

Campus Life

See pictures from campus events this week.
Page 5



Sports

Track finishes indoor season.
Page 7



NORTHWESTERN NEWS

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Campus Cabinet appreciates donations

By KRISTEN KIRTLEY
Assistant Editor

“Our mission it to simply be there for people in need,” Angelia Case, who serves as the campus cabinet coordinator, said.

Along with serving as the cabinet coordinator during her volunteer time, Case is also the academic projects and media specialist and assistant to the dean of faculty.

For those in need, the cabinet provides food products, hygiene products, bedding such as sheets and blankets, coats and school supplies.

Every Northwestern student and employee is eligible for the cabinet’s services, and there are no financial restrictions.

When a student comes to the cabinet, proof of enrollment is the only thing that is asked of them.

Proof of enrollment can be shown by simply logging in to blackboard or self-service and the student showing that he or she is enrolled in at least one class for the current semester.

Students can bring a printed copy of their schedule as well.

Proof of enrollment is only asked for once every semester, and after that, each student must complete a food request form and



Photos by Jabiri Smith

Some food products on the shelves at the Campus Cabinet.

schedule an appointment each time they want to visit the cabinet.

The last thing a student must do is submit a first-time users form. The information on the form gives the cabinet demographics to work with and also help them with any reporting that needs to be done.

Case explained that collecting demographics is helpful for when the cabinet visits different groups to introduce themselves and talk

about why they do what they do. She mentioned that no names are given when speaking about student demographics.

Appointments at the cabinet begin at 5 PM on Wednesday’s, and are scheduled for every ten minutes.

But if someone can’t make it on a Wednesday, alternate appointments can be made.

The cabinet recently applied for a mini-grant with the Northwest Oklahoma Bank It program

that is located in Alva. Case said the grant money will be used for supplies for the cabinet.

“We appreciate the support from our local people, the Bank It program has been wonderful to us,” Case said. “Without our donors, we can’t do what we do, and we want to show our gratitude.”

Case mentioned that this isn’t the first grant the cabinet has received from Bank It, and said it’s nice to know that a local group supports the cabinet’s mission.

“We hope that by giving a hand up, our campus cabinet family will be able to stay in school, pay bills and go on to be incredibly valuable assets to whatever community they’re in,” Case said. “We hope that in time, when they can, they’ll pay the kindness forward in whatever helpful manner they choose.”

The Campus Cabinet is partnering with Northwestern Athletics, Saturday at the home



Some hygiene products on the shelves at the Campus Cabinet.

basketball game for a donation/non-perishable food drive.

The cabinet is asking fans attending the game to bring at least two items from the pantry’s most needed list.

Volunteers from the cabinet will also have baked goods for a Goodie Giveaway table. Tickets for the chance to win items will be three tickets for \$1. Last month the cabinet spent over \$1000.



Canned food on shelves at the Campus Cabinet.

Donating blood just once saves lives

By MALLORY PARUSZEWSKI
Senior Reporter

The Northwestern blood drive is back once again.

Our Blood Institute blood drive is going to be here at Northwestern on today from 10 am to 5 pm. The blood drive will take place in the student center ranger room and is open to the public.

For more information on the donation process contact Kaylyn Hansen, klhansen@nwosu.edu.

OBI has 16 centers in the nation. Them being in Oklahoma, Texas, and Arkansas.

OBI is a nonprofit blood pro-

vider for 240 hospitals across three states. OBI has nine donor centers in Oklahoma, 9% of the blood collected supplies 160 hospitals, medical facilities and air ambulances in Oklahoma.

OBI centers are located in Ada, Ardmore, Central Oklahoma City, Edmond, Enid, Lawton, Norman, Northwest Oklahoma City, and Tulsa.

The “Our Blood Institute” was founded in Oklahoma City more than 50 years ago and their headquarters still remain there.

Only 7% of the population is O negative and it is the highest needed blood type because it is used the most during emergencies.

Although O negative is rare, the need for O positive is in high demand because it’s the most frequently occurring blood type which is 37% of the population. O positive is given to patients more than any other blood type, which is why people consider it the most needed blood type.

Those with O negative type blood are encouraged to donate but all are needed.

AB is the universal blood type for people who donate plasma, it’s asked that AB negative and AB positive donate plasma if they are willing to.

Those with AB positive can actually receive blood from any donors but can only give to AB

positive.

Even though blood types are different for everyone, there are blood types that can be a higher risk for health conditions. People with blood type A or B are at a high risk for blood clots, heart attacks and strokes. Type AB is at risk for strokes and Inflammation.

Type O blood types are at a slightly lower risk for thrombosis, blood clots, strokes and heart attacks, but not risk free.

Why donate? Blood donations help anyone in need, in your community or in the world.

One donation from one person can save up to three lives.

Every two seconds, someone in the United States needs blood

but only 10% of eligible donors will end up actually donating.

People who donate blood regularly, keep the blood supply stable.

More than one thousand donations are needed every day for hospitals in surrounding areas.

OBI donates the blood to hospitals but they also use it for research. After 2 years of trying OBI recently has developed a serum for Cancer therapy, the serum was developed using plasma that was donated to OBI.

Every time the OBI visits they have snacks and drinks for donors after they have donated and limited t-shirts to encourage them to tell their friends or come back.

NEWS

Feb. 22nd - Feb. 28th

WHAT'S UP?

22nd Thursday

- Free lunch at The Wesley House starting at 11:30 a.m.
- Chemistry Club Murder Mystery Dinner Party at 5:30 p.m. in the Science Amphitheater
- PINK OUT NIGHT in Percefull Fieldhouse
 - Lady Rangers basketball at 5:30 p.m.
 - Ranger Basketball at 7 p.m.
- NWOSU Theater Production
 - "Blithe Spirit" at 7 p.m. in Herod Hall
- Bible Chair Round Up Night at 7 p.m.

23rd Friday

- Ranger Softball at 2 p.m. and 4 p.m. at Hatfield Park Field
- IF:2024 hosted by NWOSU Forge in EC100 at 6 p.m.

24th Saturday

- IF:2024 hosted by NWOSU Forge in EC100 at 9 a.m.
- Ranger Softball at 12 p.m. at Hatfield Park Field

26th Monday

- Bible Chair Round Up at 7 p.m.
- BCM Women's Bible Study at 7:30 p.m.
- Wesley House Women's Bible Study at 8 p.m.
- BCM Men's Bible study at 10 p.m. in Coronado Hall 4th floor

27th Tuesday

- Free Lunch at the Bible Chair starting at 11:30 a.m.
- First Gen Club Meeting at 5 p.m. in the Student Center
- NWOSU Spring Band Concert at 7 p.m. in Herod Hall
- Wesley House Bible Study at 7 p.m.

28th Wednesday

- BCM Free Lunch starting at 11:30 a.m.
- Bible Chair Bible Study at 7 p.m.
- BCM Bible Study at 8 p.m.

Final day to enter into the campus art show

Deadline to Register for 21st Campus Art Show is Feb. 22

The deadline to enter artwork to display in the 21st annual Northwestern Oklahoma State University Art Society (NAS) Art Show in the J.W. Martin Library on March 4-29 is Feb. 22. Artwork should be delivered to the library on Feb. 28 from 11 a.m. to 5 p.m. or March 1 from 11 a.m. to 3 p.m.

Current Northwestern students and employees, retired university employees and alumni may enter two items in each of the categories available for this year's show.

Prize ribbons will be awarded to all students and non-students winning first through third place in all categories, along with Best of Show and People's Choice. A \$50 cash prize will be awarded to the student winning Best of Show, and the students placing first in a category will earn \$10.

Everyone entered in the show is eligible to receive the People's Choice cash prize of \$25. The coloring category will pit students and non-students against each other for prize ribbons only.

A few of the categories include:

Artisan Crafts
Coloring
Fiber Arts
Quilting
Cartoon/Comics
Digital Art
Mixed Media/Collage
Printmaking (any subject)
Paintings -Works on Paper - Animals/Creature
Works on Paper - Architecture

Works on Paper - Elements of Design

Works on Paper - The Figure/Portraiture

Works on Paper - Landscapes
Photography

Artwork entered that does not fit any of the listed categories will be placed into a 31st category called Miscellaneous Artwork and will be judged together - regardless of the medium.

All art or concepts, including cartoon/comic characters, must be original to the artist. No kits, prints, photocopies, or previously submitted artwork will be allowed. No obscene language or references will be allowed. Any work deemed inappropriate by NAS and university standards will not be displayed.

Photography and coloring entries must be at minimum 5x7 in size that are matted or mounted - no frames. All fine art entries must include frames or be matted or mounted and ready to hang.

All artwork must have the title of work, category entered and artist's name affixed in the upper right-hand corner on the back side of the piece. Three-dimensional work must also have this information attached to the piece.

Entry forms, category descriptions and rules are available online at www.nwosu.edu/art/nas-art-show.

A Winner's Show is scheduled for April 5 from 5 to 8 p.m. at the Runnymede in downtown Alva during its regular First Friday Artwalk events.

-University Relations

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it's gonna be a
great day!

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Spring 2024 Staff

Editor in Chief
Alli Schieber

News Editor
Tara Owen

Editorial Editor
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Assistant Editor
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Photographer
Media Photography Class

Advertising Manager
Derrick Galindo

Online Manager
Jaylee Ross

Adviser

Dr. Kaylene Armstrong

News office: Jesse Dunn Annex 232
Telephone: 327-8479; Fax: 327-8127
E-mail: nwnews@nwsu.edu
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Inquiries concerning the application
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Letters to the editor shall bear the
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classification, title, etc., address and phone
number for verification and shall be kept
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published.

Letters must be turned in by noon on
Monday to the News office in JDA232. Let-
ters via e-mail are acceptable as long as they
follow the rules stated above and can be sent
to nwnews@nwsu.edu. Please provide a cell
phone number. Please limit submissions to no
more than 250 words. The editors reserve the
right to condense or edit any letter for gram-
mar, libel and space limitations. All letters
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All letters represent the views of the
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SUBSCRIPTIONS

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OPINION

Get out and start a garden

By **CHLOE GRUSING**
Editorial Editor

With the weather changing from blistering
cold to nice and warm, I can begin to plant
my garden.

Gardening is one of my favorite hobbies
and I have been blessed to have the resources
to continue it year after year.

My family has gardened for longer than I
have been alive and growing up I was always
helping my parents weed.

This hobby has changed my life for the bet-
ter, as I can be outside, grow my own food and
appreciate the food on my plate more.

I truly believe and encourage everyone to
try gardening in some sort of capacity. While
a student is living on campus it may be hard
to start, but there are resources around campus
to get a garden started.

I talked to Dr. Mindi Clark, who teaches a
horticulture class in the spring semester, about
why students should try gardening. She stated
gardening is one of the top ten hobbies in
the U.S., and covid-19 sparked an interest for
people to begin.

Horticulture class also offers many ways
for students to understand the way plants
grow. In the course students plant seeds and
grow them in a greenhouse. The plants will
later be donated to the community garden and
in flower beds around the Alva campus.

Students not enrolled in the course can still
garden. My freshman year of college, I had a
small planter in my room and grew seeds to
later plant in my vegetable garden.

That summer when finals week was over, I
took the seedlings and planted them. This was
my way of practicing gardening while living
in the dorms.

Gardening is a stress reliever for me and is
a satisfying hobby. It feels great when you can
grow the crop yourself and share with your
community. Dr. Clark mentions she shared
corn with her church community.

She spoke happily of their smiles when re-



Horticulture class participants tend to the student greenhouse garden.

Photo by Mindi Clark

ceiving the corn, and how brightening some-
one's day is worth gardening. Even if the peo-
ple getting the veggies may not like them, the
thought alone can make someone's day. A per-
son could be dealing with difficult times and
sharing may brighten their day, or even week.

Being able to bring a community together
through gardening is another reason I recom-
mend starting your own. Alva has a communi-
ty garden that students can engage with.

The garden is located at the Homestead Re-
tirement Community and offers a great way
to get your foot in the door. Students are wel-
come to plant their own vegetables there and
share them with the public.

Starting a garden can be a scary task so I
asked Dr. Clark what a new gardener should
know. She mentions taking a soil sample can
greatly improve the quality of your plants.

Local resources are available depending on
where you live so I suggest doing research to
get your soil tested.

The reasoning behind this is to test the PH
and what components are in the soil. This can
help a person determine what type of plants
will grow best or what to add to the soil for the

desired plants. This can be a beneficial prac-
tice to help grow your garden to the fullest.

Beginning your own garden can be a very
fulfilling activity. I recommend students try
to garden, if not to have crops, then to relieve
stress. All students should try to garden at
least once.

I encourage everyone to reach out to your
adviser to take the horticulture class if you
would like to learn more about gardening. I
firmly believe that starting a garden has im-
proved my mental health and the way I view
myself.

I feel more accomplished seeing the hard
work I have put in come to fruition through a
tomato, carrot or beautiful flowers.

The ability to use ingredients that were
grown by you also feels great. Being able
to watch your crops grow from seed to full
grown plants is satisfying.

Everyone is able to, in some way, garden
and have their own crops. Gardening can help
improve your sense of self and work as a way
to relieve stress. My great-grandmother once
told me to plant a garden is to believe in to-
morrow, so go and conquer tomorrow today.

Celebrating Press Freedom Day

By **DR. KAYLENE
ARMSTRONG**
Adviser

From the day I started report-
ing for my high school news-
paper, the Rigby (Idaho) High
School Trojaneer, I have always
believed student-produced jour-
nalism was important.

And even though the entire
field of journalism is threatened
with extinction these days, more
than 50 years later I still believe
student journalism is important.

The RUSO Regents also be-
lieve this.

The NWSU Faculty Hand-
book includes this statement:
"The Regional University System
of Oklahoma and the regional
universities shall protect and re-
spect the right of students to ex-
ercise their freedom of expression
under the First Amendment to the
Constitution of the United States.

Therefore, university-spon-
sored student newspapers should

include forums for student ex-
pression and should publish news
of interest and importance to the
campus and community of each
university."

After more than 20 years
working for daily newspapers, I
have been lucky to be the adviser
to four fine student newspapers
where fledgling journalists have
produced excellent journalism.
That includes the Northwestern
News that you are reading right
now.

The editors strive ever week to
put out the best possible product.
The Oklahoma Press Association
agreed with that last year and
named the Northwestern News
the best college newspaper in the
state.

I am well aware that the news-
paper isn't perfect. Through my
nine years here, the newspaper
has been ridiculed in other class-
es as "FAKE NEWS" and even
used as editing assignments for
English classes. (Maybe whoever
found the most typos got a prize!)

Many readers may not know
that most of the work that appears
on these pages is produced as part
of class assignments. Essentially,
you are viewing the "homework"
of my students every week.

Few students are brave enough
to put their homework out there
for the entire campus to see —
and ridicule — as do my students.

So I'm pretty proud of their
gutsy-ness.

Also, the newspaper reporters
have tackled some hard issues to
talk about, such as mental illness
and marijuana use. They have
explored questions many have,
such as why Alva doesn't seem to
grow and do college students still
care about religion.

Sometimes, things get fixed.
One year the advanced students
wrote about tornadoes and dis-
covered the campus shelter list
online was woefully out of date.
Campus officials quickly fixed it.

Problems with the crosswalk
light east of campus were ad-
dressed after a student reporter

wrote an in-depth piece that in-
cluded interviews with students
crossing there who were almost
hit by vehicles.

Another story about the caril-
lon being silent for several years
brought out a donor who paid
several thousand dollars to make
it work again.

The newspaper's primary goal
is not to create change, however.
Mostly, the Northwestern News is
about being a voice for students.

Not everyone on staff is a
mass communication major, ei-
ther.

Right now, several of the pho-
tography students making photo-
graphs for each week's paper are
non-majors. One of our assistant
editors is an English major and
the editorial editor is majoring in
social work.

Whatever the reason these stu-
dents come to the Northwestern
News, they are practicing their
right to free speech, so my hat
is off to them today for Student
Press Freedom Day.



Shavual "Mr. Smooth" Butters, left, follows Jackson "Producer" Feely and Brian "We Be" Free into Noble Complex on Saturday where the Rangers clinched their bid to the conference tournament with an 81-76 win over the Oklahoma Baptist Bisons.

Rangers seal bid to GAC tourney

Preparing before any road trip is a task, but with a confirmed bid into the GAC tournament on the line, tensions were high Saturday. The Rangers needed a win to make sure they had a berth in the conference tournament March 7-9. The win takes the team to a 12-6 GAC

record, behind both Southeastern, 15-3, and Arkansas Tech, 14-4. The win for the Rangers on Saturday means they will play in Shawnee again for the tournament.

This photo essay lets you see some of the behind the scene happenings that went on before the game.



Photo essay by Jabiri Smith



Top left, the bus carrying both the men's and women's basketball teams prepare to leave from the parking lot in front of Percefull Fieldhouse on Saturday.

Left, Temberlenn Hall, Larry "Boogie" White and Chance "2-4" Love check out shoes at Hibbett Sports in Shawnee mall to kill time before they head to the arena.

Top, Kabeya "Bojangles" Tshibangu enjoys a double bacon cheeseburger with fries and a frozen hot chocolate mikesshake at Freddy's several hours before the game.

Below, Kabeya "Bojangles" Tshibangu, Tommy "Mr. Alva" Prado and Marquise "Kee" Milton express amazement over the tiny visitor's locker room at Okalahoma Baptist. The entire team didn't fit in the space for the before-game prayer.



Campus Life

Blackout the Pit



Photos by Derrick Galindo

Northwestern students showing their support to the Rangers and Lady Rangers at Thursdays blackout game against SWOSU.

Top left shows fans cheering on the Rangers.

Top right shows students who are frustrated with a call.

Left: shows Camree Johnson cheering on the Northwestern boys after the girls game.

High school seniors explore campus



Photo by Derrick Galindo

A high schooler visited the LASSO Center table, ran by Julie Lehr and Mckenzie Mashak at Spring Showcase.



Its a bird, its a plane, its a maintenance man

Photo by Kayleigh Rauch

Maintenance changing the antenna on the transmission tower outside Carter Hall.

FEATURE

Books still
worth reading:

'To Kill a Mockingbird'

What makes a book "offensive?"

Surely it's not just because it talks about difficult topics that a book is banned or because it's seen as inappropriate to young readers, otherwise all history books pertaining to war would be banned as well. Perhaps it's the language that is used that makes the book

uncomfortable, or when heavy topics such as rape and murder are mentioned.

Whatever the reasons for a book being banned, it's usually,

in my opinion, not a big deal.

Let's say you don't want to read a book that mentions rape because that's a heavy topic you've experienced in your own life. Which is fair, you shouldn't feel pressured to read a book if it makes you uncomfortable.

That being said, you shouldn't stop others from reading certain books just because you don't like them.

This brings us to today's episode of Still Worth Reading. This week's book is *To Kill A Mockingbird*, by Harper Lee. The book tells the story of Scout Finch, a young girl growing up in the deep south in the 1930s.

Most people know the book for its portrayal of racism and criticism of southern bigotry, but the book is actually much deeper than that.

Think of the book as more of a slice of life story; most of the book is about Scout growing up in twentieth century Alabama. The topic of racism doesn't really take place until the end.

It's really more of a collection of adventures of Scout, her older brother, and their father, Atticus, the town lawyer. Overall, this book is worth the read; Scout is a quirky protagonist and Atticus has some of the best quotes in fiction.

My name is Kevin A. Kaumans, thank you for tuning into this week's column.

Make sure to pick up a new newspaper from NWOSU News every week, and until next time friends:

Stay Educated

FASFA remains unavaible until April

By ALLI SCHIEBER
Editor-in-Chief

The FASFA Simplification Act is affecting millions around the United States including Alva.

FASFA had to be released by January 1 even though the Department of Education was not quite prepared for it, so they opened for short periods of time to let people apply. They hoped they could look at those applications and work out any issues they had. Which is the stage they are at right now.

Students can complete the application now; however, their application will say it is completed then that it is in review. It will probably be in review for a while as they are looking at the first 3 million applications as test ones to get the problems worked out.

"As of right now, we tell students to go ahead and complete it," Tara Hannaford Director of Financial Aid and Scholarships-

said.

Around Feb. 1 the Department of Education told schools they will not be sending the ISIR, which is the FASFA record, until mid-March. Now instead of hearing back in three to five days. You will not hear from the University for a while.

Northwestern's software company, Colleague, told Northwestern that once they get the test students, they must fix the software since it is set on last years criteria.

"... THIS IS TOTALLY DIFFERENT FROM ANY OTHER YEAR"
— TARA HANNAFORD

They have been working on for the last year, but the education department keeps changing things and the software must up-

date to all the changes.

Northwestern is hoping to start rewarding fall aid mid-March but are anticipating to not be able to do that until the beginning of April.

"The biggest thing we want to get out to students is it will be coming its just this is totally different from any other year," Hannaford said. "Its not just us its every school across the country."

With continuing students if they have not had a major income shift their financial aid should look about the same. There are two major factors that could potentially hurt some of Northwestern's students.

The first one being that if you do live on a family farm you have to count that as an asset now and the second one being the number of students in your family does not matter anymore. For freshman, the biggest thing is that they have never filled out FASFA before and do not know what grants

and loans they are eligible for.

With the simplification part of the simplification act the FASFA will be able to pull the tax information directly from the IRS. This makes it to where students and parents will not have to link or manually enter their tax information. They just type in their social security number and consent then FASFA will pull the information from IRS.

A benefit of Northwestern is fortunate to not have deadlines for when students need to have their FASFA done like some bigger schools. Northwestern has also started focusing on the scholarship side so that families can at least see what they are getting from that.

"If a student does have a big change from last year to this year, they can always come in and have us look at it and reevaluate it and make sure what they put on the FASFA was correct," Hannaford said.

US honors presidents in February

By KEN IRVING
Student Reporter

The third Monday of February is President's Day, Washington's Birthday, or Abraham Lincoln's Birthday.

This can be complicated but truth be told, either one of these names for the holiday are correct.

"President's Day" was originally known as Washington's Birthday. After Washington's death in 1799, many citizens in the United States began to honor him on his birthday. Washington was well renowned and respected for of course being the first President and a war hero.

Although there wasn't a national holiday for Washington, everyone celebrated him on his birthday (Feb. 22). In 1848, when construction for the Washington Monument began, many people wanted his birthday to be a national holiday. In 1879, President Rutherford B. Hayes signed

Washington's Birthday into a law, but this was originally only celebrated in Washington D.C. It wasn't until 1885 when it expanded across the entire nation.

Washington's Birthday stood as a holiday on Feb. 22 for a century until Senator Robert McClory of Illinois advocated for the Uniformed Holiday Act. He wanted to take every federal holiday and put them on a Monday so people could have three-day weekends.

This act was very popular with Americans, however Congress argued that there was another famous President's birthday in February: Abraham Lincoln. He was born on Feb. 12th.

In 1971 the Uniformed Holiday Act went in effect under President Richard Nixon. This meant that President's Day would now fall under the 3rd Monday in February. This new President's Day celebrated both Washington and Lincoln.

There is much speculation about what Presidents Day actu-

ally means. Is it a celebration for Washington and Lincoln, or a celebration for all presidents? I got a chance to talk to a few faculty and students and get their opinions.

"I think we should celebrate all the Presidents," Dr. Aaron Mason said. "Specifically, I think you should celebrate the President you like the most."

Mason has an interesting take. He believes you should celebrate whatever President you like the most. He thinks that President's Day should be a day we appreciate all of our presidents.

Avery Tittle, a Senior Criminal Justice Major from Morris, Oklahoma, has a different take on President's Day.

"Well I believe President's Day should only be a celebration for Washington and Lincoln," Tittle said. "If you celebrate all of the Presidents than it takes glory away from the ones who did the most."

She thinks that we should just celebrate the best President's.

That way we are actually appreciating what the great ones did.

Wilalei Tommy, a Sophomore Health and Sports Science Education Major from Enid, Oklahoma, take is more of what a lot of people are thinking.

"I mean president's day is cool I guess," Tommy said. "I don't really celebrate it or really care for it, but it's cool to appreciate our President's."

This is the answer most people would say. Honestly, President's Day is a day that should be known and recognized but it's not like the other major holidays. It's business as usual on President's Day in some states because they don't recognize it as a federal holiday.

No matter what President's Day is truly about, it at least makes you think about a President. That's all you can ask for in this day and age. Throughout the years, President's Day has lost its meaning but at least people are still talking about it.

Upcoming sugar rose making workshop in Alva

Offering various workshops open to the public is a new venture being established by members of the Nescatunga Arts and Humanities Council.

The first workshop planned will be a First Friday Artwalk event on Friday, March 1, from 6:30-7:30 p.m. on the second floor of the Runnymede where participants will learn to create sugar roses using fondant. The workshop is \$25 and is limited to 10 people.

Also, as part of the First Friday

events that evening on the main level of the Runnymede, artwork will be displayed by members of Northwestern Oklahoma State University's visual arts program. David Poindexter, associate professor of visual arts, and Thomas Cornell, assistant professor of visual arts, will join their students to display their work.

The art display will be open from 6-8 p.m.

Additional information about the organization may be found at www.nescatungna.org.

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SPORTS

Softball wins one, loses one at UCCS

Thursday vs University of Colorado at Colorado Springs
Game 1

	NWOSU	UCCS
Score	4	6

Pitching:

Ireland Caro

Batting:

HR: Hannah Howell, 1; Tatum Winters, 1

RBI: Rachel Sherwood, 1; Hannah Howell, 2; Tatum Winters, 1

SH: Macy Spearman, 1

SF: Rachel Sherwood, 1

Baserunning:

RUNS: Rachel Sherwood, 1; Hannah Howell, 1; Tatum Winters, 2

HBP: Macy Spearman, 1; Cameron Alexander, 1

Game 2

	NWOSU	UCCS
Score	10	1

Pitching:

Kathryn Jones

Batting:

2B: Rachel Sherwood, 1

HR: Gabrielle Sanchez, 1

RBI: Rosemary Rivera, 4; Ashley Low, 1; Gabrielle Sanchez, 1

SH: Cameron Alexander, 1

Baserunning:

RUNS: Rachel Sherwood, 1; Hannah Howell, 1; Devynn Raile, 1; Kaitlyn Corn, 1; Cameron Alexander, 1; Rosemary Rivera, 2; Ashley Low, 1; Gabrielle Sanchez, 1

Playmakers

Rachel Sherwood



Hitting

AB 6
R 3
H 4
RBI 1

Hannah Howell



Hitting

AB 7
R 2
H 4
RBI 2
Pitching
ER 2
IP 6.0
SO 3
BB 1

Rosemary Rivera



Hitting:

AB 3
R 2
H 2
RBI 4
Fielding:
PO 5
A 8

Track, field finish indoor season

By LUCIA BARRANTES VEGA
Sports Editor

These past Friday the track and field teams traveled to Lincoln, Nebraska for their last indoor meet of the season.

This are some of the top 20 results of the meet at University of Nebraska.

Women

60 meters

Fifth place, Shackera Douglas, junior, 7.76

11th place, Brianna Brantley, junior, 7.91

17th place, Darianne Thompson, sophomore, 8.02

19th place, Haley Combs, freshman, 8.19

60 meters hurdles

12th place, Machala Hengen, sophomore, 9.32

200 meter

12th place, Shackera Douglas, junior, 25.66

17th place, Diamond Hilton, junior, 26.19

18th place, Brianna Brantley, junior, 26.31

26.31

400 meter

11th place, Tavonya Lacy, junior, 59.47

Long Jump

Sixth place, Darianne Thompson, sophomore, 4.88m

Seventh place, Maryam Dianka, sophomore, 4.61m

Shot Put

Ninth place, Emmalee Osborn, sophomore, 11.37m

Tenth place, Hannah Appleton, junior, 10.13m

11th place, Samantha Grimes, freshman, 9.51m

Triple Jump

Eighth place, Darianne Thompson, sophomore, 10.33m

Ninth place, Maryam Dianka, sophomore, 10.20m

Weight Throw

Fifth place, Sophia Kenyon, junior, 14.44m

Eighth place, Kaylan Swindle, freshman, 11.88m

Ninth place, Braelynn Cunningham, freshman, 11.74m

Tenth place, Temi Michaels, sophomore, 11.63m

4x400 meter relay

Fourth place, S. Douglas, M. Hengen, T. Lacy, S. Lane, 4:06.50

4:06.50

4x400 meter relay

Seventh place, R. Engermann, B. Brantley, H. Combs, D. Hilton, 4:41.11

Men

60 meter

14th place, Trevor Montayne, freshman, 7.07

200 meter

Fifth place, Trevor Montayne, freshman, 22.45

13th place, Wesley Hall, freshman 23.13

18th place, Brenden Bowles, junior, 24.31

400 meter

19th place, Michael Byers, junior, 52.64

600 meter

Eighth place, Caleb Morgan, freshman, 1:33.23

800 meter

14th place, Brandon Adolphus, freshman, 1:57.78

18th place, Christian Franklin, junior, 1:59.72

19th place, Crispus Atukwatse, junior, 2:02.81

1 Mile

Tenth place, Brandon Adolphus, freshman, 4:19.82

22th place, Muneer Suied, junior, 4:34.74

24th place, Benjamin Morfin, junior, 4:36.50

26th place, Riley Herndon, freshman, 4:38.25

3000 meter

18th place, Edward Robledo-Gonzalez, freshman, 9:30.94

19th place, Alan Lares, freshman, 9:32.41

20th place, Aaron Medrano, junior, 9:36.74

20th place, Aaron Medrano, junior, 9:36.74

22th place, Zachary Cox, freshman, 9:41.55

Long Jump

11th place, Brenden Bowles, junior, 5.44m

12th place, Ryne Neil, freshman, 5.27m

4x400 Meter Relay

Ninth place, T. Desir, C. Morgan, J. Geathers, C. Miers, 3:33.24

The outdoor season opener will be on March 22-23. The teams will be traveling to Texas State University.



Junior Christian Franklin, far left, and sophomore Brandon Adolphus, far right, compete in the 800-meter run.



Sophomore Machala Hengen runs the 60-meter hurdles with a time of 9.32, placing 12th.

Photos by Aaron Medrano

Inauguration set for of Metcalf Family Track

Northwestern's new track court hosted the Verne Metcalf Family Track Dedication Ceremony on Wednesday.

Construction began in 2023 on the new track for the Rangers men's and women's track and field teams and was completed in early 2024.

Both teams, coached by Derrick Young Jr., Jill Lancaster and Sterlin Broomfield, are already enjoying the use of the new court.

After an indoor season, the teams are preparing for their future outdoor season that will begin at the end of March.

Outdoor meets:

March 28
Emporia State University

Apr 20
Pittsburg State University

April 4 & April 6
Friends University

Apr 25
Fort Hays State University

Apr 12 & Apr 13
University of Oklahoma

May 1 & May 3
Great American Conference

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SPORTS

Lady Rangers win, lose

By **KAROLINA JURESIUTE**
Student Reporter

Lady Rangers won at home Feb. 15 and lost on the road Saturday, putting them at 21-5 for the season, 13-5 conference.

The team beat the rival Southwestern Bulldogs by 24 points, 72-48. The loss on Saturday to Oklahoma Baptist was by 10 points, 62-52.

On Thursday's home game. Both Faith Simpson and Carly Craig led the team with 17 points. Faith Simpson also added 11 rebounds, having her sixth double-double game of the season. Carly Craig also had a game high of six steals. Josena Frame added nine points, Payton Jones eight. Summya Addigun, Talayah Thomas, and Nikya Orange added 5 points.

Exciting win over the Bulldogs marked the head coach Tasha Diesselhorst 100th career win with the Rangers.

Northwestern lady Rangers started the first quarter hot with a 10-0 run. Josena Frame put the first points for the Rangers after making a great cut and receiving a pass from Faith Simpson.

The Rangers played great defense, not letting the Bulldogs score for the first four minutes. Northwestern finished the first quarter of the game with a 14-point lead 24-10.

The second quarter was not so great for the lady Rangers scoring only five points. Faith Simpson had two and Talayah Thomas made three free-throws out of



Photos by Ingrid Maldonado

Seniors, Paige Scott #24 and Nikya Orange #15 trying to make a layup.

four. Northwestern had a 10-point lead at the end of the first half of the game.

Lady Rangers had a better scoring quarter after the halftime. On the 2-minute mark the Bulldogs head coach received a technical foul and Carly Craig stood at the free throw line and made them count.

The Bulldogs made another layup, and the lady Rangers went on another 11-0 run. Northwestern closed out the third quarter with a 19-point lead 52-33.

The lady Rangers kept the lead over 20 points and shot 50% from field goal.

The final score of the game was 72-48 lady Rangers win.

Northwestern forced the Bulldogs make 22 turnovers and scored 10 points off them. Lady Rangers also out rebounded the Southwestern Bulldogs by grabbing 42 rebounds while Bulldogs had 33.

This win improved the Lady Rangers to a (21-4) record.

On Saturday the Lady Rangers traveled to Shawnee to play against Oklahoma Baptist University. The result was not in their favor and they fell to OBU 52-62. Leaving them with a (21-5) record.

The Northwestern Lady Rangers have four regular season games left, three of them at home.

Rangers 8-8. The Bulldogs went on a 10-0 run and had a six-point lead. Camron McDowell made two back-to-back three pointers to put the Rangers back in the game 20-20.

At the end of the first half of the game, C. McDowell got a technical foul and that put the Bulldogs up by five points. The Bulldogs' lead was cut into two points after another deep three from Brian Free. Southwestern did not give up and got in the lead by seven which was the highest lead of the game.

After a monster alley-oop dunk from Kabeya Tshibangu assisted by Kennedy Milton, the lead was cut to five points. Brian Free made his third three pointer of the game to seal the first half and the score was tied 37-37.

To start the second half of the game, one of the Southwestern players received a technical foul for flopping. B. Free made the free-throw and K. Tshibangu had another slam dunk the following possession. It was a battle between Northwestern Rangers and

Southwestern Bulldogs, fighting for the lead.

Halfway through the first 10 minutes of the second half, Free scored his fourth three-pointer, putting Northwestern up by six points 51-45. 9 minutes left to play the score was tied 58-58.

K. Milton the following possession added three more points, to now put the Rangers up by six points. The Bulldogs answered right back and cut the lead back to three points.

Just four minutes left to play B. Free scored his fifth three-point basket. To finish the game M. Milton made all four of his free-throws and Rangers won the game 78-72.

B. Free went 50% from the three-point line scoring 5/10. C. McDowell shot 100% from the three-point line going 3/3. The Northwestern Rangers also had seven blocks as a team. The Rangers advanced to a 13-10 record after Thursday's win.

Now win a record of (14-10) after the game against Oklahoma Baptist University on Saturday.

Baseball wins GAC opener series 2-1, now plays away for 8 games

Friday games:
vs Ouachita Baptist University

	NWOSU	OBU
Game 1	2	3
Game 2	5	3

Game 1:
Pitching:

Dawson Toborg

Batting:
3B: Carson Wright, 1

RBI: Paul Sachen, 1; Trevor Saire, 1

SH: Zach Vetal, 1

Baserunning:
RUNS: Carson Wright, 1; Paul Sachen, 1

SB: Paul Sachen, 1

PO: Bradey Bejarano, 1

Game 2:
Pitching:

Max McClain; Jacob Shaw

Batting:
2B: Dylan Bradford, 1; Theron Perkins, 1

3B: Dylan Bradford, 1

RBI: Dylan Bradford, 1; Hagen Barcello, 2; Colby Grace, 1; Trevor Stiles, 1

SH: Jacob Wiltshire, 1

Baserunning:
RUNS: Dylan Bradford, 2; Paul Sachen, 1; Theron Perkins, 1; Trevor Stiles, 1

Saturday game:

	NWOSU	OBU
Score	6	2

Pitching:
Will Kates, Zac McEachern

Batting:
2B: Carson Wright, 1; Hagen Barcello, 1; Jacob Wiltshire, 1

3B: Hagen Barcello, 1

HR: Colby Grace, 1

RBI: Hagen Barcello, 1; Trevor Saire, 1; Colby Grace, 1; Jacob Wiltshire, 1

SH: Carson Wright, 1; Jacob Wiltshire, 1

Baserunning:
RUNS: Carson Wright, 1; Hagen Barcello, 2; Colby Grace, 2; Chase Gordon, 1

SB: Trevor Saire, 1

Tuesday game:
vs Emporia State University

	NWOSU	ESU
Score	11	4

Pitching:
Myles McDermott

Batting:
2B: Porter Pittman 1; Paul Sachen 1; Jacob Wiltshire 1

HR: Hagen Barcello, 2

RBI: Dylan Bradford, 1; Porter Pittman, 4; Hagen Barcello, 5; Jacob Wiltshire, 1

Baserunning:
RUNS: Dylan Bradford, 2; Porter Pittman, 2; Hagen Barcello, 2; Theron Perkins, 1; Zach Vetal, 2; Jacob Wiltshire, 2

SB: Dylan Bradford, 1; Porter Pittman, 1



Redshirted sophomore, Jacob Fuller #34 pitching for the Rangers.



Photos by Karolina Juresiute

Ranger baseball team celebrating Colby Grace's #28 homerun.

Wins put Rangers in tourney

By **KAROLINA JURESIUTE**
Student Reporter

The Rangers closed out a road win Saturday to secure a conference bid, which will take place in Shawnee, March 7-9.

Northwestern Rangers won an intense, close game against the rival Southwestern by six points 78-72 on Feb. 15. Saturday, the Rangers beat Oklahoma Baptist, 81-76.

After the wins the Rangers improve to a 14-10 record.

During the home game, five Ranger players ended up in double digits. Brian Free and Camron McDowell led the team with 18 points each. Marquise Milton added 12 points and game high 6 assists. Larry White, and Kabeya Tshibangu both added 11 points.

Brian Free started off for the Rangers by hitting a deep 3, Larry White followed up with a deep mid jumper which made the Rangers go on a 5-0 run.

After the Bulldogs called timeout, they tied the game with the