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Soccer in GAC Playoff

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NORTHWESTERN NEWS

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Jones out after 2-9 football season

By OAKLEE FIELDER
Sports Editor

Head football coach Ronnie Jones was relieved of his duties on Tuesday after three years on the staff, according to a news release from Northwestern Oklahoma State University.

The offensive coordinator, Jason Medrano, and defensive coordinator, Alex Bentram, have also been relieved, according to multiple players.

One defensive player stated that at 4:30 p.m. on Tuesday, defensive coordinator Alex Bentram sent a group message to the defensive players indicating that he would not be returning next year.

An assistant coach said that Jones, Medrano, Bentram, offensive line coach Scott Martin, tight ends coach Damon Kepley and the recruiting coordinator Dominic Hogan are all leaving at the end of the 2025 season. None of the other assistant coaches are leaving, according to that assistant coach.

Multiple players have also said that many, if not most, of the defensive players are entering the transfer portal. Many of the offensive players are also entering the portal.

Starting junior quarterback Caleb Deal has confirmed that he is entering the transfer portal. He does not know where he is headed at this time, but says he is leaving in search of better opportunities. Deal said around 30 players are in the transfer portal.

See FOOTBALL, page 3



Jones

Rangers choose kindness

By JESSICA SCHIEBER
Co Editor-in-Chief

Nov. 14 NWOSU celebrated Kindness Day. This was a day to show appreciation and kindness all over the campuses and the town of Alva.

There were many groups and organizations that partook in the Kindness Day events.

The NWOSU agriculture department handed out wildflower seed packets for plant species that are beneficial to the honey bee population.

The NWOSU bookstore offered 20% off one item over \$50.

The NWOSU Distance Learning Office created multiple designs for bookmarks to give out around campus.

The NWOSU administrative officers and department chairs collected donations to offset unpaid school lunch balances.

NWOSU Campus Cabinet Food Pantry did a campus-wide food drive contest for the Alva, Enid, and Woodward campus pantries.

The NWOSU Enid campus took donations of non-perishable foods and hygiene items for the Enid campus cabinet food pantry.

Sadie Bier's habitudes class participated in the food drive contest for Campus Cabinet.

NWOSU Woodward campus delivered donuts to the Western Plains Youth & Family Services in Woodward. The Woodward Leadership Advisory Board also joined in the campus-wide food



Photo by Ingrid Maldonado

Estrella Martinez, president of Hispanic American Leadership Organization, pours hot cocoa on Kindness Day.

drive contest.

NWOSU Hispanic American Leadersip Organization served Mexican hot chocolate in the Student Center.

NWOSU Library handed out popcorn, cotton candy, bookmarks with kindness messages and hosted a make-your-own-bookmark station. Student nurses were on the Enid campus and signed thank you cards for all of their clinical sites. They also created kindness chains.

The NWOSU President Lead-

ership Class had projects occur throughout the fall semester which included blood drives on campus, students reading to elementary classes, students participating in Fall Fest, painting crosswalks for Homecoming, helping with the local food bank and sharing thank you notes to veterans on campus.

The Ranger Business Club handed out donuts and had students write kind letters to their professors. They went and handed out the letters to the faculty

and staff later.

Caleb Mosburg and Leslie Collins' ranger connection classes collected non-perishable food items to fill the Blessing Boxes in Alva and participated in the campus cabinet food drive contest.

The NWOSU softball team participated in the campus-wide food drive contest. The NWOSU Student Government Association put together and delivered goodie bags to the maintenance building for all members of the maintenance and custodial staff.

Theater set to host children's play

By KEN IRVING
Senior Reporter

NWOSU theater is ecstatic about performing their annual children's play on Thursday.

This year's play is called "Hard Boiled: A Nursery Crime" by Tracy Wells.

The play starts with Humpty Dumpty approaching the scene with his shell cracked.

Characters will band together and become detectives to solve the case before it's too late.

The play will feature five little monkeys, five Jacks and a Jill, a fiddling cat, a vowel-loving farmer and his barnyard friends, a screaming teapot, three blind mice, three mitten-less kittens, an old woman in a shoe and even more characters that will be involved in proving their innocence.

Northwestern has been

hosting a children's play every year since 1966, inviting the surrounding schools to come to the play.

"I hope that they are introduced to live theatre and art," the instructor of technical theatre, Mickey Jordan, said. "I hope that it gives them an experience that they otherwise would not have. For example, when I was a third grader in Texas, they took us to a play that did theatre for children

and that's where my career started. I thought it was cool with the costumes and the effects, and I knew then that that was something I wanted to do. We hope that it doesn't only educate them but inspires them to do things."

Jordan said he hopes the kids can gain a sense of wonder while they're watching the play.

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NEWS

Recognizing Native American Heritage month in November

By **PIPER GALLAGHER**
Senior Reporter

Native American Heritage Month is observed in November to celebrate the rich culture and traditions of Indigenous people.

Oklahoma history has deep roots in Native culture. Indigenous people have had essential contributions to the state and to the country. Oklahoma is home to 38 federally recognized tribes that span across the entire state, each with their own set of beliefs, traditions, and culture.

According to the First American Museum of Oklahoma website, even the name Oklahoma has routes in Native American culture. The Choctaw tribe has long called this land "Okla Homma," which means red people.

November is the chosen month to honor Indigenous culture because this time of year is typically when celebrations, spiritual, and social events happen in many tribes. Fall is also when harvest seasons occur in many parts of the United States.

There are many events and places in Oklahoma to celebrate and learn about Native American heritage. For example, the First Americans Museum is in Oklahoma City where you can see art exhibits, educational programs and experience a cafe with Indigenous-inspired cuisine.

Many individual tribes are featured at other museums across the state. For example, Travel Oklahoma lists The Five Civilized Tribes Museum in Muskogee, The Choctaw Cultural Center in Durant and Sequoyah's Cabin in



Photo from Vecteezy

Sallisaw as some of the most popular places to go and learn about Native American Culture.

"My Muscogee culture represents belonging and pride," Jerika Coon, a master's student here at Northwestern, said. "It connects me to my people, our history and our traditions. Even when I am far, learning the language and celebrating in my own ways help me stay connected."

Now, as a teacher at Alva Public Schools, Coon has taught her first grade students about Native Americans and their history to help them learn about other cultures and how to respect them.

"They understand that it's my culture, and I have worn my ribbon skirt on indigenous day and they loved it!" Coon said.

Although her tribal town is in Muskogee, across the state, Coon has gotten to experience powwows, stomp dances and the Muskogee Festival. Tribes have events like powwows throughout the entire year.

For November specifically, Choctaw Landing in Broken Bow has a series of events for the month. They'll feature Choctaw artistry, step dances and stickball demonstrations.

The Red Earth Treefest has also just started in Oklahoma City. This event goes all the way through December.

According to Travel Oklahoma, this event will showcase "Christmas trees adorned by handmade ornaments showcasing the diverse Native cultures that make Oklahoma unique."

There are lots of local, Native American-owned shops that share pieces of the culture in their storefronts. For example, the Red Earth's Arts Center showcases artwork, and the Cheyenne Sky Studio where you can find jewelry and take jewelry making classes. Both of these places, and more, are located in the Oklahoma City area.

Indigenous culture has a special place in Oklahoma's history because many of these tribes were not here by choice, but instead forcefully moved from their lands nearly 200 years ago.

According to the First Americans Museum, "Only a few tribal Nations were indigenous to what is now the State of Oklahoma. All others were removed from homelands across the contiguous U.S. to Indian Territory."



Photo from University Relations

Cast members for the run through lines for the play at table reading.

Nusery: students can attend Saturday

Continued from page 1.

He describes the play as Humpty Dumpty meets murder mystery in the 1950's. The play is very interactive with the crowd and gives the children an opportunity to be in tune with the play. There will be a total of five total performances for the play.

Thursday and Friday will consist of two performances on both days for the schools. The public performance will be on Saturday at 2 pm. Tickets are priced at two dollars for everyone. Northwestern students are encouraged, but Jordan says to keep in mind that the play is geared towards children. There will be a lot of interaction with the crowd in this play, whereas a normal play does not have that type of interaction. Regardless, everyone is welcome.

There are close to 40 students involved in the play,

which is a lot for a children's show: normally there would be about 20 students. Jordan stated they wanted to get as many students involved as possible. The play allows up to 65 characters, so some students will be pulling double-duty this weekend.

"To me this is the most fun for the students," Jordan said. "The Acting 1 class is the one that is leading this project. This whole show came together in about two weeks. Yes, that means it's crazy, yes that means we are going to be working till the last minute, but by the time we are finished on Saturday, everyone's going to want to take a nap because we have been at it for five weeks to create this show."

There will be a pamphlet that will include all the names of the students that were able to make this show possible at the play.



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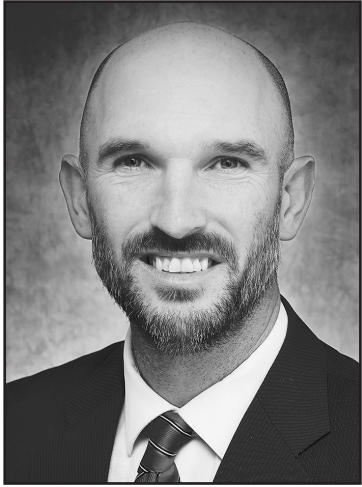
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NEWS

Hansen chosen to serve on Management Council



Dr. Shane Hansen

Dr. Shane Hansen, health and sports science department chair, has been voted to serve a four-year term, starting Jan 2026, as the NCAA Division II Management Council member. Hansen was originally nominated by NWOSU President Dr. Bo Hannaford and GAC Commissioner Will Prewet.

The management council is responsible for reporting adminis-

trative policy and regulation recommendations to the executive board. Recommendations from the Division II committee structure and Division II representatives for association-wide functions are reviewed by the council as well.

“Thank you to Dr. Hannaford and Commissioner Prewitt for this opportunity,” Hansen said. “I am truly honored to be selected to represent Northwestern and the Great American Conference on the NCAA Division II Management Council. This is a tremendous opportunity to learn from some of the best leaders in the NCAA, and I am excited to help guide policy and regulations for Division II during this important time. The student-athlete will be at the heart of all decisions that are made through this rapidly changing landscape in the NCAA. I am looking forward to the work we have on management council, and I am thankful for the support of our student-athletes, faculty, and administration here at NWOSU.”

FOOTBALL: Coaches released

Continued from page 1

The last three seasons have seen limited success. In 2023, when Jones joined as the head coach, the Rangers finished 1-10, only beating SWOSU. The 2024 and 2025 seasons both ended with a 2-9 record.

The only team the Rangers have consistently beaten is SNU,

which has consistently placed last in the GAC standings.

“I appreciate Coach Jones’ service, dedication and commitment to Northwestern Oklahoma State University Ranger football,” Brad Franz, the vice president of athletics, said. “Ronnie and his staff have worked very hard at elevating our program.”



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WHAT'S UP

20 NOVEMBER
Theater for Young Audience 1 p.m. at Feller's Family Auditorium

02 DECEMBER
• Chi Alpha Night Ranger Room 6 p.m.
• Jazz ensemble concert 7 p.m.

21 NOVEMBER
Theater for Young Audience 10 a.m., 1 p.m. at Feller's Family Auditorium

03 DECEMBER
Fine Arts student recital First Presbyterian Church 1 p.m

22 NOVEMBER
• Theater for Young Audience 2 p.m. at Feller's Family Auditorium
• Last day for complete withdrawal of classes
• Alevian Crumpton Junior Recital First Presbyterian Church 4 p.m.

24 NOVEMBER
Writer's Round Table Meeting VH 213 5:30 p.m.

Correction

Several errors occurred in the story titled “Undocumented Students Lose Tuition Breaks” that appeared on the front page of the Nov. 13 issue.

The story included incorrect figures for in-state and out-of-state tuition. These were taken from information that included the Go OK! waiver for out-of-state students that NWOSU offers.

Tara Hannaford, director of financial aid and scholarships, corrected and clarified the errors.

Undocumented students cannot receive any waivers, including the Go OK! waiver that non-Oklahoma residents are eligible for.

In-state tuition rate is \$235.75 per credit hour, so for one year for 30 hours that total would be \$7,072.50. Out-of-state tuition rate is

\$473 per credit hour, which comes to \$14,190 per year. That would be an increase of \$7,117.50 per year instead of more than \$1,000 referenced in the Nov. 13 article.

The Go OK! waiver helps alleviate a large portion of the additional \$237.25 per hour that out-of-state students are billed, but undocumented students are not eligible for this benefit. The \$8,422.50 referenced is the in-state rate plus the amount not waived by Go OK!, which is \$45/credit hour (\$7,072.50 + \$1,350).

Hannaford said the statement about “taking out large loans to pay for schooling or drop out” is not accurate. Undocumented students are not eligible for any financial aid (FAFSA), which is where loan eligibility comes from. They are not loan eligible.

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letters submitted may not be used.

All letters represent the views of the
author.

OPINION

Thanksgiving is best holiday

By **KEN IRVING**
Senior Reporter

America has been conditioned to believe
that Christmas is a better holiday than Thanks-
giving.

After Oct. 31, stores across the nation tran-
sition their decorations from Halloween to
Christmas. The spooky orange and black col-
ors change to crimson red and evergreen. Ev-
eryone's homes switch from dark and gloomy
to bright and full of Christmas lights. All eyes
are on Christmas, but no one seems to think
about the holiday between Halloween and
Christmas: Thanksgiving.

The National Retail
Foundation estimates that
Christmas shopping in the
United States exceed well
over \$950 billion annually.
A primary reason for this is
because stores have Christ-
mas decorations on the
shelves as early as October.

Christmas also has a
significant number of symbols compared to
Thanksgiving. For instance, Santa Claus,
elves, Elf on the Shelf, reindeer, toys, Christ-
mas trees and more. Christmas also has nu-
merous cartoon characters affiliated with the
holiday, such as Santa, Buddy the Elf, Rud-
olph, Frosty, the Grinch, the Nutcracker and
more. It also has the baby Jesus.

Even the movie industry tends to lean
toward Christmas. Movies such as "Home
Alone," "The Grinch" and "The Polar Ex-
press" have grossed over \$1.5 billion in the
box office.

In America, everything is tailored toward
Christmas, and it just isn't fair. Thanksgiving
is by far a superior holiday.

The holiday war between Thanksgiving
and Christmas dates to the 19th century. In
1863, during a horrific Civil War, President

Abraham Lincoln proclaimed Thanksgiving
to be on the last Thursday of November. In
1987, President Ulysses S. Grant passed a law,
making Christmas and Thanksgiving federal
holidays.

Thanksgiving is about putting your differ-
ences aside, forgiving your enemies and being
thankful for all you have. Thanksgiving en-
courages you to give thanks for at least one
thing, even if you don't want to.

The story of Thanksgiving spans back
over 200 years ago. The pilgrims sailed on
the Mayflower from England to present-day
United States.

They were met
by Native Amer-
icans and war
was imminent. A
member of one of
the tribes, Squan-
to, spoke English
and made peace
with both the
Natives and the
Pilgrims. The Na-

tives and Pilgrims worked together for months
by trading items and teaching each other how
to survive in the New World.

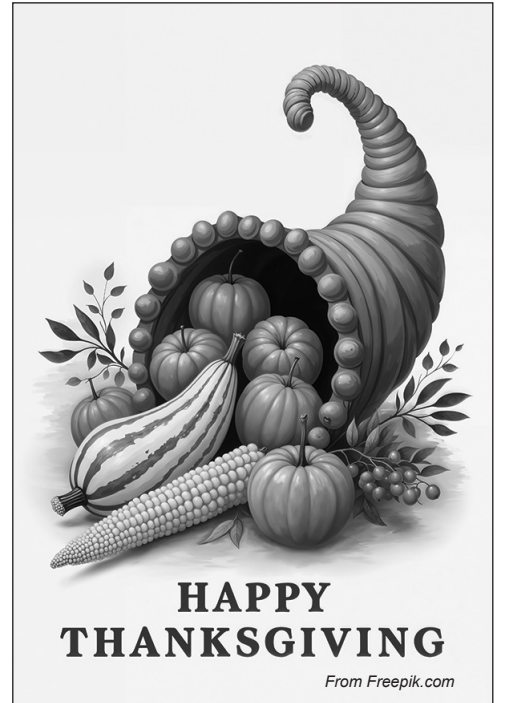
The two sides would put away their dif-
ferences and come together for the great feast
known as the First Thanksgiving.

Today, we still celebrate that day by com-
ing together as a family and eating with each
other. Thanksgiving is the only holiday that
you must put away your differences and come
together as one.

On top of that, Thanksgiving food is supe-
rior to any other holiday. Whenever you think
of Thanksgiving, you think of turkey, yams,
mac and cheese, baked potatoes, potato salad,
chicken, green beans, etc.

No other holiday is synonymous with this
type of food.

In addition to great food, you can also



watch football all day. The weather is usually
nice during Thanksgiving, and you can play
football in the backyard or watch the NFL.

The day after Thanksgiving is even better.
Black Friday and Cyber Monday allow you to
buy things that you can't afford during Christ-
mas time because all of the prices have sky-
rocketed.

The legendary cartoon "Charlie Brown
Thanksgiving" says it best as the title char-
acter proclaims: "Those early Pilgrims were
thankful for what had happened to them, and
we should be thankful, too. We should just be
thankful for being together. I think that's what
they mean by Thanksgiving."

Thanksgiving is about spending time with
your family, eating delicious food, watching
football and enjoying time with one another
because you never know when someone
won't be at the next Thanksgiving.

Oklahoma courts

Citizens played role in clemency decision

By **ASHLEY CRITES**
Guest Columnist

DEATH PENALTY

On Nov. 13, Gov. Kevin Stitt
granted clemency to Tremane
Wood, a now former Oklahoman
death row inmate. Stitt sided with
the Pardon and Parole Board's
decision to alter Wood's sentence
to a life sentence without parole.

This decision came after heavy
consideration, protest and de-
bate amongst Stitt's cabinet and
Oklahoma's citizens. This case
has been met with so much con-
tention that several citizens are
reconsidering capital punishment
as a moral standing, most notably
considering that it arguably vio-
lates the eighth U.S. constitution-
al amendment.

This amendment states that
"Excessive bail shall not be re-
quired, nor excessive fines im-
posed, nor cruel and unusual pun-
ishments inflicted," with capital
punishment falling under the last
criteria. Stitt's decision arrived

in a testy political climate, and
Oklahoma's reaction will prove
to shape our state's future.

Moving forward, Oklahomans
should consider empathy and
political action's power in a de-
mocracy. Saving someone's life
should not be a political stunt.
Stitt's administration has grant-
ed clemency before; he did it in
2021 before Julius Jones could be
executed.

Wood and Jones were both
given an unjust trial, and were
spared death by a last-minute de-
cision from Stitt.

Relatively soon after Jones
was scheduled to be executed,
new evidence was released that
suggested his innocence. These
last-minute decisions lead me to
believe that capital punishment is
a political weapon.

The death penalty is the reason
Wood and Jones would never
have been able to see their fami-
lies again, and it left the final de-
cision to one elected official. Stitt
is not opposed to capital punish-
ment. In fact, his administration
has led 16 death row inmates to
their executions.

His decisions to grant clem-
ency come after heavy protest and
political action from Oklahoma
citizens and political organization
groups.

Nicole Maldonado, the orga-
nizing manager at ACLU Okla-
homa, participated in a rally to
urge Stitt to grant Wood clem-
ency during the week of his sched-
uled execution. Religious leaders
from Oklahoma rallied in favor
of clemency for Wood two days
before his would-be state-san-
c-

tioned death. They cited a peti-
tion, which 300 religious leaders
across the country signed, that
urged Stitt to "make the right de-
cision" to support their case.

Without these people's work
to inspire others to contact Stitt,
Wood may be dead today. Stitt's
decision to spare Wood and Jones
did not solely come from his heart
or mind; it came because the peo-
ple were paying attention.

Anytime an elected official has
the final say, they should speak
with the people's voice. Capital
punishment is an angry shout,
straining our worst parts. Okla-
homa deserves an empathetic voice.
Oklahoma deserves politicians to
speak our name without hidden
motives.

Consider this as you make your
decision: if the person we elect-
ed to lead us can pour and wash
the blood off of their hands at the
finish line, then they can do any-
thing. Remember Julius Jones.
Remember Tremane Wood. Re-
member the 16 dead inmates.

OPINION

Movie addresses challenges for queer kids

By **RENEE O'CONNOR**
Opinion Editor

"I Saw the TV Glow" is a coming-of-age story about two queer kids who grow up trapped in multiple different ways.

As you start to realize, you come to slowly understand each other through the little interactions they have over the course of 12 years.

The first is Owen, a closeted trans kid going to Void High School, or VHS (very clever), who seems to have social anxiety and a lack of desire to engage in the world that they were born in. And there is Maddie, a girl with a scandalous secret and a strong affinity for a particular television show.

Much of their initial bonding and later interactions hinge upon their shared obsessive love of this show, ominously titled "The Pink Opaque." While both teens find a form of escape in their favorite show, Maddie decides that she's had enough of the world shutting her out and manages to escape for real.

And she tries desperately to bring Owen with her, but Owen can't imagine a world where escape is possible. No matter how hard she tries, Maddie can't get Owen to come with her.

The movie is set in late '90s suburbia, and you can absolutely feel it. Everything drips with nostalgia for a time when the world wasn't dominated by computers. Nostalgia, funnily enough, is a major theme of this movie, although not in the way that I would have anticipated.

Alex G made the soundtrack for "I Saw the TV Glow," which is described by the director as a dark, ambient, post-rock guitar, '90s TV theme, electronic nightmare. According to the Washington Post, it's a surreal soundscape that casts a looming shadow over the suburbs that Owen and Maddie inhabit. But also, in my opinion, not enough people are commenting on the rest of the music, which is absolutely phenomenal.

However, later in the movie, as Owen grows up and Maddie ends up leaving, the world actually gets darker, as though life is being slowly drained out of it. The world's malice is less subtle and more in your face. Where there was once color, now only static remains. There's a deep loneliness that settles over the world, but somehow now Owen is safe. Nothing's coming to get you,

there are no monsters under your bed and your family is nothing but indifferent. This idea is incredibly important, and the writer did such a fantastic job of conveying this, that I'm still kind of just taken aback by how brilliant it all was.

Over the course of the story, Owen stops questioning. All of that tension that I was talking about earlier gets channeled into the show that they never stop loving, "The Pink Opaque." Owen stops trying to understand anything and instead fades quietly into the background, slowly becoming one of the least compelling protagonists I have ever seen in any movie.

They learn that by being invisible, they will be safe. As the light goes out of their eyes and their mouth struggles to even squeak anything out, the mystery dies. With it, their very

souls. This film is mesmerizing and terrifying, but not in any normal, conventional way. There's a comfort that Owen finds in the darkness, and an intimacy that we share with the crackle and glow of the television.

There's this scene early in the film when Owen and Maddie are talking about "The Pink Opaque," and Maddie's gushing about it, and Owen just says, "Isn't that a kid's show though?" And then she responds defensively and aggressively. She says, "No, the themes it covers are too complex and the monsters are way too scary for kids. It's too dark."

"The Pink Opaque" draws parallels between itself and the main plot of the movie. Owen has experiences that feel ripped out of the show. Maddie expresses similar experiences that are even more intense, and she tries to convince us that those experiences were real. I initially interpreted the film as being just a metaphor and allegory. And on a certain level, it is.

However, critics have gotten that wrong about this film. They assume the metaphor is only for us, the audience. When we see supernatural elements happening in the movie, it's really happening. In fact, to these kids, it's almost more real than real life.

There's a simultaneous critique and respect for nostalgia here. It's beautiful and intensely scary. The concept of a show within the film is so satisfying to me that I

can barely articulate it.

Owen's mom, Brenda, shelters and tries to protect them despite not really understanding what's wrong. Her son is antisocial even from a young age. As time goes on, they withdraw further and further, eventually not even talking to her. She's the only source of human comfort, and her warm embrace seems to calm them down when her husband, Frank, starts being abusive.

Frank is an interesting character. He is only present three times total and has one line of dialogue. But every time he's on

screen, I want to violently shake him. Frank's relationship to his son is an implied one. Told through silent judging stares and glances. He comes to hate his son. His frame looms over

the story like a menacing shadow. It's a struggle for him to even speak because he's so filled with hatred.

Meanwhile, Owen's mother is the protector. And though she doesn't really seem to understand what's going on with Owen either, she still tries to be a shield. She immediately backs down from confrontation; she's trying to keep Owen safe by not even engaging with Frank. The tension is horrible, but it's so, so good.

Movies are a visual medium, which makes the possibilities vastly different from what we get out of books, songs, or paintings. Everything is moving and visual.

The language of film is one where the audience is given information through moving pictures. It can be tacky to then waste your precious screen time having characters tell boring expository nonsense.

Jane Schoenbrun, the director of "I Saw the TV Glow," uses every tool at their disposal to tip off the audience to the world that they've built. So kudos to them.

Owen hasn't found their place in the world, mainly because they're being actively pushed out of it for reasons that they can't even fathom. Owen and Maddie have this in common, but they react to it differently. Where Owen is reserved, Maddie is outgoing, outspoken and openly tough although it's fairly obvious that there's a softer side as well in quieter moments. She en-

courages Owen and tries to do everything that she can to help, including one crucial moment when she tells them never to apologize. Sadly, this is all in vain.

Maddie has a scandalous secret. She's a lesbian, and her identity shapes how the world treats her. Remember, it's the '90s, and people aren't as understanding as they are now. For the first years of their relationship, her only connection to Owen is leaving taped recordings of random episodes of the Pink Opaque for Owen to find and escape in. But after a while, they talk again, and she starts getting more comfortable, till the point where she opens up about her experiences.

Her best friend outed her to the school and betrayed her trust, leading to all the other kids and parents ostracizing her. While this might seem like a bad thing, and it is, Maddie realizes that she's different and then confronts it head-on.

She doesn't fit in, and for a while, she uses the show as a coping mechanism because the show seems to understand her. The girls in "The Pink Opaque" are different, and it gives them strength. But eventually, she comes to the realization that she needs to escape for real. If she doesn't fit in here, maybe she will somewhere else.

On the other hand, Owen is trans and deeply closeted, without the ability or even desire to articulate it. She's trapped in a body that doesn't feel right, but the whole world is trying to crush her into a certain form, and she's just letting it.

What's interesting about this movie is that unless you are trans yourself, or fairly discerning, it's possible you won't understand what's bothering Owen until the movie's over. That means that we get to discover it along with her, which I find fascinating.

Reviews addressing this movie seem to skip this part entirely or point to a vague sense that something felt inherently wrong. I saw one Twitter user describe the film in a way I liked, which was bottling up gender dysphoria and simulating it in the audience.

But through this journey of discovery, things start to get darker and more hideous as we slowly realize that Owen isn't going to do anything about it and actively tries to forget what's happening.

The full version of this review can be found online at northwesternnews.rangerpulse.com/

- **"I Saw the TV Glow"**
- **2024 horror/fantasy**
- **Available on YouTube, Hulu and other streaming services**

Trump, Clinton issue back in news

By **RENEE O'CONNOR**
Opinion Editor

The question of what happened between Trump and Bill Clinton has resurfaced across major U.S. news cycles after Donald Trump publicly urged the Department of Justice to investigate Bill Clinton's past association with Jeffrey Epstein.

Trump's request, issued this week, marks the most direct and current point of conflict between the two former presidents in years, drawing national attention and intensifying political tensions heading into a high-stakes period

in American politics.

Trump's call for a federal investigation comes as newly released Epstein-related documents circulate widely and prompt renewed scrutiny of public figures connected to the late financier. Clinton, through his team, has rejected any suggestion of wrongdoing, while the Justice Department has confirmed the launch of a review into the materials referenced by the president.

Though Trump and Clinton have had a long history of orbiting the same social and political circles, their relationship has evolved into open political opposition over the past decade.

The current flashpoint stems from the release of a large collection of Epstein-related emails and records, which include references to many public figures.

Following the document release, Trump stated that he would request the Justice Department and FBI to examine Clinton's past dealings with Epstein. The attorney general subsequently confirmed that a federal prosecutor has been assigned to oversee the review.

Clinton's spokesperson responded by dismissing the renewed allegations, emphasizing that documents already made public provide no evidence of

criminal behavior by the former president.

The latest chapter in the ongoing question of what happened between Trump and Bill Clinton revolves around Trump's request for a federal investigation into Clinton's past ties to Jeffrey Epstein.

Clinton disputes any allegations, investigators have not announced any evidence of criminal conduct, and the Department of Justice continues its review.

As developments unfold, this story remains one of the most closely watched intersections of politics, reputation and legal scrutiny in the United States today.

"We will know when there are men, rich men, in handcuffs, being perp-walked to the jail. And until then, this is still a cover-up."

— **Rep. Thomas Massie (R-KY), a sponsor of the bill to force the release of Epstein files, November 2025**

What is NWOSU thankful for?



"I'm thankful for my grandpa." —Talon Weaver, Henryetta, Freshman Health and Sports Science major



"I'm thankful for my family." —Jenna Johnson, Mustang, Freshman



"I'm thankful for my wife." —Dawson DeFoor, Erick, Sophomore Speech and Theater Major



"I'm thankful for my family, my friends and the opportunity to be here." —Ruby Ayers, Nash, Freshman Business major



"I'm thankful for my family and friends." —Angela Hurdson, Ponca City, Freshman Nursing major



"I'm thankful for my family." —Jacob Saucedo, Glenpool, Freshman Computer Science major



"I'm thankful for the protection God has over my life." —Livia Bwakali, Fort Worth, Texas, Sophomore Psychology major



"I'm thankful for my friends and this amazing community." —Addyson Tucker, Piedmont, Freshman business major

Photos by Jaxyn Cloud



FEATURE

Let's be real

What it means to choose you

By **SARAH BRASHEARS**
Co Editor-in-Chief

As we approach the new year, the trend has arisen to reflect on this past year of your life.

What worked? What did not work? What still aches for attention?

The pressure to reinvent yourself before Jan. 1 creeps in through promises to exercise more, to eat healthier and to overwhelmingly change every part of your daily routine overnight.

However, before you can truly make any transformations to these small habits, you must answer one question looming in the air: *What does it truly mean to be yourself?*

For some, it may mean acting without apology. For others, it is about rejecting expectations that never really fit.

In reality, authenticity is much quieter than most realize. It is not a performance or a brand. It is a relationship. One with your own

values, your own emotions and your lived experiences.

Being yourself means living in alignment with what is true for you, even when it is inconvenient, imperfect or still evolving.

Experts in identity development describe this as congruence: the sense that your inner world and outer life match. If you laugh at things you do not particularly find funny or nod along with decisions you do not agree with, that congruence breaks. With time, the gap between who you are and how you show up develops stress, resentment and burnout.

Becoming who you are, for yourself, starts by noticing the gap. It requires slowing down long enough to ask uncomfortable questions. Where am I performing? Which parts of my life feel heavy? Which parts of my life feel natural? When do I shrink myself, and why? And maybe the hardest question yet: Who would I be if I wasn't afraid of disappointing other people?

Let's be honest, this reflection

is not glamorous. It won't rack up likes. But it is the groundwork needed to build a life that feels honest from the inside. Once you understand what is true for you, your values, boundaries, priorities and desires, every decision becomes a little clearer. It may not always be easier, but it will be clearer.

The next step is action. Becoming yourself is not only a matter of self-awareness but of self-respect. It means creating habits that support your emotional, physical and mental well-being. It means learning to say no without overexplaining, protecting your time, and letting go of relationships or environments that diminish you. It means choosing the sometimes-uncomfortable path that aligns with your growth, not your fears.

Most importantly, when you reflect and take these steps, you need to decide who it is for. Are you doing it for yourself or so that you fit into the box of the people in your life? Do you want to be

happier and have a relationship with you for you, or is it so that maybe other people will finally accept you? If you do not choose yourself now, you most likely never will.

As the new year approaches, many people view this season as a fresh start. But the healthiest and happiest version of yourself will not come with an overnight reinvention. It is built from consistency, and gentle shifts made long before the calendar year resets.

Start by prioritizing rest. A well-rested mind makes clearer choices. Revisit your routines – your mornings, your meals, your screen time, your relationships – and evaluate whether they support or exhaust you. Add practices that fill your cup, not out of obligation, but from genuine care. For me, these look like walking, journaling, stretching, therapy, hobbies that spark my joy and conversation that leave me feeling understood rather than depleted.

Health also goes far beyond

the physical aspect. Emotional fitness matters just as much. Are you speaking to yourself with the same compassion and grace you offer everyone else? Are you allowing yourself to feel without judgement? Are you willing to release old narratives that tell you you're not enough, or that change must wait until January?

The happiest version of you is built on truth, not pressure.

On progress, not perfection.

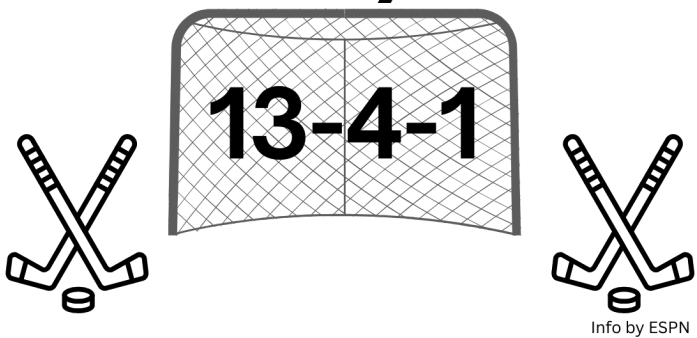
On small, sustainable choices that prioritize your well-being instead of your image.

If you spend the next several weeks reconnecting with your values, setting boundaries that protect your peace and nourishing your body and mind, you won't arrive at the new year as a completely different person. Instead, you will arrive as a more honest person. A version of yourself that feels aligned, grounded and capable of taking on the next chapter.

And that is the kind of transformation that lasts.

Do it for YOU.

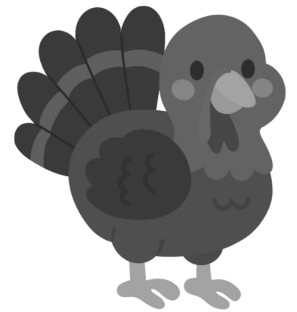
New Jersey Devils



Info by ESPN

5 POPULAR THANKSGIVING DISHES

1. Roast Turkey
2. Stuffing
3. Mashed Potatoes
4. Green bean casserole
5. Corn Casserole



Info from Fine Dining Lovers

World has been thunderstruck

By **JESSICA SCHIEBER**
Co Editor-in-Chief

The Oklahoma City Thunder have started this season strong; their record now is 12-1.

Out of the thirteen games they've played they only lost one, that is quite the accomplishment.

The team won the championship last year and this year they are proving that they aren't going to stop there. The team is certainly proving that they are one of the best teams in the league.

The Thunder started the season with two double overtime wins. This team has gone from the ground up. A lot of fans thought that the end of OKC basketball was near when we lost Kevin Durant, Russel Westbrook and Steven Adams. This, however, was proven wrong last year when they went and won it all.

Oklahoma City and the state of Oklahoma have been so proud

of the Thunder and their accomplishments since last year and this year the team is proving that they are still wanting to break records and grow.

Chet Holmgren has been a player that I really enjoyed watching.

Holmgren was injured last year while playing against the Golden State Warriors, this year he helped the team beat them in a 126-102 win.

The team has proven that even though they have been beaten once this season, they aren't going to give up.

The team is already fighting to get another ring and championship win here in Oklahoma.

Last year the parade was a lot of fun, and all the players tried to interact with the fans.

I was fortunate enough to go to the parade and be close enough to a border to get high-fives.

The most fun thing about the parade though was probably see-

ing all the guys truly celebrate with the fans.

Where I was standing with my family there was a guy across the borders who had airhorns attached to a drill so that when you clicked the drill on the air horns would make noise.

When Isaiah Hartenstein saw it, he went and grabbed it from the fan and had fun playing around with it for a while then returned it to the owner.

There was a picture that went viral from the parade of Shai Gilgeous-Alexander with his arm stretched out as they were in front of the Oklahoma City bombing memorial.

This photo meant a lot to various people in OKC, and it has become one of my favorite pictures to see. We really saw the end and the rebirth in the picture. What we thought would end OKC became a growth and to see the team really honor that was such a great thing.



Photo provided

Cason Wallace walking down the street giving fans high fives during the Championship parade as he passes by them in celebration in OKC.

ENTERTAINMENT

Books teach us about society

By KEVIN KAUMANS
Entertainment Editor

Call me a cynic, but I have a very low view of society. Notice how I say 'society', not 'people'.

You see, despite not being much of an extrovert, I do actually enjoy the company of my fellow species from time-to-time. No, fellow reader, my issue is when you take a big enough group of humans to be considered a community.

"But why?" I hear you ask. Well, it's simple once you think about it. Once a group of human beings become large enough to make up so much as a village, they begin to develop a hive-mind-like colony. Why is it that most of the small towns in this area tend to lean toward the same political beliefs?

Sure, we can find a few left-leaning people around town every now and then. But the status quo is usually very much the opposite. This isn't only a thing in Oklahoma, mind you.

Every state, red or blue, is filled with small towns that will generally have the same mindset. The cities are a little bit people, considering the fact that they have more people in them and thus have a bigger diversity of ideas. But that is also a double-edge sword within itself. Cities are more likely to form mobs, riot, and many other things.

What I'm trying to say is societies and communities will often do or think what they want regardless of the truth.

Take lynch mobs, for example. America has a history for people forming groups to kill people whether it's due to their race, because they have been accused of a crime

with no evidence, both, or something else entirely.

Another example - though on a lesser extreme - is how divided we have become as a nation on certain issues.

Dystopian authors will often look at how depressing our world is and write books of what our world can be in the future.

You probably have heard of "1984," "The Hunger Games," "Fahrenheit 451" and many other stories that are created from a simple concept like this. While the characters in these books serve completely different roles, all of these books deal with the same themes.

These books show us better than any historical document could just how selfish we as a species are.

The governments in these worlds do everything within their power to suppress the freedom of its citizens. Even those who

don't work for those in charge usually have their own agendas and are willing to backstab you at the first chance they get.

We like to think that if we were trapped in a world where our neighbors could be arrested for the smallest of reasons, we would stick together and try to rebel against the powers that be.

Unfortunately, odds are that - when given the opportunity to do good - most people would most likely do whatever puts them in favor of the dystopian society.

When the topic of good versus evil comes up in scenarios like this, it is the sad reality that humans are more capable of cruelty than any other species.

We have no limit to what we are willing to do for ourselves.

Granted, I'm not claiming to be a master philosopher, I'm just pointing out what I hope most of us realize about the world.

'The Shadowman of Harrowfeild, Vol. 2'

By KEVIN KAUMANS
Entertainment Editor

Realizing that he was in no position to refuse, he accepted Salazzard As the man rose from the ashes, he found that his skin was charred from the fire.

Every part of his body except for the upper left part of his face was said to be "as black as one's shadow." His vocal cords, having been scorched, left him mute. The folk tale ends with the man disappearing into the woods to never be seen again.

The Shadowman of Harrowfeild is one of Canatha's most famous legends due to the mystery and intrigue surrounding the real-life city.

Throughout the centuries, the story has been either retold or interpreted hundreds of times. Some versions say that the identity of the Shadowman who burnt down Harrowfield was not a noble, but instead a laborer who lost his wife and son due to starvation caused by the lord's unreasonable taxes.

In an act of revenge, he gathered barrels of gunpowder and spread them throughout the city before setting them off, burning himself in the process. Another retelling of the story says that the Shadowman was a serial arsonist who would travel from city-to-city for no other reason than to find new things to burn.

The mythical tale has even

gotten a full-length novel adaptation in 1887 by the famous human author Johan Waremur. Waremur was born in Varna, the capital city of Canatha.

The son of a baker and a bard, Waremur grew up exposed to every myth and fable known to man. His essays on the cultural effects of folklore and how they affect a country's morals earned him a full-ride scholarship to Kaletin University, the top college in all of Canatha.

He would go on to write all four-hundred pages of "Identity Eclipse" when he was just thirty-two.

The book tells the story of two sons of the lord of Harrowfeild. Where the novel differs from the original myth, however, is when Waremur names the sons of the story, with the oldest being Ancril and the youngest being Zarma.

Also, instead of the older sibling being the lazy, underachieving of the two, the books has him be an honest and dedicated young man.

Meanwhile, Zarma was greedy and constantly known blaming his misgivings on his kin. Over the years, their father became turned against Ancril by Zarma, thanks to the younger brother's masterful charm and ability to make every situation look like Ancril's fault. When Ancril caught the eye of Farlen, the daughter of a wealthy merchant, Zarma became enraged with envy.

One day, he approaches the

lady and convinces her that Ancril is a womanizer and assaulter, causing her to stop speaking to him.

The climax of the book has Zarma burn down the mansion after Farlen rejects his love. He then gets chased into the courtyard by Ancril, where their father was hosting a celebration of his brother's marriage. As the two young men run into the crowds, Zarma convinces them that Ancril had caused the fire. The crowd soon turns against Ancril who runs into the still-burning mansion to escape them.

As he bursts through the door, the roof of the first floor falls on top of him, crushing him and setting him on fire.

Now, while the novel plays out mostly like the original folktale from here on out, the story ends with Ancril coming back to life and burning the rest of the city to the ground, killing all its citizens in the process.

The book ends with an inner monologue where Ancril finally accepts his role as the monster his family made him out to be.

Overall, while the true reason for Harrowfield's burning will forever be unknown, the legends about it will likely live on till the end of the world.

It is in this likelihood that this dead city has become immortalized. This shows us how all it takes is one story, one tale told by word of mouth, for something to be saved from being forgotten.

"Empty Cups"

By Ash Crites

Drinking from empty cups Fills the growling stomachs,
Says the fat man in the chair.

Up on his throne, he cries, "Here's an ornate goblet!

A Big Beautiful chalice, it is!" So, gobble its contents,
And soak in its wisdom.

Wash it down with White knuckle faith, With real pixels, and With starving tummies.

Eulogies are easily generated, Thanks to artificial empathy,
Says the fat man in the chair.



*"I think
We ought
to read
only the
kind of
books that
wound
and stab
us*

*-Franz
Kafka*

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SPORTS

Rangers lose to Bulldogs

By **OAKLEE FIELDER**
Sports Editor

The 2025 season came to an end for the Rangers in the Senior Day game against the Southwestern Oklahoma State University Bulldogs, where the Rangers lost 45-3.

The Rangers entered the game 2-8 after their beatdown on the University of Arkansas at Monticello Boll Weevils, the Bulldogs 5-5. This is the final game of the year for both teams, as the Great American Conference football season comes to an end.

To start the game, Southwestern won the coin toss and decided to defend in the first half.

The first drive of the game started with a good play for Northwestern. The Ranger quarterback, Caleb Deal, ran 12 yards to get a first down for Northwestern. Then, a handoff to Ezequiel Luna gained six yards to make it a second-and-four. Unfortunately, Northwestern was penalized with a false start on the next play, resulting in a five-yard penalty. The flag seemed to slow their momentum after the good plays from Deal and Luna, and the Rangers punted after just five plays. The Bulldogs took over possession and scored on their next drive, making it 7-0.

The next Northwestern drive started amazingly. On a second-and-ten, Deal threw a pass to Royal Kyle for 18 yards and earned the Rangers a first down. Then, after a one-yard run from Luna, Deal passed to Brody Williams, who ran 21 yards before he was taken down. Then, the Rangers lost a yard. On their next play, Deal passed to Henry Wilson Jr., who wasn't able to catch the ball due to pass interference from one of the SWOSU players. After the penalty, the Rangers were given 15 yards, and they were on the Bulldog's 25-yard line. On the next play, the ball was handed off



Photo by Ingrid Maldonado

Northwestern Oklahoma State Ranger, No. 26 Cason Olson, tackles a Southwestern Oklahoma State player on the 45-yard line in Senior Day game.

to Luna, who ran for nine yards until one of the Southwestern players forced a fumble, and the Bulldogs gained possession after an amazing drive from the Rangers.

The Bulldogs took advantage of the quick switch in momentum and scored another touchdown to make it 14-0 in the first quarter. On the next drive for the Rangers, Caleb Deal ran seven yards on a third-and-six to get the first down at the end of the quarter.

To start the second quarter, the Rangers were charging down the field. The first play of the quarter was a first down after a pass from Deal to Williams for six yards. Luna ran five yards but then lost a

yard on the next play. Deal threw a pass to Royal, who ran 20 yards to get the first down. After two short plays, Deal threw a pass to Bailee Davenport, who ran 29 yards and entered the Southwestern endzone. Unfortunately, the officials threw a flag and gave the Rangers an unsportsmanlike conduct penalty, sent the Rangers back 15 yards and took away their touchdown. After the penalty, Deal threw an interception, and the Bulldogs had possession of the ball. Southwestern charged down the field and then scored a field goal.

The Rangers had another chance to score on their next drive. Northwestern earned a first

down after just two plays, and they continued to charge down the field. After a short run, Deal threw it to Eli Martinez, who ran 12 yards until he was taken down. There was another unsportsmanlike conduct penalty given to the Rangers. After being taken back 15 yards, the Rangers put their heads down and pushed forward. They got a first down in just two plays and made it to the 36-yard line, where they stalled out and resorted to their kicker. Kale Purvis kicked the 53-yard field goal and put the Rangers on the board, 17-3.

Southwestern responded with a quick touchdown, getting it with just 18 seconds left in the

half. The Rangers gave one play, and then the time ran out.

To start the second half, the Rangers forced a fumble from the Bulldog's quarterback and got the ball quickly. Unfortunately, there was not much from the Rangers' offense, and they punted after three plays. The Bulldogs punted it back, and then the Rangers did the same.

The Bulldogs then pushed and scored touchdowns on back-to-back drives, making it 38-3.

In the fourth quarter, Southwestern scored another touchdown to make it 45-3. There were no more points scored in the game, and the Rangers fell in the final game of the season.

Volleyball loses final game of the year against Southwestern

By **OAKLEE FIELDER**
Sports Editor

The Lady Ranger volleyball team finished its season with a loss against the Southwestern Lady Bulldogs 3-0 on Thursday, Nov. 13.

The game against Southwestern marked the end of the season for Northwestern's volleyball campaign and the end of the GAC regular season.

The first set was not a very close set, with the Lady Rangers losing 25-16. The second set ended in a much closer score, 25-22.

The Lady Rangers actually led most of the way into the second

set. By the middle portion of the set, the Bulldogs were able to tie it at 11. The two teams went back and forth, but then the Bulldogs went on a four-point streak to make it 16-13. Slowly, Northwestern climbed up and caught the Bulldogs at 21, but then, Southwestern scored three in a row to get to 24, match point. The Lady Rangers scored one to make it a two-point set, but the Bulldogs scored the final point they needed and won the second set.

The third set was not as close as the second, with it ending 25-19. Just like the previous set, the Lady Rangers led early after the two teams traded points back and forth for a bit. When the score

was 12-9 with the Lady Rangers in the lead, the Bulldogs scored seven points in a row to take a four-point lead. After that, the Bulldogs didn't look back and won the set and the match.

This marks the end of a tough

Cheesecake

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year for Northwestern Oklahoma State University volleyball. The

Lady Rangers' final record was 6-22. 11th in the GAC standings.

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SPORTS

Soccer loses to Harding in playoffs

By **OAKLEE FIELDER**
Sports Editor

The Lady Ranger soccer team played in the Great American Conference championships against Harding University, where they lost 4-0 on Friday and were eliminated.

The Lady Rangers were able to make the GAC playoffs after their tie against Southern Nazarene University the week before the playoffs. They were the fourth seed and were set to face Harding University, which defeated the Lady Rangers twice in the regular season, 3-0 on Oct. 9 and 3-1 on Nov. 1. If the Lady Rangers were going to win this game, it would take the best skills they had and luck.

Taylor Annen was the goalkeeper for Northwestern.

The game started with two quick shots from Northwestern's Jordan Fawcett in the 6th minute and Luana San Miguel in the 11th minute. Just four minutes later, Harding scored the first goal of the game and took an early lead in the semifinal game.

Northwestern continued to pound the net in hopes of a goal. Kamalei Kealoha gave a shot in the 23rd minute, but it missed just over. Not long after, San Miguel also gave a shot on net, but it was saved by the Bison goalkeeper. The Harding offense then decided to give it a shot and gave Annen a couple to test her skills. Annen saved one, and the other missed, keeping the Lady Rangers back by just one and another half to play.

The second half started with two shots from Harding just 55 seconds in. Neither shot went in,



Photo by NWOSU Athletics

Lady Ranger, No. 12 Kamalei Kealoha, dribbles the ball in the game against Southwestern Oklahoma State on Nov. 1 where Northwestern lost 1-0.

and the game pushed on. In the 49th minute, Christi-Anne Mills made a shot, but it was saved by the Harding goalie. Harding made attempts and had two corner kicks, but neither increased their lead. Fawcett had a shot in the 62nd minute, but it missed just left and over. Then, the Bison offense really started ramping up. They had four shots in under 10 minutes, and Northwestern had zero. Eight minutes into the Harding shot spree, they scored a goal in the 76th minute to give them the lead 2-0 with just 15 minutes

left in play.

Just 30 seconds later into the game, the Bison score again to make it a 3-goal game. Then, just four minutes later, the Bison scored again to make it a 4-0 game with almost no hope for the Lady Rangers to come back.

In the last 10 minutes, Fawcett, San Miguel and Kealoha all gave shots, but none of them entered the back of the net to get Northwestern back into the game. Time kept ticking and eventually ran out, and the Lady Rangers were eliminated from the Great Amer-

ican Conference Championships.

San Miguel led the Lady Rangers in shots as she had three and two on goal. Fawcett was a close second with three and one on goal. Annen recorded four saves against the Bison.

Annen had the most saves in the entire Great American Conference. She had a total of 100 saves over the year and an .847 save percentage. She also had the most shutouts in the GAC with eight. She had the second-best goals against average with 1.00 goals against per game on aver-

age.

Christi-Anne Mills had the sixth most shots in the GAC with a total of 45, 2.37 per game on average. She also tied for the second-most goals scored in the GAC with five other players. She scored a total of seven goals over the 2025 season. She also had the second-most shots on goal in the season with 25. She tied with two other players for fifth for most points in the season with 15.

Jenna Mills tied for fourth in the most assists in the season with four.

Women's start off with a perfect record

By **OAKLEE FIELDER**
Sports Editor

The Lady Ranger women's basketball team started perfect after facing two teams in the GAC-NSIC Conference Challenge and winning them both, making them 2-0.

Their first game was against

the University of Minnesota Duluth Bulldogs. It was a tough battle as the two teams were separated by only six points at the end of the first half. Slowly but surely, the Lady Rangers did their thing and increased their lead. By the end of the fourth quarter, they were up by 10 and won the game 67-57.

The second game was against the Winona State University Warriors. This was a much harder-fought game for the Lady Rangers. Northwestern was up at the first quarter by just three

points, 18-15. The second quarter didn't extend or cut their lead, as both teams scored 11 points to make it 29-26 at the half. In the third quarter, the Warriors cut the Lady Rangers' lead to just one point as they entered the final quarter.

The fourth quarter was close, as the two teams traded the lead multiple times. After a layup from Summya Adigun, the Lady Rangers were up by one. The Warriors were not able to score, and the Lady Rangers won their second game of the year.

Men start season by winning one game, losing another

By **OAKLEE FIELDER**
Sports Editor

The Rangers started their season with a win over the University of Mary Marauders and a loss to the University of Jamestown Jimmies.

The game against the University of Mary ended 83-63. Robbie Armbruster showed up in his first game as a Ranger with 22 points. Max Alexander, was a close sec-

ond with 21 points. It was an easier win for the Rangers, as they led at the end of both halves.

The game against the Jamestown Jimmies was close for the Rangers. They led at the end of the first half by two, but the Jimmies showed up in the second half and outscored the Rangers by just four. The game was tied at 66, but the Jimmies were given two free throws, and won the game. Alexander had the most points for NWOSU with 22.

Women's box scores

Game One	1st	2nd	3rd	4th	Total
NWOSU	15	12	16	24	67
UMD	25	6	15	21	57

Game Two	1st	2nd	3rd	4th	Total
NWOSU	18	11	14	10	53
WNS	15	11	16	10	52

Men's box scores

Game One	1st	2nd	Total
NWOSU	39	44	83
UM	32	21	63

Game Two	1st	2nd	Total
UJA	31	37	68
NWOSU	33	33	66

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THANKSGIVING

Traditional Thanksgiving recipes

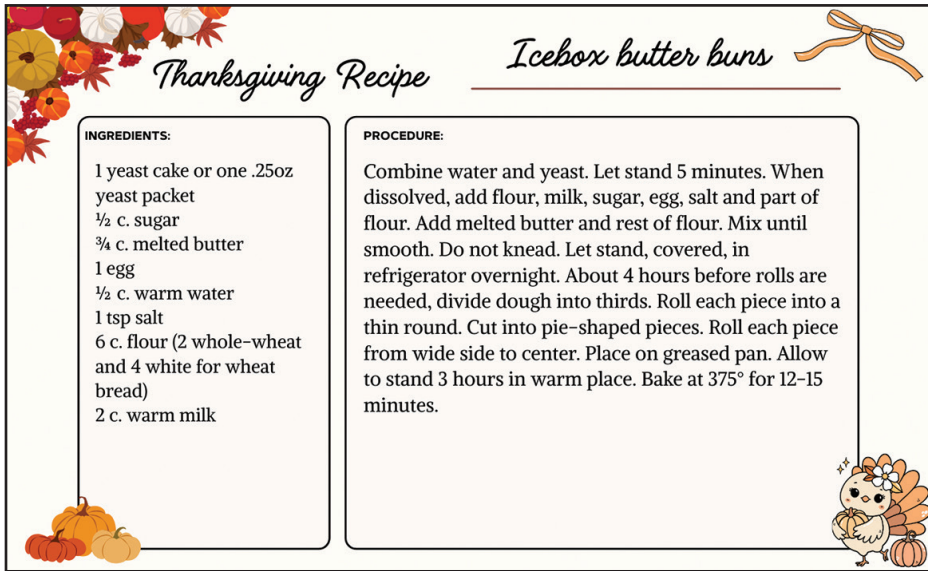
Thanksgiving Recipe Icebox butter buns

INGREDIENTS:

- 1 yeast cake or one .25oz yeast packet
- ½ c. sugar
- ¾ c. melted butter
- 1 egg
- ½ c. warm water
- 1 tsp salt
- 6 c. flour (2 whole-wheat and 4 white for wheat bread)
- 2 c. warm milk

PROCEDURE:

Combine water and yeast. Let stand 5 minutes. When dissolved, add flour, milk, sugar, egg, salt and part of flour. Add melted butter and rest of flour. Mix until smooth. Do not knead. Let stand, covered, in refrigerator overnight. About 4 hours before rolls are needed, divide dough into thirds. Roll each piece into a thin round. Cut into pie-shaped pieces. Roll each piece from wide side to center. Place on greased pan. Allow to stand 3 hours in warm place. Bake at 375° for 12-15 minutes.



Sarah Brashears's grandmother, Thresa Schmitz, has made this recipe for rolls since she was a young girl living in Bradley, OK. Whether for family, the community, or friends, this recipe has been a go to hit and shared with many people over the last few decades!

Thanksgiving Recipe Old Fashioned Chicken Dressing

INGREDIENTS:

- ½ gallon chicken broth
- 5 cups crumbled bread or biscuits
- 1 cup finely chopped onion
- 1 teaspoon sage
- 4 eggs, beaten
- 4 cups crumbled cornbread
- 1 cup finely chopped green pepper
- Salt & pepper to taste

PROCEDURE:

Cook celery, onion, and green pepper in water or broth until tender. Mix well, add broth, celery, onion, and green pepper (after cooking) and beaten eggs. Mixture should be thick. Pour into well-greased pan. Bake 45 minutes at 350°



Stuffing and dressing are two separate things when it comes to traditional Thanksgiving, with the difference being in where they are cooked. Stuffing is cooked inside the cavity of the turkey, while dressing is cooked separately in a pan. In the Brashears family, they have always stuck with this dressing recipe that has been passed down over many generations.

Thanksgiving Recipe Pudding Dessert

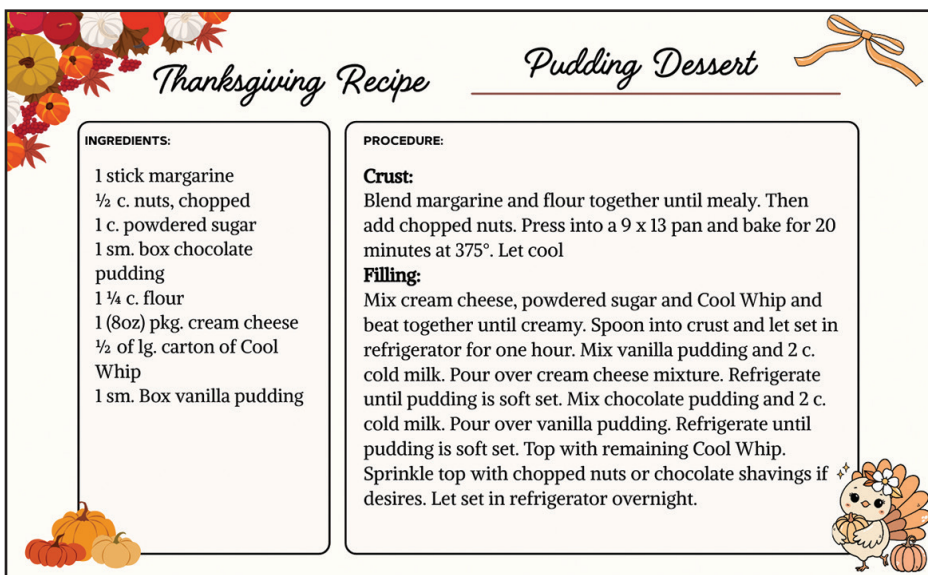
INGREDIENTS:

- 1 stick margarine
- ½ c. nuts, chopped
- 1 c. powdered sugar
- 1 sm. box chocolate pudding
- 1 ¼ c. flour
- 1 (8oz) pkg. cream cheese
- ½ of lg. carton of Cool Whip
- 1 sm. Box vanilla pudding

PROCEDURE:

Crust:
Blend margarine and flour together until mealy. Then add chopped nuts. Press into a 9 x 13 pan and bake for 20 minutes at 375°. Let cool

Filling:
Mix cream cheese, powdered sugar and Cool Whip and beat together until creamy. Spoon into crust and let set in refrigerator for one hour. Mix vanilla pudding and 2 c. cold milk. Pour over cream cheese mixture. Refrigerate until pudding is soft set. Mix chocolate pudding and 2 c. cold milk. Pour over vanilla pudding. Refrigerate until pudding is soft set. Top with remaining Cool Whip. Sprinkle top with chopped nuts or chocolate shavings if desired. Let set in refrigerator overnight.



Although the traditional desserts involve a pie or pumpkin, a famous hit in the Brashears household is the Pudding Dessert that combines chocolate and vanilla pudding into a dish.

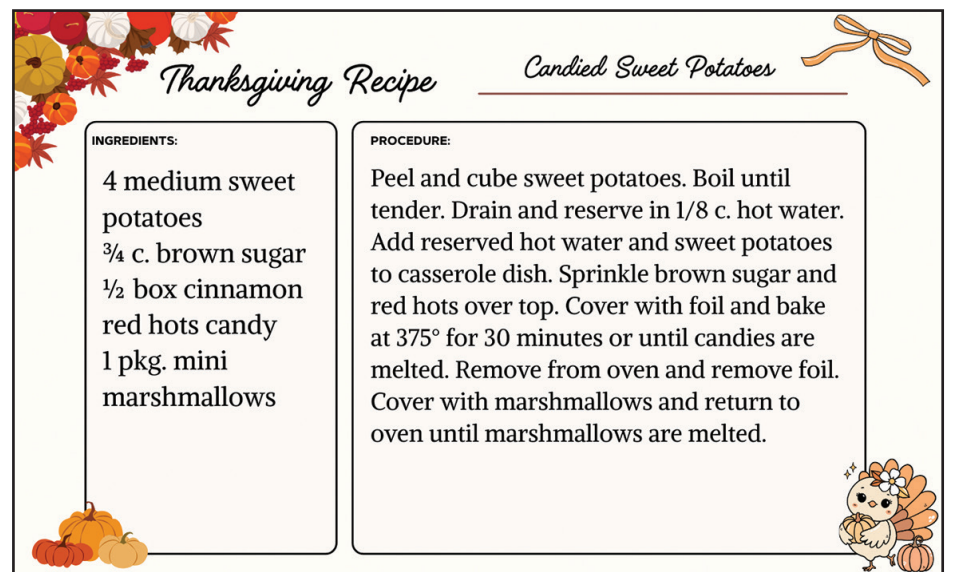
Thanksgiving Recipe Candied Sweet Potatoes

INGREDIENTS:

- 4 medium sweet potatoes
- ¾ c. brown sugar
- ½ box cinnamon red hots candy
- 1 pkg. mini marshmallows

PROCEDURE:

Peel and cube sweet potatoes. Boil until tender. Drain and reserve in 1/8 c. hot water. Add reserved hot water and sweet potatoes to casserole dish. Sprinkle brown sugar and red hots over top. Cover with foil and bake at 375° for 30 minutes or until candies are melted. Remove from oven and remove foil. Cover with marshmallows and return to oven until marshmallows are melted.



This candied sweet potato recipe from Laura Brashears never goes a year without being requested. All the adults, teens and kids love it at Thanksgiving. It is the perfect mix of sweet and spicy to pair alongside any dish on your Thanksgiving table this year.

Thanksgiving Recipe Grandma Jensen's Chocolate Pie

INGREDIENTS:

Pie Shell Crust:

- 3 c. flour
- 1 ½ c. Crisco
- 1 tsp. salt
- 1 egg
- 1 tsp. white vinegar
- 5 T. whole milk

Filling:

- ¾ c. sugar
- 6 T. cocoa
- 3 T. cornstarch
- 2 T. flour
- ½ tsp. salt
- 2 ½ c. milk
- 2 T. oleo
- 3 egg yolks (beaten)
- 1 tsp. vanilla

Meringue:

- 3 egg whites
- ¼ tsp. cream of tartar
- ¼ c. sugar

PROCEDURE:

For the crust, combine flour, salt, and Crisco until crumbly. In a small bowl, mix egg, milk, and vinegar; add to flour mixture until dough holds together. After you roll out the pie crust and put in pie pan, poke air holes all around with a fork. Makes 3 (8-inch) pie shells or 2 (10-inch) pie shells. Bake at 400 degrees for 11 minutes with a pie crust shield over the edge.

For the filling, mix dry ingredients together in sauce pan. Add milk and oleo. Cook until thickened. Add egg yolks and vanilla. Stir quickly. Pour into baked (cooled) pie shell. Let the pie filling cool while you make the meringue.

For the meringue, beat the egg whites and cream of tartar until stiff peaks form. Then, add the sugar and beat until the sugar is dissolved.

Top the chocolate filling with the meringue and bake at 400 degrees for 5-6 minutes or until the meringue is golden brown.



“When I think of my Grandma Jensen, I think of the most incredible homemade pies. Grandma Jensen lives on during all of our family holidays through my mom, as she still bakes all of Grandma’s delicious pie recipes. Although Mom won’t admit it, her pies are just as good as Grandma’s were. If you are a chocolate lover, then you will surely enjoy Grandma Jensen’s chocolate pie recipe!” - Paige Fischer

Thanksgiving Recipe Mrs. Dana Roark's pumpkin pie

INGREDIENTS:

- 2 cups pumpkin
- 2 large or 3 small eggs
- ½ tsp salt
- 1 cup canned milk
- 2/3 cup brown sugar
- 1/3 cup granulated sugar
- 2 tsp pumpkin pie mix
- ¾ tsp cinnamon

PROCEDURE:

Beat eggs slightly. Add rest and blend well. Pour in unbaked pie shell. Bake at 425° for 15 minutes. Reduce temperature to 350° for 40 minutes.



Mrs. Dana Roark pulled out her mothers pumpkin pie recipe this week to start preparing for the desserts. This recipe has been handed down and used for many years in her family.