, funny stories she can tell you. Also, after you empty the cart put it in the designated place the store

put out for the shopping carts to go, or bring it back into the store and put it up. The workers will be glad to not have to run outside and corral them all up to bring back inside.

The last one does not have an award like the previous two, but the point is to be kind, not get rewards of "thank you" from people.

Another act that yields no direct reward is paying for somebody else's food as well as your own. The next person that goes to pay for their meal will be surprised by the kind gesture and it could make their day.

Another food related kindness is bringing donuts to work for everyone, or some other edible treat like cookies or coffee.

One problem that may stop people from the last few listed acts of kindness is that they may not be able to afford buying other people food. The money does not equal niceness.

You can pay a stranger a compliment about their attire, or stop by your old stomping grounds and tell a teacher you had how much you appreciate them, or some other person that was a mentor to you.

The day may be National Random Acts of Kindness Day, but we should do these every once in a while to keep the entire year full of random acts of kindness.

What to watch on this Valentines day

"To All The Boys I've Loved Before"

"The Incredible Jessica James"

"Eternal Sunshine of the Spotless Mind"

"Her"

"Punch Drunk Love"







Entertainment

Play opens Feb. 21

2: ... schedule, and any time we're ahead of schedule it reduces my stress as well as the theater company's stress."

According to Weast, even the extra step of making the production a dessert theater that served food was not an overwhelming hurdle for the efficient crew.

"It made it just another step," Weast said. "It was just an extra step working and trying to figure out how we were going to get students who aren't necessarily in the script to serve. Chartwells has been great, but just serving, getting the pie from Chartwells and then all the plates and the silverware and everything back to Chartwells every night—it's just another step. It's not necessarily anything terrible; it's just another addition and like, 'Okay, now we're going to add this on top of everything else."

With the theater's opening days closing in, one might expect that the tension and anticipation in the rehearsals is becoming edgy. However, Weast, along with a company of the actors, gave high reports.

"Entertaining" is the one word Weast said she would use to describe the production thus far. "The students that are portraying

CONTINUED FROM PAGE some very wacky characters have come in with great ideas and have taken opportunities that I didn't see, so they're having a lot of creativity and it really is entertaining for me to watch them take some fun steps that I as a director hadn't interpreted."

Madison Wilson, a junior history major who stars as one of the suspects, said she would use the word she would use with emphasis is "exciting."

"Northwestern has never done anything like this play before and it's so different than the typical show you'd see here. It's such a blast!" Wilson said.

Justin Meyer, another of the actors of the production, said that he would use the word "fantastic" to describe his experience with the production thus far.

"The cast is so fun," Meyer said. "We all get along super well, and just the script in general is so exciting."

For those who are intrigued to attend, reservations are encouraged to be made as soon as possible to be guaranteed a seat for the performance. Only 60 seats are available each of the three nights of the play, and with family members of the cast anticipated to attend, they are expected to fill quickly. Tickets can be purchased



Photo by Michelle Willson Freshman Austin Morton rehearing on stage as his character Joe **Al-Abdul Dimici**

from Weast's office with prices set at \$12 for general admission, \$10 for faculty and staff with ID and \$5 for students with ID.

Perhaps Weast described the evening best when she stated a goal of the immersive theater and ultimate production project: "I want the audience to be engaged, to be entertained, surprised, and just enjoy a nice evening of coffee and pie and theater."

Upcoming award shows

BAFTAs

Sunday 10th February 2019

BRITs

Wednesday 20th February 2019

Oscars

Sunday 24th February 2019

MTV VMAs

Sunday 19th August 2019

Emmys

Sunday 22nd September 2019

American Music Awards Sunday 6th October 2019

People's Choice Awards Sunday 10th November 2019

> **MTV EMAs** November 2019

Grammy Winners of 2019

Album Of The Year — Golden Hour, Kacey Musgraves

Record Of The Year — "This Is America," Childish Gambino

Best New Artist — Dua Lipa

Best Rap Album — Invasion Of Privacy, Cardi B

Best R&B Album Winner — H.E.R., H.E.R.

Best Rap Song — "God's Plan," Drake

Best Country Album — Golden Hour, Kacey Musgraves

Song Of The Year — "This Is America," Childish Gambino

Best Pop Duo/Group Performance — "Shallow," Lady Gaga & Bradley Cooper

Producer Of The Year, Non-Classical — Pharrell Williams

Best Rap/Sung Performance — "This Is America," Childish Gambino

Best Rap Performance — King's Dead, Kendrick Lamar, Jay Rock, Future & James Blake / Bubblin, Anderson .Paak

Best Rock Album — From The Fires, Greta Van Fleet

Best Rock Song — "Masseduction" St. Vincent

Best Metal Performance — Electric Messiah, High On Fire

Best Rock Performance — When Bad Does Good, Chris Cornell

Best Urban Contemporary Album — Everything Is Love, The Carters

Best R&B Song — "Boo'd Up," Ella Mai

Best Traditional R&B Performance — Bet Ain't Worth The Hand, Leon Bridges / How

Deep Is Your Love, Pj Morton Featuring Yebba

Best R&B Performance — Best Part H.E.R. Featuring Daniel Caesar

Best Latin Jazz Album — Back To The Sunset, Dafnis Prieto Big Band

Best Dance/Electronic Album — Woman Worldwide, Justice

Best Dance Recording — Electricity, Silk City & Dua Lipa Featuring Diplo & Mark

Best Contemporary Classical Composition — Kernis: Violin Concerto, James Ehnes, Ludovic Morlot & Seattle Symphony

Producer Of The Year, Classical — Blanton Alspaugh

Best Engineered Album, Classical — Shostakovich: Symphonies Nos. 4 & 11, Andris

Nelsons & Boston Symphony Orchestra

Best Pop Vocal Album — Sweetener, Ariana Grande

Best Traditional Pop Vocal Album — My Way, Willie Nelson

Best Pop Solo Performance — Joanne (Where Do You Think You're Goin'?), Lady

Best Country Song — "Space Cowboy," Kacey Musgraves

Best Country Duo/Group Performance — Tequila, Dan + Shay

Best Country Solo Performance — "Butterflies," Kacey Musgraves

Best Music Film — Quincy, Quincy Jones

Best Music Video — "This Is America," Childish Gambino

Best Regional Roots Music Album — No 'Ane'I, Kalani Pe'a

Best Tropical Latin Album — Anniversary, Spanish Harlem Orchestra

Best Regional Mexican Music Album (Including Tejano) — ¡México Por Siempre!, Luis Miguel

Best Latin Rock, Urban Or Alternative Album — Aztlán, Zoé

Best Spoken Word Album (Includes Poetry, Audio Books & Storytelling) — Faith - A Journey For All, Jimmy Carter

Best Children's Album — All The Sounds, Lucy Kalantari & The Jazz Cats

Best Contemporary Blues Album — Please Don't Be Dead, Fantastic Negrito

Best Traditional Blues Album — The Blues Is Alive And Well, Buddy Guy

Best Bluegrass Album — The Travelin' Mccourys, The Travelin' Mccourys Best Americana Album — By The Way, I Forgive You, Brandi Carlile

Best American Roots Song — The Joke, Brandi Carlile

Best American Roots Performance — The Joke, Brandi Carlile

Best New Age Album — Opium Moon, Opium Moon

Best Song Written For Visual Media — "Shallow," Lady Gaga & Bradley Cooper

Best Score Soundtrack For Visual Media — Black Panther, Ludwig Göransson

Best Compilation Soundtrack For Visual Media — The Greatest Showman, Hugh Jackman (& Various Artists)

Best World Music Album — Freedom, Soweto Gospel Choir

Best Roots Gospel Album — Unexpected, Jason Crabb

Best Contemporary Christian Music Album — Look Up Child, Lauren Daigle

Best Gospel Album — Hiding Place, Tori Kelly

Best Contemporary Christian Music Performance/Song — "You Say," Lauren Daigle Best Gospel Performance/Song — "Never Alone," Tori Kelly Featuring Kirk Franklin

Best Contemporary Instrumental Album — Steve Gadd Band, Steve Gadd Band

Best Immersive Audio Album — Eye In The Sky - 35th Anniversary Edition, The Alan Parsons Project

Best Remixed Recording — "Walking Away (Mura Masa Remix)," Haim

Best Engineered Album, Non-Classical — Colors, Beck

Best Historical Album — Voices Of Mississippi: Artists And Musicians Documented By William Ferris

Best Album Notes — Voices Of Mississippi: Artists And Musicians Documented By William Ferris

Best Boxed Or Special Limited Edition Package — Squeeze Box: The Complete Works

Of "Weird Al" Yankovic, Weird Al Yankovic

Best Recording Package — Masseduction, St. Vincent

Best Alternative Music Album — "Colors," Beck

Best Musical Theater Album — The Band's Visit, Original Broadway Cast

Best Comedy Album — Equanimity & The Bird Revelation, Dave Chappelle

Sports

Track has historic start

By EMMA SPORLEDER
Student Reporter

The Lady Rangers track and field team had a historic day last Friday in Wichita, Kansas when Northwestern Oklahoma State University's women's track and field team placed third.

This was their first time as a member of the NCAA, and it was the first event by a women's track and field program from Northwestern in more than 30 years.

Northwestern competed in the Wichita State Invitational Friday afternoon at the Heskett Center on the Wichita State University's campus located in Wichita, Kansas.

Keiazyiah Young, a freshman from Del City, Oklahoma showed up to compete for the Lady Rangers when she placed fourth in the triple jump with a mark of 10.45.

Young also competed on the track with a time of 8.16 in the 60 meter which won her section going away.

Keiazyiah Young, Megan Mayfield, Alexa Leyva and Cayla Smither were on a team to compete in the 4x400 meter relay and finished with a time of 4:24.34, which earned the relay team a second place finish.

The 4x800 meter relay team consisting on Ladasheray Bell, Claire Theis, Journey LeBeau and Kayla Gourley finished in third place.

Cayla Smither has a top 10 finish in the 60-meter dash, and Alexa Leyva competed in the field events she finished the long jump with a top ten spot.

Gina Wilson, Theis and Leyva all did work in the 60-meter hurdles.

Kayla Gourley set a personal record at the invitational in the 1-mile, her record was 5:52.62.

The freshman from Duncan, Oklahoma Rosaria Milton beat her indoor personal record in the shot put which helped her finish ninth.

The Lady Rangers will look forward to competing this weekend in Norman, Oklahoma at the UCO Broncho Invitational put on by the University of Central Oklahoma at the University of Oklahoma's Indoor Track Facility.

Northwestern Oklahoma State University's women's track and field team had another successful weekend in Norman, Oklahoma when the Lady Rangers competed at the UCO Alumni Classic.

The meet was held as the Oklahoma-Mosier Indoor track in Norman on Feb. 9.

Northwestern's athletes showed

up to succeed when the Rangers grabbed three top-three finishes.

This included a third-place finish in the penthalon from Gina Wilson, a freshman from Perry, Oklahoma.

This was Wilson's first time competing in this event in her collegiate career and she had 2420 points and third place in the high jump (1.47 meters) and the long jump (4.31 meters).

Claire Theis, a junior from Kingman, Kansas, finished close behind Gina Wilson in the pentathlon for fifth place.

Keiazyiah Young set her best mark in the triple jump with 10.71, which slid her into the third-place finish in the finals.

Megan Mayfield, Keiazyiah Young, Journey LeBeau and Ledasheray Bell competed in the 4x400 relay.

The team has improved since their last time at the meet in Wichita

The 4x400 relay team finish with a time of 4:19.73 to earn fourth place.

Cayla Smither placed fifth after jumping 10.39 meters in the triple jump, and Lashayla Green places third in the high jump when she leapt 1.4 meters.

Rayna Patton and Jenny Martinez were the top throwers in their

flight when they finished back to back with distances of 10.43 and 10.40 meters in shot put.

This was both of the Lady Rangers personal bests.

Kayla Gourley, a senior from Wichita, Kansas, recorded another personal best in the 3000-meter race with a time of 11:51.98.

Bell and LeBeau finished second in their sections of the 400-meter event, and Young and Green finished second in their sections of the 200-meter dash.

The Lady Rangers will compete again in two weeks at the same facility in the Great American Conference Indoor championship.



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The Lady Rangers compete next at the GAC Indoor Championship.

Baseball's starts season off 7-1

By ERIC SCOTT

Athletic Communications

Northwestern Oklahoma State University baseball is off to its best six-game start since the 2015 season after they split a Saturday doubleheader on the road at Missouri Southern State in Joplin.

The Rangers feel to the Tigers in game one, 10-0, but bounced back with a 3-2 win in game two. Northwestern is now 5-1 on the season. The rubber match between the Rangers and Tigers will take place tomorrow afternoon with a 1 p.m. first pitch.

Northwestern found themselves down 2-0 early on in the night cap before scoring three unanswered runs for the win.

Daschal Johnson got the Rangers on the board in the top of the fourth when he led the inning off with a first pitch double to left center and then advanced to third in the next at bat. After Carlos Andujar drew a four-pitch walk, he took off for second and reached when the ball sailed into center on the attempt to gun down Andujar.

The error allowed Johnson to cross the plate and cut the differ-

ence to 2-1.

The Rangers knotted the game at two runs in their next half inning at the plate. For the second straight inning, the Rangers got the lead-off runner on bases when Johnnuelle Ponce drew a walk. Ponce eventually moved over to third and scored on the second wild pitch of the inning to tie the game.

In the top of the sixth, the lead-off man got on base yet again, this time Luis Mendoza welcomed a new MSSU pitcher to the game with a single to right center. Greg Carrington came in to pinch run and moved to third on a Justin Bundy single. Ponce followed Bundy with a double down the left field line to plate Carrington for the go-ahead run.

Bundy's single, combined with three of Northwestern's five hits in game one, gave him a team high four hits on the afternoon. Mendoza finished the doubleheader with a pair of hits, and Johnson had two hits in game two and scored a run.

Kaleb Honea (1-0) entered the second game in to start the sixth inning and didnat allow a hit and struck out two in two innings of work. Dillon Van Oosbree went three innings and allowed two

runs and Rafael Lora pitched two perfect innings.

Matt Goertzen (0-1) was credited with the loss in the first game, while Kyle Rogers also saw some action on the mound for the Rangers in the series opener.

It was a comeback weekend for the Northwestern Oklahoma State University baseball team as they bounced back from a game one loss on Saturday to win two straight and close the series with a victory on Sunday at Missouri Southern State in Joplin.

Northwestern battled back in both wins over the weekend, including a 7-3 victory Sunday afternoon. The Rangers moved to 6-1 on this season with the win to tie the 2013 team for the best start by the program as a member of the NCAA.

It was also the team's six straight series victory dating back to the 2018 season when they closed the year with four series wins in a row.

The Rangers are home for a mid-week contest Tuesday afternoon when they host Northeastern State at 3 p.m. at Glass Family Field at Myers Stadium, before beginning Great American Conference play on Friday at Southern Nazarene with the first of three games.

Northwestern started the game with a 1-0 lead Sunday afternoon when Carlos Andujar reached base in the seven straight game with a single up the middle and scored as he was followed by Luis Mendoza with a double to left center.

Mendoza now has a five-game hit streak and also reached in all seven contests this season.

After the Tigers answered in the bottom of the first, Justin Bundy's bat came alive in the top of the third. The senior hit a two-run home run over the wall in right center that scored Andujar, who reached to lead off the inning, for the second time in the game.

The home run was Bundy's third of the season.

With the game tied at three following a MSSU run in the bottom of the sixth, the Rangers took the lead in the top of the seventh. Already with two outs on the board, Brock Randels laid down a bunt and was awarded a hit. However, he moved to second on an errant throw, which set up Mendoza for his second RBI

double on the afternoon to make it 4-3.

Northwestern got three insurance runs in the top half of the ninth inning. Luis Cintron drew a four pitch walk to start the inning and Mendoza reached yet again with a walk of his own. The Tigers promptly made a pitching change and Johnnuelle Ponce welcomed the new hurler to the game with a three-run shot, his second of the year, to make it 7-3.

Kaleb Honea took the mound for the Rangers in the ninth and struck out two to close the game.

Jacob Uhing earned his second win of the season in relief for the Rangers with a strikeout in a hitless inning of work. Koby Spicer pitched well by not allowing a hit in 1.2 innings with a pair of strikeouts to set up Honea's final inning.

Brandon Nesseralla took the ball to start the game for the Rangers and struck out five in 5.1 innings

Mendoza now has four doubles this season as his pair of extra base hits this afternoon as he moved his average to .500 on the season.

Continued on pg. 11

Sports

Baseball continued Men lose on Hall of Fame weekend

Continued from pg. 10

Northwestern Oklahoma State University baseball improved a home field winning streak to nine straight Tuesday afternoon as the Rangers made easy work of Northeastern State, 11-2, at Glass Family Field at Myers Stadium.

The Rangers have won four straight against Mid-American Intercollegiate Athletic Association opponents this year. Prior to 2019, Northwestern had never won more than two games against MIAA members.

The Great American Conference season will get started Friday afternoon when the Rangers travel to take on Southern Nazarene in a three-game set. First pitch of the series will be at 1 p.m., followed by a doubleheader on Saturday in Bethany.

Harry Park made another excellent showing on the bump for the Rangers as he was called upon for the start the midweek contest.

Park allowed a run on three hits with five straights to earn his second win of the season.

Baron Phillips, Danny Vasquez, Bryce Donovan and Beau Britton each pitched an inning as the game wound down.

In total, Ranger pitches struck out 11 Riverhawk batters after fanning 13 on Sunday against Missouri Southern.

While the Rangers only had

three extra-base hits, the offense still sprayed 14 total hits around the field to compliment seven free passes and a hit batter from NSU. NWOSU entered the game with a.329 team batting average to lead the Great American Conference, improving its total by nine points after Tuesday's victory.

A carry over from the weekend series at MSSU, Luis Mendoza continued to be hot at the plate with a 3-for-3 day. The senior has hit .600 (9-for-15) in the last four games.

Mendoza accounted for six of the Rangers' runs with two runs batted in and scored a Northwestern season high four runs.

Colton Whitehouse drove in three runs thanks to a double and two sac flies.

Northwestern scored a run in six of their eight half innings.

The biggest scoring output of the day came in the fourth inning when they plated four runs, started by a Daschal Johnson RBI double to drive in Jake White who led the inning off with a single.

A couple of batters later, Mendoza ripped a pitch through the right side of the infield to push across

Johnson and Johnnuelle Ponce followed with one if his two hits in the double to plate Luis Cintron. Whitehouse added the fourth run of the inning with a deep fly to center to bring home Mendoza. By LOGAN JONES
Assist. Sports Editor

The Ranger basketball team made the drive to Bethany, Oklahoma to take on the nationally ranked Crimson Storm of Southern Nazarene University this past Thursday.

Despite putting up good numbers, Northwestern fell to SNU, 98-60

The Rangers were first to get on the board with two quick buckets by junior Bryshon Bryant, but the Crimson Storm answered back by going on a 9-0 run.

At the end of the first half, Southern Nazarene had a healthy lead with a score of 47-29.

In the second half, the red and black tried to mount a comeback.

With seven quick points by A.J. Jones and a two-point jumper from Cole Jones, it made the score 53-39

Unfortunately, the scoring Rangers ran out of gas in the final ten minutes.

The Crimson Storm continued to score, ultimately winning, 98-60.

Ranger standouts include Jack Peck, who earned his first double-double with a team high 14 points and 10 rebounds.

A.J. Jones would finish with 12 points while David Thornton, who made his return to the court following an injury, scored nine of his own.

Northwestern looked to return to their winning ways on Hall of Fame Weekend when they took on



Photo by Mariah Wyatt

The men next face off against rivals SWOUSU in Weatherford.

the East Central University Tigers within the friendly confines of Percefull Fieldhouse.

However, things did not go according to plan as the Rangers lost, 87-58.

The red and black did not get off to the best start, falling behind 14-0 before getting their first points in the contest.

After the first 20 minutes, the Tigers had a commanding lead at 42-22.

The second half did not fair much better for the Rangers.

ECU continued to drive up the score board while Northwestern struggled to keep up.

With five minutes left in the game, the Rangers trailed by 28 points.

The Tigers went on to win by a landslide, 87-58.

The Northwestern bench proved to be the only bright spot in Saturday's contests, as it accounted for more than half of the points put up by the Rangers.

Following the loss, Northwestern moved to 3-13 in conference play and 5-17 overall.

The red and black will return to action on Valentine's Day, Feb. 14, in a lovely matchup against the Southwestern Oklahoma State Bulldogs in Weatherford.

Women's basketball earn fourth road win

By Megan Maharry Sports Editor

The Lady Rangers went 1-1 this weekend with a victory over Southern Nazerene and a loss at home to East Central.

The Lady Rangers took care of busniness in Bethany as they beat the Crimson Storm 56-55.

This marks the Lady Ranger's fourth consecutive road win.

The winning on the road streak has not been this long in NWO-SU's women's basketball since the 2001-02 season.

Kalea King earned her spot in the 1,000 point club Thursday against SNU.

King is the 12th player in program history to hit 1,000 points.

She finished the game with 13 points and six rebounds.

The Lady Rangers had the 45-43 lead going into the fourth, but the Crimson Storm went on a 7-0 run, taking the lead.

Refusing to be put away, the Lady Rangers answered back with five straight buckets from Jakeria

With just seconds left in the



Photo by Emma Sporleder.

The Lady Rangers next travel to rival SWOSU.

game, Jade Jones nabbed a steal and King finished the play off with a layup to give her team the advantage, 56-55.

SNU managed to get a final shot off, but missed.

Otey stole the inbounded ball after SNU grabbed the rebound, and time expired, giving the Lady Rangers four road victories on the road

On Saturday, the Lady Rangers

were back in action against the Tigers of east Central.

Despite a battle on Hall of Fame Weekend, the Lady Rangers fell 88-80.

The Lady Rangers got off to a slow start in the first quarter and were unable to capitalize on offense.

The Tigers held a 27-10 lead going into the second quarter.

It was the second quarter the offense came alive.

A three-pointer by Jones and a jumper to follow from Presley Payahsape started the roll.

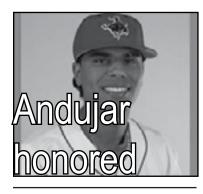
The Lady Rangers got within eight in the final minutes, but the slow start was too much to overcome as they ultimately fell 88-80.

Jones tied her season high with 16 points and added five assists.

Bailey Brown earned yet another double-double, making it her fifth, with a career high 23 points and 11 rebounds.

The Lady Rangers are now 9-14 overall and 6-10 in conference play.

The Lady Rangers next take to the road to face off against heated rival Southwestern Oklahoma State University.



By ERIC SCOTT

Athletic Communications

A newcomer to the Northwestern Oklahoma State University lineup, Carlos Andujar was recognized after an outstanding opening weekend as he was named the Great American Conference Co-Player of the Week, the league announced on Tuesday.

A senior from the Dominican Republic, Andujar led the league in the first weekend of the season with a .727 average. Andujar went deep in his second at bat as a Ranger for the first Northwestern run of the season.

Northwestern opened the season with a three-game sweep over Christian Brothers. Andujar finished the series with a GAC high eight hits, eight runs scored and 14 total basses. The shortstop slugged an outstanding 1.273 in the three games.

Spring blood drive is a success



Tobi-Rae Barker is all smiles for the camera after giving blood.



Rianna Morris watches as the nurse preps her before giving blood.



Photo by Ashley Watts

Tim Lauderdale talks with a nurse while giving blood.