

Feature

Case sisters have served NWOSU and Alva for 37 years.
Read more on Page 8.



Baseball

Rangers win against the Jets.
Read more on Page 12.



NORTHWESTERN NEWS

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NWOSU campus then vs now

By **INGRID MALDONADO**
Senior Reporter

Students walk from the student center to the library, unaware their footsteps touch against the ground where water once flowed from a fountain, surrounded by flower beds.

Northwestern campus has changed from the early 1900s to the present days.

Jesse Dunn now stands where the Castle on the Hill once stood, the first building of Northwestern.

Trees grew and some trees were removed, entrance signs evolved from wood to brick and stone.

Old yearbooks and old developed film photos capture the past of Northwestern.

They tell a story, from the photo of the Castle on the Hill in flames to past students in the '60s, '70s, '80s walking to class, celebrating wins and everyday college life.

Students hardly realize or remember people in the past walked in their everyday same footsteps.

It's a hard concept to realize how many other students experienced this same university.

Many students went up and down the stairs and got lost in the halls of Jesse Dunn like many do to this day.

Students admired Herod Hall and its tower, and many recognize the red brick that covers campus.

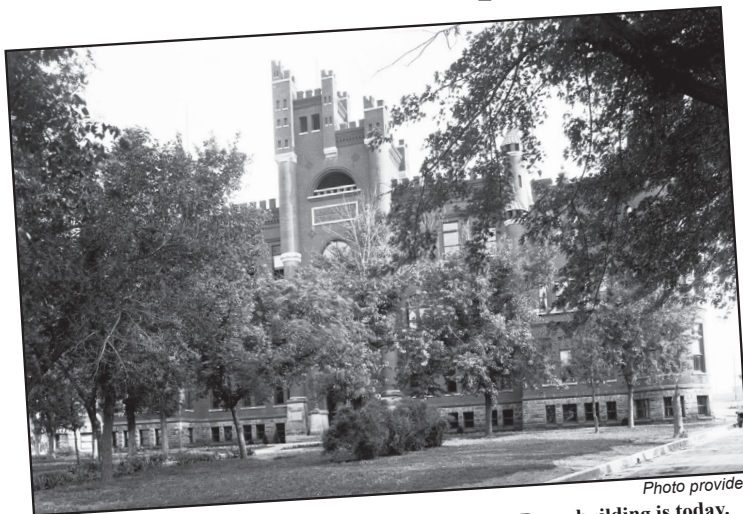
While Northwestern's campus has evolved over the years, the bones are still the same.

Driving up College Avenue, people can see Jesse Dunn overlooking the town, just how the Castle on the Hill once did.

Ryerson Hall has had name changes and renovations, but it is still the original building that was once Science Hall.

One day, students currently attending Northwestern will become alumni and will hold memories of their campus just as past students have.

See more old campus photos on page 10.



The Castle on the Hill once stood tall where the Jesse Dunn building is today. *Photo provided*



A look at Jesse Dunn and Carter Hall today with the statue in front. *Photo by Ingrid Maldonado*

An old photo of Herod Hall shows the building covered in vines. Today the vines are gone and the trees in front are taller than the tower. Herod Hall now holds the mail room, the auditorium, registration, business office and financial aid, all on the first floor, with administration offices on the second floor.



Photo provided



A look at Herod Hall now through the supports of the bell tower. The bricks underneath the tower supports came from the Castle on the Hill after fire destroyed it March 1, 1935. *Photo by Ingrid Maldonado*



Photo provided

The old corner sign stood in front of Jesse Dunn and Carter Hall close to where the Ranger statue and the corner now stands.

In this photo from the past, students walk on campus toward a fountain that used to be in the center of the mall. It has since been removed and replaced by a grassy area.



Photo provided

NEWS

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NEWS

BSU celebrates Black History Month

By SHEALYN PRATT
Student Reporter

This Black History Month, Northwestern's Black Student Union has remained active, celebrating Black culture and history.

The organization started the month off with a Pop-The-Balloon game night that filled the student center ballroom with campus students.

Their members have continued their community outreach by selling Valentine's Day Kiss-A-Grams and Soul Food Plates.

They will finish off Black History Month with a Living History Event on campus.

The club's Living History Event will be showcasing notable Black historians, politicians, artists, scientists, musicians and leaders.

Alongside sharing facts about Black history that are not frequently talked about.

The organization's members will be hosting this event in the Student Center on Friday, February 27.

February is Black History

Month and Northwestern's Black Student Union is celebrating with a series of campus events honoring the historical significance.

Black History Month is an annual, month-long celebration of African American culture and contributions.

The idea was conceived by historian Carter G. Woodson and other members of his organization, now known as the Association for the Study of African American Life and History.

In February of 1926 they organized a Negro History Week to address the lack of representation and acknowledgment of African Americans contributions throughout American history.

February was chosen as the month for this celebration due to it being near the birthdays of Abraham Lincoln, who issued the Emancipation Proclamation, and abolitionist, Fredrick Douglass.

Over the next 50 years, American cities began initiating their own celebrations of Black history.

Negro History Week grew in popularity, particularly amongst teachers.

Educators began to incorpo-

rate African American History and notable contributions made by Black Americans into their lessons.

The Civil Rights Movement from 1954 to 1968 further contributed to the celebration's rise.

Negro History Week expanded and became Black History Month in 1976.

That same year, U.S. President Gerald Ford, urged all Americans to begin observing and participating in Black History Month.

It was in the early 2000's when Black History month started being celebrated with a range of events at universities, public schools and museums through cultural activities and educational events.

Northwestern Oklahoma State University has a Black Student Union that celebrates community and culture everyday, not just during Black History Month.

The organization started in 2022 and has been active since.

As they aim to showcase Northwestern's campus diversity, they prioritize students' questions and ideas for future events through a GroupMe available for anyone to join.

USA News

- Jesse Jackson, a US civil rights leader, died at age 84.
- IKEA is coming to Tulsa.
- Logan Paul sold a Pokémon card for \$16.4 million.



“Education is one thing no one can take away from you”



-Elin Nordegren



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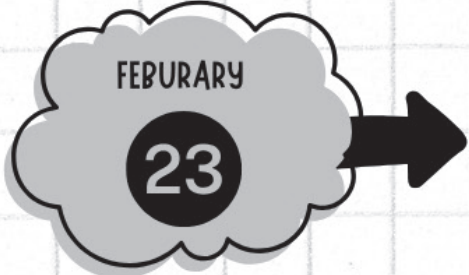
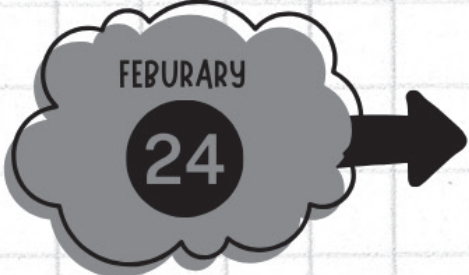



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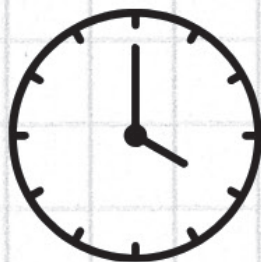
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NEWS

WHAT'S UP

 <p>FEBURARY 23</p>	<ul style="list-style-type: none"> • SGA meeting @ 6:30 pm in the SGA senate room • Grief share @ 6:00 pm-7:30 pm at Alva Nazarene Church
 <p>FEBURARY 24</p>	<ul style="list-style-type: none"> • Frontline Leadership @ 8 am- 12 pm at Northwest Technology Center • Bob Ross paint night 6 pm-8 pm SGA senate room
 <p>FEBURARY 26</p>	<ul style="list-style-type: none"> • OMRF Luncheon @ 11:30 am- 1:00 pm in the Ranger Room • Chi Alpha night @ 6 pm- 9 pm at the Ranger Perk
 <p>FEBURARY 27</p>	<ul style="list-style-type: none"> • AI Conference 9 am- 5 pm in the Student Center Ballroom and Ranger room
 <p>FEBURARY 28</p>	<ul style="list-style-type: none"> • Oklahoma Herpetological Society Conference 8 am- 5 pm EC 109 • Alva annual Polar Plunge 9 am-11 am at the Cory Washburn Family Memorial Swimming Pool • The Great Divide at the Nite Lite 7pm-11:30 pm • Sweetheart Stargazing 7 pm- 8:30 pm at the Great Salt Plains Lake

Slow down you're doing fine you can't be everything you want to be before your time
- Billy Joel



Science department plans for big events

By **JOHN STOWERS**
Student Reporter

The NWOSU Science Department is partnering with the Salt Plains National Wildlife Refuge to host Sweetheart Stargazing at the Salt Plains.

Sweetheart Stargazing is a free event put on by Dr. Jenny Sattler, Dr. Mary Riegel and Salt Plains National Wildlife Refuge Visitor Services Specialist Melissa Robell where attendees suggest constellations and other objects in space to find.

NWOSU will be bringing the telescopes, and the Refuge staff will provide free hot chocolate for all attendees.

The only things that participants will need to bring are a chair, a flashlight, suggestions for things to find and warm clothes.

"It should be a fun time. It gets really dark up there, so we should

be able to see a lot," Dr. Sattler said.

Sweetheart Stargazing will take place Feb. 28 at the Salt Plains North Spillway from 7-8:30 p.m.

Check the Sweetheart Stargazing Facebook event regularly for postponements and delays.

NWOSU will also be hosting the annual Herpetological Society meeting.

Members will be presenting research and discoveries of Oklahoma's reptiles and amphibians in room 109 of the Education Center from 9 a.m.-5 p.m.

There will be a \$20-\$40 per person entry fee that will be decided at a later date.

The meeting will go over topics such as research, field ecology, evolution and conservation methods.


Talk to Dr. Nicholus Ledbetter for more information about this event.

FREE FOOD

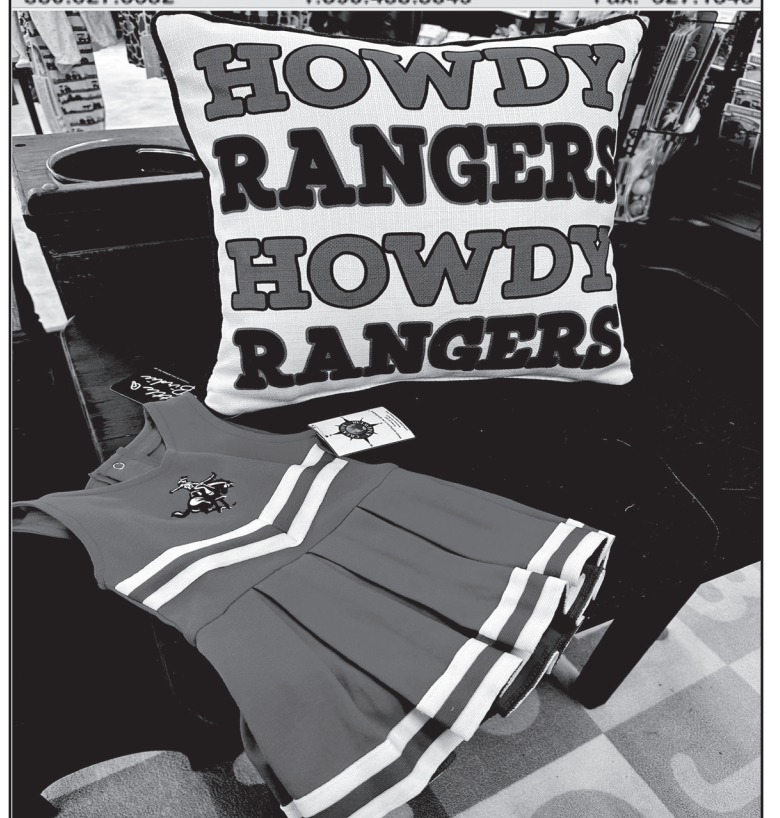
- Tuesday: Bible Chair 11:30 AM-1:15 PM East of Vinson Hall
- Wednesday: BCM 11:30 AM- 1:00 PM East of Carter Hall
- Thursday: Wesley House 11:30 AM-1:00 PM West of Shockley Hall

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Howdy Rangers!

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Spring 2026 Staff

Editor-in-Chief
Jessica Schieber

Opinion Editor
Ece Ozdemir

Sports Editor
Oaklee Fielder

Entertainment Editor
Kevin Kaumans

Photo Editor
Ingrid Maldonado

Photographer
Victor Kinzie

Advertising Manager
Victor Kinzie

Circulation Manager
Kevin Kaumans

Online Manager
Ece Ozdemir

Adviser

Dr. Kaylene Armstrong

News office: Jesse Dunn Annex 232
Telephone: 580-327-8481
E-mail: nwnews@nwosu.edu
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OPINION

What does “twenties syndrome” mean?

By ECE OZDEMIR
Opinion Editor

The twenties were long described as the
most free, energetic and hopeful period of
life. Graduating from university, starting a ca-
reer and “entering the world” were assumed to
be an exciting milestone. However, for many
young adults today, this period is defined by
uncertainty and anxiety as much as by exu-
berance.

Popularly known as the “twenties syn-
drome” or, in the literature, the quarter-life
crisis, this concept has become a reflection of
young adulthood becoming an increasingly
complex and stressful phase.

At the heart of this syndrome lies a pro-
found sense of disorientation. Individuals
in their early twenties feel the need to make
lasting decisions in many areas of their lives,
from education and career to identity and re-
lationships.

However, the sheer number of options
and high expectations make decision-making
more difficult rather than easier. The pressure
to “choose the right path” can lead to perceiv-
ing every option as a potential mistake. As a
result, the individual may feel left behind or
on the wrong path, even though they are still
early in life.

Social comparison plays a significant role
in reinforcing this feeling. Social media trans-
forms success into an accelerated and pol-
ished narrative. Peers’ promotions, ventures,
travels and happy relationships become con-
stantly visible.

These selected moments of success, when
juxtaposed with an individual’s own uncer-
tainties, amplify feelings of inadequacy. Yet

reality is often more fragmented and uneven.
Nevertheless, young adults may feel left be-
hind by comparing the seemingly clear lives
of others to their own fragmented experiences.

The “twenties syndrome” is also a natural
byproduct of identity development. This pe-
riod is a process in which individuals try to
define their own values and goals, beyond the
roles they inherited from their families and the
education system.

However, in modern life, this process has
become prolonged. Longer education periods,
the competitive nature of the job market, and
economic uncertainties delay the transition to
adulthood.

Young adults feel neither fully students nor
fully settled adults. This state of being caught
between two worlds weakens their sense of
belonging and direction.

Career uncertainty is also one of the stron-
gest triggers of the syndrome. The ideal of
“finding a job one is passionate about” both
inspires and pressures young people.

The expectation that one must find a job
that is meaningful, successful, and econom-
ically sustainable can create an unrealistic
threshold. Initial work experiences are of-
ten far from ideal; they may be temporary,
low-paying, or limited in terms of develop-
ment.

This gap between reality and expectation
amplifies disappointment. Young adults tend
to interpret this as a personal failure, whereas
it is often a structural transition process.

A significant aspect of the mid-twenties
syndrome is its emotional intensity. During
this period, uncertainty, freedom, and respon-
sibility coexist.

Options are abundant, but the responsibil-
ity for the consequences rests solely with the

individual.

This creates both excitement and anxiety.
Some young people feel trapped, while others
become weary of constantly having to make
choices. The perception that decisions are ir-
reversible makes even small choices burden-
some.

However, the “twenties syndrome” re-
flects a developmental transition rather than a
pathological condition. It takes time for iden-
tity, career, and life direction to become clear.
In modern society, life paths are experimental,
not linear.

Trying different jobs, changing direction
or making decisions late is no longer a devia-
tion but the norm.

Despite this, young adults still measure
themselves against old timelines: graduation,
job, stability. Any step that doesn’t fit this
timeline is perceived as a delay.

In conclusion, the so-called quarter-life
crisis, or the syndrome of one’s twenties, is
an experience shaped more by the uncertain-
ties of the age than by individual weakness.
The twenties are no longer a period of rapid
“settling in,” but rather a time of prolonged
searching.

The anxiety of this period often indicates
not that one is on the wrong path, but that the
path is still being formed.

Young adults who can view this period as
discovery rather than failure will both reduce
the psychological burden and create space for
building a more resilient life. This mindset
encourages experimentation, allowing individ-
uals to test different paths without the para-
lyzing fear of making the wrong choice. Over
time, reframing uncertainty as growth fosters
confidence and adaptability that are essential
in navigating adulthood’s evolving challenges

Students struggle with finances in college

By ECE OZDEMIR
Opinion Editor

University education is often
associated with intellectual de-
velopment, career opportunities
and personal freedom. Howev-
er, for many students, one of the
defining aspects of the university
experience is financial struggle.

Rising tuition fees, living costs
and limited income sources lead
to difficulties not only economi-
cally but also academically and
psychologically. Financial stress
is one of the most common yet
least visible obstacles in modern
university life.

For students, financial hard-
ship doesn’t just mean a lack
of money; it means constantly
having to budget, prioritize, and
make sacrifices. A student try-
ing to balance rent, food, books,
transportation and healthcare of-
ten has to cut back even on basic
needs.

Decisions like searching
for PDFs instead of textbooks,
skipping meals, avoiding social
events or increasing study hours
become part of daily life. This
calls into question the assumption
that the university experience is
egalitarian because economic re-
sources directly determine a stu-
dent’s access to opportunities.

The impact of financial stress

on academic performance cannot
be ignored. Students experienc-
ing financial anxiety may find it
difficult to focus on their studies;
their minds are constantly preoc-
upied with debt, payments, and
living plans.

Time constraints are partic-
ularly pronounced in students
working part-time or full-time.
Long working hours negatively
affect sleep patterns and study
time.

Ultimately, financial struggle
becomes not just an economic
problem but a structural obstacle
that limits learning capacity.

Financial difficulties also in-
crease the risk of social exclusion.
A significant part of university
life revolves around campus ac-
tivities, socializing with friends,
and networking opportunities.

However, financial constraints
limit students’ participation in
these areas. Inability to attend
paid events, having to decline
dinner or coffee invitations, and
missing travel opportunities can
reinforce a feeling of “not belong-
ing” in students.

This demonstrates that eco-
nomic inequality has consequen-
ces not only in terms of material
resources but also in terms of so-
cial capital.

For international students, the
financial struggle becomes even
more complex. Legally limited

working hours, limited scholar-
ship opportunities, and currency
fluctuations increase economic
pressure.

Dependence on family support
or experiencing unexpected cost
increases due to exchange rate
differences makes the student’s
financial security fragile.

Furthermore, the fear of fi-
nancial failure, combined with
the pressure not to waste the op-
portunity to go abroad, can create
intense performance stress.

Despite this, financial difficul-
ties are often seen as a matter of
individual responsibility. Sug-
gestions such as “work harder,”
“budget,” and “save” overshadow
the structural aspect of the prob-
lem.

Yet, factors like the cost of
higher education, housing pric-
es, and student fees are beyond
an individual’s control. Viewing
financial struggle solely as a lack
of personal planning obscures the
impact of economic inequality on
education.

Universities need to acknowl-
edge this reality and develop
more inclusive policies. Afford-
able housing options, food assis-
tance programs, flexible payment
plans, and accessible scholarships
can strengthen students’ basic
needs security.

Increasing on-campus job op-
portunities and providing alter-

natives to paid academic materi-
als are also important steps. For
students to focus on academic
success, they first need a sense of
financial stability.

In conclusion, financial strug-
gle is a central factor shaping the
experience of university students.
This is not merely a matter of in-
dividual budget management, but
an issue of equal opportunity in
education.

Students striving to learn un-
der economic pressure have to
work twice as hard to realize their
potential.

University years are defined
not only by classes and diplomas,
but also by the invisible econom-
ic struggles undertaken through-
out this process. Acknowledging
this reality is the first step towards
creating a more equitable higher
education environment.

Many students juggle part-
time jobs, manage tuition fees
and navigate living expenses,
all while trying to maintain ac-
ademic performance. Recognizing
these challenges can lead to better
institutional support, from finan-
cial aid to affordable housing and
mental health resources, ensuring
that students can focus on learn-
ing rather than merely surviving.

Financial stress can also affect
students’ social lives and mental
well-being, making it harder to
engage fully in campus activities.

OPINION

What can lack of sleep do to you as a person?

By **ECE OZDEMIR**
Opinion Editor

Among university students, sleep deprivation has almost become a measure of success. Students who study until 3 am, work on projects until dawn or simply say “I don’t sleep much anyway,” describe their workload as proof of their dedication.

However, this is not a sign of productivity or dedication, but often of an unsustainable lifestyle. Insufficient sleep in university life has become the norm, not the exception — and students pay the price both academically and psychologically.

One of the biggest misconceptions is the belief that sacrificing sleep increases success. Many students think that staying awake for more hours means learning more. However, the reality is often the opposite. Sleep deprivation weakens attention, impairs memory, and reduces mental flexibility.

While studying late into the night may give the feeling of “working hard” in the short term, a significant portion of the learned information is not remembered the next day. In other words, students don’t actually increase their study time; they reduce their productivity.

Nevertheless, romanticizing sleep deprivation as an academic sacrifice obscures the problem. Another subtle

effect of sleep deprivation is on mood. University life is already a period of intense uncertainty, expectations, and competition.

The most fundamental recovery mechanism for a mind under so much pressure is sleep. Students who don’t get enough sleep experience a lower tolerance level, decreased motivation, and increased anxiety.

Even minor academic difficulties become major sources of stress. Many students, without even realizing it, interpret the mental fatigue caused by sleep deprivation as “inadequacy” or “burnout.”

University culture also fuels this cycle. Active social lives at night, flexible schedules, and the relentless stimulation of the digital world push sleep patterns into the background.

Screen use, in particular, is one of the biggest sleep saboteurs for students. Extended screen time, fueled by phrases like “just one more episode,” “a few more minutes,” steals hours without realizing it.

Eventually, sleep is delayed, mornings are filled with fatigue, and the exhaustion throughout the day sets the stage for another night of procrastination. Thus, sleeplessness becomes a habit.

Perhaps the most problematic issue is the devaluation of sleep. In a university environment, intensity, busyness, and fatigue are often associated with prestige. Students who sleep too much may be labeled lazy, while those who

sleep too little may be seen as hardworking. This perception causes students to suppress their own biological needs.

Yet, sufficient sleep is not the enemy of productivity, but a prerequisite. The mind needs to be rested in order to learn, focus, and think creatively.

The effects of sleep deprivation are not only individual; they also affect the quality of the academic environment. Sleep-deprived students participate less in classes, contribute less to group work, and are less engaged in the learning process.

This lowers the overall quality of the educational experience. In other words, sleep problems are not just an individual lifestyle choice, but a factor that shapes academic culture.

Consequently, chronic insomnia, which is becoming widespread among university students, is an indicator of imbalance, not diligence. The understanding that measures success by sacrificing sleep needs to be questioned.

Staying awake longer hours does not mean learning better. On the contrary, sustainable success is often the product of a well-rested mind. The simplest but most neglected way to be truly productive and healthy in university life is to give sleep the value it deserves. Adequate sleep strengthens memory consolidation and improves concentration, making study sessions more effective rather than longer.

Poor nutrition has too many bad affects

By **ECE OZDEMIR**
Opinion Editor

University students’ eating habits often constitute an invisible crisis. In campus culture, where fast, cheap and easily accessible foods are central to daily life, balanced nutrition is perceived as a luxury rather than a priority for most students. Skipping meals, surviving on junk food or constantly ordering takeout are rationalized by busyness and budget constraints.

However, this eating pattern profoundly affects not only physical health but also academic performance, mood and long-term lifestyle habits.

In university life, time pressure directly shapes the quality of nutrition. Students, squeezed between classes, assignments, part-time jobs and social activities, gravitate towards the quickest option. This option is often processed, high-sugar and low-nutrient foods. While this choice seems practical in the short term, it leads to energy fluctuations throughout the day.

The student feels full quickly but soon

feels hungry and tired again. This cycle negatively impacts attention and focus. Ultimately, the problem isn’t just what is eaten, but how mental performance is nourished.

One of the least discussed effects of malnutrition is its impact on cognitive function. The brain is an organ that requires a regular and balanced supply of energy. A diet poor in protein, healthy fats, vitamins and minerals weakens mental clarity and memory. Students, especially during exam periods, often turn to high amounts of sugar and caffeine.

While this may provide short-term alertness, it doesn’t guarantee sustained concentration. In other words, students feel more awake but they don’t think better. This difference often goes unnoticed, and the relationship between nutrition and academic performance is underestimated.

Dietary habits also affect emotional state. Blood sugar fluctuations are associated with irritability and energy drops. A student who eats irregularly throughout the day becomes more fragile, not only

physically but also emotionally. The already high stress levels of university life are made even more difficult to manage by unbalanced nutrition.

While many students interpret low motivation, fatigue or concentration problems as personal inadequacy, one of the underlying causes may simply be malnutrition.

Economic factors are also a significant part of this problem. Healthy foods are often perceived as more expensive and harder to access.

Especially around campus, many cheap food options consist of high-calorie but low-nutrient products. This unintentionally pushes students towards unbalanced diets. Thus, nutrition becomes a habit shaped by structural conditions rather than an individual choice.

Unless the university environment facilitates healthy choices, it is unrealistic to expect students to consistently make the right choices.

Another problem is the trivialization of nutrition. In university culture, eating quickly, eating late or skipping meals is

often normalized. Consuming junk food while studying or getting by on a single meal is seen as a natural consequence of the intensity.

However, nutrition, just like sleep, is a fundamental determinant of performance. Mental resilience, energy levels and overall health are directly related to the quality of nutrition. When this relationship is ignored, students biologically limit their own potential.

In conclusion, inadequate and unbalanced nutrition, prevalent among university students, is not merely an individual lifestyle issue but a structural problem affecting academic success and well-being.

Dietary habits based on speed and cheapness, while seemingly practical in the short term, weaken learning capacity, mood, and health in the long term. Sustainable success in university life is possible not only through working harder but also through properly nourishing the body and mind. Nutrition is not a detail that students can ignore; it is a fundamental pillar of academic life.

UNSEEN STRUGGLE: HOMESICKNESS

By **ECE OZDEMIR**
Opinion Editor

Starting university is often described as a symbol of independence, discovery and new beginnings. However, there’s a less discussed aspect of this transition: homesickness. This feeling isn’t limited to international students; it affects a wide range of people, from those studying in the same city to those moving miles away. The excitement of the university experience and the emotional emptiness of leaving home are often experienced simultaneously.

While homesickness is often perceived as a simple feeling of longing, it is actually closely related to identity and belonging. Starting university is not just a physical relocation, but also a change in social environment, routines, and support systems.

The interruption of daily interaction with family, the breaking of childhood habits, and the necessity of establishing a new social environment can create a feeling of uncertainty in the student. The loss of the familiar, combined with the fact that the new has not yet settled in, creates an emotional void.

This feeling becomes particularly pronounced during the first few months of university. Common experiences include the silence of the dorm room, feeling lonely amidst the crowds on campus, the desire to return home on weekends, or remembering small details from home. Seemingly ordinary elements like home-cooked meals, family conversations or old friends become powerful emotional references when one leaves them.

As the student tries to adjust to their new life, their mind constantly compares it

to the feeling of “being at home.”

Homesickness also has effects on academic and social adjustment. Students experiencing homesickness may suffer from decreased motivation, difficulty concentrating, or social withdrawal. While forming new friendships requires energy, the feeling of homesickness can make an individual withdrawn. Some students tend to go home frequently, while others try to completely cut ties by suppressing their feelings. Both extremes can prolong the adjustment process; because healthy adaptation requires both maintaining past relationships and forming new ones.

Societal narratives often downplay homesickness. Phrases like “you’ll get used to it,” “everyone lives with it,” and “you need to be independent” diminish the legitimacy of the feeling.

However, homesickness is a develop-

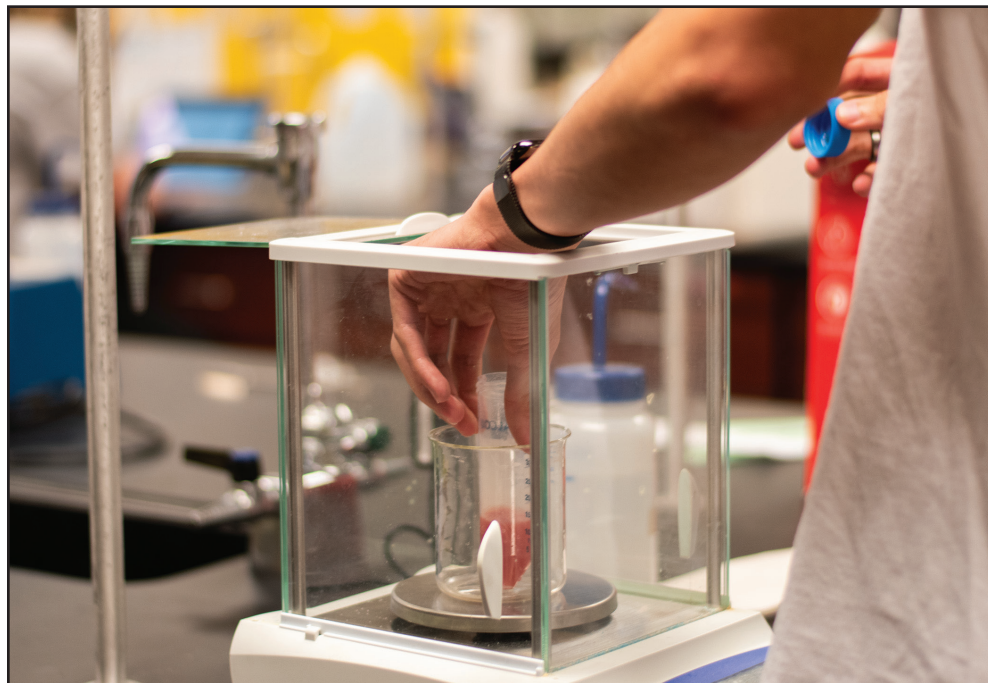
mental transitional response. It can also be seen as an indicator of the capacity for bonding; a person feels homesickness because they are separated from meaningful relationships.

In this respect, homesickness is not a weakness, but a natural emotional process reflecting the value of connections.

To help universities and students manage this process more effectively, normalizing homesickness is crucial. Maintaining regular communication and not completely cutting off contact with family and old friends facilitates adjustment.

Simultaneously, establishing new routines, participating in activities that foster a sense of belonging on campus, and personalizing living spaces support psychological adjustment. Building a bridge between home and new life, rather than a sharp break, softens the transition process.

A look at NWOSU's catalysts of chemistry: Science labs



A student weighs a centrifuge tube to ensure it won't rock the centrifuge while spinning.



Emerson "Blue" Hall pours a mobile phase, made of ammonia, butanol and water, into a beaker.



Emerson "Blue" Hall measures out a mobile phase for the next part of the experiment.



Savannah Greenfield placed color dots on a stationary phase into a beaker containing a mobile phase.



Color dots spread up a piece of paper based on their solubility in a mobile phase.



Dr. Adam Alber transfers the protein section of a puréed cow heart into a fresh centrifuge tube so students can purify it further.



A student prepares a mobile phase of ammonia butanol and water.



Emerson "Blue" Hall puts dots of color on a paper stationary phase in a chromatography experiment.



Emerson "Blue" Hall mixes carotene and iodine water until the mixture reacts to make a pink colored solution.

Photos by Ingrid Moldonado

FEATURE

From shared car to shared mission: Case sisters serve Northwestern, Alva for 37 years

By **CORKY HALL**
Senior Reporter

It all started with a shared car. The family's 1967 gold-ash-brown Chevy Impala, affectionately known as "The Classic." Between classes, work shifts and deadlines at the campus newspaper, Angelia and Valarie Case built more than resumes at Northwestern Oklahoma State University.

They grew roots. Nearly four decades later, those roots are still firmly planted in Alva and at the university. This August and September, respectively, the Waynoka natives will begin their 37th year as employees at Northwestern.

What began as student involvement with the Northwestern News, Angelia as a photographer and Valarie as editor, evolved into careers defined by service to the university and the community that surrounds it.

It didn't take long for the sisters to bleed red and black.

As students in the early 1980s, the sisters developed photographs in a darkroom and assembled newspaper pages by hand before desktop publishing changed everything.

"I'll never forget the first time I scanned a photograph, and it appeared on the computer screen," Valarie said. "It was mind-boggling."

Valarie, who was the first student at Northwestern to earn a degree in mass communications, eventually returned to Northwest-

ern as an employee in the very office she worked as a student.

She even did a two-year stint as a faculty member and adviser to the publication she once edited. Today, she serves as assistant director of university relations.

"What stands out is Valarie's consistent love for Northwestern," said Kelsey Martin. "She cares about every facet of the university, from each department to athletics to enrollment."

Martin said Valarie's longevity in the role has allowed her to adapt alongside the changing landscape of communications.

"She has been in this role for decades and has seen technology change each year," Martin said. "She is on top of trends and always continuing her knowledge. She has shaped our department to be an outstanding department that wants to share the news of Northwestern."

Angelia, who earned her degree in art, has worked in multiple departments across campus and now serves as an administrative assistant to the dean of faculty with additional roles as academic projects assistant and media specialist.

For years, she has also designed the NWOSU-Alva Homecoming button artwork that has become part of campus tradition.

Their titles may have changed over time. Their commitment has not.

"One of the first questions she asks isn't, 'Is this good for me?' but 'Is this good for the university?'" said James Bell, former dean of faculty. "She's a sincere and convincing cheerleader for

Northwestern, a real positive force."

When asked why they chose to stay in Alva, they spoke of the community and its support.

"Maybe it's as simple as you find your people," Valarie said. "You like where you are. So why not stay?"

Martin said that commitment traces back to Valarie's time as a student.

"She first came to Alva as a student and has loved her university since," Martin said. "She created a passion for the Rangers. She cares deeply for serving others and making Northwestern and Alva better places for those around her."

They spoke about churches that donate monthly to campus efforts, businesses that encourage volunteerism and neighbors who show up in moments of crisis.

"They give and give and give," Angelia said. "I can't imagine every town being as charitable as Alva."

In January 2019, the sisters helped establish the NWOSU Campus Cabinet Food Pantry to support students and employees experiencing food insecurity.

The first day, no one came. But through encouragement, they kept the doors open.

Since its founding, the pantry has registered 307 total clients and distributed more than 32,000 pounds of food and supplies.

During the fall 2025 semester alone, it averaged about 10 clients per week, with 27 new clients registered so far during the 2025-26 school year.

"By being able to provide food

and hygiene items, we're helping to alleviate a little stress," Angelia said.

Their service extends beyond campus.

Valarie has served as the local coordinator for Day of Kindness in Northwest Oklahoma.

Both sisters volunteer with the Nescatunga Arts and Humanities Council, assist with the annual Nescatunga Arts Festival and support First Friday Artwalks at the Runnymede.

During the COVID-19 pandemic, when masks were scarce, the sisters joined their mother, Lorraine Case, in sewing more than 2,000 masks for community members, the Northwestern choir and local churches.

"We'd all put in our full day of working and then go till midnight," Lorraine said. "It was a challenge, but it was worth it."

Lorraine, who retired as a certified dietary manager at a local nursing home before taking a part-time role as a test proctor in Northwestern's distance learning office, believes Alva's defining trait is how quickly it rallies in times of need.

"If there is a need, the town pulls together," she said. "There have been times when students or former students had a crisis, and this town pulled together like you would not believe."

That culture of generosity shaped the sisters' own approach to service.

In March 2025, Angelia and Valarie were named Citizens of the Year by the Alva Chamber of Commerce, an award that reflects decades of steady, often behind-

the-scenes work.

"It just gives you the best feeling in the world to see how respected they are," Lorraine said.

From attending and photographing every Ranger football game, home and away.

During the 1999 national championship season to establish a scholarship in memory of their father Jim, the sisters' lives are intertwined with Northwestern's story.

"Most people who think of them will think total Rangers," Lorraine said. "They bleed red and black."

"I can't remember Northwestern without Angelia and Valarie Case," said Jeremy Meyer. "They're a part of Northwestern, and Northwestern is a part of them."

In a world that often encourages graduates to leave small towns in pursuit of something bigger, Angelia and Valarie Case chose something deeper.

They chose to invest where they were planted, in a university, a town and a community that first invested in them.

"The best and sometimes the worst parts are defined by students," Valarie said. "The best is getting to know students, watching them grow, developing friendships with them and fellow employees. But the worst may be seeing them leave, but knowing that once you're a Ranger, you're always a Ranger."

After 36 years, their legacy is not defined simply by longevity.

It is defined by loyalty. And in Alva, that loyalty has made all the difference.

Winter Olympics comes with multiple controversies

By **JESSICA SCHIEBER**
Editor-in-Chief

During the Winter Olympics a lot of things come out. There have been a lot of controversies coming out.

The first being the ice dance controversy. This happened between the judges and team USA's Madison Chock and Evan Bates.

The judges gave team France an incredible score from them despite all their faults, despite this they gave team USA a much lower grade than what they deserved.

The USA team were much shaper than the France team. This caused a lot of fans to investigate the judges. After people started to find out stuff about the judges, they realized the judges had something against the USA skaters. From this many fans have been united for Chock and Bates.

Another one that has people talking is a Norwegian biathlete has admitted to cheating on his girlfriend.

Sturla Holm Laegreid publicly announced he cheated on his for-

mer girlfriend.

This has a lot of people talking because a lot of people are talking about how he made his ex-girlfriend in the media spotlight unwillingly.

It also overshadowed his fellow Norwegian teammate's gold medal win.

Another one that I have seen so many people talking about is the most boring sport in the Winter Olympics, curling.

Team Canada and team Sweden were playing against each other on Friday.

Team Sweden set up a camera in an unconventional spot and accused Team Canada of double touching the curling stone. This caused tensions to rise in the game and some unkind words were exchanged between them.

Everyone has recently been talking about it and since then team Canada has accused team Sweden of cheating for setting up that camera.

A Ukrainian skeleton athlete was disqualified over their helmet.

Vladyslav Heraskevych was

banned from wearing a helmet that was a tribute of more than 20 athletes and coaches who were killed since Russia's invasion of his country almost four years ago. The helmet violates its rules against making political statements on the field of play said the International Olympic Committee.

Another issue that is arising in the Olympics is the ice for the ice skating events.

The ice was apparently very soft and caused many skaters to fall after jumps.

This caused a huge problem in the men's individual event and led to a huge upset.

The entire podium was turned upside down and USA's Ilia Malinin missed the podium.

Malinin later said on "TODAY" "It really can get to you if you're not ready to fully embrace it, so I think that might be one of the mistakes I made going into that free skate was I was not ready to handle that to a full extent."

Malinin skred a 156.33 on his freeskiate this is being compared to the 200.3 in the team event.

Team USA Medal Count

Gold: 6



Silver: 10

Bronze: 5

Total: 21

As Feb 17

ENTERTAINMENT

‘Wuthering Heights’ user reviews

IMDb: 6.3
 Rotten Tomatoes: 60%
 Metacritic: 56
 User Reviews:

“There is nothing wrong with filmmakers who aim to shock through sheer audacity. But something is fundamentally broken when those efforts yield zero impact, leaving behind only a trail of grating, cringy moments.

“This ‘Wuthering Height’ feels like a hollow, fractured piece of unfinished work-parading ‘pretty people’ through a series of banal lines and nonsensical, age-inappropriate behavior.

“At times, the film fluctuates between a botox commercial and a bad school play. The music is unbelievably ‘on the nose,’ and the attempt at regional accents is grat-

ing and embarrassing.

“It is jarring to see such passionate, layered source material warping into nothing but an emotional void defined more by pretension than by any genuine soul. That’s actually very shocking.”

—AsianLensPlus (IMDb).

“Bold move to fix Emily Brontë’s famously chaste masterpiece by just having people suck face everywhere. Revolutionary. Whereas the whole point of the dynamic between Heathcliff and Cathy is that he wants her but can never have her.

“She torments him until the day she dies. Having them constantly making out in this movie takes away from that tension. The female director effectively stole the book title for profit and then gives the audiences her own semi erotic fantasies about

what Heathcliff and Cathy SHOULD have been up to.

“Bridgerton goes to the Moors, literally. Don’t waste your money on this intelligence bending Disneyfication of a literary classic.”

—Natuschka79 (IMDb).

“An adaptation in the loosest sense. While we understand that translating something to screen requires adjustment, something got lost in the sauce.

“We yearn for Fennell to have made an original tragic romance instead of slapping a Brontë label on this.”

—Dana Han-Klein (Rotten Tomatoes).

“There are better adaptations of ‘Wuthering Heights,’ and there are far, far worse adaptations of ‘Wuthering Heights.’

“Yet you will certainly not find a horn-

ier version of this material than Fennell’s fast-and-loose spin on the torrid tale of Heathcliff and Catherine, childhood pals turned paramours who can never truly be together and genuinely can’t keep their hands off each other. It may in fact be the horniest literary adaptation ever made.”

—Rolling Stone (Metacritic).

“The problem – and it is no small one – rests with the leads. Elordi is fine as an unthinking hunk of abusive resentment. But the script cannot make sense of this Cathy as someone of Robbie’s age.

“At least one sarky crack confirms the character is no longer supposed to be a teenager (or anything close), but the dialogue does not satisfactorily return Cathy to a woman in her 30s.”

—The Irish Times (Metacritic).

The Entertainment Beat

- Former President Barack Obama clarified an earlier statement he made on a podcast that space aliens are real. The comment went viral. The clarification: the chances Earth has had alien visitors is “low.”
- Nancy Guthrie remains missing as police turn away from investigating family members as suspects. Guthrie is the 84-year-old mother of Today show anchor Savannah Guthrie. She was last seen at her home on Jan. 31.
- Rapper Cardi B, 33, has acknowledged her breakup with New England Patriots wide receiver Stefon Diggs.
- “Godfather” actor Robert Duvall died Monday at age 95.
- U.S. figure skater Ilia Malinin on Monday blamed “online hatred” for losing the gold medal in the men’s figure skating final last Friday. “On the world’s biggest stage, those who appear the strongest may still be fighting invisible battles on the inside,” Malinin wrote in an InStram post. “Even your happiest memories can end up tainted by the noise.”
- Self proclaimed misogynist and influencer Andrew Tate and his brother Tristan, both accused of rape and human trafficking, showed up at a Fashion Week party. PageSix.com referred to the two as “totems of toxic masculinity.”
- “The View” co-host Whoopi Goldberg, 70, denies that she did anything wrong even though her name appears in the recently released Jeffrey Epstein files. She said her name was there because he had been searching for a private plane to fly her to a charity event. “I wasn’t his girlfriend, I wasn’t his friend,” she said on “The View” episode that aired Tuesday.
- Gymnastic Olympian Simone Biles’ husband Jonathan Owens treated her to a \$4,500 customized woven purse during their visit to the 2026 Winter Olympics in Milan, Italy.
- The newest painting by Spanish artist Domingo Zapata will be seen from space. Saudi Arabia has commissioned him to paint the world’s largest mural — 540,000 square feet (about the size of nine football fields). He will use a team of about 100 artists, engineers and architects to create the piece. In a PageSix interview, Zapata described the project as “the Middle Eastern version of the Sistine Chapel.”
- Jada Pinkett Smith has asked the court to dismiss a \$3 million lawsuit by her husband’s former friend who claimed the actress threatened him. Bilaal Salaam filed the suit in December 2025. Salaam claimed on a podcast that he walked in on Smith’s husband, actor Will Smith, involved in a sex act with another actor. In interviews following the podcast, Pinkett Smith said the allegations were “nonsense” and promised a counter suit. Salaam claims Pinket Smith said he would “end up missing or catch a bullet.”
- Actor Shia LeBeouf was arrested in New Orleans early Tuesday after hitting two people outside a Royal Street business during Mardi Gras celebrations.

Translucent

By Kevin Kaumans

There is a light in the pothole,

No one knows where it leads to, and those who went through never came back.

We’ve been down here ever since the bombs dropped.

I’m scared. We keep losing a person every night because of those bugs.

I saw Steve get eaten last night. His screams fill my thoughts every time I close my eyes.

“Invention is the talent of youth, and judgment of age.”

—Jonathan Swift

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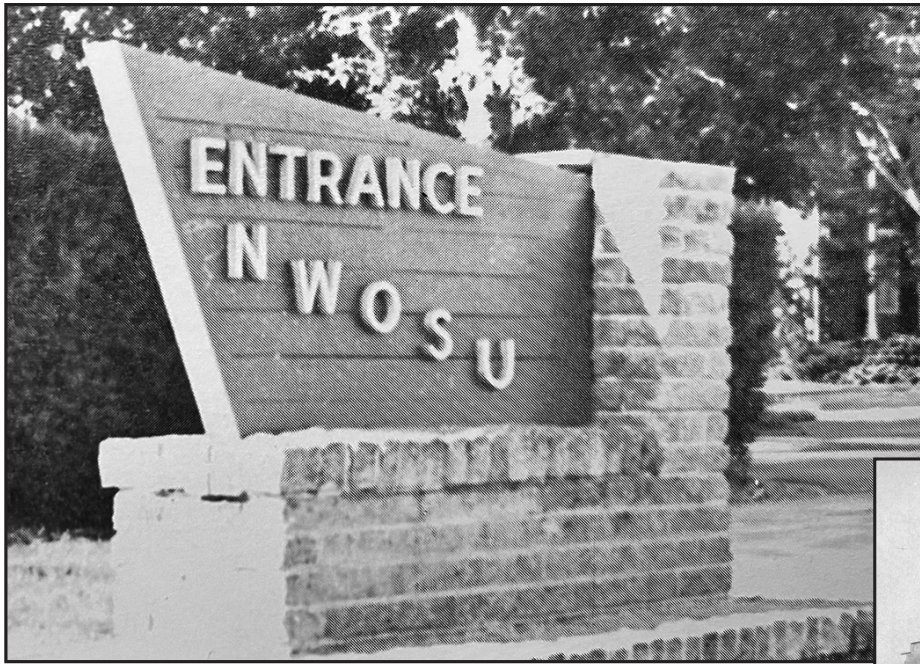
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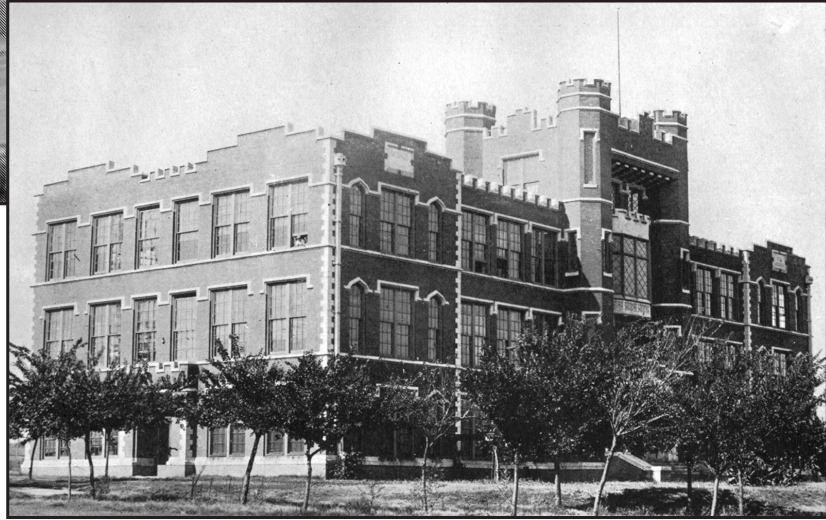
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NEWS

Bygone scenes of NWOSU



Some sights on campus are long gone, like an old entrance sign, above left, and a fountain in the mall area, top right. Buildings, some more than 100 years old such as Ryerson Hall, right, still grace the campus though the landscaping changes. Ryerson was originally known as Science Hall when it was finished in 1907, then Vinson Hall and then Fine Arts before it had restoration work done and became Ryerson Hall in 2019, named for the family who made the restoration possible.



What students wish profs understood

By **MEGAN SPRAY**
Senior Reporter

Students across campus say communication, scheduling and workload expectations are common areas where they would like professors to evaluate and consider moving forward.

Jessica Swanson, a sophomore agricultural business major from Lathrop, Missouri, said she has noticed differences in how professors post assignments.

"I feel like not all of them are on the same page about where they're posting assignments," Swanson said. "Half of them will post assignments in the discus-

sion boards, and half won't even post them and just expect you to know where they're at."

Swanson is a rodeo athlete here at Northwestern, and she said traveling for rodeos can affect her availability for certain classes and labs.

She said trying to reschedule and find partners to come in at other times to make up the work and complete everything in time is nearly impossible.

"We're gone for like four days at a time," Swanson said. "It's kind of just understanding that we can't make it to some labs."

Zoie Brien, a freshman agricultural major from Pawnee, said she believes flexibility should

apply to all students beyond athletics.

"I wish they would work with non-athletes a little better," Brien said. "We have lives, too, and we have things come up as well."

Some students also referenced having better course organization in syllabi.

Danyel Cato, a freshman biology major from Waynoka, said she prefers when all assignments are listed at the beginning of the semester.

"I just wish that a lot of professors would have every single assignment in the class listed in the syllabus," Cato said. "That way it doesn't catch us off guard."

Cato said she has heard class-

mates, and most recently two of her friends, discuss assignments they had due that were not outlined in advance for easier preparation.

"They had like four papers they had to write that weren't listed in the syllabus at all," Cato said. "They had no idea how many points it was worth or when it was due."

Logan Yeomans, a business major from Beaver, said students often manage multiple courses with overlapping deadlines.

"I wish they knew we had more classes than just their one class," Yeomans said. "Most of the time they're piling stuff on us while we have other things going

on." The students that were interviewed said their comments reflected their individual experiences in a variety of courses.

The school year can be a learning curve for both students and professors.

Being able to work together and schedule appropriately and in advance can benefit all parties by putting the learning experience first.

Carter Morris, a sophomore business administration major from Wichita, Kansas, summarized his perspective in a quick, simple statement. He wants professors to know "that we're trying our best."

Academic Success Center can help

By **ALLISON RUWALDT**
Student Reporter

The Academic Success Center is hosting workshops every month to help prepare college students for the challenges they may face.

"I wanted to create more opportunities for students to just gain extra academic skills," said Alesya Rose, the Academic Success Center coordinator.

The workshops, which started last semester, are focused on explaining things that may be confusing or hard to adapt to for college students. There are two sessions for each workshop, usually two weeks apart, to try to give every student a chance to go.

Over last summer, Rose planned the workshops for the year. She took suggestions from professors to find out what students struggle with, so the workshops are more personalized.

She has since hosted workshops about time management, organization, a guide to finals week, how to read a syllabus and a guide to professionally contacting people. Rose plans the workshops, makes the presentations and speaks at them.

This month, the workshop is focused on professionally contacting people. It covered the proper way to make contact, when is the best time to use each method and tips on how to make a good impression.

The workshop was around 30

minutes long, and many students attended it. Rose wanted to make sure the workshops were easy to attend and worth the time students were giving up.

"I found it very beneficial," said Zoe Robberts, a freshman who is majoring in biology.

Robberts was attending the workshop for bonus points in her habitudes class. Many other students were also attending for class credit and all looked interested during the presentation.

The next session for this workshop is at noon on Feb. 24 in the Academic Success Center located in IE Building. The March workshop will go over advice, and the date and time will be emailed to the student body when it is decided.

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BASKETBALL

Ladies sit third in GAC standings

By **OAKLEE FIELDER**
Sports Editor

The Lady Rangers lost to East Central and defeated Southeastern Oklahoma State this week, as they fight to keep a podium spot in the standings.

The women's season continues to heat up as the end of the 2026 campaign in its closing chapters. The win over Southeastern gave them a two-game buffer between the Lady Rangers and Henderson State. The next four games after this week look to be easy wins for Northwestern, but nothing is ever for certain.

NWOSU 56-61 ECU

The Lady Rangers struggled to find a grip against the East Central Tigers, leading to a close defeat to ECU.

The first quarter did not go well for the Lady Rangers, as they were outscored by East Central by ten points in the opening quarter. The Lady Rangers did not have a great start, but caught the Tigers midway through the quarter. Then, the Tigers had a small run and increased their lead to ten. The two teams traded free throws to end the first quarter.

The second quarter was a much more close competition, although the Tigers did increase their lead by the end of it to 13.

The Lady Rangers were able to cut the Tigers' lead down to seven halfway through the quarter, but then East Central went on a run to extend their lead once again to end the quarter.

Northwestern started catching up in the third quarter, but it wasn't by much. The two teams started battling back and forth for points, but eventually ECU was able to earn themselves an 18-point lead. Then, the Lady Rangers went on a run to cut it down by six points to just a 12-point lead to end the third quarter.

The fourth quarter is when the Lady Rangers shined. They were able to reel the Tigers in slowly but surely. At the midpoint of the final quarter, the Lady Rangers were only down by 10. Then, they were able to shrink that lead to just five. Unfortunately, there was just not enough time for Northwestern to complete the comeback, and the Tigers defeated the Lady Rangers 61-56.

Kira Bass led the Lady Rangers in scoring as she had 16 points to her name. Jaida Shipp was a close second with 10 points. Bass had nine rebounds and one steal. Kennedy Hight and Summya Adigun had three steals apiece.

SEOSU 64-74 NWOSU

The Lady Rangers were able to pull off the win in their first game back home after four straight



NWOSU Athletics Photo

Lady Ranger, No. 12, Summya Adigun, dribbles past an Arkansas Tech defender in a past game on Jan 31.

away games.

The Lady Rangers outscored the Savage Storm in both the first and second quarters. In the second, Southeastern only scored eight points, sucking the life out of their game. That second quarter was why the Lady Rangers

pulled off the win over Southeastern.

Adigun showed her full potential against Southeastern, as she scored a career high 27 points. Adigun made 9-17 field goals, 6-9 three-pointers and did not miss a free throw. Bass scored

17 points and had an impressive 18 rebounds. Hight had 15 points and Shipp had 12.

The Lady Rangers sit third in the GAC standings, under Arkansas Tech and over Henderson State. Next up for NWOSU is Southern Arkansas and Monticello.

Rangers lose two as playoff fight ramps up

By **OAKLEE FIELDER**
Sports Editor

The Ranger basketball team had two games to play, one against East Central University in Ada and another against Southeastern Oklahoma State University at home.

Both games ended in a loss, but the first game against the Tigers was the biggest loss of the 2025-26 season for the Rangers.

NWOSU 75-103 ECU

The first half started out ok for Northwestern. Although the

Tigers got the jump on them, they were able to stick somewhat close. Five minutes into the game, the Tigers were up by only three points. Then, they went on a run to increase their lead to ten over Northwestern. The Tigers didn't stop there. They continued to increase their lead over the Rangers, up to 20 with three minutes left in the first quarter. The Rangers were able to shrink that lead a small bit, but it wasn't long until the Tigers had a 20-point lead over the Rangers. To end the first half, East Central was up by 24, with another half to play.

In the second, the Rangers started to eat into the Tigers' lead, but eventually, East Central had another 20-point lead. Then, East Central turned on the afterburners and ran away further from the Rangers. At the 10-minute mark, the Tigers had a lead of 33 over NWOSU. With seven minutes left, the Tigers had a 39-point lead over the Rangers, their largest throughout the game. The game went on, and East Central hit the century mark with two minutes left. The Rangers' fire sizzled out, and the Tigers secured the win over Northwestern.

Max Alexander scored 20 points, the most for the Rangers. Robbie Armbruster was a close

second with 15. Armbruster also had nine rebounds against the Tigers. Cam'ron Brown and Keyondre Young both had three steals each.

The Tigers set the 2025-26 record for most points scored against another GAC team with 103.

SEOSU 71-65 NWOSU

The second game of the week for the Rangers was much closer, although it still ended in a loss.

The game started slow but was close. The Rangers were up by four three minutes into the game, 2-6. The Rangers went on a small run to increase their lead to eight with 13 minutes in the half. The Savage Storm was able to reel the Rangers in and tied it at the 10-minute mark. Then, the Rangers ran away from Southeastern again, getting their lead up to 11 with four minutes left in the first half. Then the game echoed from earlier, and the Savage Storm caught back up to the Rangers. Southeastern got so close to the Rangers that by the end of the first half, Northwestern was only up by two.

To start the second half, the Rangers earned themselves a small lead over Southeastern. With 17 minutes left in the game, the Rangers were up by seven. Slowly, the Savage Storm inched

back to the Rangers and eventually took the lead by one with 11 minutes left. Southeastern took the lead and kept it, as the Rangers were unable to take it back from them by the end of the game. The Savage Storm defeated the Rangers in a tight game, 71-65.

Alexander had the most points for the Rangers with 26. Armbruster was second once again with 14 points. Armbruster had an impressive 14 rebounds, 11 defensive and three offensive. Brown and Javion Langston had the most steals, with two for each player.

The playoff run for the Rangers took a wrong turn this week, as they dropped in the Great American Conference rankings to ninth. They might have fallen, but the race for the final two spots in the playoffs is still running, and it is as tight as ever.

Henderson State, Southern Arkansas and SWOSU are all tied in the standings as they have the same exact overall record. NWOSU and Arkansas Tech are only one conference loss behind, and Monticello is only two wins back.

As the season continues, it will continue to ramp up, as it looks to be a great run to the finish for all the teams that have not clinched births to the playoffs.

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SPORTS

Conference play opens for baseball

By **OAKLEE FIELDER**
Sports Editor

The Ranger baseball team opened its conference schedule with a three-game series against Harding University, followed by a game against the Newman University Jets.

All four of the games were away. The Rangers lost all three games to the Bison, but defeated the Jets 14-3.

NWOSU 3-4 HU

In the first game against the Bison, the Rangers scored in the first inning. Alex Dabrowski scored on a wild pitch to give the Rangers an early lead. There were no more runs scored until the bottom of the third and fourth innings, where Harding scored one run in both innings to take the lead. The Bison then scored in the bottom of the sixth to extend their lead to two over the Rangers.

Then, in the seventh, the Rangers scored two to tie it at three. Tyler Hogan hit a single to the right and sent Blake Mattern home, then Joel Lindahl hit a double to left field to send Chase Gordon home, tying the game.

The game stayed tied until the ninth, where the Bison scored a walk-off run to win the game 3-4.

Mattern, Hogan and Lindahl all had one hit a piece. Will Kates pitched eight innings and had seven strikeouts.



NWOSU Athletics Photo

No. 22, Trey Barkman, a right handed pitcher, pitches in past game against New Mexico Highlands University.

NWOSU 1-2 HU

The second game of the series only lasted seven innings.

It started with two scoreless innings. Then, the Rangers scored a run in the top of the third. Gordon hit a single to right, sending Mattern home. The Bison responded in the next inning with two runs scored. That closed the game, giving Harding the second win of the series.

NWOSU 4-12 HU

Harding started hitting their stride and scored eight more runs than the Rangers.

The Bison opened the scoring early, as they scored three runs in the bottom of the first. NWOSU responded in the next inning by scoring two. Cole Barton hit a single to the left, sending Hogan and Brody Harris home. The Rangers then scored one at the

top of the third. The Bison had a fielding error by second base, allowing Hogan to make it to first, and Lindahl made it home to tie it at three.

After that error, the Bison scored four in the bottom of the fourth and made it a 7-4 game. The Rangers scored one at the top of the sixth as Barton hit a single to left field to send Jailon Goodfellow home. The Bison canceled out that run, as they scored one

in the bottom of the sixth. Harding scored one in the seventh and three in the eighth to stamp out the Rangers and end the series.

Brody Harris had three hits. Barton had the most RBIs with three. Trey Barkman and Austin Maddox both had four strikeouts.

NWOSU 14-3 NEW

The Rangers stomped the Jets on Tuesday, beating them by over ten.

In the first, the Rangers scored three. Baily hit a single to center field to send Dabrowski home, Hogan hit a sacrifice fly to send Mattern home and Gordon hit a double to center, which sent Bailey home.

Then in the second, Grady Thomas hit a homer to left field to send him home, taking Lindahl with him. Then, Bailey hit a sacrifice fly to center field to send Mattern home.

In the fourth, Mattern hit a groundout to first base to send Lindahl home. Then, the Jets scored two in the fourth.

In the seventh, NWOSU scored seven to increase their lead to 12, then the Jets made an attempt by scoring one in the bottom of the seventh, but it helped them very little.

The next games on the Rangers' schedule are against Arkansas Tech University. They play the Wonderboys in a three-game series on Friday and on Saturday.

Track competes in Ichabod Invitational

By **OAKLEE FIELDER**
Sports Editor

The Ranger track and field teams competed hard in Topeka, Kansas, at the Ichabod Invite at Washburn University.

In the 60M, Easton Hamar finished 29th with a time of 7.14. Madyson Organ finished 29th with a time of 8.01.

In the 60M hurdles, Travon Johns finished 29th with a time of 9.26. Amella Nyambuka finished 25th with a time of 10.22.

In the 200M, Hamar finished 19th with a time of 22.31. Harmonie Huges finished 21st with a time of 25.89.

In the 400M, Oshea Johnson finished 30th with a time of 50.41. Jada White finished 17th with a time of 58.89.

In the 600Y, Alexaa Aquino

finished 16th with a time of 1:4.09.

In the 800M, Cooper Bell finished 34th with a time of 1:57.91. Peyton Read finished 39th with a time of 2:36.50.

In the 1 mile, Andrew Scott finished 21st with a time of 4:29.52. Jessica Myers finished 41st with a time of 5:36.85.

In the 3000M, Zachary Cox finished 43rd with a time of 9:09.90. Jamarina Ross finished 25th with a time of 10:51.94.

In the 5000M, Cox finished 10th with a time of 15:39.81. Myers finished 9th with a time of 19:30.94.

In the 4000M DMR, the Rangers finished 5th with a time of 10:40.60. The Lady Rangers finished 5th with a time of 13:20.06.

In the 4x400M, the Rangers finished 9th with a time of 3:22.04. The Lady Rangers finished

6th with a time of 3:59.51.

In the high jump, Zane Willard finished 25th with a height of 1.80m. Monique Cook finished 25th with a height of 1.51m.

In the long jump, T'Antrae Thomas finished 10th with a distance of 6.90m.

In the pole vault, Charlotte Benavides finished 7th with a height of 2.85m.

In the shot put, Brock Bourgeois finished 11th with a distance of 15.47m. Brianna Behrendt finished 20th with a distance of 11.12m.

In the triple jump, Anotida Madonado finished 9th with a distance of 14.17m. Hughes finished 6th with a distance of 11.46m.

In the weight throw, Mercedes Glover finished 8th with a distance of 15.93m.

The next meet is the Nebraska Tune-Up on Friday.

Lady Rangers' season sees more struggle

By **OAKLEE FIELDER**
Sports Editor

The Lady Ranger softball team had a doubleheader against Cameron University on Wednesday, ending in two losses for the Lady Rangers in Lawton.

This tanks their record to 4-8, and continues their losing streak of now 6 straight losses.

NWOSU 0-2 CAM

The first game against Cameron University was a low scoring shutout against the Lady Rangers.

The Lady Rangers had no hits in the first innings, but Kaylee Madden was on base due to being walked by the Cameron University pitcher. The Aggies scored one run in the bottom of the first to take an early lead over NWOSU.

The second inning had no hits for either team. In the third, Jamie Molina hit a single to make it onto base, but she was unable to make it home. In the top of the sixth, Savannah Duran hit a bunt to make it to first base, earning NWOSU another hit against the Aggies in game one.

In the bottom of the sixth,

the Aggies scored another run to make it a two-score game over the Lady Rangers. NWOSU was unable to make anything happen in the top of the seventh, and lost 2-0 to the Aggies in game one of the day.

Duran and Molina were the only Lady Rangers to make any hits against the Aggies. Katy Jones was able to record three strikeouts against Cameron in game one, but gave up two walks.

NWOSU 2-9 CAM

The Aggies opened the second game of the day with three runs in the bottom of the third. Molina hit a single to left field in the second, recording the first hit in the second game for NWOSU. In the top of the third, Kaitlyn Corn hit a homerun into deep left field to give Northwestern their first point in the doubleheader. In the top of the fifth, the Aggies pitches a wild pitch, which allowed Katelyn Bezdicek to make it to second and Madden to run home.

Unfortunately, the Lady Rangers used all they had, and Cameron University scored six without an answer and ended the game in the top of the seventh, 2-9.

Men's golf opens spring season in San Antonio, Texas

By **OAKLEE FIELDER**
Sports Editor

The men's golf team opened its spring season this week, as it traveled to San Antonio, Texas,

to compete in the Rattler Invitational.

The Rangers finished ninth out of the 16 teams that competed.

An-Chieh Tsai finished 22nd with a score of +7.

Pierce Geminden finished 27th

with a score of +8.

Mathieu Zerwin finished 36th with a score of +9.

Zac Farmer finished 53rd with a score of +13.

Chris Xiao finished 68th with a score of +17.