

## The creative minds behind the coat

By CAITLYN PRAY  
Student Reporter

Many Rangers may be familiar with the story of Joseph found in the Bible, but very few will likely expect how the Northwestern Theatre department presents it.

As the wheels began turning with the initial ideas, thoughts and visions of what the musical, 'Joseph and the Amazing Technicolor Dreamcoat,' would look like, the director began to take on a different view of what she wanted the musical to be rather than what was expected. Dr. Kimberly Weast, director of the production, decided to give the traditional story an unexpected twist by setting the Biblical story in the time that it was written—1968.

With such a queer time and setting for the traditional, Biblical story, viewers really might not know what to expect—and that's just one of the many things Weast and production crew of the Northwestern Theatre department find exciting about it. Although vivid details and clues cannot be given, all students, faculty and Alva community members are invited to come experience the story of Joseph like they've probably never seen before.

Of course, with so much put into this play—hours of singing practice, rehearsing, stage designing, involving grade school children, finding over 20 actors, costume designing and creating, and so much more—it's not a wonder that there are many hands involved with the project and have been dedicatedly working on their parts for weeks.

Alica Hall, coordinator of printing services, was in charge of the costuming from the very beginning and says that since the end of the last theatrical production that performed during the late end of February, she has been scheming, sketching and securing costumes for each of the many characters in each scene.

"The fun thing about costumes is that you need something new and something different for every show," Hall said. "Ever since the beginning of March most of all my free time has been dedicated to working on the costumes, and I am really especially excited for some of them and watching just how they turn out."

Although the threat of spoil-

ers keeps many details about the costumes from being told, much was said about the hard work and meticulous details that Hall put into each outfit, and audiences are encouraged to come and see for themselves the costume creator's hours of hard work on stage.

While Hall stayed busy with costuming and Weast with directing over the past couple of months, many actors have also had to put hard work, dedication and long hours into their parts for the musical. Erin Davis, who many know as the university relations specialist, was cast as the narrator in this production and says she also has stayed busy practicing her role since the cast first learned their characters.

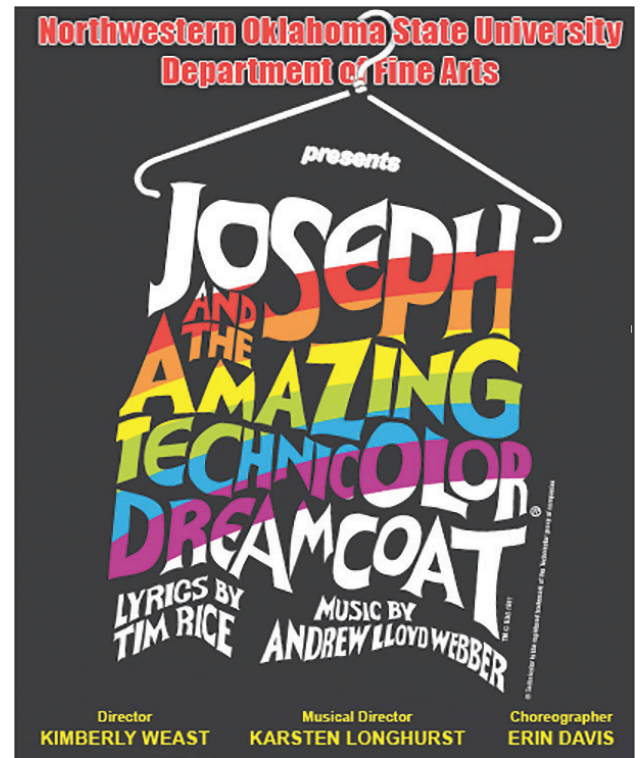
"Rehearsing my part for the musical has been exciting and challenging," Davis said. "The narrator part is split between my-

self and Gentry Mortensen. It has been exciting working with the directors to develop our characters and individual voices to share this story. It has been challenging simply trying to balance everything else I am involved with. I am always grateful for the people who continue to support me and help me accomplish my goals."

All are encouraged to see the production as it is performed April 11, 12 and 13 in the Herod Hall Auditorium.

Tickets can be bought in advance or at the door for \$15 for general admission, \$12 for Northwestern employees, and \$10 for students.

*"The fun thing about costumes is that you need something new and something different for every show." - Alicia Hall*



Graphic by University Relations

## 'Joseph and The Amazing Technicolor Dreamcoat' musical starts tonight at Northwestern in Herod auditorium



Photo by University Relations

The cast of the Northwestern Oklahoma State University musical, "Joseph and the Amazing Technicolor Dreamcoat," rehearse in costumes Sunday afternoon in preparation for opening night Thursday at 7 in Herod Hall Auditorium in Alva. The show also runs Friday at 7 p.m. and Saturday at 2 p.m. The cast and crew will join with the NWOSU Art Society members to accept non-perishable food items for the Campus Cabinet food pantry at all three shows.

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# News

## Campus newspaper wins 16 awards

By **NICK PERKINS**  
*Student Reporter*

The Northwestern campus newspaper attended the Oklahoma Collegiate Media Awards on April 5 in Stillwater where they won 16 awards.

This event is sponsored by the Oklahoma Collegiate Media Association. This is an event for different colleges in Oklahoma to submit entries from students and student newspapers. The OCMA bring in judges from out of state to judge the various entries from 2018.

The editors from the newspaper went through old newspapers from 2018 to pick out what they thought would be best for the competition and what would represent the newspaper best. "This past year we've all had to step up and learn a lot about designing and writing to make our paper what it is," Ashley Strehl, editor in chief, said.

The Northwestern News is in the diamond division, which consists of

smaller schools. The schools that were also in this division were: East Central University, Northeastern Oklahoma State University, Oklahoma Baptist University, Oklahoma Panhandle State University, Southeastern Oklahoma State University, Southern Nazarene University and Southwestern Oklahoma State University.

Out of the 16 awards that the Northwestern News won, they swept the board in one category. This was the team enterprise/investigative reporting category. In this they won first, second and third place. "I'm extremely proud of everyone and how our creativity skills have developed over the year," said Strehl.

In addition to the awards ceremony, the students attended the Paul Miller Journalism Lecture, the speaker at this was Brett McMurphy. "He used to work for ESPN," Dr. Kaylene Armstrong, assistant professor of mass communication, said. "Many people know him as the guy that broke the Urban Myer

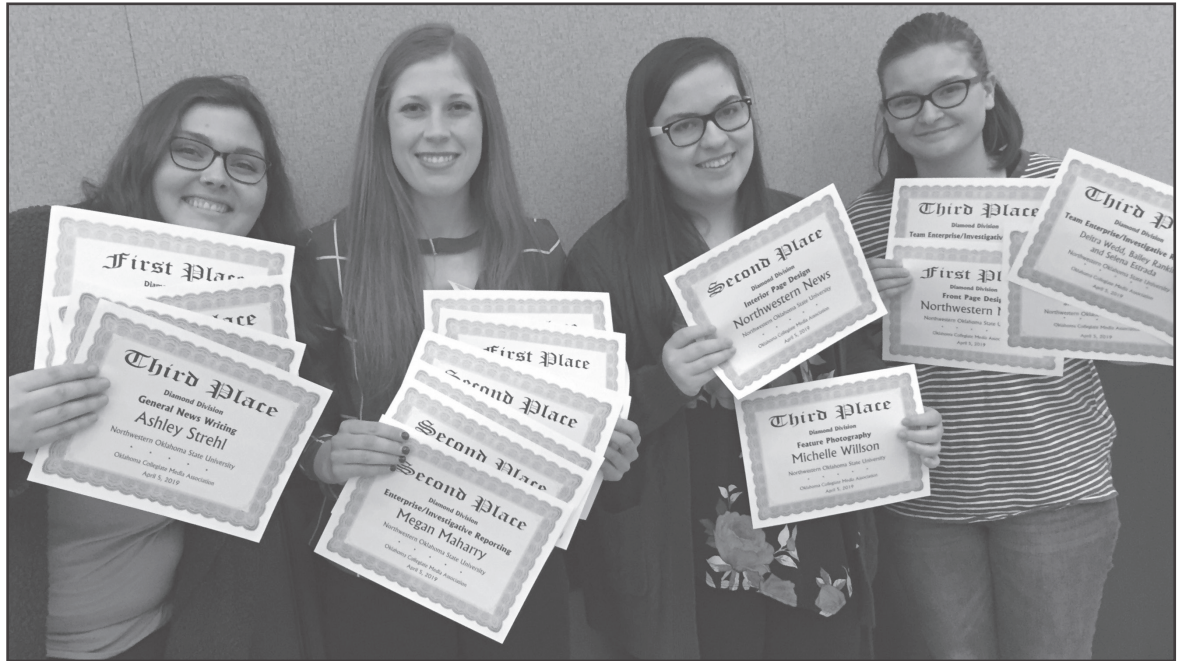


Photo by Dr. Kaylene Armstrong

Editors (left to right) Ashley Strehl, Megan Maharry, Michelle Willson and McKayla Holson holding the winning awards for the 2019 OCMA awards.

story on Facebook."

They also attended some sessions to help improve their writing and photography skills.

"Many people on campus probably don't realize how much work these kids put into putting out the paper every week," Armstrong

said. "We're one of the few groups of people on campus that put their work out there for everyone to criticize, comment on and enjoy."

## Intramural sports give students a healthy hobby

By **DOCKER HAUB**  
*Student Reporter*

All across the country, colleges practice competitive NCAA competition.

Different teams for all kinds of different sports get the chance to represent their universities on some of the biggest stages in the world.

But what about the kids that aren't fortunate enough to receive a scholarship for athletics?

What do non-athletes do for physical activity and fun?

Most universities offer intramural athletics for all students to participate in. Fortunately, Northwestern Oklahoma State University is also one of those universities. "I think that intramural sports are extremely important," said Dr. Janet Cunningham, president of NWOSU. "It's another way for students to connect.

So many of our students participated in athletics in high school that even though they aren't collegiate athletes, they still want the camaraderie and competition provided by intramural."

NWOSU provides intramural competition in the sports of co-ed softball, men's basketball, women's basketball and co-ed flag football. All of the different sports have a playoff system with a champion at the end of each intramural season. But of course, there are rules for each different sport and how teams can be put together.

For co-ed sports, you have to have a certain number of women both on the team and in the game at

all times. There can also only be a certain number of actual collegiate athletes on all the teams and they can't participate in a sport they actually play.

Colton Wichert, a sophomore ag business major, knows just how fun it can be when you compete in intramurals and have success with your team.

"Winning the basketball league was a lot of fun this year," Wichert said. "It's such a cool feeling to know that we were the best team that played this year. All of us on the team played basketball in high school so it's always a cool feeling just to be able to go out there again and enjoy playing a sport that we love to play."

Intramural sports aren't only for the students though, there have been many cases where professors or university employees have competed in different intramural sporting events.

"I definitely think intramurals are beneficial to the student life of NWOSU," said Olivia Yandel, assistant director of the J.R. Holder Wellness Center and co-advisor of the Student Government Association. "With Alva being a smaller community, students tend to see a lack of things to do during their college years.

Intramurals allows students to enjoy their evenings with their peers in a safe manner. I know that from when I was in college, up till now as an employee, I've enjoyed being able to participate in the variety of sports. I do think there could be a possible expansion into more passive activities for students

who would prefer a less physically demanding activity, like bowling or poker. Overall though, intramurals are a huge part of our student life at NWOSU!"

Currently, students are enjoying co-ed softball at NWOSU. It's only a matter of time until there is a new intramural champion on campus!



Photos by Megan Brown

Frances Mustard ready to bat for her team



Trenton Harmon getting ready to hit the ball while Montana McCullough pitches



Montana McCullough batting for her intramural softball team

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VISION SOURCE

# News

## What's up?

### National Volunteer Week

Raise awareness for Domestic Violence, southwest corner of the Student Center near the library.

11 a.m - 2 p.m.

April 17



### Bahama Breakaway

Annual SGA event down on the Alva square

\$10 T-shirt located in the business office in Herod Hall.

4 p.m. - 7 p.m.

April 25



### Joseph and the Amazing Technicolor Dreamcoat



Northwestern's fine arts department will present Joseph and the Amazing Technicolor Dreamcoat theatre production in Herod Hall Auditorium.

Tickets are available to purchase in advance or at the door for \$15 general admission, \$12 for Northwestern employees and \$10 for students. To purchase tickets contact the director of the musical, Kimberly Weast, professor of theatre arts and Department of Fine Arts chair, at (580) 327-8462 or finearts@nwosu.edu.

April 11 & 12 @ 7 p.m.

April 13 @ 2 p.m.

## Honoring student-athlete day

By DAVID THORNTON  
Student Reporter

I interviewed junior men's basketball player Eric Andres on what being a student athlete is like.

He first reminisced about his first days as a basketball player in the 4<sup>th</sup> grade. "I was an amateur when I first started, missing layups traveling every time I'd get the ball." Andres said.

"It took a lot of dedication and my coaches kept pushing me to get better and I did." Andres worked hard at basketball and he carried that same mentality over to school work. He made the connection that if he didn't do well in school, he would not be able to play basketball.

He didn't want that, especially once he started to get the hang of playing basketball. Leading up to high school and college, that mentality made him a great student athlete. He was dedicated to school and basketball.

Now being in college, he still has that same dedication. "Being a student athlete has its ups and downs," Andres said. He realized he had to manage time and stay focused.

"You won't always have time to have fun or much free time," Andres said. With school, basketball, meetings, study hall, etc., you don't have a lot of free time.

Andres learned quickly how to manage his time so he could have some fun when he liked.

Even though being a student athlete takes up most of your time in college, Andres said he wouldn't have it any other way, you love basketball and the opportunity to play and get a free education.



Photo provided by Eric Andres

(Left) No. 12 Eric Andres and (Right) No. 25 Elijah Parks

## April is the month of the student-athlete



"It took a lot of dedication and my coaches kept pushing me to get better and I did."

- Eric Andres

See pg 4 for another student-athlete!

If you have an event that you would like featured on our "What's Up?" section, just contact us at [nwnews@nwosu.edu](mailto:nwnews@nwosu.edu).

Include date, time and a short summary.

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Community Rewards Cards are now available at any of three locations:

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Yoplait yogurt 6oz. 2 for \$1.00	Ball Park beef franks 15oz. \$3.69

# Campus

## Guitar festival winners announced



Photo by University Relations

Contestants of the 2019 NWOSU Guitar Festival from surrounding middle schools and high schools. “We started the guitar festival to give students another opportunity to perform,” Max Ridgway, adjunct instructor of music, said. The guitar festival is only for middle and high school students who are privately taught students as well as students who are a part of a guitar class or a music class. “Some of them come from guitar classes that are held at the Enid middle school,” Ridgway said.



Photo by University Relations

## Northwestern staff planning campus beautification event

By SHANNON NESSERALLA  
*Student Reporter*

On Thursday, April 18 Northwestern Oklahoma State University is hosting a Campus Beautification event.

This event is being sponsored by the Northwestern Oklahoma State University Staff Council.

The event will be held on Alva, Enid and Woodward campuses. Any student and employee at NWOSU is welcome to volunteer their time to help with the event.

This event used to be called Campus Clean-Up, but recently underwent a name change to Campus Beautification.

The main purpose of this event is to help make the campus look better after the winter season. When spring comes around and the flowers start to bloom, this event helps make the campus flourish from its natural beauty.

If you would like to volunteer you can contact Melissa Brown before Friday, April 12.



Matt Ridgway with winner, Eldon Walters, Best Overall Solo



Kayla Ingram, Best High School Solo



Thomas Moore, Best Middle School Solo

## Another honorable athlete

By KOLTON FISHBACK  
*Student Reporter*

Throughout our lives, we go through things that have the potential to change our mindset or even our character at times.

That is not the case for junior Keion Bateast. The transfer from UCO has remained resilient throughout the years by overcoming his challenges to do the one thing he loves: play basketball. Bateast struggled in the classroom while at UCO, and was just focused on basketball. Not getting the chance to try out, he dropped out and got two jobs. It became an every day thing one job from 3 a.m. to noon and the second from 3 p.m. to midnight. His luck changed after having a conversation with the president of NWOSU, Dr. Janet Cunningham, during his hours of valet parking.

They discussed things about the university and what it offers. He got the call to come down and visit Alva. “Once I came to this school, I was pretty much excited to get started,” Bateast said. His main focus was on basketball, but he had a consistent job at Walmart from 10 p.m. to 8 a.m. After working his shift, Bateast would arrive at practice with his work uniform still on. He was very busy, but did not let that affect him. After red-shirting last season, Bateast got his shot to play for the Rangers, but had a rough outcome.

He will remain at NWOSU for his senior season. “I’m going to stay here for another year and play through it because I’m not the type to just quit when things get hard.” He will continue to prove himself on and off the court and keep his heart set on what truly matters to him, basketball.

Bateast preaches that the life of



Photo provided by riderangerside.com

a student athlete can be difficult at times when trying to manage school, sports and work all in one semester. He mentioned that he is excited for what this year will bring.

Kelly Parler – Mayor	Bo Hannaford – Ward 3, Seat 1
Daniel Winters – Ward 1, Seat 1	Mary Hamilton – Ward 3, Seat 2
Connor Martin – Ward 1, Seat 2	Brian Wallis – Ward 4, Seat 1
Christopher Eckhardt – Ward 2, Seat 1	Randy Stelling – Ward 4, Seat 2
Brandon Sherman – Ward 2, Seat 2	Joe Don Dunham – City Business Manager

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Letters to the editor shall bear the author's handwritten signature, hometown, classification, title, etc., address and phone number for verification and shall be kept on file. Unsigned letters to the editor will not be published.

Letters must be turned in by noon on Monday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to [nwnews@nwsu.edu](mailto:nwnews@nwsu.edu). Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

All letters represent the views of the author.

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# Editorial



## Drug tests in middle school?

By **DOCKER HAUB**  
*Student Reporter*

Whenever you're in middle school, your biggest worries typically involve what's on the lunch menu for the day, if your crush likes you back, or if you have enough AR points in order to go on the class field trip.

But as time has gone on and new generations are being raised with different morals and standards, do middle school students have different things on their mind? Are they interested in drugs and alcohol?

According to [www.drugrehab.com](http://www.drugrehab.com), one-third of middle school students say that students keep, use and sell drugs at school.

The middle school years can be a very influential and developmental time-period for children. Most kids are trying to understand where they fit in and what their true interests are. Are today's kids viewing drugs and alcohol as the new cool thing?

About a month ago, Kingfisher Middle School in Kingfisher,

Oklahoma found three 5th grade girls drinking beer in the bathroom during the middle of the school day. An event like that is something that would have been unheard of whenever I was in middle school.

So what is causing this change in the behavior of young people? I think one cause of this type of behavior could be the popularity and the content of the new music that kids listen to very heavily nowadays. Songs that glorify the abuse of alcohol and drugs and shine them in a positive light.

Artists like "Lil Xan," "Lil Pump" and "Lil Baby" are all artists that have had major success in the last couple of years and are all artists that glorify drug use.

So the question arises, should middle school students begin to be drug tested by the school? That's a tough question to talk about.

I think that most people with old school views on the matter would say that middle school students are too young to be drug tested and almost see it as offensive. On the other hand,

there are some people who might say that you need to adapt to the changing times and drug test middle school students in an effort to try to catch the students who might be using drugs.

I think that any parent would agree that the last thing they want is their child being exposed to drugs and alcohol in middle school.

Maybe drug testing middle school students is a way of keeping them on the right path. If a middle school student is in fact abusing drugs, There needs to be someone to lend them a helping hand and show them the health problems that drugs can do to children at that age, show them that they don't have to take drugs to be "cool" or to "fit in" and show them what they are truly capable of when they set their mind to something.

This can be a controversial topic to talk about but whenever the well being of our young people of America is at risk, something has to be done. So, should middle school students be drug tested?

**"This counter-protest culture that we have in America is dangerous."**

*David Bubbins,  
Ka Leo O Hawaii  
University of Hawaii at Manoa*

**"Student athletes should be held accountable outside of a slap on the wrist."**

*The Editorial Board  
The Argonaut  
University of Idaho*

**Interested in writing?  
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**[mdwillson99@rangers.nwsu.edu](mailto:mdwillson99@rangers.nwsu.edu)**

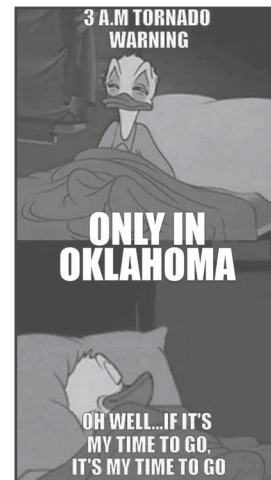
## EDITOR'S RANT OF THE WEEK

By **ASHLEY STREHL**  
*Editor-in-Chief*

The semester is almost over. I am most certainly ready for summer and for a much needed break/vacation.

I am lacking motivation. So much so that I really don't have anything to say this week. Nothing at all actually. Ya'll pray for me, nothing is really wrong, I'm just in college and I am struggling. STRUGGLING.

Sometimes I need a good laugh. I truly believe that laughter really is the best medicine. So these are a few memes that I could find that are ... appropriate .. and they make me laugh. I hope you laugh too. Maybe next week I will have something insightful to say.



# Jennifer Page: Not just an ordinary professor

By Taylor Alexander  
Student Reporter

Dr. Jennifer Page, English professor at Northwestern Oklahoma State University, is no stranger to the hardships her students are going through.

Throughout her years of teaching she has been able to serve her students not only as a professor, but a mentor.

More than one student has gone to her for advice and guidance outside of the realm of academics.

Teaching wasn't always her life goal. At 8 years old, she wanted to be a neurosurgeon. It only grew from there to an obstetrician and a meteorologist. It was in high school when she grounded herself.

"I was really neurotic [in high school]," she said. "I was a first-generation college student and I didn't have some kind of mythical college fund waiting for me, and I found out about that when I was a sophomore and I realized that the only way I was going to get a college degree funded and to hopefully have a better quality of life was to just work as hard as I could in academics and extracurriculars, at networking to make those possibilities happen."

If there was a club at my high school, I was in it and probably running it. I took every AP class that I could which at that time it was only two, but it was still a lot."

Despite the normally overwhelming school workload, Page continued to work hard to achieve her goals.

"I got a full ride to a small college pretty close to home," she said. "I continued to build my network and learning and meeting new people. I think I've chilled out a little since being a really high-strung teen, but I still really enjoy being active and having my hands in a lot of cookie jars."

Page is a professor with almost 10 years of experience. She served as an adjunct and a graduate assistant at the University of Louisiana in Lafayette for five years. In 2013, she came to Northwestern Oklahoma State University. Fellow English professor Dr. Roxie James was at UL when Page was a graduate assistant.



Photo provided

Dr. Jennifer Page

"Dr. Page was the assistant to the graduate coordinator and whenever I had a question I would run to her office and be like 'I need help!' and so she was always good about that," James said.

Page said she enjoyed being the graduate assistant, but now she gets to teach professionally and with more freedom.

"I've gotten a lot of chances to design some really cool courses and to try new things," Page said. "That's something I've really enjoyed about teaching at Northwestern, is that I get to play in a bigger sandbox."

The fall of 2017 semester, Page taught Composition I: Monsters, in which students analyzed the

creation of monsters in literature and social media. The spring of 2018 semester's Composition II course was on subcultures, where students were asked to self-analyze their own subcultures and what all is involved with their subculture. In a previous year, Page led the course Shakespeare and Harry Potter.

She said she encourages her students to approach learning as learning from themselves while applying what they are being taught.

Also, by incorporating material from pop culture into the course material, Page said she is hoping to make her classes more relatable and enjoyable for her students.

As a result of personal experience along with her

teaching education, Page said in her classroom she encourages a community of learning.

"I like to think about a classroom as a community of learners and a community of practice," she said. "We're all becoming better critical thinkers and I include myself in that, as well. We're all becoming more analytical and learning from each other. I think it's really hard to remove yourself and your experiences from that kind of conversation. When it comes to composition, you can learn to write about anything, so why not make it something you're passionate about or something that you know a lot about. It makes it more enjoyable and if the process

is more enjoyable then we're going to become better. Just like I like new challenges and I like new things," she said.

"I like to learn about these things from my students. It's a good and fun exchange."

Page said she tries to encourage alternative perspectives or explorative ideas for her Alva students.

"I try to. I think that the whole point of college is learning more about a subject area and general education," she said. "But it's also about learning more about yourself, figuring out what makes you tick and then following those pursuits."

Along with the usual courses she teaches such as Composition I and II, Early British Literature Survey, Shakespeare, Page is the chair

"She kind of struck me as one of the few legitimately concerned, really competent professors. I remember the first times I sat down and talked with her, she was the first professor I had a conversation with and thought 'wow, I would like to take a class with her.' She seemed really knowledgeable and on the same wavelength. She was really honest, and she was demanding with her expectations." Gardner said.

Tiffany Willson is a junior and, in the Honors program, that Page is chair of.

"She was straightforward and encouraging. I have always found her to be relatable. She even calls us her ducks in the Honors program." said junior Tiffany Willson.

*I like to think about a classroom as a community of learners and a community of practice.*

of the Honors Committee, a faculty sponsor of Sigma Tau Delta, and co-founder of the Teacher's Closet. The Teacher's Closet is a program that helps provide professional clothes to education students going into their profession.

Page has been a presenter at a number of conferences and other events like Curiosity Fest where she spoke about memes.

She has spoken in a prison and says she would go again if the opportunity arose. She is also a part of the Let's Talk About It Oklahoma, a program where authors come and speak on campus about their books.

One individual Page attributes part of her teaching style to is Elizabeth Bobo, one of her college professors.

She described Bobo as "a whirling dervish," constantly changing the way she was teaching in an effort to stimulate her students and help them learn as effectively as she could.

Jackson Gardner is a junior and took Page's Composition II class on subcultures. "[Her teaching style] was interesting." He said.

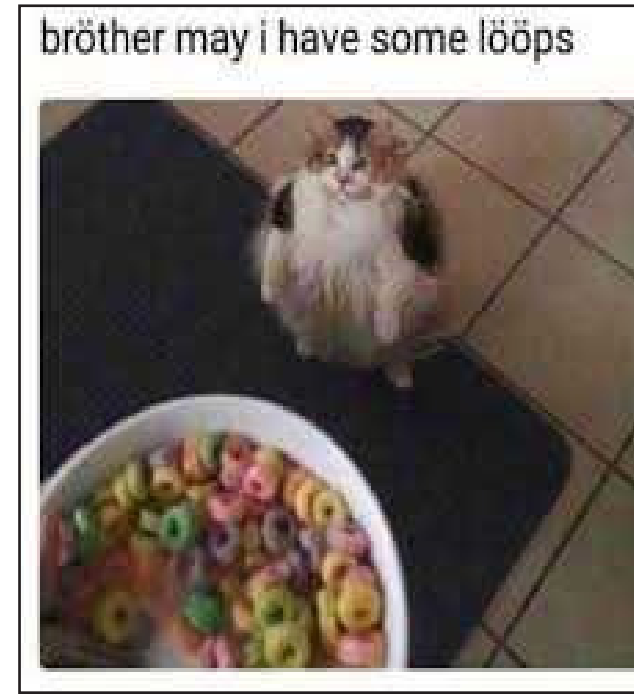
"She let us have an ice cream party in celebration of finals last semester. She brought us all our favorite flavors and lots of toppings."

Outside of the classroom, Page enjoys the simple things in life: music, movies, and spending time with her husband. Next May will be their 12th anniversary for Page and her husband, Chris Dickson.

"I am a cautionary tale," she said. "We were high school sweethearts. We met a month before he graduated, and I was a freshman. One of my friends...introduced [us]...and then she just kind of faded into the background and there were cartoon hearts everywhere."

The couple has gone to events such as Video Games Live (a concert series that travels the country), a Penny Arcade exposition in Vancouver, PAC South, and concerts with artists like the Foo Fighters and Kesha.

Now what's her advice for students? "Time management is key," she said. "I know everyone says that and it's obnoxious, but it really is true, though."



One of the memes Page likes.

Photo provided

*"I remember the first times I sat down and talked with her, she was the first professor I had a conversation with and thought 'wow, I would like to take a class with her'"*  
*-Jackson Gardner*

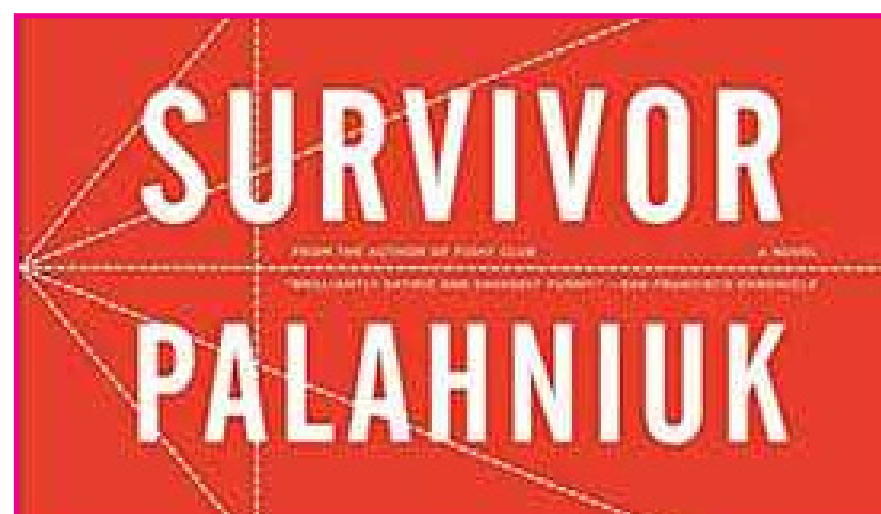
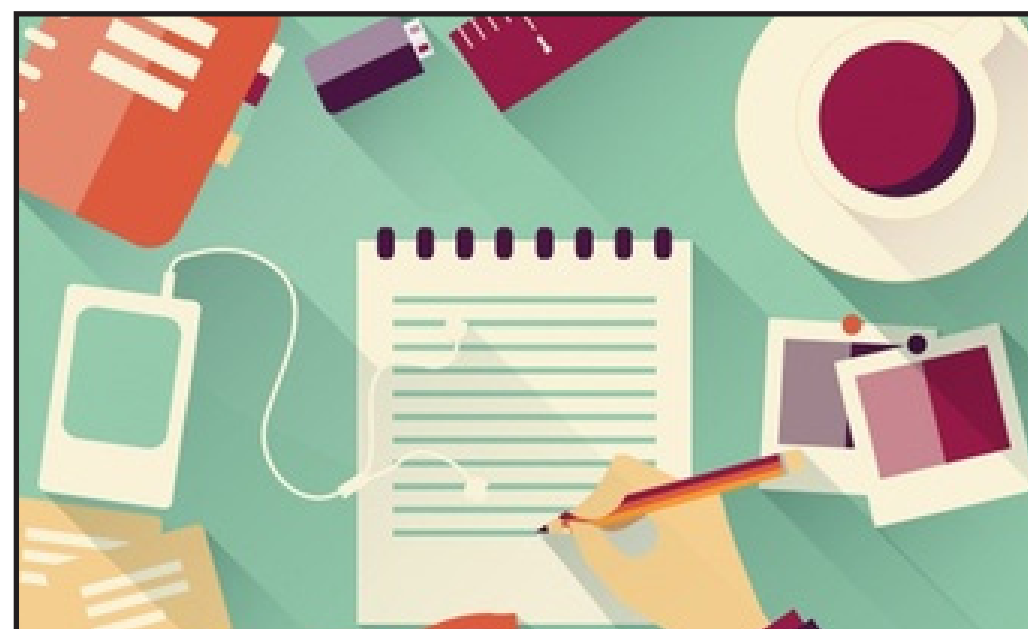
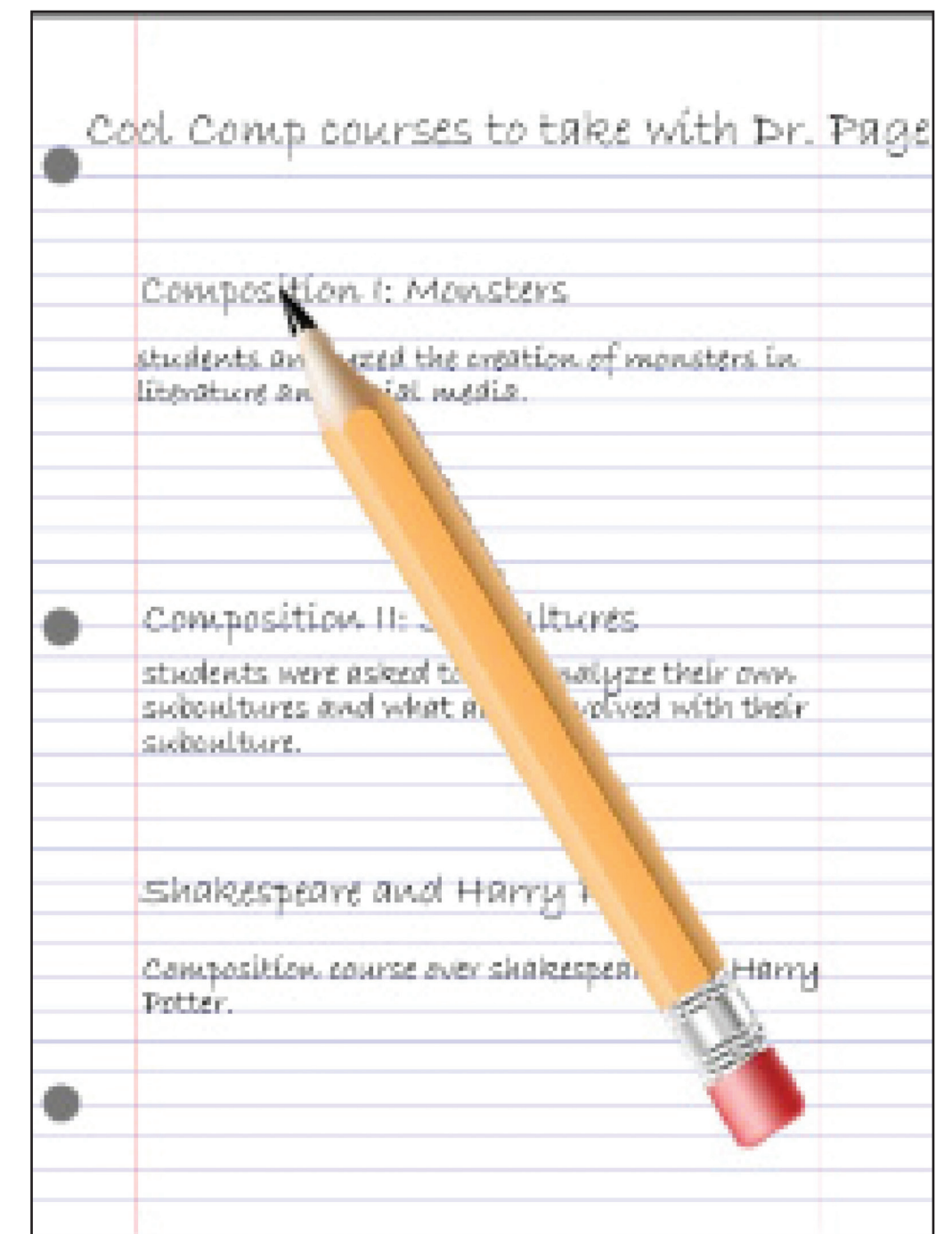


Photo provided

Dr. Page loves to read and this is one of her favorite books.

# Feature



Graduate student Mickey Jordan and his dog Corabelle



Junior Angie Agulara and her dog Momo



Junior Laura Reed with her pet goats Mario and Luigi

## The benefits of pet ownership

By **DAFNE DORCELUS**  
*Student Reporter*

There are few things better than coming home from a stressful day at work to an excited dog or cat that is able to provide you with the comfort and support you so desperately seek.

Whether you're at your best or feeling your absolute worst, pets always remain right by your side. More than just a furry, loyal companion, pets are often considered to be another member of the family.

Pet owners are just as close to their pets as they are to the most important people in their lives. (No doubt that most pet owners can vouch for that).

In addition to companionship, pets can provide owners with numerous other health benefits, both psychological and physical. The following are some of the benefits of owning a pet.

Animals, particularly dogs, are often used to help individuals manage high stress levels.

Veterans suffering from post-traumatic stress disorder (PTSD), stressed out medical student, and anxious children are just a few groups that experience less stress in the presence of a pet.

Pet owners know how much their furry friend improves their quality of life. But it's not all about unconditional love, although that actually provides a wellness boost, too.

On an emotional level, owning a pet can decrease depression, stress and anxiety; health-wise, it can lower your blood pressure, improve your immunity and even decrease your risk of heart attack and stroke, but the positives don't stop there.

There are also incredible health benefits that can come with owning a pet.

A lot of the health benefits of owning a pet may stem from the

mental and emotional benefits.

"People who have pets are less harried; there's more laughter in their life," says Dr. Becker. "When you come home, it's like you're George Clooney. You're a star."

This is a primary reason pets are used in various forms of therapy. "At Walter Reed Army Medical Center, they're using dogs to help soldiers dealing with post-traumatic stress disorder," says Katy Nelson, DVM, associate emergency veterinarian at the VCA Alexandria Animal Hospital in Alexandria, Virginia. "They're finding the guys who have a pet are able to re-enter society a little bit easier. They're showing a decreased suicide rate, one of the biggest health threats [veterans] face. These guys who have a pet have someone they're responsible for, someone who cares about them. And they don't have to explain what they've been through."



Junior Chloe Nutley and her cat Pancake.



Freshman Rylee Johnson and her dogs Pepper (left) and Lilli (right)



Junior Autumn Detamore and her dog Rascal



Junior Mary Ellis and her dog Minni Lou

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# Entertainment



Photos by Michelle Willson

The “Joseph and the Amazing Technicolor Dreamcoat” cast has been working hard to prepare for the performance. The musical will be performed Thursday and Friday at 7 p.m. and Saturday at 2 p.m. in the Herod Hall Auditorium.

## Joseph cast prepares for show this week



Freshman Sydney Endsley, juniors Laura Reed and Chloe Nutley and Alumna Erin Lehr checking their mics before rehearsal.



Freshman Sydney Endsley singing her solo



## “Us” Review

By SHANNON NESSERALLA  
Student Reporter

On March 22 the highly anticipated movie “US” hit the box-offices. The horror film was written and directed by Jordan Peele.

At the very beginning we see the mother as a child experience a traumatic experience that caused her to not speak. Many years later she is grown with a family and they decide to go back to the place where she got traumatized. The only point for this scene is to introduce characters that will show up again later and to have the mom experience PTSD.

After that the family goes to their house and this is when things start to turn wild. During the early hours of the night the family realized that in their driveway are figures of other people and then soon realize they’re not friendly. They come forcefully into the house and this is when they realize they are exactly identical looking but act completely different.

Surviving is the only thing on their minds at this point in the movie. The twins are not afraid to harm the person they’re identical to so the family works together and manages to kill the father



figure and escape from the rest.

They see that everyone is affected by this but still show up at their friends house who was in the scene earlier in the movie. During the time there all they did was kill off the friends twins and thats all. The scene was just a waste of about twenty minutes.

After this some real crazy stuff starts to go down that if you’re not paying attention, you’re going to miss it and not understand.

All and all the movie was interesting and very well put together. Had great action killing scenes along with anticipation to make it a movie worth watching again.

## New on Netflix:

### Available April 11

Black Summer

### Available April 12

A Land Imagined

Band Aid

Huge in France

Mighty Little Bheem

The Perfect Date

The Silence

Special

Who Would You Take to a Deserted Island?

### Available April 15

Luis Miguel

No Good Nick

### Available April 16

Super Monsters Furever Friends

### Available April 18

My First First Love

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# Sports

## Track continues to break records

By RANGER ATHLETIC DEPARTMENT

Northwestern Oklahoma State University triple jumper Cayla Smither walked away with an event championship Saturday evening at the SCU/Paul Parent Invitational in Yukon, Oklahoma, hosted by Southwestern Christian.

It was well rounded meet for the young Ranger Track and Field program with two event championships, 19 top five finishes and 15-plus new personal records (PR).

Head coach Jill Lancaster addressed the team factor of the performances at the meet and how they can show in the conference outcome. "Our team performances are showing that we are on the right path for conference," said Lancaster. "We are seeing the product of our work start to come through."

Smither finished just ahead of teammate Keiaziah Young in the event. Smith leapt to the individual event title with a mark of 11.27 meters, while Young was the second place finisher at 11.23 meters. Both marks are new personal records (PR) in the triple jump and the fourth and fifth best distances in the GAC this season.

Young, a freshman from Midwest City, Oklahoma, also set a new PR in the 100 meter with a time of 12.68 to finish inside the top 10 in eight place.

Smith and Young both teamed up with Kylee Isbell and Lashayla Green in the 4x100 meter relay and set a new program best time of 49.83. The 4x400 meter relay team



Photo Provided.

Track next competes in the Great American Conference Outdoor Championship on April 18-19.

of Isbell, Smither, Journey LeBeau, and Megan Mayfield recorded a time of 4:12.31, also a new NWOSU best time in the event.

Green set a new PR mark in the high jump at the meet at the 1.42-meter height to finish in a three-way tie for second with teammate Gina Wilson an athlete from Southwestern. Claire Theis had a solid showing in the high jump with a 1.22-meter mark and a fifth place finish.

Alexa Leyva had a fourth place finish in the long jump with a new PR mark of 4.94 meters. She also

competed in the triple jump for a distance of 10.34 meters to PR in the event.

A trio of Ranger throwers competed in the javelin throw and finished in consecutive order with Eryn Setzer leading the way. Setzer threw for a distance of 26.14 meter for a second place mark, followed by Theis is third at 25.44 meters and Kelsey Swindle completed the event in fourth at 25.15 meters.

Setzer picked up a top five finish in the discus throw with a 34.44-meter mark, a new personal best for the freshman.

Rosaria Milton led the Northwestern throwers in the shot put. Milton tossed a distance of 10.72 meters for a second place mark, while Rayna Patton went 10.56 meters for fifth place.

Jenny Martinez picked up a top ten finish in the event with a mark of 10.32 for a new PR, as well as a 29.52-meter throw in the discus.

Jenny Martinez (30.81 meters) and Swindle (29.36 meters) rounded out the top five in the hammer thrown.

Other top five finishers in their respective events was Theis in

the 400-meter hurdles in fourth at 1:13.49 (PR), and Wilson (16.57) and Ladasheray Bell (2:27.07) each finished in fifth place in the 100-meter hurdles and 800-meter run respectively.

Both times by Wilson and Bell were new personal records, while Theis' top five finish was in her first time to participate in the event as Ranger. Bell's mark in the 800 is also the No. 16 time in the GAC this season, as was Theis' time in the 400-meter hurdles.

Running in the 3000-meter race for the first time this year, Kayla Gourley logged a new outdoor personal best time of 11:19.04 to finish just outside the top five. Jessalyn Rivet-Tissot had a best time of 11:37.76, as did Camille Lear (12:07.72) and Melissa Perez (13:58.84). Associate head coach Brock Hime, who specializes in distance running, was pleased with the work the Ranger athletes have been putting in.

"The ladies have been working extremely hard for months and for them to their marks fall is awesome for me to witness. The hay is in the barn, it's time for put everything on the line."

Other personal records at the meet include: Green, 100-meter dash (13.01), 200-meter dash (26.63); Mayfield, 200-meter dash (27.25); Wilson, 100-meter dash (13.42); LeBeau, 800-meter run (2:33.41); Theis, shot put (9.33m).

Northwestern track and field gets a break for the first time in over a month as the athletes gear up for the Rangers first ever Great American Conference Outdoor Championship meet on April 18-19 in Shawnee, Oklahoma.

## Softball falls in series to Ark Tech

By EMMA SPORLEDER  
Student Reporter

The Northwestern Oklahoma State University Lady Rangers Softball team fell Friday afternoon in game one and game two to the Golden Suns of Arkansas Tech University, who are currently ranked second in the Great American Conference.

Northwestern earned fourteen hits on the day and five players earned more than one hit between both games.

Alexus Bailey, the junior from Oklahoma City, continued her streak in the batter's box going 3-for-7 on Friday with one homerun, two RBIs and one run.

Kalie Johnson, Madison Friest, Jada Overby and Alexa Mo-

ses all earned two hits each. Johnson went 2-for-6 with a homerun and had two RBIs.

Arkansas Tech took both games with the final score being 14-3, and 13-4.

On Saturday morning, the Lady Rangers competed in their last two games of the Arkansas Tech series, the Golden Suns pitching only allowed six hits on the day and Northwestern clawed to try to get in the rhythm of the game.

Madison Friest went 3-for-4 on the day and went 2-for-2 in the first game.

Ashlie Green, Alexa Moses and Jada Overby were the only others on the team to earn a hit all of them having one each. Abby Detar earned the only RBI of the day for Northwestern Softball.

The Lady Rangers fell in both games to Arkansas Tech the final

scores were 17-1, and 8-0.

The Lady Rangers were in mid-week action on April 9 against their rivals Southwestern Oklahoma State University.

The Lady Rangers dropped the double-header with scores of 14-1 and 7-6 respectively.

In game one, the SWOSU offense was on fire as they tacked on 14 total runs throughout the game.

The lone run for the Lady Rangers crossed the plate in the second inning when Lindsey McElroy doubled to left field to score Morgan Kirk.

In the second game of the double-header, the Lady Rangers dropped a close one 7-6.

The Lady Rangers had the 6-4 lead in the top of the seventh, but SWOSU put the game away when they scored three in the bottom of the inning to take the win.



Photo Provided.

The Lady Rangers next play at home April 12 and 13 versus East Central.

# Sports

## Baseball swept by Ark Tech over weekend

By **LOGAN JONES**  
Assist. Sports Editor

The NWOSU baseball team traveled to Russellville, Arkansas last weekend to take on the Arkansas Tech Wonder Boys. Despite showing off impressive offensive numbers, the Rangers dropped all three games.

The series started with a Friday double-header. In game one, the red and black got off to an early lead, scoring 4 runs on 5 hits in the top of the first inning. On defense, the Ranger pitching held Arkansas Tech scoreless until the bottom of the fourth when they cut the lead to 2 on a two-run single and eventually taking a 5-4 lead in the bottom of the fifth.

Arkansas Tech would scratch across two more runs in the bottom of the sixth, giving them a three-run advantage.

However, costly errors allowed Northwestern to fight their way back into the game, scoring 2 runs on 2 errors. ATU would later respond by bringing in 5 runs in the eighth inning.

Despite a late RBI single from Jake Darrow, the deficit was too great, and the Rangers lost 12-7.

In game two the Wonder Boys came out swinging, scoring fast and scoring often. ATU put up 4 in the first, 1 in the third, and 5 in the fourth.

After six innings, it looked like the Rangers would go down without a fight. Then Justin Gordon came to the plate in the seventh.

Gordon, making his first appearance at the plate for Northwestern, crushed a double to left field and later scored on an RBI single from Dash Johnson.

Johnson would also come across to score on an error by the ATU second baseman. The Rangers would score one more run before

the Wonder Boys could close out the game with a final score of 10-3.

On Saturday, both teams desperately wanted to go home with the final game of the series. Northwestern was first on the board thanks to a 2-run blast from Johnnuelle Ponce in the top of the first inning. ATU would answer back in the bottom of the first, scoring 2 on back-to-back bases loaded singles.

In the top of the fourth, the Rangers would retake the lead when a throwing error allowed Luis Mendoza to score from second.

The red and black would then tack on another run when a foul ball pop up allowed Marques Paige to tag up and score.

Northwestern continued to add to their lead in the fifth, when Ponce belted his second home run of the day, followed by an RBI single from Johnson. Another Ranger would come across to score in the seventh, giving NWOSU a 7-2 lead.

However, the Wonder Boys were not done.

In the bottom of the seventh, free bases and costly Ranger errors allowed ATU to score 9 runs.

The Rangers retaliated in the eighth.

After drawing three walks, Justin Bundy would also be walked, pushing across a run.

Following a wild pitch that allowed Luis Cintron to score, catcher, Bryce Donovan hit a sacrifice fly that brought in another Ranger run. Bundy would also come around to score on another wild pitch, bringing Northwestern within one of Arkansas Tech.

After shutting down the Wonder Boys in the bottom of the inning, the luck seemed to run out for the Ranger bats. ATU would close the door and seal the victory with the score of 12-11.



## Track dominating records in very first season

Photo provided by Megan Mayfield.

By **MEGAN MAHARRY**  
Sports Editor

The scene is set. The runners take their places at the starting line. With a deep breath, they crouch into their starting positions. As soon as the gun goes off, it's time to shine.

The Northwestern athletic department recently added a new addition to the athletic programs: women's track and field.

In its first season, the women's track and field team have wasted no time climbing the ranks and proving they are a force to be reckoned with.

The track and field team have competed in seven meets so far and have two remaining: the Great American Conference Outdoor Championship and the NCAA Outdoor Championship.

In the past seven meets, the Lady Rangers have done extremely well and have broken school records.

Freshman Keiazyiah Young is among the team members who have made school history with broken records.

Young currently holds records in the open 100, 200 and 400 as well as the 4x1 and 4x4 team event.

In addition to these accomplishments, Young also competes in the 4x100, the 4x400, the triple jump and long jump.

In the inaugural GAC Indoor Championships meet, Young earned First Team All-GAC in the triple jump. She also earned Second Team All-GAC honors in the long jump.

"I actually didn't know I made the First Team for GAC until a few weeks after that meet," Young said. "It was shocking because I am only a freshman and this is my first year learning how to do the event that landed me on that first team."

Coming into the program in its first year, Young said she didn't expect to win championships and nationals.

"I do expect to learn better techniques and understand the fundamentals it takes to become a champion," Young said.

Junior Cayla Smithers also earned First Team All-GAC. She also currently holds records in the triple jump, long jump and 4x1.

"It was awesome and an honor to make history for Northwestern and I plan to do it again," Smithers said.

Several other members of the Lady Rangers team have broken both school and personal records.

In the Emporia State Spring Twilight meet, the 4x100 relay team set a new best time at 50.47, which was a second and a half faster than their previous time at the OBU Early Invite.

Both Kayla Gourley and Jessalyn Rivet-Tissot had top ten finishes in the Emporia State Spring Invite, and Ladasheray Bell set the top program mark for Northwestern when she crossed the finish line in the 1500 meter with a time of 5:16.35.

Junior Megan Mayfield said she set out to do the best she can during her first season.

In her last meet in Yukon, she set a new personal record in the 200.

She also ran five seconds faster in her 4x400 event than the last time she ran.

Mayfield said she is impressed with how well their first season is going.

"Being a first-year program it is hard to prove to the university and other schools that we deserve to be here and can compete with some of the best," Mayfield said. "This is a great group of hardworking women and they give their best every meet."

The Lady Rangers will round out their season with their final meet on May 23 and 25.

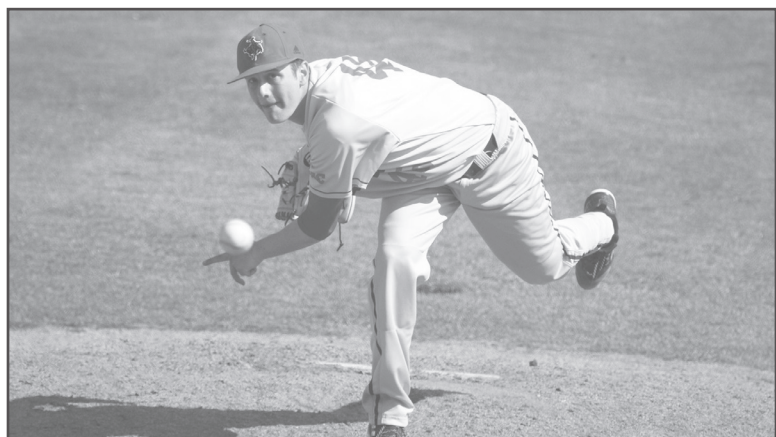


Photo Provided.

The Rangers next play East Central in Ada on April 12 and 13.

**JOHNNUELLE PONCE**  
BASEBALL

**MARCH**  
ATHLETES  
OF THE  
MONTH

PRESENTED BY  
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TRACK & FIELD

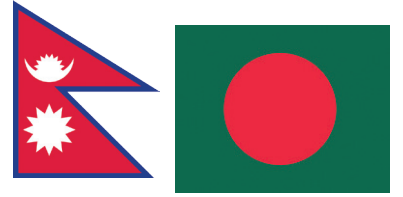
Graphic by Ranger Athletic Department.

# Festival of Cultures biggest event for international students



Photos by University Relations

Students from different countries cooked food that is native to their home country for students and faculty to try.



Left: International student and nursing major, Pawana Itani, is demonstrating a dance to better show her culture of Nepal.



Left: International students presented a slide show of their home countries to help the audience better understand their culture.

Right: NWOSUs International students that attended and participated in this years Festival of cultures.

