You've got mail! See pages 6 & 7 for our Valentine's Day shoutouts! Maybe your special someone wrote something for you!

# NORTHWESTERN NEWS

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### Smile of the Week

# 'We are on the rebound'



Photo by Leah Darnell

Dr. Colleen Golightly, assistant professor of education, is smiling because she loves dancing and spending time with her daughter.

Enrollment numbers are down, but officials say hope is on the horizon

By **MEGAN BROWN**Student Reporter

Enrollment numbers are a large part of any university and its ability to operate.

Northwestern Oklahoma State University has seen many fluctuations with enrollment and retention numbers over the years and is currently facing a slight decline in students.

Enrollment affects much more than just the number of faces on campus; it plays a role in the funding universities are able to receive. As a university's enrollment declines, funding takes a plunge with it.

In the year 2016, NWOSU was looking at a three-year high in enrollment. But in the fall of 2017, the Alva campus' enrollment dropped more than 7%.

The university faced another decrease in numbers from 2017 to

2018, when the headcount went from 2,095 students to 1,992 students enrolled.

Official numbers have yet to be released for the 2019 - 2020 school year.

Calleb Mosburg, dean of student affairs and enrollment management, said while the numbers are still on the low side, he believes they are on the mend.

Mosburg said the recruitment office has all new staff who are eager and passionate about their positions.

"There are schools that each

of our recruiters will go out and visit multiple times a year and, of course, Ranger Preview and our Spring Showcase," Mosburg said.

"All of those things fall into our recruitment efforts."

Matt Adair, assistant dean of student affairs and recruitment, is not new to recruitment. He is back after spending a few years in the classroom.

Mosburg said he works closely with Adair and Andrea Lauderdale, the university's student success coordinator and transfer

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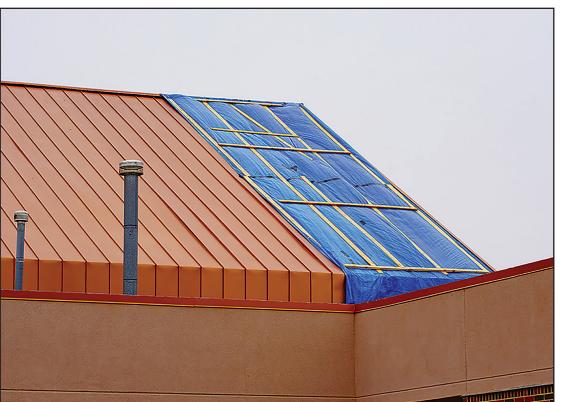


Photo by Jordan Green

Part of the roof of the J.R. Holder Wellness Center is under a tarp following a heavy winter windstorm.

damaged during storms

Wellness Center roof

By MICHELLE WILLSON
Features Editor

Why the cover-up?

The blue tarp is not the only thing wrong with the J.R. Holder Wellness Center roof.

A windstorm Jan. 11 took a big toll on campus. One of the tin panels blew off of the roof during the windstorm and left the wood underneath exposed. When workers went up to put it back on, they uncovered a bigger problem: The wood underneath was completely rotten.

"I mean, [for] 20 years, they haven't had to replace it or do

anything," Olivia Yandel, assistant director of the wellness center, said. "A lot of the stuff in here is original from when they first built the wellness center. But a lot of it too, we kind of think, is just the humidity of the pool room because we have increased the heat overtime for the patrons and stuff, so obviously,

See ROOF, Page 2

## First Lady to moderate discussion over ACES

By **ASHLEY STREHL** *Editor-in-Chief* 

The last time that Northwestern saw a first lady on campus was in 1937, when First Lady

of the United States Eleanor Roosevelt dedicated the Jesse Dunn Building. That will change today.

First Lady
of Oklahoma
Sarah Stitt
will be on
campus today
starting with



the showing of the documentary "Resilience: The Biology of Stress and the Science of Hope" at 11 a.m. in the Student Center Ballroom. This will be followed by a panel discussion that will include: Charita McOsker, LPC, program manager for Northwest

See PANEL, Page 2

### 'Almost, Maine' helps people find love in their lives

By **KOLTON FISHBACK**Student Reporter

The first spring production is upon us: the Northwestern Theatre Department is excited to present a unique take on love and relationships.

The performance will be held in Herod Hall Feb. 20 and 21 at 7 p.m. and Feb. 22 at 2 p.m.

"Almost, Maine" is based on the life of John Cariani and a series of scenes about love and loss. The cast was set before Christmas break, and they have been working hard to make this a unique performance for the Alva community and the students here at Northwestern.

Mickey Jordan is designing the set for the play. He said they have spent three hours a night, five days a week preparing for the performance. Jordan is also one of the directors of the play.

See MAINE, Page 2

# News

# Panel: Public awareness an important step in lessening effects of ACES

### **Continued from Page 1**

Center for Behavioral Health; Amber Maier, LPC, Northwest Family Services; Sarah Sherman, MCP, LPC, LADC, director of outpatient services at Northwest Center for Behavioral Health; and Dr. Chan Hellman, director of the Hope Research Center at OU-Tulsa. Stitt will be the panel moderator.

Among the discussion panel will be Taylor Randolph, NCC, LPC, LADC, and instructor of psychology at Northwestern in Enid. Even though this is psychology-based, he encourages students in all walks of study to participate. Randolph also immersed himself more in "Resilience" by speaking to the authors.

"I would encourage people interested in nursing, or anyone in the medical or physical sciences as well," Randolph said. "When I spoke to the authors, they were more interested in the medical side of things. It's really more of a public awareness thing."

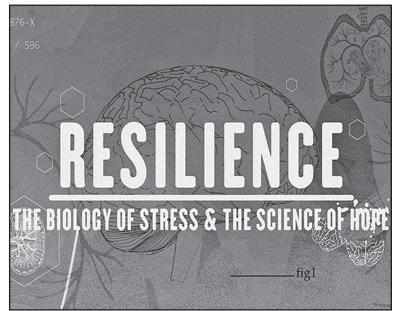
The Potts Family Foundation released a statement on Eventbrite. com saying: "This award winning, one-hour documentary delves into the biology of Adverse Childhood Experiences (ACEs) and the science of Hope. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. Fortunately, there are programs, services and strategies that can minimize, mitigate and/or prevent the negative consequences of childhood trauma. The child may not remember but the body

remembers. Your mental/brain health is inseparable from your physical health. The first hour will focus on the film and the second hour will feature the panel discussion."

This will be the fourth stop on Stitt's Raising Resilient Oklahomans Hope Rising Tour.

"The data has shown that it really influences each one of us," Randolph said. "Childhood trauma actually predicts the likelihood of people experiencing one of the 10 leading causes of death in the United States. I think that this will give those attending a better appreciation of humanity."

Those interested in this event should register by 11 a.m. at https://www.eventbrite.com/e/resilience-screening-hope-rising-tour-with-first-lady-sarah-stitt-tickets-89134755453.



Graphic provided by University Relations

First Lady of Oklahoma Sarah Stitt will be on campus today starting with the showing of the documentary "Resilience: The Biology of Stress and the Science of Hope" at 11 a.m. in the Student Center Ballroom. This will be the fourth stop on Stitt's Raising Resilient Oklahomans Hope Rising Tour.

# MAINE: Cast and crew spend hours in rehearsal each week

### **Continued from Page 1**

The play takes place in the furthest point in North America in a tiny town.

"It's called 'almost' because it's not big enough to be a town, but not small enough to be a township," Jordan said.

Jordan said they have spent countless hours in rehearsal to prepare for the play. He said the actors have rehearsal twice a week to practice their lines and make small adjustments if neces-

The play has multiple directors for each scene. Jordan said it is great because you get a different perspective from each director. The amount of space is limited. Keeping all directors on the same viewpoint can be challenging at times, he said.

"Almost, Maine" deals with relationships and has a tremendous message about communication. The play consists of multiple scenes that show how we relate to each other.

Professor Kimberly Weast said the cast has practiced for

around 18 hours a week. For every page in a script book, that adds up to at least 10 hours per page.

Their first rehearsal was the Monday before the spring semester started, so they encourage the public to come and watch a good show.

"This play will have people walking away and truly watching how they act and feel towards each other," Weast said.

Maleah Schmitz tries to read her scrip daily. She reads around 30 minutes a day to keep the lines fresh in her head. Schmitz is acting in the scene called "Where it went" alongside Brenner Clark.

Her character is Marcy, a wife that is tired of her husband and is trying to find a "spark" in the relationship that is missing. Schmitz said that each scene has a different message, and she likes that aspect to the performance. She said it is interesting to have multiple directors for each scene.

"The play is like different love stories, and finding love where it's not expected," she said.



Photo by Jordan Gree

The hot tub in the J.R. Holder Wellness Center has been repaired. It was fully operational Monday afternoon.

### ROOF: No timeline for repairs has been set

### Continued from Page 1

heat rises, [and] the humidity rises."

The roof has caused some other problems.

The day snow came in Jan., the wind and snow made the ceiling leak, causing moisture to come down the walls and onto the floor.

"Our student worker came in that morning, and there was a pretty big puddle," Yandel said. "They had to sweep it into the drain and get it as cleaned out as soon as possible."

Yandel also said it has caused several problems with the ceiling in the side room.

The tiles are beginning to deteriorate and fall out because they are soaked.

Wellness Center employees were told that the construction should not impede those who want to continue to use the pool.

"The pool will stay open regardless unless something crazy happens and they determine anything else," Yandel said.

### HOT TUB REPAIRED

The hot tub had been broken for more than four weeks, but workers have repaired it. It was turned back on Monday.

The hot tub was out of operation because of a leak that was completely unrelated to the roof.

Yandel said one of the pipes expanded too much, and water had escaped into the chemical room.

### FINDING FUNDING

"We still haven't really heard anything," Yandel said. "I know cost is going to be a big factor. Where are they going to get the money for it? ... It will be pricey. There have been quite a few numbers thrown around. I know they are possibly looking for a grant to help pay for it too, because they will have to replace the whole roof."

Yandel said they have contacted the original company, but the company said they do not have the

manpower right now to fix the roof because it is the "off-season" for fixing things.

The workers at the Wellness Center do not know when they will start the repair process.

"We talked with administration, and they told us that they were going to determine it as an emergency."

— Olivia Yandel

"We talked with administration, and they told us that they were going to determine it as an emergency, so that we didn't have to wait on a bid to come and fix it, and the original company would have to come and fix it," Yandel said. "We just assumed it would be started by now."



Graphic provided by NWOSU Theater Dept.

"Almost, Maine" is based on the life of John Cariani and a series of scenes about love and loss. The performance will be held in Herod Hall Feb. 20 and 21 at 7 p.m. and Feb. 22 at 2 p.m.

# What's up?

### **TONIGHT:**

Another Goodie Giveaway will be held at tonight's Ranger basketball game.

There will be a baked item giveaway fundraiser. Buy three tickets for \$1.

The event will be held in Percefull Fieldhouse, and it begins at 5:30 p.m.

Tonight's basketball game is the blackout game against Southwestern Oklahoma State University.

The Student Government Association will hand out 650 free T-shirts to all Ranger Fans as they enter Percefull Fieldhouse for the game.

### **FEB. 15:**

Departmental scholarships are due today.

Talk to the faculty members within your specified area of study or the department chair to fill out an application to be considered for these Foundation Scholarships.

Some forms are available on department web pages.



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### **FEB. 16:**

The Delta Zeta sorority will host a baked potato fundraiser today.

Tickets to the event cost \$5 in advance and \$7 at the door. Patrons will receive a loaded baked potato, salad, dessert, and tea or water. To purchase tickets in advance. contact Brandi Pierce at 580-395-0422.

Proceeds will be given to the Starkey Hearing Foundation, which provides hearing aids and other medical equipment to those in need.

The event will be held from 10:00 a.m. to 2:00 p.m. at the Wesley House, located at 1027 S. 8th St.

### **FEB. 17:**

The NWOSU Spanish Club will offer free beginner tutorials for those interested in salsa and bachata dancing in the Student Center Ballroom tonight at 6:00 p.m.

### **FEB. 18:**

Summer enrollment opens today.

### DIVERSITY TRAINING EVENT TO BE HELD

Northwestern State University will play host to Shewanda Riley Feb. 27-28 for diversity training that is open to the campus and community.

Riley is a professor of English at Tarrant County College in Hurst, Texas.

She presents on diversity-related topics across the nation and has completed a number of publications and presentations.

During the two-day event, Riley will speak on racial diversity topics, host readings, and meet with faculty, staff and students.

A complete schedule of events may be found at https:// www.nwosu.edu/news/shewanda-riley-to-speak-at-northwestern-for-diversity-training-february-27-28.

For more information, please contact Decker via phone at (580) 327-8521 or via email at kldecker@nwosu.edu.

### **DONATIONS OF FORMAL WEAR NEEDED**

Northwestern Oklahoma State University's department of social work and the Woodward High School Key Club are joining forces once again to look for donations of formal dresses, shoes and jewelry for the annual "Primp for Prom" event, which will be held Mar. 5 and 6 in Woodward.

Primp for Prom is an annual event for high school students in northwest Oklahoma to pick out formal attire and accessories at no charge.

This year's event will take place at the Woodward High School practice gym Mar. 5 from 1 to 7 p.m. and Mar. 6 from 9 a.m. to noon.

The practice gym is located at 13th Street and Downs Avenue in Woodward.

Students will be able to choose from all sizes, styles and colors that are donated.

Fitting rooms also will be available for trying on dresses.

To donate in Alva, contact Ashley Fischer, secretary for the department of social work and division of business, at affischer@nwosu.edu.

### **CAMPUS BRIEFS**

### HIGH SCHOOL STUDENTS INVITED TO SHOWCASE

Northwestern Oklahoma State University will host its annual Spring Showcase event Feb. 22 at 10 a.m. in the Student Center on the university's campus in Alva.

High school juniors and seniors, as well as college students looking to transfer to Northwestern, are invited to attend the

Each student who attends the event will receive a \$500 scholarship to Northwestern if they decide to attend the school and live in Alva. Students will also have the opportunity to tour the campus, meet faculty members, and speak to representatives of student organizations.

High school juniors must attend the event during their senior year of high school in order to be eligible for the \$500 scholarship. Seniors who attended the university's Ranger Preview

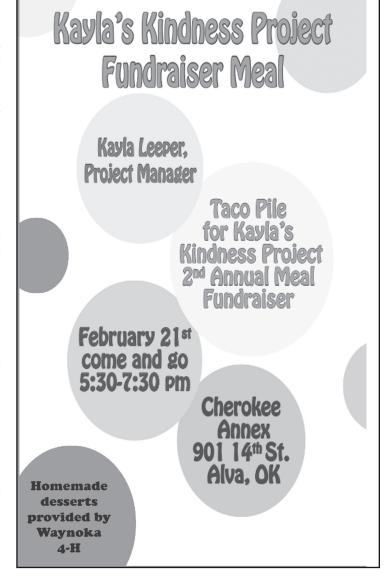
event cannot stack the \$500 Spring Showcase Scholarship on top of the \$600 Ranger Preview Scholarship. Students also must meet all scholarship eligibility requirements, according to a media release sent by the university.

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Registration for the event will take place from 10 a.m. to 11 a.m. Campus tours will begin at 11:30 a.m. and will continue in 15-minute increments until 12:45 p.m. Lunch will be provided in the Student Center from 11:30 a.m. to 1 p.m. Additional information about the event can be found at http://www.nwosu. edu/spring-showcase. A pre-registration form for the event is also available on that website.

University admission applications will be waived for those who attend the event.

For more information, contact Andrea Lauderdale, student success coordinator and transfer recruiter, at 580-327-8606. She may also be contacted by email at amlauderdale@nwosu.edu.



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### Northwestern News

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### LETTERS TO THE EDITOR

Letters to the editor shall bear the author's handwritten signature, hometown, classification, title, etc., address and phone number for verification and shall be kept on file. Unsigned letters to the editor will not be published.

Letters must be turned in by noon on Monday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnews@nwosu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

All letters represent the views of the author.

### SUBSCRIPTIONS

Yearly subscriptions to the News are \$20.

# Editorial

# Senate acquits president

By JORDAN GREEN
News Editor

The U.S. Senate voted to acquit President Donald Trump on two counts of impeachment on Feb. 5. The votes mostly followed party lines; Mitt Romney, a Republican senator from Utah, was the only Republican who voted against Trump.

Both of Oklahoma's senators, James Lankford and Jim Inhofe, voted to acquit the president.

In December, four of Oklahoma's representatives voted against the articles of impeachment when they were presented in the House. Congresswoman Kenda Horn, the only Democrat in Oklahoma's congressional delegation, voted for the articles.

No matter where you stand on the issue, the impeachment trial has been an historic moment in our nation's history, and the people who represent us in Congress had a say in it.

Here's what Oklahoma's congressional delegation had to say about the impeachment process and the Senate's vote of "not guilty."

### Senator Jim Inhofe (R):

"I finally have good news for you," Inhofe said. "After the biased, unprecedented House impeachment process, a fair Senate trial has acquitted President Trump. It's over. I listened to the facts. I listened to the evidence. Or really, the lack of any evidence whatsoever, and I was convinced: President Trump did not commit any crime. Now we can all get back to what we're supposed to be doing here – working on behalf of the American people."

### **Senator James Lankford (R):**

Lankford didn't issue a statement following the impeachment vote, but he issued one the day before.

"Our country is deeply divided on multiple issues right now," Lankford said. "The impeachment trial is both a symptom of our times and another example of our division. The nation didn't have an impeachment inquiry for almost 100 years until 1868 with

the partisan impeachment of Andrew Johnson. Another impeachment wasn't conducted for over 100 years after that when the House began a formal impeachment inquiry into President Nixon with an overwhelming bipartisan of 410-4. Just a little over two decades later, there was another partisan impeachment process — President Clinton. When he was impeached on an almost straight partisan vote. Tomorrow, I will join many others in a vote to acquit the President of the United States. His actions certainly do not rise to a level of removal from office. This is clearly another one of our partisan impeachments, now the third in our history."

### Rep. Frank Lucas (R):

"For more than four months, the American people have been distracted by a purely partisan impeachment," Lucas said. "Even before Speaker Nancy Pelosi formally announced the House's impeachment inquiry, House Democrats were driven to impeach the President. In fact, 3 previous articles of impeachment were brought before the House before September with 103 House Democrats out of 233 voting to impeach the President before the President's phone call in question to Ukrainian President Zelensky ever took place.

"Now that the Senate has acquitted the President, protecting the institution of our democracy from a flawed and partisan probe, I hope we can return to focusing on legislation that the American people sent us to Congress to address. Our communities' roads and bridges are in need of repair and investment and our nation is in dire need of a healthcare system that provides access to quality, affordable healthcare options with lower healthcare costs. Bipartisan legislation was long a norm of our historic institution and it's my hope we can return to that civil norm."

### Rep. Markwayne Mullin (R):

"From day one, this has been entirely politically driven and it's no surprise that President Trump was acquitted today," Mullin said. "Throughout this entire impeachment process one fact has remained the same: President Trump has not committed a single impeachable offense. I hope we can move on from this and focus on delivering results for the American people."

### Rep. Kevin Hern (R):

"House Democrats spent three years obsessed with impeachment. Today, the Senate is closing the final chapter for good," Hern said. "Back home, I've spoken to countless constituents about their concerns, and I can tell you Oklahomans aren't worried about impeachment. They're focused on healthcare, the economy, and securing the border – real issues that matter to everyday Americans. While we've made progress these last three years, our work isn't over yet. Now that this political stunt pulled by Nancy Pelosi and her progressive followers is behind us, let's get back to the job the American people elected us to do."

### Rep. Tom Cole (R):

"After an exhausting ordeal initiated by House Democrats deeply flawed and unfair impeachment process, I am relieved that the Senate could finally put to rest what has been a political and partisan stunt from day one," Cole said. "In the days and months ahead, I urge my Democratic colleagues in the House to finally abandon their misguided impulses to impeach the president and actually work with him for the good of the American people. ... Moving forward and as we urgently monitor critical crises such as the coronavirus, our goal must be to focus on areas we can work together for the common good."

### Rep. Kendra Horn (D):

"I am disappointed with how the Senate approached this trial, but I'm committed to bringing both parties back together to address the issues we're facing – from drug prices to student debt," Horn said. "There is more that unites us than divides us. We cannot let partisan politics stop us."

# EDITOR'S RANT OF THE WEEK

By ASHLEY STREHL *Editor-in-Chief* 

Happy Valentine's Day to all of my readers! I hope you take the chance to read the shout-outs we received on Pages 6 and 7 because they are so sweet; I found myself stuck with a smile as I read through them!

With the holiday tomorrow, I know this can leave some of us feeling lonely or left out because we don't have a significant other. I have been there, my friends, but I am thankful to say that I am celebrating my second year with my Valentine. Now, I have already given advice on how to STAY in a relationship, but I haven't actually given any on how to GET in a relationship. So, here are my three tips on how to find your person.

Step 1: Put yourself out there! Life is not a romantic comedy; you can't expect that perfect guy or girl to just show up on your doorstep one day out of nowhere. Go out, meet people, be yourself and never be shy. The right person will appreciate that.

Step 2: Lower your standards. Don't get me wrong: You all know what you deserve from a person, and you should never settle for less! However, if you aren't taking your chances with someone great because of how they physically look, you're doing it all wrong, my friend ... all wrong, and that is a discussion for another time.

Step 3: Expect to fail. Your first Valentine will more than likely not be your last. You might get your heart broken, and you might even break one yourself. However, please don't let this scare you into not even trying to find someone at all. Trust me, dating is trial-and-error!

I also want you all to also know that it is PER-FECTLY OKAY to be single on Valentine's Day! My Grandma gave me a necklace once that said: "Love yourself, it is a lifelong romance," and that has stuck with me since I first read it. Buy yourself some chocolates and/or flowers! That's okay, too. Have Happy Valentine's Day, guys. I hope it's a good one.

# Interested in writing? Share your opinions! Contact McKayla Holson

mrholson30@rangers.nwosu.edu

# Editorial

# Sports are beneficial

By EMMA SPORLEDER Student Reporter

UCLA basketball coach, John Wooden said, "Sports do not build character, they reveal it."

One thing almost every young child looks forward to is the activity of play. As a kid I remember loving nothing more than going outside, running around with my friends and getting dirty. So if children are already active at a young age, why not encourage them to continue by participating in organized youth sports? Children will gain many positive experiences by participating in organized physical activities, but none that are as important and influential as the social skills, physical skills and mental skills developed and nurtured during their time in youth sport.

There are many different types of organized programs such as T-Ball, Little League Softball and Baseball, football, soccer, basketball, martial arts, and so forth.

Because of the broad array of programs, there are over 40 million youth that are participating. If you are someone who doesn't find anything redeeming about the essence of sporty competition, here are some reasons why you should consider putting your kid in youth athletics.

One of the most important traits children need to develop are their social skills, when a kid plays a team sport they have to communicate with other teammates and their coaches. If you want your child to become more social you have to put them in social situations.

Team sports will require each individual player to do a job in order to have team success, this requires the kids to work with their teammates towards one collective team goal. Kids will learn how to encourage, motivate and practice with their teammates on a regular basis. Developing teamwork skills is essential to all aspects of life.

Exercise is the best way to naturally relieve stress, and childhood obesity is spreading quickly across our entire country. Team sports strengthen the body and the constant exercise reduces stress while building self-esteem. You can't forget that physical fitness develops coordination, posture, core strength and balance. In this life, we win some and we lose some.

Sometimes you are on the winning team and sometimes you will be on the losing team. In every competitive sport there will be a winner and a loser. Team sports will teach kids how to not lose hope after a loss and continue to work hard.

When a team works hard and comes out with a win, there is no better feeling. Team sports make the youth realize that if they work hard, good things will happen.

I've played sports my entire life and I am still in contact with my former teammates and the people that I've formed a relationship with because of team sports. It creates a bond that can't be replicated and will develop relationships that last a life time.

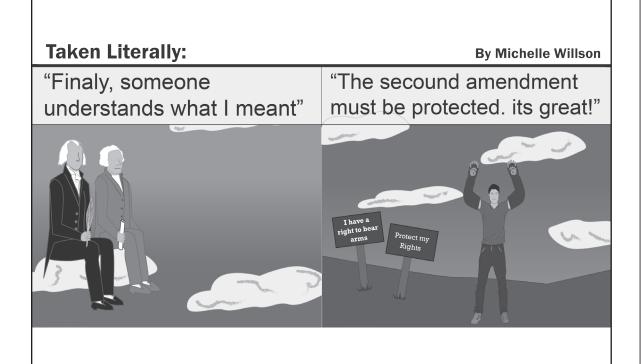
Lastly, life is full of situations where you have to compete. In today's world if people aren't willing to compete they will find themselves getting the short end of the stick on a regular basis. I believe that one of the worst traits you can have is the willingness to compete.

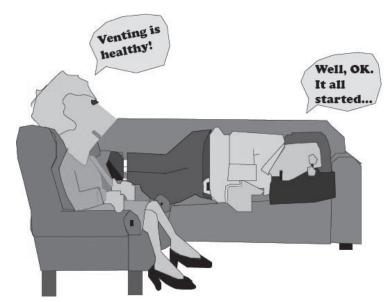
Being competitive isn't just about being better than everyone else, kids should learn to compete with themselves to try and become better every single day

Once a child grows up, they will need to be competitive in school, sports, and in life. It is a competitive world out there, and team sports is the platform for preparing children for a very competitive world.



# Comic Corner





Graphic by McKayla Holson

# Venting is healthy

By MCKAYLA HOLSON

Editorial Editor

Venting is healthy.

I think the worst thing you could possibly do with your emotions is bottle them up. If you sit and stew, the problems and turmoil raging inside of you will just continue to fester until you snap.

An article by Jessica Stillman, a contributor to Inc.com, says voicing your problems or feelings makes the situation(s) worse.

I don't agree in the slightest. Venting lets you blow off steam and actually get the feelings out of your body and mind.

The article says venting is a negative experience and can have a negative impact on the person you're venting to.

It COULD be a negative experience, but I believe it won't be if you have balance. You have to balance the good with the bad, maybe even add in an extra dash of good just to tip the scales in a positive direction.

When my friends vent to me, or when I vent to them, I try to

add at least one positive note. And then, don't just end the conversation there. Move on to something relaxed or happy to get away from the negative. I know I always feel better after word-vomiting my feelings.

Venting doesn't even have to verbal, you could have a journal or something similar. In fact, the act of physically writing or typing my feelings out is almost therapeutic to me. I don't always have time to handwrite it, or I'm not exactly in a situation where I can pull out a journal and a pen, so I've taken to typing in the notes of my phone. My phone is something I almost always have on me and it's not as clunky to carry around as a journal and pen.

I have TONS of notes on my phone. They're not all bad, I have a lot of school notes and random ideas for projects, but I do have quite a few. Every so often I like to go through and delete my rants or vent sessions, it's like expelling the thoughts away forever. Plus, it's nice to look back and reflect on what was bothering me, it's oftentimes a learning experience.

### We want to hear from you!

Have a poem, opinion or story you would like to share? An opinion in need of expressing? A topic you find interesting and think more people should know about? Send it in!

If you would like your work to be shown, email me at mrholson30@ rangers.nwosu.edu or the newspaper at nwnews@nwosu.edu.

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### To: Aubree

**Happy Valentines** Beautiful, I Love You.

From: Keith

# To: Erin Davis

Thank you being the most compassionate, caring and patient wife a guy could ask for. You're also killing it as a mom!

From: Dakota



To: Delia Ky Thank you for being my best friend! l love you so much! Also Happy Birthday!

From: Joe

To:

I<sup>9</sup>m

Joseph B

blessed for

15 months

together. I love

and miss you.

From: Katie

### To: Demetri Wilson

My valentine won't you be mine, I will cook a meal and let you dine. May we always be happy even if living in a tree. Someone like you makes me so happy I must say I no longer feel crappy.

Oh that smile of yours is so bright it sometimes blinds me like a shining light. My wish is this, together we will be I hope that you will agree. Did you know I would fly to the moon In a very, very large balloon, my hope is to be with you forever. If you want me, however.

My dreams came true I lost all the blues The day you entered in my life it did begin. You are in my heart even when you fart. So you my bunny I hope you don't think this as funny. You are the one You are my sun.

All kiddin' aside, I think you're sweet Should I write, should I tweet, but no, I just want to say would you be mine this Valentine's Day, I love you.

From: Your secret admirer

# Jouve got mail!

### To: NWNEWS STAFF

Thank you for the hard work! You guys are the best!

From: Anonymous

### To: Josiah Marshal

I just want you to know that you are my best friend. I don't tell you this enough, but I love you so much. You mean the world to me and I am so glad we became friends. You are my favorite person to be around. Love you



To: Kaitlyn Phillips

Go to the house where we play games every weekend and look under the bed. Love you

From: Da'Mario Mattingly

To: Josiah Marshall Are you Frosted Flakes? Because you're GRRRRRREAT! From: Anonymous

### To: Tiffany Rose Willson

You are my whole heart and my whole life. I am so immensely proud of you and everything you do. Be mine forever?

From: Chloe Suzanne **Nutley** 

### To: Erika Hernandez

You're my best friend since middle school and I'm super thankful that we both came to NWOSU together and continued our strong relationship! Wouldn't trade you for anything in the world! Love ya!

From: Chuy Dominguez;)

### To: Michael Hayes

Happy Valentines babe! Little man and I love you so much

From: jitterbug

# To: Justin Meyer

Hi love, This is the 3rd year that I've been blessed to have you as my Valentinel!! You mean the world to me, and you're the sweetest man with a heart of gold. Love you more each day! Happy Valentine's Day!

From: Mads:)

# To: Maya Stewart

You're the love of my life & I've been too afraid to tell you

From: Anonymous

## To: Jeff Martin

\*guitar strum\* I love you, buddy \*guitar strum\* I ain't ever gon' stop lovin' you, buddy From: Angie Aguilera

# To: Calvin Neal Love you Cal! Keep up the hardwork I'm proud of you!

From: Lindsey Ferkel

### To: Chelsie **McKinney**

Not a moment passes where you are not loved completely

From: Rodney **McKinney** 

### To: Austin Morton

Hi my love, I'm so incredibly blessed to have such an amazing, loving man that I get to call my boyfriend. You are my absolute everything. I love you. Happy Valentine's Day, my valentine.

From: Kylie

### To: Sam Mendoza

Love you roomie!!! Happy Valentine's Day!

From: The monster under your bed

# To: Elijah Parks

Have a great day today you're my favorite person ever (:

From: Devyn Lansden



# Feature



Photos by Devyn Lansden

The Student Government Assocation hosted "Singin' and Sundaes" on Monday, and many students attended. Students ate ice cream and put toppings on it, sang some Karaoke, or just hung out and listened.

# Singing for sundaes



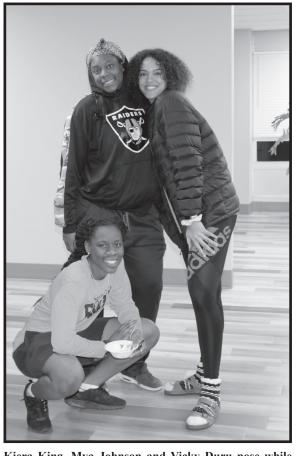
"Fergalicious" at the event.



SGA Sponsor Oliva Yandel made an emergency trip to get more ice cream.



Luis Mendoza performed a Karaoke song for the crowd of students.



Kiera King, Mya Johnson and Vicky Duru pose while they wait in line to get a sundae.



# Following a football

# Bell's love for football brought him to NWOSU

By JACOB COMP
Student Reporter

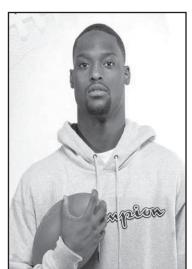
Growing up people are often told that if you can find a job doing something you love then you will never work a day in your life.

That is exactly what Kentrez Bell is trying to do with football. Bell is a wide receiver who just completed his senior season and put up great numbers; however, he has more to prove.

Bell was born and raised in Kansas City, Missouri. On Super Bowl 54 night you could find him walking down the halls of Ament Hall proudly showing off his Chiefs gear after they won the super bowl.

Growing up football was not the first thing on Bell's mind. Bell says he was influenced to play football by one of his uncles who told him that he could be a pretty good wide receiver.

His uncle hit the nail right on the head. Bell attended Park Hill High School and helped lead his team to two state semi-final appearances on his way to being named first team all-state wide receiver.



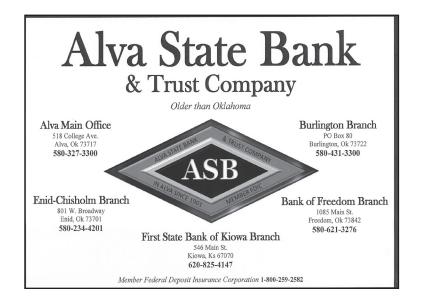
Kentrez Bell

Coming out of high school he had offers from Missouri, Kansas and Kansas State. However, a low ACT score forced Bell to readjust.

He attended the University Nebraska-Kearney until a coaching change left him wondering about the future. That is when Bell found his way to Alva as a member of the NWOSU football team.

He looks to continue his athletic career at the next level and works daily to get there. Bell went to the College Gridiron Showcase in Fort Worth, Texas, over Christmas break. "I was one of the top receivers there and got invited to stay a couple extra days" Bell said.

Whether it is football or just day to day life, Bell's main goal is to perform how he knows he can perform.



# Entertainment



# Big winners at the Oscars

Performance by an actor in a leading role: Joaquin Phoenix JOKER

Performance by an actor in a supporting role:

Brad Pitt

ONCE UPON A TIME...IN HOLLYWOOD

Performance by an actress in a leading role:

Renée Zellweger

JUDY

Performance by an actress in a supporting role:

Laura Dern
MARRIAGE STORY

Best animated feature film of the year: TOY STORY 4

Best motion picture of the year:
PARASITE

**Best Animated Short:**Hair Love

Best Original Screenplay:
Parasite

Best Adapted Screenplay: Jojo Rabbit

## Thinking of Moving?? Think Hi-Lo Apartments, LLC

1 & 2 bedrooms
Within walking distance of campus
School semester leases
Laundromat on site

Sorry, no pets and no smoking in apartments.

# Taken behind the scenes and becoming a Newfoundlander

The story of 7,000 people stranded after 9/11 attacks.

By **MICHELLE WILLSON**Feature/Entertainment Editor

Have you ever heard of a little town in Canada called Gander?

On September 11, 2010, 38 planes were diverted to the small town of Gander. Those planes included 19 animals and 7000 passengers.

"Come From Away" is a Broadway musical about the aftermath of 9/11. It focuses on the small town of Gander Newfoundland.

After 9/11 They closed the American airways. No plane was allowed in so the planes that were in the air landed in Gander. The musical captures the emotion of everyone involved and shows how this tiny town came together to house and feed the people stuck there.

There were all nationalities and religions so they had to accommodate everyones eating habits. They also show how those of Muslim religions were treated by the other passengers.

The Audience is taken on this roller-coaster of emotions. The passengers on the airplanes were not allowed to get off for hours because the government was treating them like bomb threats. Some were sitting on planes for over 24 hours with no service so they didn't even know why their planes were diverted until they were allowed off and the Newfoundlanders turned on the news for them.

One of my favorite parts of the musical is that the characters are based on real people still alive today. If you look online there are interviews with these people who speak of the experiences.

As someone who is involved in the theatre that is something that will only happen once in a lifetime. Its one thing to be given a back-story and information about a character your playing but to talk to them and watch how they interact its a whole new experience.

Professor Kimberly Weast and Dr. Dena Walker got to meet Captain Beverly Bass, one of the real-life stories behind the musical. They happen to recognize her and she even signed playbills for them in the lobby before the show.

Beverly Bass was the first female pilot. She was flying



Castle players members pose with the some of the cast and crew of "Come from Away" on the Civic Center stage after the show

"You are here, at the start of a moment, on the edge of the world. Where the river meets the sea."

American Airlines and her plane was one of them diverted to Gander. Her character inspired one of my favorite songs "Me and the Sky."

The most powerful moment in the musical comes during the song "Prayer" because so many different people were stuck and scared and they all reach out to their religion for some guidance. The song is sung in many languages, all of which are singing over each other yet its composed in a way that different sounds do not impede.

Weast had contacted Julie Johnson, who played Beulah, over Facebook and arranged for our group to have a talk with some of the actors we even got a behind the scenes look at the stage and equipment.

They talked to us about the set display and how they made the realistic trees and what it takes to play multiple parts in one performance. They play a week at a time and in one day they have it moved, they rest and set up in the new theatre.

They pointed at the two real trees at the back of the stage both broken and splinter and asked us "What do you think this symbolizes." Until that moment I hadn't even noticed them. They symbolize the twin tours and the original set designer decided to add that in to pay homage to attack New York. It's interesting because it's not pointing out during the show so most people will miss it but its a pretty big part of the set.



Gander is the only place outside of the US to have steel from the World Trade centers.

One of the best things about the musical is not that it shows the aftermath of such a terrible event it is that it simultaneously shows female empowerment, Why you should always see the best in people and how much of an impact lending a helping hand can give in a time a need.

The people who inspired this story continue to go back to gander and reconnect with the people that helped them that day.

I came into this show with high expectations because I have been listening to the soundtrack since the original Broadway cast performed for the Macy's Thanksgiving Day Parade in 2017 that same year I watched them preform on Good Morning America and The Tony Awards. I fell in love with the soundtrack and the back story.

I give this musical a 5 out of 5 starts. Not only is the musical itself well written but the cast does an amazing job switching between parts and taking the identity of their characters. OKCs performance did not disappoint though they are different actors they brought the energy and everything else I could have wanted.



Photo by Leah Darnell

Northwestern will host rival SWO-SU on Feb. 13.

### Rangers win

### By ATHLETIC **COMMUNICATIONS**

Northwestern Oklahoma State University Rangers showed a team-mentality Saturday afternoon as they faced-off against Great American Conference opponent East Central. The Rangers took the game with a final score of 84-76.

Northwestern's offense was led by Parrish Hewitt who tallied 18 points and four rebounds. Other stand-out Rangers included

Jaedon Whitfield and Nathan Bailey III who had 16 and 14 points each. Whitfield went 5-8 from the field and led the team with seven rebounds. Bailey went three-for-three from deep and had six rebounds of his own.

The Rangers and the Tigers began the first half with a backand-forth battle and five different lead changes within the first six minutes of play.

After a tied score of 15-15 with 11 minutes left in the half, it seemed like East Central was about to pull away until back-toback threes from the NWOSU gives them a 24-21 lead.

The Red-and-Black picked up exactly where they left off with three straight jumpers to continue their momentum. Northwestern was able to hold the lead for almost 30 minutes

Northwestern led the Tigers in multiple categories and improved on multiple different things including spreading the scoring out between multiple Rangers. There were 12 assists for NWOSU and led in points off turnovers with 24 to the Tigers 14.

The Rangers will head back to Alva, Okla. to face GAC rival Southwestern Oklahoma State University for their second faceoff of the season, first in Percefull Fieldhouse.

Tip-off starts at 7:30 p.m. after the Lady Rangers play their game on Thursday. The theme for the night is Blackout. SGA will be handing out T-shirts at the start of the women's game.

# Baseball hosts tournament

### By DACODA MCDOWELL-WAHPEKECHE

Student Reporter

The Northwestern Rangers had an eventful weekend hosting the 2020 Ranger Roundup.

The Washburn University Ichabods, the Truman State University Bulldogs, and Rockhurst University Hawks all traveled to Alva to play the Rangers at Myers Stadium.

The Rangers had a record of 1-2 before the Ranger Roundup

On the first day of the Roundup, Washburn gave Northwestern a lost to start the tournament.

The Rangers were stunned by the offensive side of Washburn. The Ichabods went up quick on the Rangers, starting with a score

The Rangers fell to the Washburn Ichabods for the first game of the roundup.

The next day of the tournament, Northwestern played Truman State University. The Rangers could not stop the Bulldogs offensive game. The Bulldogs set the tone in the second inning, making the score 5-0.

Northwestern started their comeback in the fifth inning, having high hopes with a score of



Photo by Leah Darnell

The Rangers ended the tournament with a record of 2-5.

6-4. The Rangers once again could not stop the Bulldogs in the seventh inning, where they would make the score 12-7. The Rangers would drop another game in the Ranger Roundup.

The Saturday game against Rockhurst was another high scoring game. Both teams went back and forth until the fifth inning, where the Hawks would have five runs scored in the fifth inning. With the score at the end of the inning 9-7. The Hawks could not slow down, making the score 14-7. With a few runs scored in the

eighth inning the Rangers would be stopped. Losing their third game of the Ranger Roundup 14-

The final game of the weekend would be a rematch against Wash-

The Rangers would come out victorious in their final game. The offensive side of the ball would be in favor of the Northwestern baseball team, making contact and hitting the ball 12 times for six runs in the game.

Defense also helped the Rangers, allowing Washburn to hit the ball only seven times for a total of three runs allowed.

The Rangers would conclude the Ranger Roundup tournament with a record of 2-5.

### Ranger **Finals**

Washburn: 6-3 Loss

Truman State: 12-7 Loss

Rockhurst: 14-11 Loss

Washburn: 6-3 Win

# Lady Rangers win close one

### By ATHLETIC **COMMUNICATIONS**

The Lady Rangers were set to end a two-game losing streak, as, the Red-and-Black traveled to Ada, Oklahoma for the Saturday afternoon game. Northwestern, was set for their second meeting of the year with East Central this season, as they looked to complete the season sweep. In a back and forth affair Northwestern was able to scratch out a one-point victory 68-67 over the Tigers of East Central.

Sophomore, Hillary Hurst, and junior Bailey Brown led the charge for Northwestern finishing the game with 20 and 18 points respectively. Kalea King and Presley Payahsape joined in on the double-digit scoring with 13 and 11. The rebounding was led by Hurst with 10 followed by Brown at eight and King with seven. King led Northwestern in assists finishing with three.

Brown opened the game with a layup for Northwestern to get the scoring going early on. East Central and Northwestern would go at it for the rest of the quarter.

After the Tigers kept the Rangers at length for half the quarter maintaining their nine-point lead, until just under the five-minute mark when Hurst started the Rangers' 11-0 run to give the Lady Rangers a 38-37 lead. An East Central foul shot sent the game into halftime with a tied

East Central and Northwestern would be tied 38-38 at the break.

Hurst got the scoring started for the Lady Rangers in the third quarter. The third quarter went back and forth for the majority which featured three lead changes along with three ties.

East Central and Northwestern would start trading baskets back and forth as the Lady Rangers could never climb too far into the deficit and Lamer hit another three-pointer this time to cut into the deficit and bring the Red-and-Black within two at 64-62. As Brown received the offensive rebound she went up with the left hand to finish off the game-winning layup and send Northwestern home with a 68-67 victory.

Northwestern took advantage of the paint scoring 32 points from inside the paint compared to 20 for East Central. Lastly points off of turnovers the Lady Rangers won 18-11.

The win improves Northwestern to 11-11 on the season with 7-9 in Great American Conference play. The Lady Rangers will return home to play archrival Southwestern Oklahoma State Thursday night at 5:30 in Percefull Fieldhouse.



Photo by Leah Darnell

The theme for Thursday night's game is blackout.



Photo by Leah Darnel

The Lady Rangers will host rival SWOSU on Feb. 13.

Photo by Leah Darnell

Northwestern will host Southern Nazarene on Feb. 14-15.

### Baseball falls short

By ASHLEY WATTS Sports Editor

After a big win on Saturday the Rangers were ready to carry their momentum into Tuesday's game against Northeastern, but after a tough fought game the Rangers lost 5-1.

The Red-and-Black only had three hits on Tuesday. Brock Randels, Jake Darrow, and Colton Whitehouse were they only hitters for the Rangers.

Freshman, Kyle Moran pitched his first game Tuesday afternoon as he pitched for four innings. Moran was releived by Emilio Lovato who pitched four scoreless innings and stuck out one batter. Koby Hudson then came in for the Rangers in the ninth inning and also pitched a scorelss inning.

After a scoreless fourth inning from both starting pitchers for both team the RiverHawks

caused major damage in the fifth. With the Rangers trailing 1-0 the RiverHawks loaded the bases in their half of the fifth inning. The RiverHawks hit a two RBI to extend the game to 4-0. Northeastern followed up with another score to go into the sitxh inning with a five score lead.

The Rangers looked to make a comeback as Whitehouse stepped up to the plate. Whitehouse hit a solo homerun to bring the score defecit to 4. This homerun was the last run of the game as the pitchers pitched more scoreless innings.

The Rangers will open conference play with a home sereis this upcoming weekend agaisnt Southern Nazarene University at Glass Family Field at Myers Sta-

Friday's first pitch is set for 3 p.m. and Saturday is a doubleheader with the first game starting at 1 p.m. with the second game soon after.

# Softball preview

### By ATHLETIC **COMMUNICATIONS**

The Northwestern Oklahoma State University Rangers softball program is excited for their season to begin in the upcoming weeks.

With their season opener taking place on their own field Wednesday, February 12th, the Rangers will enter their 2020 season with home-field advantage.

The Rangers are coming off a tough season with an overall record of 9-43, and a 9-35 Great American Conference mark, but no matter the record the entire team believed that last year was an amazing learning opportuni-

Head Coach Jill DeVries stated "I am really excited for this season to get started. We have such a great group of hardworking young women who are ready to leave everything out on the

Many of the returners have a new outlook and have stepped up as leaders to do nothing but improve on all aspects of their game.

Part of that leadership includes two seniors in Alexus Bailey and Taylor Zanca who both bring extreme enthusiasm and athletic ability to the team.

Bailey stepped up last sea-

son in left field as a junior and DeVries sees her being a huge difference maker to winning games this season.

Zanca was a red-shirt transfer from Oklahoma Baptist last season and has yet to wear the red and black in a game but that doesn't mean she doesn't bring her own spark to the team. She will be most impactful with a big bat at the pate but will see time at both first and in the circle defensively for the Rangers.

This will be DeVries third year as the Rangers head coach, excluding her one-year stint as interim in 2017. DeVries has an overall record of 25-66 as a head coach. She is assisted by Allora Miller who is in the fourth season as the pitching coach for the Rangers.

Despite losing six seniors to graduation, the Red-and-Black are returning many of their young starters from last season including Abby Detar in right field, Lindsey McElroy in center Morgan La Neve at third. Another big-time returner is Kalie Johnson who had a fantastic season last year at second base and earned herself an Honorable Mention All-Conference selection as a freshman.

All the afore mentioned players are only sophomores and show how talented this young

Rangers lose battle

team is. Others including Jayden Flowers and Bailee Whitener are also returners who saw some playing time last season and add depth to the Ranger line-up.

The Rangers also added five junior college transfers and eight freshmen that will also impact the

"The junior college transfers bring a lot of experience and maturity to the team" states DeVries.

One of those is Coffeyville transfer Brianna Wisby who compliments returner Johnson in the middle of the infield and brings plenty of experience to the lineup.

Two of the eight incoming freshman includes pitchers Hannah Howell and Kameron Ryer who will be seeing monumental time in the circle for the Red-and-Black. DeVries and Miller are both excited for their youth and energy they bring to the field.

"This season is expected to be our best season yet. This team is a great group of girls who work so well together and are working harder than ever to make this season a good one."

The Lady Rangers will play Newman University to start off their season after their season opener against Southwest Baptist got postponed. They will play Newman on Feb. 12 for a doubleheader at 2 p.m. and 4 p.m..

# Lady Rangers lose

By ASHLEY WATTS Sports Editor

The Lady Rangers lost a tough game Thursday night as they played Southern Nazerne University. The Crimsom Storm won the game, 80-41 over the Lady Rangers.

The Red-and-Black had two double-digit scorers, first was Kalea King who dropped 16 points in the game followed by Bailey Brown who had 10 of her own points. King led the team in rebounding with six rebounds followed by Brown with four.

Brown tried to keep the Lady Rangers afloat in the first quarter, but SNU went on a 10-0 run. By halftime the lady Rangers were trailing by 21 points. The score going into the half was 44-32.

The second half started the same as the first with SNU going on an 11-0 run in the early mintues of the third quarter.

Even though the Lady Rangers lost the game Brown made some history of her own late in the third quarter. Brown's layup with 50 seconds left in the quarter was her 1,000 point here at Northwestern. She joins 12 other members in this such club.

After another quarter run by the Crimson Storm they won the game 80-41.

This loss drops the Lady Rangers to a 10-11 record on the season an 6-9 in the Great American Conference play.

The Lady Rangers will play East Central University saturday afternoon at 1 p.m. as the Lady Rangers look to snap the two-game losing streak.

By ASHLEY WATTS Sports Editor

Northwestern Oklahoma State Univeristy men's basketball team had a tough battle agaisnt Southern Nazarene Univeristy last Thursday; however, the Rangers came up short 73-63.

Northwestern's offense was led by Jaedon Whitfield who had 22 points and seven rebounds while going 7-10 from the field. Clive Allen and Parrish Hewitt both contributed nine points. The rest of the points were shared bewteen multiple Red-and-Black players, while Allen and A.J. Jones had three assists each. Jones also had eight of his own

The Rangers came out to play in the first half, but it was a battle through and through between the Rangers and the Crimson Storm.

Good defense from both teams thorugout the enitre first half led to a close battle. The lead was never bigger than five points.

After tying the score at 30, Jack Peck sunk a three to lead by one point going into the half.

The Rangers continued to score early in the beginning of the second half, but SNU went on a 10-point run to bring the score to 53-43. Another few mistakes from the Rangers allowed for the biggest lead of the game. Northwestern continued to rally behind Whitfield and pulled within eight of the Crimson Storm, but they were unable to hold on as Southern Nazerne University won the game by 10.

Norhwestern out rebounded the Crimson Storm 30 to 28 adn tallied 17 second chane points. The biggest flaw for the Rangers was their inability to prevent thier own turnovers as they allowed 12 points off of 11 turnovers.

This loss bring NWOSU to a 7-15 record on the season and a 4-11 record for the Great American Conference.



Northwestern lost to Southern Nazarene University, 73-63.

Rodeo away

Women's b-ball home:

Men's b-ball home:

**Baseball home:** 

Track:

**Kansas State** Feb. 14-16

**SWOSU** 

**SWOSU** 

Southern Nazarene Feb. 14-15

UCO Feb. 15

# ENROLLMENT: Recruiters use positive experiences as tools

Continued from Page 1 student recruiter.

### RETAINING STUDENTS

As for retention, Mosburg said the university is always coming up with different ways of communication that can help enrollment each semester.

"It's the same thing with recruitment. We stay pretty active with it. It's enrollment, enrollment every day," he said.

"We are really excited about the new recruitment staff ... and they are great young individuals who are energetic and come out of a great department in their education."

— Calleb Mosburg

The entire Student Services department is working to increase enrollment and keep current students on the path to graduation. While Mosburg said he knows there are always things that will come up for current students, all of the faculty and staff on campus want to do their best to help keep their students in school.

Selena Estrada, an admissions counselor and recruiter, is one of the new faces in the recruitment office

She said that she finds her job to be important, as the office's goal is to assist first-time freshmen in enrolling.

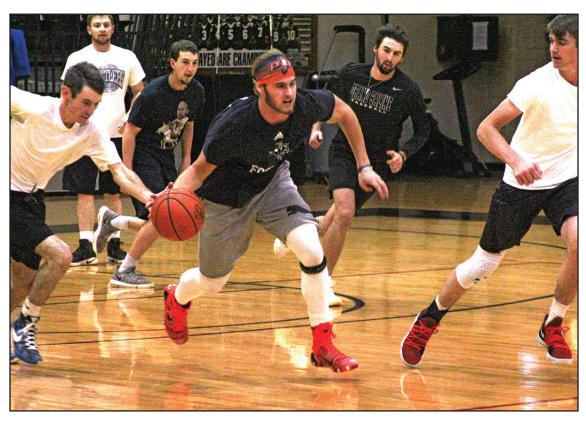
"It can be a difficult task to recruit students to a small university, but each recruiter, including myself, has had a positive and amazing experience at Northwestern, and that is what we use to our advantage when it comes to recruiting," Estrada said.

Estrada said the admissions office works hard to plan events, give tours and put together scholarship opportunities in order to motivate high school seniors to make NWOSU their home.

"Enrolling students is our priority, and by building those connections and offering students unique opportunities, we work hard every day to encourage students to enroll at NWOSU," she said.

While the numbers may not be ideal, the university and the faces behind it look beyond the numbers to make NWOSU the best it can be.

"Our hope is that we are on the rebound with coming back with numbers," Mosburg said. "We are really excited about the new recruitment staff ... and they are great young individuals who are energetic and come out of a great department in their education."



# Doin' the Roundball Rock

7ith the winter season almost over, Northwestern dents are springing back into action with intramural sporting events. Games are held periodically throughout the semester, and they provide Rangers with varying levels of athletic expertise the opportunity to have fun playing sports. These photos were taken at a game held in Percefull Fieldhouse Feb. 3. **TOP: Tanner Clarkson dribbles** the ball down the court. RIGHT: Riley Morrow blocks Clarkson.

Photos by Leah Darnell

