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Do cellphones distract students?

By KAROLINA JURESIUTE Senior Reporter

The constant urge to check notifications, the subtle glow of a screen under a desk, lots of screen tapping during a lecture.

These digital intrusions have become constant challenges not only in Alva High School classrooms but in the whole country. Students are missing instructions, struggling to focus and declining in class engagement all because of the technology.

Seventeen states have laws or policies on K-12 classroom cellphone usage, while 11 states-Arkansas, California, Ohio, Florida, Indiana, Kentucky, Louisiana, South Carolina, Tennessee, Virginia and Utah - have a ban on cellphones in classrooms.

The battle of buzzing, pinging and vibrating cellphones is now at the top of a growing movement to ban phones during learning periods across the state of Oklahoma.

Two similar bills are being discussed in the legislature. A House committee has approved the Senate Bill 139 with an 8-3 vote and a Senate committee has approved the House bill 1276 with a 7-4 vote.

Oklahoma now has to choose which bill they want to pursue as their final choice to be approved by the full Legislature.

If the Senate Bill 139 is approved, Oklahoma schools would first try the phone ban for a year before deciding what to do it permanently.

The policy will be required to be updated and approved annually. If the House Bill 1276 is approved, schools would be required to adopt a policy that prohibit phones for the entire school



Tulsa and Union already have phone limit rules or prohibits the use during school hours.

According to a Oklahoma Business Voice article, Oklahoma Gov. Kevin Stitt said cell phones are distractions, and they should be banned in classrooms.

Distraction is not the only problem that phones create, Valerie Rider, Alva High School counselor, said phones are often used to bully other students by posting pictures or mean comments of other students.

"Personally, in my classroom, I do not let them have their phones out," said Crystal Murrow, English teacher at Alva High School. "but when I do see it, I immediately tell them to put it away, and they're real respectful. They put it away, and then we go on with the lesson," "But yes, it can be a distraction for those kids because, they want to be on it

more than a lot of others, we do use phones."

Many parents in Alva see the cell phone ban as a positive step toward creating a more focused learning environment for their children.

"I do think that they are a huge distraction in school," Gretchen Jones, an Alva High School student's parent, said. "I think that they are used for more of finding the answers to things, rather than the kid actually learning how to do the problem, whether it's history, whether it's math, whether it's whatever. The chat GPT thing is crazy. I mean, now you don't even have to write your own papers, and it's available on your phone."

Graphic by Ingrid Maldonado

students, and maybe only five of them have an issue with phones. They listen to her pretty well when she asks them to get off of it.

"I think that it would be nice to have a rule that was across the whole school, and so if it was just not allowed, then we wouldn't have to think about it," Tyree said. "I would have to change

Some kids take inappropriate

"If they told my kids they had leave their phones at home, I would be totally fine with it." — Gretchen Jones

day before the 2025-26 academic year.

Many of Oklahoma's largest school districts like Bixby, Jenks,

pictures of them and send them out to other students. Bullying could be drastically lowered if the phone ban passes the bill, she said.

constantly."

Mary Tyree, physical science, aeronautics and stem class teacher at Alva High School, said she doesn't have a lot of problems with cell phones and uses them quite often in her classroom for educational purposes.

"Sometimes it's helpful for if they need to use it as a calculator real quick, if I'm short a few," Tyree said. "It's helpful if they forget their computer; some of them are able to pull up the assignment on their phone. Sometimes, like with the technology side of what I teach, we might use an app, like we use the phones to fly the drones, for example. So, definitely In my class, probably

Jones said there's a purpose for the ban and for everything.

"I do think there needs to be a block put on there that its only for emergency use only, that type of thing," Jones said. "If they told my kids they had to leave their phones at home, I would be totally fine with that."

Tyree said she has about 100

some things that I do, but I think that would help a lot of teachers to just have that support of it being a rule."

If the law passes, there will have to be lot of new adjustments for the teachers and students themselves.

"It would be an adjustment," Tyree said. "but also, I've had students be relieved whenever I've told them they can't be on their phone because, say their mom is messaging them all the time and they're like I can just tell her that I can't be on it, so its nice to have that break. I feel like the benefits would outweigh the negatives."

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NEWS



NEWS

Cellphones

Focus returns to teachers

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Jones highlighted the challenge of transitioning students accustomed to background noise for focus to a silent classroom environment, acknowledging the need to an adjustment.

"I do have a kiddo that she focuses better when she has like music playing in her room, so she has her AirPods in and things like that, but the problem with that is that she's not focused on what the teacher is telling her," Jones said. "So, she's going to have to train herself not to have that."

With the phone ban in place, it will be hard for students to get used to the new changes, but it will bring lots of good outcomes.

"At the high school level, we're trying to teach them to be young adults that are gonna be in the workforce," Tyree said. "So, I think if they can learn to time manage and understand like they've got to do their work and

on breaks then they can check their phone. They have to teach themselves to lock in on the lesson and not get on their phone until they're done."

Tyree said she thinks the phone ban would help students stay more focused in class.

She has also noticed that each year her students seem to have less ability to stay focused on an assignment as long.

"It could improve their reading skills and maybe even like ADHD would go down and just removing that distraction I think would help them," Tyree said.

Murrow said she thinks the phone ban will improve the learning.

"I feel like if all the teachers are on the same page," Murrow said. "and that we are all going to implement the ban, and I think we enforce it as an entire school, I think we will see improvement in their scores and then learning

5.Indiana

overall. I think that their focus will be diverted from their phones to the classroom."

Murrow said at first it is going to be a struggle. She thinks that it's going to be like a learning curve as with anything. Teachers



will see a little pushback at the beginning, but once they kind of get used to it, it'll be fine.

Murrow said it's going to take them a good month or two of getting into the routine of not having the phone.

According to Pew Research

Graphic By Allison Schieber

Center, 72% of high school teachers in the U.S. said cell phone is a huge distraction in the classrooms.

The survey also says that 33% of middle school teachers said the cell phone is a significant problem among students.

Success comes just around the corner as students prep for finals

By AJ MEDRANO Student Reporter

As Northwestern students get ready for their exams there are three common tips on how to prepare for them.

Here are some suggestions from the internet.

Make time to study by developing a realistic schedule that allocates time for each subject and includes breaks to prevent burnout.

Review course materials, create flash cards and summarize key concepts to reinforce learning.

Getting enough sleep is a top priority to ensure optimal brain performance and memory consolidation.

Here is some advie fro

structors as well and asking them for their specific type of final and what they believe would be the best way to prepare for that final is a good way for students to prepare.

"If you go in and talk to your instructor before the final exam, or before any test they will help you prep a little bit for it and give you some pointers." Lahr said.

"Ideally they went to classes throughout the semester and took notes." said Mistie E. Kline a lecturer of phycology. "The best advice I would say to students is get enough sleep and organize your notes, but sleep is ideal because if you are too tired when you take your exams, you won't remember things well as you would if you had adequate sleep plus people are in a better mood, and also make sure to take care of yourself, eat healthy, but that way you won't get sick and going into your finals hopefully prepared." She says good luck to the students as they prepare for finals. Dr. Jennifer Oswald the chair of the division of the education claimed that studying is important and she suggest that students should isolate and make sure to take notes on everything.

She said that knowing your vocabulary, asking questions and making appointments to go in and ask questions to your professors if you need anything is also very important in preparing for your finals.

Students shouldn't stress when they are dealing with finals.

You already know everything that you're going to be tested on if you have been going to your classes.

Take your time, review your notes, take a deep breath and go into finals confident that you got this because you do.

You have got this, its all just a recap on what you have learned this semeaster.

Finals aren't meant to

Bahama Breakaway



Students line up at the 505 tacos food truck during Bahama Breakaway which was abruptly ended due to weather on April 24.

Northwestern faculty.

"The underline theme is not procrastinating trying to get on top of their studies this week, leading into finals week so that they are not trying to cram last second," said Dr. Garret Lahr, the chair of the division of business.

He also suggested that it is not wise to stay up all night when students are tired before going and taking a test or give a presentation the next day.

This makes students more exhausted the next day and they aren't as in tune with their body as they should be while taking the test or giving the presentation.

Reaching out to your in-

She highly suggested on studying the vocabulary and claimed it is 80 percent on passing a test.

make students feel as if they aren't ready for the test but it should give them confidence that they have come to know these subjects over the semester.

Students have been preparing for this moment all semester even if they don't realize it.

If they have been going to classes they have nothing to worry about, they have the knowledge that they need to get through the final. The semester is over but your grade won't be until the test is put in.

It's important to realize that this final has the capablilty to up your grade and you should study for the chance to raise it.



Northwestern students try to un-freeze their frozen t-shirts to win the contest and win a prize with it. Students had to wear the t-shirts after they unfroze them to win the contest.

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OPINION

Amazon highlights tariff charge

By CHRISTIAN FRANKLIN **Opinion** Editor

There's never a shortage of drama in Washington nowadays, with the latest news between the White House and Amazon crisis clashing into new territory challenging political corporate influences.

Regarding reports by Shawn McCreesh and Karen Weiss of The New York Times, the White House Secretary Karoline Leavitt ,speaks out on Amazon on Tuesday. By making allocations of the company being hostile and using a political movement response to the reports, considering display of the cost of tariffs on its packaging and its product pages.

Amazon continues to deny the allegation regarding the policy over its latest stance on its platform

The incident reveals more than just corporate communication disputes.

It exposes the fragile truth in an increasingly political economy.

The main focus of this drama is that the economic reality of tariffs are being paid upfront by the American consumers and not foreign governments.

President Trump has continued his long claim of the oppo-

site, promoting a penalty on China to pay tariffs charges.

But for China the math doesn't lie, importers passed down the cost to the supply chain which in the end is American shoppers, who are really left with pinching pennies.

News reported that Amazon is considering making the fact unavoidable by broadcasting tariffs related charges directly on its site.

Regarding the idea, according to an Amazon spokesperson, they discussed only for a niche platform called Amazon haul, which specifically competes with platforms like Temu and any other giant Chinese e-commerce.

All while the White House took the idea and ran with it, using it to make allegations of Amazon launching a political attack on Trump's administration.

Leavitt's response quickly escalated, standing alongside Secretary of the Treasury Scott Bessent. She is the one that accused Amazon of its hypocrisy, trying to figure out why it never implemented the similar transparency during inflation spikes under the Biden administration.

As she continues to bring up an old headline of Amazon " partnering" up with Chinese propaganda, which known companies are untrustworthy. The agenda was more clear, and Amazon was not responding to tariffs, but it was targeting a political game to undermine the administration.

Now the narrative is really being shown here, the White House continues its investment in maintaining the illusion that tariffs are working.

But according to most Americans, they are not winning the trade war and that they are feeling the economic pain. Any challenges to the narrative posed as a potential disruption in the features tell shoppers they are paying more because of tariffs, which will lead up to being a threat, whether Amazon intentionally did it or not it's still touched a nerve.

Crazy to believe that just after Jeff Bezos, the Amazon founder publicly praises the Trump administration. At the New York Times conference deal back in December, Bezos called Trump more "confident" then during his run in the first term and he is hopeful about the president's energy towards deregulation. Amazon has donated 1 million to Trump's administration securing seats for Bezos and his fiancé at the Capital.

So what brought up the sudden hostility from the White House? The only answer is political expediency, for Trump's reelection campaign as it takes front and center on economic nationalism.

In its push to bring back jobs and cracking down on China to shield American workers.

This moment for consumers associate higher prices with the policy taking effect.

Rather than global factors of greedy corporations, the narrative only crumbles. With Amazon hypothetical transparency it threatens the storyline which leads to discretion.

Amazon is far from being innocent with the corporate giant's known history of dodging taxes, undercutting competition and even exploiting labor.

It now shifts its interest towards displaying charges which is driven by competitor Temu.

Which doesn't change the fact that the White House's reaction shows paranoia and projection.

The policy comes with its challenges and consequences, and Americans deserve to know how it will impact their wallets. Since the beginning, the challenges of tech companies fighting over who pays the economic difficulty is democracy, and it is being filtered through political alliances.

Whether or not Amazon plans to display tariff related costs on this platform is beside the point.

The main thing that matters is that transparency poses a potential threat to the government.

Tariff discounts for automakers

By CHRISTIAN FRANKLIN **Opinion** Editor

President Donald Trump's recent decision to relieve some of the pushing of tariffs for imported cars and parts, may sound like a lifeline to struggling automakers.

But in reality, it is a mistake. Many people assume that the victories are for US manufacturing but unfortunately, it is not. When it is calculated as a walk back in a self-sufficient wound, meaning car companies and consumers pay the price. With this change taking effect it offers a short term relief to American automakers, but it sure does false sort of a long-term stability that the industry needs.

that they have limited time to prepare before they are hit with the imposed tax. This is not exactly a vote of confidence in America's industry, it is now a threat with a temporary concession.

The new order does not eliminate the original 25% tariff tax, which is specifically on imported vehicles reported to be done earlier this month. Also, they don't even touch higher prices since companies must pay for a raw material like steel and aluminum, and both have been hit with the tariff.



Photo from Pixabay

hikes, resulting in production de- than using economic logic. lays.

Earlier this month in the White

Inquiries concerning the application of these programs should be made to Calleb Mosburg, Director of Student Affairs, Northwestern Oklahoma State University 709 Oklahoma Boulevard, Alva, OK 73717, (580) 327-8415.

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Letters must be turned in by noon on Monday to the News office in JDA232, Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnews@nwosu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

All letters represent the views of the author

According to a report by Anna Swanson and Jack Ewing in the New York Times, the president signed two executive orders aboard Air Force One en route to Michigan, which granted Limited exemption from the previous tariff that is being enforced.

The new conditions of the terms are that car makers will be able to deduct 15% of import cost to a vehicle sticker price and 10% for the next year. Then at that point the tariffs will resume and the message is giving automakers, "a little flexibility" meaning

With Swanson and Ewing highlighting that automakers are still absorbing the cost, and the totals are already beginning to be passed onto consumers. The industry of auto in the United States has operated through a system in a global supply chain. Which means cars simply in Michigan or Ohio often rely on parts that are made in Canada, Mexico or Asia. The taxes being pushed and forced onto companies which bring the operation to America

soil, is very costly and unrealistic to maintain in today's demanding economy.

Swanson and Ewing report of auto makers being lobbied by the administration in recent weeks warning that the tariffs will force job cuts and encourage price

Following General Motors, they recently made a pull and its 2025 earnings forecast is assumed to be unpredictable because of the impact of tariffs. The company even just released the delay of its first quarter result that needs to be re-calculated for its final projections.

Analysis from Bernstein quoted in the original New York Times article said plainly. "Relief today doesn't fix the longterm challenge. US car prices are heading higher just as economic momentum fades."

What that means is higher cost not just for new used cars but also for insurance and even repair expenses will directly hit the working and middle class Americans.

The most shocking thing is that the administration seems to be more politically pressured

House was called to roll back tariffs on smartphones after pushback from companies like Apple.

The case continued with Swanson and Ewing as they described repeated phone calls and data from Ford and GM, and Stella before Trump's relented.

American manufacturing deserves support, but supporting it doesn't mean increasing the economic walls and pushing companies to rely on international trade.

As Swanson and Ewing make it clear in their reporting that the tariffs temporary relief may ease the pain for now, but it does not fix the problem.

Until the administration embraces a more togetherness approach it leaves American automakers, stuck with rising costs, and now shrinking global competitiveness.

OPINION Editor feels grateful for time at NWOSU

By ALLI SCHIEBER Editor-in-Chief

Goodbyes are always hard, but this one was unexpectedly hard.

When I came to Northwestern as a freshman it was not my first choice, I got waitlisted then accepted for the spring semester at another university.

I planned on transferring there eventually but quickly realized that Alva was somewhere I wanted to be.

There are many reasons I fell in love with both Northwestern and Alva, but I think the main reason is the people. My first semester I made a few friends and tried to be involved whether it was studying for news reporting with Tara and Kristen or attending events, I wanted to connect with people.

This is probably one of the reason community is one of the values I cherish most.

When I look back at my time at Northwestern I feel grateful. While here I was able to meet some of my best friends, work with some amazing people, and constantly learn and grow, even outside of class.

Freshman year I joined Delta Zeta, and this organization has brought me so many things from my best friends to new life experiences I would have never seen possible.

Bethany, who joined DZ the same time I did, has been there with me through it all the rough times and the good times. I am glad to have met her through DZ and will always cherish my friendship with her.

Nahi, who I may not see everyday or talk to all the time but, has taught me so much, such as, how to handle a tough situation with grace.

I will never forget whenever we had our DZ dance and we both had a lot of homework, so we sat there chatting and doing homework almost the entire time.

Jerika, who has been a mentor tures and hope that even though I ue to do. next year. to me through all these years and Both in DZ and just in generam graduating there will still be To Dr. A, thank you for guidis someone I will continue to look al, you are the most supportive more. ing me, believing me and teach- stage in a couple of weeks, Ride Delta Zeta is obviously not ing me AP style. You have been Rangers Ride. up to too. friend I have ever had, and I am

Now to the three girls I have recruited and my best friends. every day. Sarah, I may have just met you

last semester, but I am so thankful you joined DZ, you are such a light, and I honestly do not know what I would do without you.

I love our chats in JD whether in the news or DZ room and I cannot wait to watch you grow throughout your years at NWO-SU.

Jessica, I know you are not only my DZ sister but also my biological sister. However, I am so happy you joined and have gotten to see why I love both DZ and Northwestern so much.

Jamie, madam president, I am so glad I was able to recruit you last fall and am so proud of the things you have done and contin-

going to miss seeing your smile I can't wait to cheer you on

in your last two years of college even if I won't be there for all the Walmart trips, coffee runs and late-night rants. I am so lucky to be able to call you, my friend.

Lastly, Doc, you are our advisor for DZ and have been since my second semester at NWOSU.

I have so many things to thank you for that I could never type them all, so I will start with this, thank you for always pushing me to be my best and pushing me out of my comfort zone.

Without you I would never have gotten to go to Dallas or Orlando with DZ and I would not have gone by myself. I will forever and always cherish our adventhe only reason I stayed at Northwestern while I found my friends I also found my passion. I have realized I love marketing and want to market for sports team one day, which is what inspired me to be a mass communication major. I also realized I love capturing memories through photos. Photography is something I have always loved but working with the newspaper and in classes I have realized it is something I really enjoy.

Northwestern News has taught me a lot of things like it's not always easy being the leader although sometimes it is fun.

To the current Northwestern News staff, I want to say you are doing great and I cannot wait to see you all continue to work hard

the best advisor and don't worry, I will stay in touch.

This university has taught me a lot and most people will probably never understand just how grateful I am for NWOSU or why I am so grateful but, if you stay here for four years maybe you will realize what all NWOSU has to offer.

Lastly, I would like to say to anyone who is not graduating yet , enjoy it, you are only a college student once so enjoy it as much as you can.

I know that tests and finals are stressful or that sometimes being in Alva can be boring but take advantage of events the dorms or clubs are hosting and just make the most of it.

With that this is my last article for the Northwestern News and I cannot wait to walk across the



How campus has changed in four years

By ALLI SCHIEBER Editor-in-Chief

Campus has changed in several ways since I was a freshman four years ago.

Some of these things have been bigger and more monumental than others. One of the biggest ones was the renovation of South Hall and the changing of its name to now be Cunningham Hall.

If you were here two years ago during this you probably remember how crazy it was when

Coronado became a co-ed dorm temporarily. One of the smaller things that have changed include the Just Baked Kiosk that was installed this year.

The outdoor classroom, renovation and renaming of the Fellers Family Auditorium, the track practice field being built and the softball field getting turf are some of the other things that has happened in my time here. The outdoor classroom was added last spring and makes a good place for students to study and get away from their dorm.

One thing remains the same though, no matter how long you have been here or if you went to school here 50 years ago.

The people here have always and I hope will always be filled with Ranger Spirit and you can certainly be proud to be a Ranger no matter for how long you were one. Take time to notice the little things that change like when they repaint the red stairs or if a floor has changed over the summer and be grateful that this university is preparing for many more generations.



Photo by Ingrid Maldonado

The outdoor classroom which was finished in spring of 2024. It makes a great place for students to study on nice days.

NORTHWESTERN NEWS

NWOSU athletics hosts 2025 Annual Northwespy's Awards

By Emma Gott Student Reporter

Student athletes traded jerseys for dress clothes at the Northwespys Monday, a night of celebration honoring standout performances and unforgettable moments in Ranger athletics.

The Northwespys is an annual event at the end of each academic and field, but she also participated year to honor athletes, teams, and coaches for their success over the year. Some of the awards given are Cam Mcdowell from the men's athletes of the year for both female basketball team. Cam is a standout and male, sportsmanship award, scholar athlete, scholar team, coach of the year, fan of the year and a Rick Brown who is an Alva local couple others. This event is to rec- and a strong supporter of all Northognize all of the teams and athletes' western athletics. hard work and dedication they put into their sports every single day. The event started with a social in nized because being an athlete can the student center ballroom and be challenging in many ways. then moved on over to the ceremony which was in Herod Hall in the from the field or court and put on theatre. Baseball was a huge stand- a nice outfit with all your friends out as they won many athletes of and teammates and celebrate all of the year for the specific grades, and ranger athletics.

they also won coach of the year and scholar of the year. Women's basketball also got a lot of recognition, winning a couple awards as a team and individually as well.

Track and field athletes were also awarded for individual performances as well as women's golf, women's soccer, softball and rodeo.

The overall female athlete of the year was Ashley Low from track in volleyball and softball.

The male athlete of the year was player and had a standout year on the court. The fan of the year was

This event is special for athletes to be able to attend and be recog-



It is always nice to step away Matt Adair emcees the 2025 Northwespy's. Adair also is an announcer for many NWOSU athletic events.

YOURS

Ryan Bowman is the baseball coach and won coach of the year this year. Bowman has led the baseball team to the GAC tournament for two consecu-

MAKE YOURS



Cam Mcdowell won the male athlete of the year award for the year he had on the basketball court. Mcdowell had a total of 736 points, 53 steals, 19 blocks and 128 rebounds this season.



Ashley Low won year for breaking the school record in javellin. However, Low also plays two other sports, softball and volleyball. Low is a graduate student and played softball for two years at NWOSU before taking on javelin and volleyball this year.

tive years.

OURS

Rick Brown won the fan of the year award for always showing up for Ranger athletics no matter the sport. Brown is an Alva native and always supports the Rangers sports teams.





Above: A group off women's basketball players post for a selfie at the social hosted by SAAC before the Northwespy's.

Players include Summya Adigun a sophomore guard, Camille Thomas a senior forward, Kira Bass a junior forward and Jamesha Reece a junior forward.

> **Right: Jason McCarthy** recieves the scholar award for maintaining his 4.0 in biology while also being on the baseball team. McCarthy has also taken many chemistry classes just because they sounded fun.





The women's basketball team won a new award called the Rowdy Ranger award. This award is presented by SAAC and is for the team that shows the most spirit by supporting other teams and posting photos on social media. Women's basketball also won the award for Ranger Excellence which showcases their work on the court bt also outside of it. Women's basketball reads to elementary students in schools surrounding Alva during the fall semester.

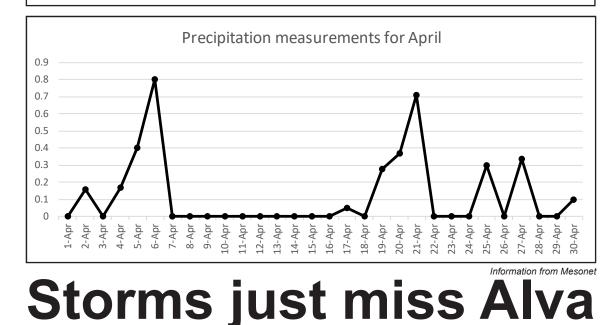


FEATURE

<u>Choir</u>



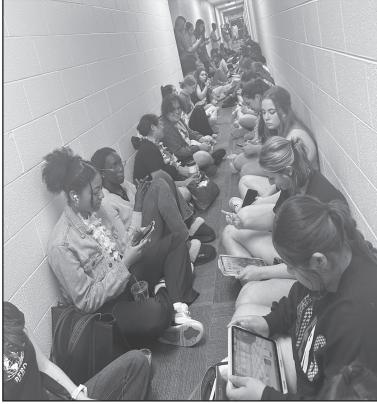
The NWOSU Choir performs their Masterwork concert Thursday, April 24, at the First Presbyterian Church while a storm comes into town members and guests seek shelter in the church's basement.



By SARAH BRASHEARS Features Editor

On Thursday, April 24, Bahama breakaway ended abruptly due to a tornado that had touched down 15 miles west of Alva in Freedom. Students were advised to get to their safe place until further notice. In the dorms, students sat

in the hall, which is a central room for all dorms and built with cement walls. This place



Until next time

and

off

ever

sev-

studies

Well, here we are, fellow reader. It's the end of the semester; summer is around the corner and everyone is probably procras-

tinating putting **WORDS** their WITH MR. for finals for **KAUMANS** the last second as I am writing this all out. I say this because I've been in the library since en and have

KEVIN barely seen **KAUMANS** anyone come in or out. It is currently April 27, by the way.

So, what will my last article of my sophomore year be about?

I'm sure many of you are expecting an interview or book critic. However, I will be talking about something much different. I'm going to reflect

on my writing this year. See, I feel as though my columns have greatly improved since I first started working for

the Northwestern newspaper. My articles have become more detailed, diverse, and more wellthought out than my past columns.

T have been branching out more, trying to cover as many topics as possible.

When I start my third year here, I hope you all will continue to keep reading my works.

I appreciate every single person who takes what little time they have out of his or her day to read these paragraphs of me just rambling most of the time.

No matter what trials you may come across in your life, I wish nothing more than for each and every one of you to succeed in your goals.

During the next semester, I plan on talking about a wider reach of topics, not just politics and literature.

I only ask that you all stand by and give me whatever feedback you can think of. Do not be afraid of giving me your harshest criticisms, as I am prepared to improve my writing by any means possible.

My name is Kevin A. Kaumans, and until next time friends:

Stay Educated



was the safe spot for most students that live on campus.

The storm continued to build, heading straight east for approximately 15 minutes. The tornado continued to lift, gain more moment, and then touch back down again on and off all night.

The storm eventually turned to the south east, splitting between Alva and Dacoma. Waynoka got hit with heavy rain and a small hail. Aside from Freedom being touched with a tornado, Waynoka got the worst of the storm in out area. got approximate-Alva 0.46 inches of rain. ly Although, it seemed as though the area got a much greater because it came in very heavily for about 30 minutes. The winds were high at the same time. For this reason,

Photo by Allison Schieber

Students sit in the hallways of Cunningham hall on Thursday night to take safety from the storms that were east headed to Alva from Freedom.

the rain did not soak into the ground and left the streets flooded with mud and sticks that had broken off from the trees. Anytime there is severe

weather, it is important to remain calm and be aware.

Always have a plan for a safe spot should the weather turn in a direction it is going to hit where

you are. It is also advised to have a go bag, full of protein bars, water, and an extra set of clothes. Also, charge your phone and attempt to stay off of it during storms so that you can call in case of an emergency! NWOSU's top priority is that all students remain safe in all situations.

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ENTERTAINMENT

How to...

Plant large flower arrangements

By SARAH BRASHEARS Features Editor

Spring has officially sprung and all the plants and pots are on sale at the local stores. If you are anything like me, your green thumb has been waiting for this time of year for months. That being said, as we start a new May, now is the perfect time to buy the oversized pot and a handful of plants, then put together a showstopper flower arrangement for the summer!

Today, we are going to learn the thriller, spiller, and filler method when planting flowers. This method allows for the pot to look full and have color at the same time. The thriller is the plant that is full of color and life. Your spiller will be a plant that grows out of the pot, making it look larger and fuller than it truly is. Your filler will be used to fill the blank space of the arrangement, as well as add a little more texture to the look.

The most important thing to remember when planting multiple plants in a single pot is to plant in odd numbers. This will give the arrangement a full and symmetrical look as it grows over time.

Step one: pick your pot For me, I used an old feed bucket that has be aged over time. I thought this brought a bit of farmhouse to my look to be cohesive with the style of my house. However, if you are buying a pot, think about what style will match your house.

You can use items you already

have, such as a feed bucket, or you can go buy a pot as well. You will want this pot to be

at least 12 to 16 inches wide for a big arrangement. The larger the pot, the more color and life you can add into it!

Walmart and Atwoods here in Alva both have a large variety of planters. Last time I was in, they were on sale and had the cutest designs that would fit any style.

Step two: pick your plants We are going for a filler, thriller, and spiller look. The thriller is your first pick. It should be full of color. We are looking for something to make your pot stand out and give it a pop of WOW.

My thriller consisted of two different flowers, pink Dianthus and orange and yellow Marigolds. These picks added the perfect touch of color and texture to my arrangement!

Other great choices for our area are Purslane, Petunias, Marigolds, and Dianthus.

As you are making your final decisions on which plants you want, remember to check the climate that the plant must live in, compared to the climate you will be putting it in. Where my pot sits is mostly sun with partial shade, thus I chose plants that would thrive in the heat and full sun.

Next you will pick out your spiller. I chose a Vinca Minor vine that will spill out of my pot and leave the arrangement with a bit of color and texture. My favorite plants for the spiller are vines, personally liking the Vinca Minor



Arrangement made using Vinca Minor vine, Asparagus vine, Dianthus, and Marigolds to add a pop of color to the front porch before summer.

and Sweet Potato vines, Petunias, or any kind of plant that will grow out and flow over the pot.

The spiller is the piece that makes the arrangement look big as it grows and fills out!

Finally, you will want to pick your filler. The filler you choose should be larger than the other plants you have chosen. In the past, I have used ferns to fill my pot. However, this year I choose to use an asparagus fern, which is similar but looks as though it is a grass stem rather than a leafy stem.

The plant you choose should be big enough to grow and fill out the extra space in your pot, leaving lit-

LET'S LEARN

the Greek Goddess Maia!

· May Day (May 1st) is

tle room to see large blank spaces!

Good filler plants will get ride of the blank space at the center or far back of your arrangement. A few other great options are always a type of grass or fern that will grow well throughout the summer!

Step three: arrange your pot

This step is always my favorite part! Once you have all of your plants picked out, as well as your pot, it is time to start planting.

My pot was about 2 feet wide, so I choose to place my fillers in the center. Once the Asparagus fern had been set, I arranged the Vinca Minor, Dianthus, and Marigolds

until I liked the way they were.

Sometimes you will have to move your plants around a few times until you like the way they look. Once you have decided on the placing of your arrangement, you can go ahead and plant! I only had one vine, so I choose to put it in the front to the left side.

My thrillers were two different colors, so I placed them in a pattern so that enough color went around the asparagus fern as a whole.

Before planting, double check that you like the way it looks from a distance as well, not just when you are right in front of it. This will allow you to be able to arrange a pot that you love! Remember to always plant in odd numbers.

You want to place your filler directly in the center, or towards the back of the pot.

If you chose a vine for your spiller, you will want to place that towards the front or side where it can be easily seen and grow freely. This will make your pot look larger and not hide the plant.

For your thriller, you will want to pick a side, or in my case fill the edges, so that there is a pop of color.

As all of your plants grow, you will start to see the arrangement look full and bright!

Buying large arrangements can be costly, and you won't always get what you are looking for. Planting your own arrangement will help you save money, as well as pick out exactly what you want!

This is the perfect budget friendly way to make your porch pop with the wow effect before your summer BBQs start!

- TALK ABOUT IT THURSDAY -

As the semester wraps up and summer is around the corner, I want to reflect upon the growth over the last two semesters.

Coming into NWOSU, I was hesitant to talk to anyone, did

in Delta Zeta, and I am sitting here writing for the newspaper.

I say all of this to show that it is good to put yourself in situations that may make you uncomfortable. It is in those situations

Sunshine is here • The name May comes from

This semester is comto an end and finals ing be here next week. will How do people feel about school being almost over? Many are ready to be

get a delicious drink. There are many things that I will miss.

Right now, I can't wait for the day that I will have nothing to do, but I know that will get boring. The first few days without school are amazing, you get to

not want to be involved with any organizations, and stayed at my apartment alone most of the time.

Now, I have an amazing group of friends, I am an officer that your grow. That you learn grace. That you find your interests and meet lifelong friends.

I encourage you to get comfortable being uncomfortable.

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a holiday with a variety

- · The month of May is dedicated to Virgin Mary
 - in the Catholic church
- · May's birthstone is an

emerald, symbolizing

- success and love
- · pro other month in the

year starts or ends on the

same day of the week as

May does.

• The Indianapolis 500 and

Kentucky Derby are both



Chats with Ingrid



INGRID MALDONADO

and middle school. While I am glad I won't have homework anymore for a while, I will miss the routine. I will miss the mornings and getting ready for school. Making coffee and breakfast in the morning. Walking to class and seeing everyone walk to their

classes. Going to Starbucks to

high

relax, sleep in and plan out your and enjoy their summer. Then it settles in, all summer, while the responsibilities you forgot others feel a bit of sadness. about come rushing to your mind. Perhaps in the summer you I am the

school

out of school

type of person who feels a bit melancholy as school ends. I always have been even in the past with

more hours. The anxiety starts to begin because you have been a couch potato for the past week since schools been out. Suddenly, you miss the simple routine you had made during school. Maybe I'm the only one who has experienced this. Either way I am going to miss school for a bit, but I know life will get busy during the summer. I'll be working, enjoying the sun, planning trips, going on trips.

need to get a job or just work

Before you know it, fall semester will be here and I will start to get melancholy because my summer routine is over.

May 1, 2025

SPORTS Northwestern News MVPs

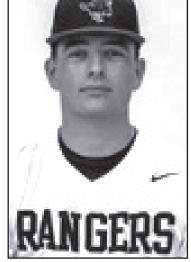
Baseball

Softball

Track



Carson Wright Senior Left fielder Biology 64 hits, 50 RBI, 39 Runs



Will Kates Junior Pitcher Business Administration 71.2 Innings pitched, 54 SO, 2.51 ERA



Jadyn Muns Junior Shortstop Health & Sports Science ED .323 Avg, 53 hits, 25 RBI

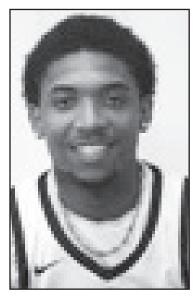


Chloe Brown Juinor Pitcher Health & Sports Science ED 105.1 Innings pitched, 44 SO, 1.94 WHIP

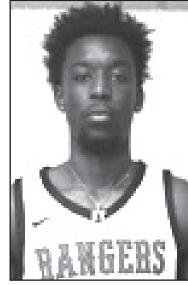
Kareem Small Junior Sprinter Business Administration 2x GAC Runner of the Week

Track

Men's Basketball



Camron McDowell Redshirt Junior Guard 3x GAC Player of the Week 245 Fieldgoals, 80 3PT, 736 PTS



Kabeya Tshibangu Redshirt Junior Forward 2x GAC Player of the Week 26 Blocks, 20 Steals





Camille Thomas Senior Forward 1x GAC Player of the Week 19 Blocks 48 Steals



Ashley Low Graduate Student Javelin Adult ED Management & Administration Set NWOSU Record



.323 Avg, 53 hits, 25 RBI 105.1 Innings pitched, 44 SO, 1.94 WHIP Momon's Backothall

Senior Guard 4x Nominated GAC POTW 112 Fieldgoals, 69 3PT, 329 PTS

Carly Craig

Golf

Rodeo







Matheiu Zerwin 2x GAC Golfer of the Week Sophomore Romane Lacoste 2x GAC Golfer of the week Sophomore Emmett Edler Agriculture Business Senior Payton Dingman Business Freshman

SPORTSLady Rangers end season

By **OAKLEE FIELDER** Sports Editor

Last weekend, the NWOSU Softball had their final games of the year. They were set to play in an away triple header against the Harding Bison in Searcy, Arkansas. The Lady Rangers were not able to qualify for the 2025 GAC Championships.

In game one, Madelyn Cason started on the mound and she was able to play through the entire game without being subbed.

The first inning went by without any runs being scored. The Lady Bison did leave two runners on base, Lady Rangers left none.

In the second, both teams left one runner on base but no runs were scored. The third inning opened the scoring, as Harding University was able to get a run scored making it 0-1.

In the very next inning, Rachel Sherwood hit a homerun to take her and Macy Spearman home and the Lady Rangers had the lead in the top of the fourth. In the bottom, the Lady Bison were able to get three hits but no runs were scored.

Besides the top of the fifth where NWOSU left one, there were no more runners left on base for the rest of the game. The Lady Rangers won the first game of the series 2-1. Sherwood, Avery Clark, Madeline Pack, Kirby Van Haren, and Makanalei Lapera were all able to record one hit in the game. No player made more than two hits in game one. Cason recorded ninety pitches thrown and twenty-eight batters faced, but no strike-outs.

Chloe Brown opened the game for the Lady Rangers as she was the starting pitcher for game two.

The first inning was scoreless. In the second, Harding Univer-



Lady Ranger No. 25, Kirby Van Haren in her at bat in previous three-game home series agaisnt the OBU Bison which ended in losses for NWOSU.

sity was one again the first team to record a run in the game. The third went by with no runs scored.

In the fourth, Kaitlyn Corn hit a double to left center to send Sherwood home and the game was tied at one. The Lady Rangers followed that up with three runs scored in the top of the fifth. Spearman hit a single to the pitcher and sent Lapera home.

Sherwood hit a single up the middle to send Spearman home. Clark hit a single to left center to send Jadyn Muns home. The Lady Rangers were now up 4-1 in the top of the fifth with not a lot of time left in the game.

The Lady Bison were able to hit a single homerun in the sixth to bring the game to two. In the top of the seventh, Sherwood hit a ground out to pitcher which allowed Devyn Raile run home and make it a three-run game once again.

Cason eventually subbed in for Brown in the final inning. In a stunning turn of events, Harding was able to pull of the miracle and they scored four runs to get a walk-off run in the bottom of the seventh and the Bison won the game 5-6. Muns and Sherwood both had two runs by the end of the game, Sherwood had two RBIs. Brown recorded eightythree pitches thrown and two strike-outs.

The third and final game of the series and the 2025 season started just the same as the other two in

the series, with a scoreless first inning. Katheryn Jones started on the mound for the Lady Rangers but was replaced by Cason in the second inning.

In the second, Harding scored four runs to take a large early lead.

The Lady Rangers responded quickly in the third as Corn hit a single to center field and sent Spearman home. In the following inning, Clark hit a ground out to pitcher, but there was a fielding error. Clark made it to first and Spearman and Lapera ran home to make it a 3-4 ballgame.

In the sixth, Harding had practically sealed the game as they scored three runs to make it 3-7. The Bison took home game three of the series and the 2025 NWO-SU Softball season was over.

Muns, Spearman, and Lapera all recorded two hits in game three. Jones and Cason had one strike-out a piece.

In the twelve-team conference, the Lady Rangers finished last in twelfth. They finished with an 8-25 GAC record and a 14-36 overall record. The team above them was East Central University who finished with a 10-23 GAC record.

This year overall was a poor showing for the Lady Rangers. Although there were highlights, they just never shined bright enough. Looking forward to next season, they know what work needs to be done.

Three T&F women compete Rodeo ends season on high note

PAGE 11

and Field went to Fort Hays State University to the FHSU Alex Francis Classic.

Kerchan, a sophomore, finished 5th out of 5 with a distance of 4.69 meters. Tucker, a senior finished 4th out of 8 with a distance of 32.45 meters. Fernandez finished 7th with a distance of 24.75 meters. On May 1-3, the Great American Conference track meet will occur.



Last weekend, the rodeo team went to Oklahoma Panhandle State University in Guymon to compete in their final competition of the year. The rodeo teams were once again in their dominate fashion. There, a duo of men were able to win an event in their final rodeo for NWOSU.

Hazen Sparks placed in a tie for 7th in the tie down event.

In the breakaway, Katie Ayres was 9th.

Emmett Edler was able to tie for 5th in the steer wrestling event.

Jacob Haren and Rhett Murray together won the team roping event with their total time of 14.5 seconds.

The men's team finished 2nd overall at the end of the rodeo. The women's team were not able to score any points. To finish off the year, the Rangers all placed high up in the standings in the events they competed in.

Edler is 1st overall in the Steer Wrestling standings, with a total of 915 points. 2nd place has a distant total of 590 points. Sparks was 4th overall in the Tie Down event standings, with a total of 285 points. Kerry Duvall was not far away in 7th with 245 points. Payton Dingman sits in 3rd overall in the Goat Tying standings, with her 570 points scored. Dale Lee Forman sits 12th with 215 points scored. Colter Snook sits 2nd in the Team Roping event as a header. His 285 points puts him in good standings with the rest of the competition. Haren sits 11th with 225 points.

LJ Yeahquo is 7th in the Team Roping event as a heeler with 260 total points scored throughout the year. Murray is not far off with 225 points scored.

Stormi Hopkins is the highest placing Lady Ranger in the Barrell Racing event, with her 60 points scored putting her in 21st.

Edler sits 2nd in the men's standings for the All Around. Edler has scored a total of 1125 points throughout the year. Sparks is 6th with his 476 total points scored.

Although there were some rough patches in the year, the NWOSU Rodeo team as a whole did really well. They started dominate, were consistently dominate, and ended the year dominate. Even with the seniors leaving at the end of the year, next year they will no doubt continue to be their dominate selves in the Central Plains Region Rodeo Standings.

BASEBALL Rangers defeat the Dawgs

By **OAKLEE FIELDER** Sports Editor

Last weekend, the NWOSU Baseball team faced off against the Southwestern Oklahoma State University Bulldogs in a Rangers did, and more. Wright hit a ground out to second base but that let Trevor Saire run home to tie the game.

In the next at bat, Connor Green hit a single to send Dylan Bradford home and the Rangers now had the lead in the closing

Game One	Runs	Hits	
SWOSU	2	9	
NWOSU	4	7	
Game Two	Runs	Hits	
SWOSU	3	11	

SWOSU	3	11
NWOSU	7	11
Game Three	Runs	Hits

Game Three	Kulls	FILS
SWOSU	4	9
NWOSU	8	10

three-game series at home at the Glass Family Field at Myers Stadium. This was their final games of the 2025 regular season.

Logan Sandoval started on the mound for the Rangers.

The game started scoreless in the first inning, as the Rangers left two men on base. In the second, SWOSU scored the first run of the game. The Rangers were stages of the first game.

In the eighth, Jacob Shaw was subbed for Sandoval. Shaw only pitches to one batter when he was replaced by Dawson Toborg.

In the bottom of the eighth, Bradford hit a ground out to second base which allowed Colby Grace to run home and extend the Ranger's lead to two.

The rest of the game went by t



No. 27, Travor Saire slides into homeplate to secure a run in one of three wins against the SWOSU Bulldogs.

lead to five.

to send Saire home. Chad Green



In the top of the ninth, the Bulldogs were only able to take a small nibble out of NWOSU's lead as they scored one run in an attempt to catch the Rangers. The Rangers won 3-7. Kyle Holzer started on the mound for the Rangers in the third and final game of the series.

The Bulldogs did not score in the top of the first. Connor Green hit a single up the middle and sent Sachen and Zach Vetal home to make it a 0-2 ballgame.

Connor's brother Chad was up to bat next and he hit a homerun to take him and Connor home to make it a four-run game in just the first.

In the second, the Bulldogs did not score once again. Vetal hit a ground out but that sent Saire home to make the Ranger's lead

home.

In the fourth, Sachen hit a single to right field to send Saire home and make it a six-run game. Colby Mitchell was subbed for

pitcher in place of Holzer.

The Bulldogs scored in the top of the fifth, but a double from Barcello to send Gavin Mendoza home kept the difference at six.

The sixth was scoreless. Shaw was sent in to replace Mitchell. In the top of the seventh, SWO-SU made an attempt to reel the Rangers in by scoring two runs, but it was not enough. The Rangers completed the sweep on the Bulldogs.

With these three wins, the Rangers secured their spot in the GAC Baseball Championships as the number seven seed out of eight.

They will face Southern Ar-

Ranger No. 10, Hagen Barcello swings in one of his at bats in an eventual win against the SWOSU Bulldogs.

not able to respond as they were three up and three out in the bottom of the second.

In the third, neither team scored, as the Bulldogs left one man on base and NWOSU two. SWOSU extended their lead to two in the top of the fourth, and left two men on base.

The Rangers did not respond in the bottom half of the inning. SWOSU was scoreless in the fifth. The Rangers scored their first run with a single by Carson Wright who sent Harley Shaffer home.

The sixth went by scoreless. The Bulldogs also did not score in the top of the seventh, but the scoreless and game one ended with a Ranger 2-4 win.

Game two started with Kaden Spray on the mound.

Innings one and two went by with no runs scored, but NWO-SU had one hit in both innings. In the top of the third, the Bulldogs scored a run to take the lead of the game by one.

They scored another in the top of the fourth, both scores went unanswered from the Rangers.

Spray was replaced by Elias Herrera in the fourth as well. Both the fifth and sixth went by scoreless.

In the seventh, Connor Green hit a single down the left field line

hit a single up the middle just after that to send Chase Gordon home.

Hagen Barcello hit a single to the pitcher which allowed Connor Green to run home. Grace hit a sacrifice fly out to send Chad Green home. Shaffer hit a single to the right to send Paul Sachen home.

Saire hit a single to right field and sent Barcello home. After all of that, the Rangers were up by four, 2-6 with two innings left in the game.

In the eighth, Sachen was thrown out at first base, but that allowed Connor Green to run home and extend the Rangers

five.

In the top of the third, the Bulldogs scored one run. It was responded immediately as Barcello hit a ground out to shortstop which allowed Chad Green to run kansas on Thursday, May 1, in the double elimination tournament in Enid at David Allen Ballpark.

On Friday, May 2, they will play again. The opponent on who wins and loses in the games.



No. 29, Kyle Holzer pitches with just four seconds left on the pitch clock.